

Gerda K Pot

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/2808330/publications.pdf>

Version: 2024-02-01

18
papers

673
citations

933447

10
h-index

839539

18
g-index

19
all docs

19
docs citations

19
times ranked

1057
citing authors

#	ARTICLE	IF	CITATIONS
1	Young people and adolescents have more irregular meals during the COVID-19 pandemic: A nested case-control study on chrono-nutrition before and during the COVID-19 pandemic. <i>Chronobiology International</i> , 2022, 39, 991-1000.	2.0	5
2	Observational study on dietary changes of participants following a multicomponent lifestyle program (Reverse Diabetes2 Now). <i>Journal of Human Nutrition and Dietetics</i> , 2022, 35, 791-803.	2.5	1
3	Chrono-nutrition: From molecular and neuronal mechanisms to human epidemiology and timed feeding patterns. <i>Journal of Neurochemistry</i> , 2021, 157, 53-72.	3.9	88
4	Chrono-nutrition – an emerging, modifiable risk factor for chronic disease?. <i>Nutrition Bulletin</i> , 2021, 46, 114-119.	1.8	8
5	Lifestyle medicine for type 2 diabetes: practice-based evidence for long-term efficacy of a multicomponent lifestyle intervention (Reverse Diabetes2 Now). <i>BMJ Nutrition, Prevention and Health</i> , 2020, 3, 188-195.	3.7	14
6	Where Do Adolescents Eat Less-Healthy Foods? Correspondence Analysis and Logistic Regression Results from the UK National Diet and Nutrition Survey. <i>Nutrients</i> , 2020, 12, 2235.	4.1	7
7	Chrono-Nutrition and Diet Quality in Adolescents with Delayed Sleep-Wake Phase Disorder. <i>Nutrients</i> , 2020, 12, 539.	4.1	10
8	Tree nut snack consumption is associated with better diet quality and CVD risk in the UK adult population: National Diet and Nutrition Survey (NDNS) 2008–2014. <i>Public Health Nutrition</i> , 2020, 23, 3160-3169.	2.2	19
9	Barriers and Facilitators of Fruit and Vegetable Consumption in Renal Transplant Recipients, Family Members and Healthcare Professionals – A Focus Group Study. <i>Nutrients</i> , 2019, 11, 2427.	4.1	10
10	Nutrition and lifestyle intervention in type 2 diabetes: pilot study in the Netherlands showing improved glucose control and reduction in glucose lowering medication. <i>BMJ Nutrition, Prevention and Health</i> , 2019, 2, 43-50.	3.7	31
11	Sleep extension is a feasible lifestyle intervention in free-living adults who are habitually short sleepers: a potential strategy for decreasing intake of free sugars? A randomized controlled pilot study. <i>American Journal of Clinical Nutrition</i> , 2018, 107, 43-53.	4.7	81
12	Sleep and dietary habits in the urban environment: the role of chrono-nutrition. <i>Proceedings of the Nutrition Society</i> , 2018, 77, 189-198.	1.0	128
13	Measuring the quality of main meals: Validation of a meal quality index. <i>Revista De Nutricao</i> , 2018, 31, 567-575.	0.4	4
14	Breakfast consumption and nutrient intakes in 4–18-year-olds: UK National Diet and Nutrition Survey Rolling Programme (2008–2012). <i>British Journal of Nutrition</i> , 2017, 118, 280-290.	2.3	63
15	The timing of the evening meal: how is this associated with weight status in UK children?. <i>British Journal of Nutrition</i> , 2016, 115, 1616-1622.	2.3	24
16	Meal irregularity and cardiometabolic consequences: results from observational and intervention studies. <i>Proceedings of the Nutrition Society</i> , 2016, 75, 475-486.	1.0	79
17	Development of the Eating Choices Index (ECI): a four-item index to measure healthiness of diet. <i>Public Health Nutrition</i> , 2014, 17, 2660-2666.	2.2	30
18	National Diet and Nutrition Survey: fat and fatty acid intake from the first year of the rolling programme and comparison with previous surveys. <i>British Journal of Nutrition</i> , 2012, 107, 405-415.	2.3	70