

# Nina Knoll

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

122  
papers

3,225  
citations

31  
h-index

52  
g-index

126  
ext. papers

3,723  
ext. citations

4.1  
avg. IF

5.49  
L-index

#	Paper	IF	Citations
122	Functional roles of social support within the stress and coping process: A theoretical and empirical overview. <i>International Journal of Psychology</i> , <b>2007</b> , 42, 243-252	1.9	348
121	Coping as a mediator between personality and stress outcomes: a longitudinal study with cataract surgery patients. <i>European Journal of Personality</i> , <b>2005</b> , 19, 229-247	5.1	119
120	Received social support, self-efficacy, and finding benefits in disease as predictors of physical functioning and adherence to antiretroviral therapy. <i>Patient Education and Counseling</i> , <b>2007</b> , 66, 37-42	3.1	107
119	Dyadic planning of health-behavior change after prostatectomy: a randomized-controlled planning intervention. <i>Social Science and Medicine</i> , <b>2011</b> , 73, 783-92	5.1	91
118	Gender and age differences in domain-specific life satisfaction and the impact of depressive and anxiety symptoms: a general population survey from Germany. <i>Quality of Life Research</i> , <b>2009</b> , 18, 669-78 <sup>3.7</sup>		91
117	Self-efficacy, planning and action control in an oral self-care intervention. <i>Health Education Research</i> , <b>2015</b> , 30, 671-81	1.8	87
116	Social-cognitive antecedents of hand washing: Action control bridges the planning-behaviour gap. <i>Psychology and Health</i> , <b>2016</b> , 31, 993-1004	2.9	86
115	Positive coping: Mastering demands and searching for meaning. <b>2003</b> , 393-409		77
114	Planning and self-efficacy interventions encouraging replacing energy-dense foods intake with fruit and vegetable: A longitudinal experimental study. <i>Psychology and Health</i> , <b>2016</b> , 31, 40-64	2.9	75
113	Effects of dyadic planning on physical activity in couples: A randomized controlled trial. <i>Health Psychology</i> , <b>2017</b> , 36, 8-20	5	75
112	A brief intervention increases fruit and vegetable intake. A comparison of two intervention sequences. <i>Appetite</i> , <b>2014</b> , 82, 103-10	4.5	73
111	Daily negative affect and smoking after a self-set quit attempt: The role of dyadic invisible social support in a daily diary study. <i>British Journal of Health Psychology</i> , <b>2015</b> , 20, 708-23	8.3	72
110	Self-Efficacy, Planning, or a Combination of Both? A Longitudinal Experimental Study Comparing Effects of Three Interventions on Adolescents' Body Fat. <i>PLoS ONE</i> , <b>2016</b> , 11, e0159125	3.7	68
109	Dispositional self-efficacy as a personal resource factor in coping after surgery. <i>Personality and Individual Differences</i> , <b>2005</b> , 39, 807-818	3.3	67
108	Evaluating brief motivational and self-regulatory hand hygiene interventions: a cross-over longitudinal design. <i>BMC Public Health</i> , <b>2015</b> , 15, 79	4.1	65
107	A dietary planning intervention increases fruit consumption in Iranian women. <i>Appetite</i> , <b>2013</b> , 63, 1-6	4.5	64
106	Avoiding exposure to air pollution by using filtering facemask respirators: An application of the health action process approach. <i>Health Psychology</i> , <b>2016</b> , 35, 141-7	5	63

