

# Jason Lillis

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/2818576/publications.pdf>

Version: 2024-02-01

38  
papers

5,673  
citations

471061

17  
h-index

329751

37  
g-index

38  
all docs

38  
docs citations

38  
times ranked

5190  
citing authors

#	ARTICLE	IF	CITATIONS
1	Acceptance and Commitment Therapy: Model, processes and outcomes. Behaviour Research and Therapy, 2006, 44, 1-25.	1.6	4,203
2	Teaching Acceptance and Mindfulness to Improve the Lives of the Obese: A Preliminary Test of a Theoretical Model. Annals of Behavioral Medicine, 2009, 37, 58-69.	1.7	389
3	Measuring Weight Self-Stigma: The Weight Self-Stigma Questionnaire. Obesity, 2010, 18, 971-976.	1.5	202
4	Applying Acceptance, Mindfulness, and Values to the Reduction of Prejudice: A Pilot Study. Behavior Modification, 2007, 31, 389-411.	1.1	125
5	Acceptance and Commitment Therapy for weight control: Model, evidence, and future directions. Journal of Contextual Behavioral Science, 2014, 3, 1-7.	1.3	87
6	Binge Eating and Weight Control: The Role of Experiential Avoidance. Behavior Modification, 2011, 35, 252-264.	1.1	86
7	Exploring the relationship between body mass index and health-related quality of life: A pilot study of the impact of weight self-stigma and experiential avoidance. Journal of Health Psychology, 2011, 16, 722-727.	1.3	73
8	A randomized trial of an acceptance-based behavioral intervention for weight loss in people with high internal disinhibition. Obesity, 2016, 24, 2509-2514.	1.5	65
9	Teaching Intuitive Eating and Acceptance and Commitment Therapy Skills Via a Web-Based Intervention: A Pilot Single-Arm Intervention Study. JMIR Research Protocols, 2016, 5, e180.	0.5	58
10	Examining the role of psychological inflexibility, perspective taking, and empathic concern in generalized prejudice. Journal of Applied Social Psychology, 2016, 46, 180-191.	1.3	52
11	Delivering Acceptance and Commitment Therapy for Weight Self-Stigma Through Guided Self-Help: Results From an Open Pilot Trial. Cognitive and Behavioral Practice, 2018, 25, 87-104.	0.9	46
12	Measuring avoidance and inflexibility in weight related problems.. International Journal of Behavioral and Consultation Therapy, 2007, 4, 30-40.	0.4	35
13	Comparing Japanese International College Students' and U.S. College Students' Mental-Health-Related Stigmatizing Attitudes. Journal of Multicultural Counseling and Development, 2009, 37, 178-189.	0.6	31
14	Self-stigma and weight loss: The impact of fear of being stigmatized. Journal of Health Psychology, 2020, 25, 922-930.	1.3	24
15	Weight loss intervention for individuals with high internal disinhibition: design of the Acceptance Based Behavioral Intervention (ABBI) randomized controlled trial. BMC Psychology, 2015, 3, 17.	0.9	22
16	Importance of Pain Acceptance in Relation to Headache Disability and Pain Interference in Women With Migraine and Overweight/Obesity. Headache, 2017, 57, 709-718.	1.8	22
17	Prospective Evaluation of Internalized Weight Bias and Weight Change Among Successful Weight-Loss Maintainers. Obesity, 2018, 26, 1888-1892.	1.5	20
18	Effects of Cognitive Strategies on Neural Food Cue Reactivity in Adults with Overweight/Obesity. Obesity, 2019, 27, 1577-1583.	1.5	16

