

Gerda K Pot

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/2808330/publications.pdf>

Version: 2024-02-01

18
papers

673
citations

932766

10
h-index

839053

18
g-index

19
all docs

19
docs citations

19
times ranked

1057
citing authors

#	ARTICLE	IF	CITATIONS
1	Sleep and dietary habits in the urban environment: the role of chrono-nutrition. Proceedings of the Nutrition Society, 2018, 77, 189-198.	0.4	128
2	Chrono-nutrition: From molecular and neuronal mechanisms to human epidemiology and timed feeding patterns. Journal of Neurochemistry, 2021, 157, 53-72.	2.1	88
3	Sleep extension is a feasible lifestyle intervention in free-living adults who are habitually short sleepers: a potential strategy for decreasing intake of free sugars? A randomized controlled pilot study. American Journal of Clinical Nutrition, 2018, 107, 43-53.	2.2	81
4	Meal irregularity and cardiometabolic consequences: results from observational and intervention studies. Proceedings of the Nutrition Society, 2016, 75, 475-486.	0.4	79
5	National Diet and Nutrition Survey: fat and fatty acid intake from the first year of the rolling programme and comparison with previous surveys. British Journal of Nutrition, 2012, 107, 405-415.	1.2	70
6	Breakfast consumption and nutrient intakes in 4-18-year-olds: UK National Diet and Nutrition Survey Rolling Programme (2008-2012). British Journal of Nutrition, 2017, 118, 280-290.	1.2	63
7	Nutrition and lifestyle intervention in type 2 diabetes: pilot study in the Netherlands showing improved glucose control and reduction in glucose lowering medication. BMJ Nutrition, Prevention and Health, 2019, 2, 43-50.	1.9	31
8	Development of the Eating Choices Index (ECI): a four-item index to measure healthiness of diet. Public Health Nutrition, 2014, 17, 2660-2666.	1.1	30
9	The timing of the evening meal: how is this associated with weight status in UK children?. British Journal of Nutrition, 2016, 115, 1616-1622.	1.2	24
10	Tree nut snack consumption is associated with better diet quality and CVD risk in the UK adult population: National Diet and Nutrition Survey (NDNS) 2008-2014. Public Health Nutrition, 2020, 23, 3160-3169.	1.1	19
11	Lifestyle medicine for type 2 diabetes: practice-based evidence for long-term efficacy of a multicomponent lifestyle intervention (Reverse Diabetes2 Now). BMJ Nutrition, Prevention and Health, 2020, 3, 188-195.	1.9	14
12	Barriers and Facilitators of Fruit and Vegetable Consumption in Renal Transplant Recipients, Family Members and Healthcare Professionals: A Focus Group Study. Nutrients, 2019, 11, 2427.	1.7	10
13	Chrono-Nutrition and Diet Quality in Adolescents with Delayed Sleep-Wake Phase Disorder. Nutrients, 2020, 12, 539.	1.7	10
14	Chrono-nutrition - an emerging, modifiable risk factor for chronic disease?. Nutrition Bulletin, 2021, 46, 114-119.	0.8	8
15	Where Do Adolescents Eat Less-Healthy Foods? Correspondence Analysis and Logistic Regression Results from the UK National Diet and Nutrition Survey. Nutrients, 2020, 12, 2235.	1.7	7
16	Young people and adolescents have more irregular meals during the COVID-19 pandemic: A nested case-control study on chrono-nutrition before and during the COVID-19 pandemic. Chronobiology International, 2022, 39, 991-1000.	0.9	5
17	Measuring the quality of main meals: Validation of a meal quality index. Revista De Nutricao, 2018, 31, 567-575.	0.4	4
18	Observational study on dietary changes of participants following a multicomponent lifestyle program (Reverse Diabetes2 Now). Journal of Human Nutrition and Dietetics, 2022, 35, 791-803.	1.3	1