105	Which characteristics of planning matter? Individual and dyadic physical activity plans and their effects on plan enactment. <i>Social Science and Medicine</i> , <b>2017</b> , 189, 53-62	5.1	63
104	Combining self-management cues with incentives to promote interdental cleaning among Indian periodontal disease outpatients. <i>BMC Oral Health</i> , <b>2016</b> , 16, 6	3.7	57
103	Age and body make a difference in optimistic health beliefs and nutrition behaviors. <i>International Journal of Behavioral Medicine</i> , <b>2000</b> , 7, 143-159	2.6	52
102	The cognitive regulation of emotions: The role of success versus failure experience and coping dispositions. <i>Cognition and Emotion</i> , <b>2002</b> , 16, 217-243	2.3	47
101	Positive experience, self-efficacy, and action control predict physical activity changes: a moderated mediation analysis. <i>British Journal of Health Psychology</i> , <b>2013</b> , 18, 395-406	8.3	42
100	Physical activity among adults with obesity: testing the Health Action Process Approach. <i>Rehabilitation Psychology</i> , <b>2014</b> , 59, 42-9	2.7	38
99	The role of action control and action planning on fruit and vegetable consumption. <i>Appetite</i> , <b>2015</b> , 91, 64-8	4.5	36
98	Predictors of subjective age before and after cataract surgery: conscientiousness makes a difference. <i>Psychology and Aging</i> , <b>2004</b> , 19, 676-88	3.6	36
97	Transmission of Depressive Symptoms. <i>European Psychologist</i> , <b>2009</b> , 14, 7-17	4.4	34
96	Sedentary behaviours and health-related quality of life. A systematic review and meta-analysis. <i>Health Psychology Review</i> , <b>2018</b> , 12, 195-210	7.1	34
95	Enabling, Not Cultivating: Received Social Support and Self-Efficacy Explain Quality of Life After Lung Cancer Surgery. <i>Annals of Behavioral Medicine</i> , <b>2017</b> , 51, 1-12	4.5	33
94	Emotional support for men and women with cancer: do patients receive what their partners provide?. <i>International Journal of Behavioral Medicine</i> , <b>2007</b> , 14, 156-63	2.6	33
93	Examining the relationship between daily changes in support and smoking around a self-set quit date. <i>Health Psychology</i> , <b>2016</b> , 35, 514-7	5	32
92	Does social support really help to eat a low-fat diet? Main effects and gender differences of received social support within the Health Action Process Approach. <i>Applied Psychology: Health and Well-Being</i> , <b>2013</b> , 5, 270-90	6.8	31
91	The interplay of received social support and self-regulatory factors in smoking cessation. <i>Psychology and Health</i> , <b>2013</b> , 29, 16-31	2.9	31
90	Impact of fast-track postoperative care on intestinal function, pain, and length of hospital stay after laparoscopic radical prostatectomy. <i>Journal of Endourology</i> , <b>2011</b> , 25, 1143-7	2.7	31
89	Sedentary behaviors and anxiety among children, adolescents and adults: a systematic review and meta-analysis. <i>BMC Public Health</i> , <b>2019</b> , 19, 459	4.1	29
88	Future Directions in the Study of Health Behavior among Older Adults. <i>Gerontology</i> , <b>2015</b> , 61, 469-76	5.5	28