#	ARTICLE	IF	CITATIONS
19	Evaluation of intervention components to maximize outcomes of behavioral obesity treatment delivered online: A factorial experiment following the multiphase optimization strategy framework. <i>Contemporary Clinical Trials</i> , 2021, 100, 106217.	0.8	13
20	Assessing the valuing process in Acceptance and Commitment Therapy: Experts' review of the current status and recommendations for future measure development. <i>Journal of Contextual Behavioral Science</i> , 2019, 12, 225-233.	1.3	11
21	Weight self-stigma and weight loss during behavioural weight loss intervention. <i>Obesity Science and Practice</i> , 2019, 5, 21-27.	1.0	11
22	Exploring process variables through which acceptance-based behavioral interventions may improve weight loss maintenance. <i>Journal of Contextual Behavioral Science</i> , 2017, 6, 398-403.	1.3	10
23	Characterizing Lifetime and Daily Experiences of Weight Stigma among Sexual Minority Women with Overweight and Obesity: A Descriptive Study. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 4892.	1.2	10
24	Food reward sensitivity, impulsivity, and weight change during and after a 3-month weight loss program. <i>PLoS ONE</i> , 2020, 15, e0243530.	1.1	9
25	The Association of Changes in Pain Acceptance and Headache-Related Disability. <i>Annals of Behavioral Medicine</i> , 2019, 53, 686-690.	1.7	8
26	Body shape concerns across racial and ethnic groups among adults in the United States: More similarities than differences. <i>Body Image</i> , 2020, 35, 108-113.	1.9	8
27	Confirmatory factor analysis of the Acceptance and Action Questionnaire for Weight-Related Difficulties-Revised (AAQW-R) in a United States sample of adults with overweight and obesity. <i>Journal of Contextual Behavioral Science</i> , 2020, 15, 189-196.	1.3	8
28	Tracking Valued and Avoidant Functions with Health Behaviors: A Randomized Controlled Trial of the Acceptance and Commitment Therapy Matrix Mobile App. <i>Behavior Modification</i> , 2022, 46, 63-89.	1.1	6
29	A functional contextual approach to obesity and related problems. <i>Current Opinion in Psychology</i> , 2015, 2, 82-86.	2.5	4
30	The role of avoidance-based coping in the psychosocial functioning of weight loss treatment-seeking adults. <i>Obesity Science and Practice</i> , 2015, 1, 59-64.	1.0	3
31	Novel behavioral interventions to improve long-term weight loss: A randomized trial of acceptance and commitment therapy or self-regulation for weight loss maintenance. <i>Journal of Behavioral Medicine</i> , 2021, 44, 527-540.	1.1	3
32	HIV Status, Obesity, and Risk for Weight Stigma: Comparing Weight Stigma Experiences and Internalization Among Adults with Obesity with and Without HIV. <i>AIDS and Behavior</i> , 2021, , 1.	1.4	3
33	Characteristics of adults with overweight/obesity and high internal disinhibition: do they fit with targets for acceptance-based interventions?. <i>Obesity Science and Practice</i> , 2017, 3, 311-318.	1.0	2
34	Values-based and acceptance-based intervention to promote adoption and maintenance of habitual physical activity among inactive adults with overweight/obesity: a study protocol for an open trial. <i>BMJ Open</i> , 2019, 9, e025115.	0.8	2
35	Preliminary Evaluation of a 1-Day Acceptance and Commitment Therapy Workshop for Increasing Moderate-to-Vigorous Physical Activity in Adults with Overweight or Obesity. <i>International Journal of Behavioral Medicine</i> , 2021, 28, 827-833.	0.8	2
36	Internalized weight stigma in women with class III obesity: A randomized controlled trial of a virtual lifestyle modification intervention followed by a mindful self-compassion intervention. <i>Obesity Science and Practice</i> , 2022, 8, 816-827.	1.0	2

#	ARTICLE	IF	CITATIONS
37	Study protocol for a randomized controlled trial comparing two low-intensity weight loss maintenance interventions based on acceptance and commitment therapy or self-regulation. Contemporary Clinical Trials, 2021, 103, 106327.	0.8	1
38	Association of Weight-Related Stigmas With Daily Pain Symptoms Among Individuals With Obesity. Annals of Behavioral Medicine, 2023, 57, 269-274.	1.7	1