87	Intrinsic rewards, fruit and vegetable consumption, and habit strength: a three-wave study testing the associative-cybernetic model. <i>Applied Psychology: Health and Well-Being</i> , <b>2014</b> , 6, 119-34	6.8	28
86	Self-efficacy, planning, and preparatory behaviours as joint predictors of physical activity: A conditional process analysis. <i>Psychology and Health</i> , <b>2016</b> , 31, 65-78	2.9	27
85	Self-regulation prompts can increase fruit consumption: a one-hour randomised controlled online trial. <i>Psychology and Health</i> , <b>2013</b> , 28, 533-45	2.9	26
84	Affect and enacted support in couples undergoing in-vitro fertilization: when providing is better than receiving. <i>Social Science and Medicine</i> , <b>2007</b> , 64, 1789-801	5.1	26
83	Associations between received social support and positive and negative affect: evidence for age differences from a daily-diary study. <i>European Journal of Ageing</i> , <b>2012</b> , 9, 361-371	3.6	25
82	The dual-effects model of social control revisited: relationship satisfaction as a moderator. <i>Anxiety, Stress and Coping</i> , <b>2012</b> , 25, 291-307	3.1	25
81	Self-efficacy and quality of life among people with cardiovascular diseases: A meta-analysis. <i>Rehabilitation Psychology</i> , <b>2018</b> , 63, 295-312	2.7	25
80	Meaning-focused coping, pain, and affect: a diary study of hospitalized women with rheumatoid arthritis. <i>Quality of Life Research</i> , <b>2015</b> , 24, 2873-83	3.7	24
79	The effects of mortality reminders on posttraumatic growth and finding benefits among patients with life-threatening illness and their caregivers. <i>Psychology and Health</i> , <b>2012</b> , 27, 1227-43	2.9	24
78	A Brief Self-Regulatory Intervention Increases Dental Flossing in Adolescent Girls. <i>International Journal of Behavioral Medicine</i> , <b>2015</b> , 22, 645-51	2.6	23
77	Day-to-day mastery and self-efficacy changes during a smoking quit attempt: Two studies. <i>British Journal of Health Psychology</i> , <b>2018</b> , 23, 371-386	8.3	23
76	User experience and clinical effectiveness with two wearable global positioning system devices in home dementia care. <i>Alzheimer's and Dementia: Translational Research and Clinical Interventions</i> , <b>2018</b> , 4, 636-644	6	21
75	Erectile dysfunction, discrepancy between high prevalence and low utilization of treatment options: results from the 'Cottbus Survey' with 10 000 men. <i>BJU International</i> , <b>2007</b> , 100, 1110-5	5.6	20
74	Enabling or Cultivating? The Role of Prostate Cancer Patients' Received Partner Support and Self-Efficacy in the Maintenance of Pelvic Floor Exercise Following Tumor Surgery. <i>Annals of Behavioral Medicine</i> , <b>2016</b> , 50, 247-58	4.5	19
73	Empowerment beliefs and intention to uptake cervical cancer screening: three psychosocial mediating mechanisms. <i>Women and Health</i> , <b>2012</b> , 52, 162-81	1.7	19
72	The interplay of dyadic and individual planning of pelvic-floor exercise in prostate-cancer patients following radical prostatectomy. <i>Journal of Behavioral Medicine</i> , <b>2012</b> , 35, 305-17	3.6	19
71	Social control and smoking: examining the moderating effects of different dimensions of relationship quality. <i>Families, Systems and Health</i> , <b>2013</b> , 31, 354-65	0.7	19
70	Synergistic effects of social support and self-efficacy on dietary motivation predicting fruit and vegetable intake. <i>Appetite</i> , <b>2015</b> , 87, 330-5	4.5	18

69	Patients coping profiles and partners support provision. <i>Psychology and Health</i> , <b>2007</b> , 22, 749-764	2.9	18
68	Improving hand hygiene behaviour among adolescents by a planning intervention. <i>Psychology, Health and Medicine</i> , <b>2015</b> , 20, 824-31	2.1	17
67	Proactive coping moderates the dietary intention-planning-behavior path. <i>Appetite</i> , <b>2013</b> , 70, 127-33	4.5	17
66	Relationship satisfaction and erectile functions in men receiving laparoscopic radical prostatectomy: effects of provision and receipt of spousal social support. <i>Journal of Sexual Medicine</i> , <b>2009</b> , 6, 1438-50	1.1	17
65	Self-efficacy, action control, and social support explain physical activity changes among Costa Rican older adults. <i>Journal of Physical Activity and Health</i> , <b>2014</b> , 11, 1573-8	2.5	16
64	The enabling effect of social support on vaccination uptake via self-efficacy and planning. <i>Psychology, Health and Medicine</i> , <b>2015</b> , 20, 239-46	2.1	16
63	Facilitating Sunscreen Use Among Chinese Young Adults: Less-Motivated Persons Benefit from a Planning Intervention. <i>International Journal of Behavioral Medicine</i> , <b>2015</b> , 22, 443-51	2.6	15
62	Action control bridges the planning-behaviour gap: a longitudinal study on physical exercise in young adults. <i>Psychology and Health</i> , <b>2015</b> , 30, 911-23	2.9	15
61	Moving in Sync: Hourly Physical Activity and Sedentary Behavior are Synchronized in Couples. <i>Annals of Behavioral Medicine</i> , <b>2020</b> , 54, 10-21	4.5	15
60	Planning and preparatory actions facilitate physical activity maintenance. <i>Psychology of Sport and Exercise</i> , <b>2014</b> , 15, 516-520	4.2	14
59	An age-tailored intervention sustains physical activity changes in older adults: a randomized controlled trial. <i>International Journal of Behavioral Medicine</i> , <b>2014</b> , 21, 519-28	2.6	14
58	Enhancing intentions to attend cervical cancer screening with a stage-matched intervention. <i>British Journal of Health Psychology</i> , <b>2011</b> , 16, 33-46	8.3	14
57	Interacting effects of receiving social control and social support during smoking cessation. <i>Annals of Behavioral Medicine</i> , <b>2015</b> , 49, 141-6	4.5	13
56	Mothers improve their daughters' vegetable intake: a randomized controlled trial. <i>Psychology, Health and Medicine</i> , <b>2015</b> , 20, 1-7	2.1	13
55	Prostate cancer patients gradually advance goals for rehabilitation after radical prostatectomy: applying a lines-of-defense model to rehabilitation. <i>Psychology and Aging</i> , <b>2014</b> , 29, 787-92	3.6	13
54	What matters, parental or child perceptions of physical activity facilities? A prospective parent-child study explaining physical activity and body fat among children. <i>Psychology of Sport and Exercise</i> , <b>2018</b> , 34, 39-46	4.2	12
53	Worry, desire, and sexual satisfaction and their association with severity of ED and age. <i>Journal of Sexual Medicine</i> , <b>2008</b> , 5, 2646-55	1.1	12
52	Reciprocal relations among job demands, job control, and social support are moderated by neuroticism: A cross-lagged analysis. <i>Journal of Vocational Behavior</i> , <b>2007</b> , 71, 84-96	6	12

51	Positive Exercise Experience Facilitates Behavior Change via Self-Efficacy. <i>Health Education and Behavior</i> , <b>2014</b> , 41, 414-22	4.2	11
50	Fruit and Vegetable Intake: the Interplay of Planning, Social Support, and Sex. <i>International Journal of Behavioral Medicine</i> , <b>2018</b> , 25, 421-430	2.6	10
49	Predictors of support provision: a study with couples adapting to incontinence following radical prostatectomy. <i>British Journal of Health Psychology</i> , <b>2011</b> , 16, 472-87	8.3	10
48	Effects of received and mobilized support on recipients' and providers' self-efficacy beliefs: a 1-year follow-up study with patients receiving radical prostatectomy and their spouses. <i>International Journal of Psychology</i> , <b>2009</b> , 44, 129-37	1.9	10
47	Support provider's appraisal detection bias and the efficacy of received support in medical students preparing for an exam. <i>British Journal of Social Psychology</i> , <b>2006</b> , 45, 599-615	6.8	10
46	Dyadic support and affect in patient-caregiver dyads following hematopoietic stem-cell transplantation: A diary study. <i>Journal of Consulting and Clinical Psychology</i> , <b>2019</b> , 87, 541-550	6.5	10
45	Volitional processes and daily smoking: examining inter- and intraindividual associations around a quit attempt. <i>Journal of Behavioral Medicine</i> , <b>2015</b> , 38, 306-17	3.6	9
44	Comparing a motivational and a self-regulatory intervention to adopt an oral self-care regimen: a two-sequential randomized crossover trial. <i>Psychology, Health and Medicine</i> , <b>2015</b> , 20, 381-92	2.1	9
43	Invisible Social Support and Invisible Social Control in Dual-smoker Couple's Everyday Life: A Dyadic Perspective. <i>Annals of Behavioral Medicine</i> , <b>2019</b> , 53, 527-540	4.5	9
42	Calibrating Independence Goals and Partner Support: Couples Adjust to Functional Limitations after Tumor Surgery. <i>Applied Psychology: Health and Well-Being</i> , <b>2015</b> , 7, 167-87	6.8	9
41	Psychometric properties of the Perceived Stress Scale in a sample of German dementia patients and their caregivers. <i>International Psychogeriatrics</i> , <b>2018</b> , 30, 39-47	3.4	8
40	Individual and dyadic planning predicting pelvic floor exercise among prostate cancer survivors. <i>Rehabilitation Psychology</i> , <b>2015</b> , 60, 222-31	2.7	8
39	Changes in reciprocal support provision and need-based support from partners of patients undergoing radical prostatectomy. <i>Social Science and Medicine</i> , <b>2011</b> , 73, 308-15	5.1	8
38	Long-term effects of a dyadic planning intervention with couples motivated to increase physical activity. <i>Psychology of Sport and Exercise</i> , <b>2020</b> , 49, 101710	4.2	7
37	The interplay of intention, autonomy, and sex with dietary planning: A conditional process model to predict fruit and vegetable intake. <i>British Journal of Health Psychology</i> , <b>2015</b> , 20, 859-76	8.3	7
36	Promoting action control and coping planning to improve hand hygiene. <i>BMC Public Health</i> , <b>2015</b> , 15, 964	4.1	7
35	Predictors of dyadic planning: Perspectives of prostate cancer survivors and their partners. <i>British Journal of Health Psychology</i> , <b>2017</b> , 22, 42-59	8.3	6
34	Inter-Relations between Partner-Provided Support and Self-Efficacy: A Dyadic Longitudinal Analysis. <i>Applied Psychology: Health and Well-Being</i> , <b>2019</b> , 11, 522-542	6.8	6

33	Inter-relations among negative social control, self-efficacy, and physical activity in healthy couples. <i>British Journal of Health Psychology</i> , <b>2018</b> , 23, 580-596	8.3	6
32	Planning Mediates Between Self-Efficacy and Physical Activity Among Motivated Young Adults. <i>Journal of Physical Activity and Health</i> , <b>2016</b> , 13, 87-93	2.5	6
31	Predictors of spouses' provided support for patients receiving laparoscopic radical prostatectomy peri-surgery. <i>Psycho-Oncology</i> , <b>2007</b> , 16, 312-9	3.9	6
30	Social network, autonomy, and adherence correlates of future time perspective in patients with head and neck cancer. <i>Psycho-Oncology</i> , <b>2018</b> , 27, 1545-1552	3.9	5
29	Feasibility of the Factorial Survey Method in Aging Research: Consistency Effects Among Older Respondents. <i>Research on Aging</i> , <b>2016</b> , 38, 715-41	3	5
28	Parental strategies restricting screen use among children, screen home environment, and child screen use as predictors of child body fat: A prospective parent-child study. <i>British Journal of Health Psychology</i> , <b>2019</b> , 24, 298-314	8.3	5
27	Habits and self-efficacy moderate the effects of intentions and planning on physical activity. <i>British Journal of Health Psychology</i> , <b>2021</b> , 26, 50-66	8.3	5
26	Dyadic Behavior Change Interventions <b>2020</b> , 632-648		4
25	How Do People Experience and Respond to Social Control From Their Partner? Three Daily Diary Studies. <i>Frontiers in Psychology</i> , <b>2020</b> , 11, 613546	3.4	4
24	Health Demands Moderate the Link Between Willpower Beliefs and Physical Activity in Patients with Knee Osteoarthritis. <i>International Journal of Behavioral Medicine</i> , <b>2020</b> , 27, 406-414	2.6	3
23	Sex differential mediation effects of planning within the health behavior change process. <i>Social Science and Medicine</i> , <b>2018</b> , 211, 137-146	5.1	3
22	Links between meaning in life and physical quality of life after rehabilitation: Mediating effects of positive experiences with physical exercises and mobility. <i>PLoS ONE</i> , <b>2019</b> , 14, e0224503	3.7	3
21	Self-Directed Weight Loss Strategies: Energy Expenditure Due to Physical Activity Is Not Increased to Achieve Intended Weight Loss. <i>Nutrients</i> , <b>2015</b> , 7, 5868-88	6.7	3
20	Invisible Social Control as Predictor of Daily Negative Affect and Smoking After a Self-Set Quit Date. <i>Zeitschrift Fur Gesundheitspsychologie</i> , <b>2014</b> , 22, 165-174		3
19	Facilitating physical activity and reducing symptoms in patients with knee osteoarthritis: study protocol of a randomized controlled trial to test a theory-based PrevOP-psychological adherence program (PrevOP-PAP). <i>BMC Musculoskeletal Disorders</i> , <b>2018</b> , 19, 221	2.8	3
18	What makes a good action plan? Characteristics and enactment of fruit and vegetable plans. <i>Appetite</i> , <b>2019</b> , 142, 104351	4.5	2
17	The trajectory of COVID-19 pandemic and handwashing adherence: findings from 14 countries. <i>BMC Public Health</i> , <b>2021</b> , 21, 1791	4.1	2
16	Maternal practices and perceptions of child body mass status explain child energy expenditure behaviors and body mass. <i>Journal of Behavioral Medicine</i> , <b>2020</b> , 43, 904-915	3.6	2



15	Meaning in life and physical quality of life: Cross-lagged associations during inpatient rehabilitation. <i>Rehabilitation Psychology</i> , <b>2019</b> , 64, 425-434	2.7	2
14	Received and perceived support subscales of the Berlin Social Support Scales in women diagnosed with breast cancer attending the breast clinic at Tygerberg hospital: structure and correlates. <i>South African Journal of Psychology</i> , <b>2020</b> , 50, 54-66	0.7	2
13	Hand Washing and Related Cognitions Following a Brief Behavior Change Intervention During the COVID-19 Pandemic: a Pre-Post Analysis. <i>International Journal of Behavioral Medicine</i> , <b>2021</b> , 1	2.6	1
12	Control Strategies and Daily Affect. <i>GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry</i> , <b>2020</b> , 33, 155-169	1	1
11	Immediate effects of a very brief planning intervention on fruit and vegetable consumption: A randomized controlled trial. <i>Applied Psychology: Health and Well-Being</i> , <b>2021</b> , 13, 377-393	6.8	1
10	Physical Activity, Positive and Negative Symptoms of Psychosis, and General Psychopathology among People with Psychotic Disorders: A Meta-Analysis. <i>Journal of Clinical Medicine</i> , <b>2022</b> , 11, 2719	5.1	1
9	A school-based educational on-site vaccination intervention for adolescents in an urban area in Germany: feasibility and psychometric properties of instruments in a pilot study.. <i>BMC Public Health</i> , <b>2022</b> , 22, 60	4.1	0
8	Cultivation and Enabling Effects of Social Support and Self-Efficacy in Parent-Child Dyads. <i>Annals of Behavioral Medicine</i> , <b>2021</b> , 55, 1198-1210	4.5	0
7	Can individual, dyadic, or collaborative planning reduce sedentary behavior? A randomized controlled trial. <i>Social Science and Medicine</i> , <b>2021</b> , 287, 114336	5.1	0
6	What helps to form a healthy nutrition habit? Daily associations of intrinsic reward, anticipated regret, and self-efficacy with automaticity.. <i>Appetite</i> , <b>2022</b> , 106083	4.5	0
5	Quality of life during the COVID-19 pandemic - Results of the CORONA HEALTH App study. <b>2021</b> , 6, 2-21		0
4	Links between meaning in life and physical quality of life after rehabilitation: Mediating effects of positive experiences with physical exercises and mobility <b>2019</b> , 14, e0224503		
3	Links between meaning in life and physical quality of life after rehabilitation: Mediating effects of positive experiences with physical exercises and mobility <b>2019</b> , 14, e0224503		
2	Links between meaning in life and physical quality of life after rehabilitation: Mediating effects of positive experiences with physical exercises and mobility <b>2019</b> , 14, e0224503		
1	Links between meaning in life and physical quality of life after rehabilitation: Mediating effects of positive experiences with physical exercises and mobility <b>2019</b> , 14, e0224503		