

# Pablo Fernndez-Berrocal

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

127 papers	4,583 citations	31 h-index	65 g-index
146 ext. papers	5,511 ext. citations	2.8 avg, IF	6.02 L-index

#	Paper	IF	Citations
127	Evidence on the Relationship Between Emotional Intelligence and Risk Behavior: A Systematic and Meta-Analytic Review.. <i>Frontiers in Psychology</i> , <b>2022</b> , 13, 810012	3.4	
126	The Relationship Between Emotional Intelligence and Diabetes Management: A Systematic Review. <i>Frontiers in Psychology</i> , <b>2021</b> , 12, 754362	3.4	
125	The Role of Emotional Intelligence in Adolescent Bullying: A Systematic Review. <i>Psicologia Educativa</i> , <b>2021</b> , 000-000	1.2	3
124	Is It Possible to Be Happy during the COVID-19 Lockdown? A Longitudinal Study of the Role of Emotional Regulation Strategies and Pleasant Activities in Happiness. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	2
123	The Association Between Reading the Mind in the Eyes Test Performance and Intelligence Quotient in Children and Adolescents With Asperger Syndrome. <i>Frontiers in Psychiatry</i> , <b>2021</b> , 12, 642799	5	1
122	Relationship between emotional intelligence and empathy towards humans and animals. <i>PeerJ</i> , <b>2021</b> , 9, e11274	3.1	1
121	Emotional Disorders During the COVID-19 Outbreak in Spain: The Role of Sociodemographic Risk Factors and Cognitive Emotion Regulation Strategies. <i>Health Education and Behavior</i> , <b>2021</b> , 48, 412-423	4.2	2
120	Worry about COVID-19 contagion and general anxiety: Moderation and mediation effects of cognitive emotion regulation. <i>Journal of Psychiatric Research</i> , <b>2021</b> , 137, 311-318	5.2	13
119	Are emotionally intelligent people less prejudiced? The importance of emotion management skills for outgroup attitudes. <i>Journal of Applied Social Psychology</i> , <b>2021</b> , 51, 779-792	2.1	1
118	Does our cognitive empathy diminish with age? The moderator role of educational level. <i>International Psychogeriatrics</i> , <b>2021</b> , 1-8	3.4	0
117	Psychopathic Traits and Ability Emotional Intelligence in Incarcerated Males. <i>European Journal of Psychology Applied To Legal Context</i> , <b>2021</b> , 13, 79-86	4.7	2
116	The role of emotional intelligence and self-care in the stress perception during COVID-19 outbreak: An intercultural moderated mediation analysis. <i>Personality and Individual Differences</i> , <b>2021</b> , 177, 110679	3.3	6
115	Spanish Adaptation and Validation of the 34-Item Self-Report Psychopathy Scale (SRP). <i>Journal of Personality Disorders</i> , <b>2021</b> , 35, 217-235	2.6	2
114	The Role of Sensitivity to Reward and Punishment in Aggression. <i>Journal of Interpersonal Violence</i> , <b>2021</b> , 886260520986275	2.2	1
113	Validity and reliability of the Self-Care Activities Screening Scale (SASS-14) during COVID-19 lockdown. <i>Health and Quality of Life Outcomes</i> , <b>2021</b> , 19, 1	3	16
112	A longitudinal study of the influence of concerns about contagion on negative affect during the COVID-19 lockdown in adults: The moderating effect of gender and resilience. <i>Journal of Health Psychology</i> , <b>2021</b> , 1359105321990794	3.1	2
111	Different Responses to Stress, Health Practices, and Self-Care during COVID-19 Lockdown: A Stratified Analysis. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	9

110	Emotional Intelligence and Aggressive Behaviors in Adolescents: A Systematic Review and Meta-Analysis. <i>Trauma, Violence, and Abuse</i> , <b>2021</b> , 1524838021991296	6.6	8
109	Relationship between self-care activities, stress and well-being during COVID-19 lockdown: a cross-cultural mediation model.. <i>BMJ Open</i> , <b>2021</b> , 11, e048469	3	4
108	Personal Risk and Protective Factors Involved in Aggressive Behavior. <i>Journal of Interpersonal Violence</i> , <b>2020</b> , 886260520926322	2.2	6
107	The protective role of emotional intelligence in smoking relapse during a 12-month follow-up smoking cessation intervention. <i>PLoS ONE</i> , <b>2020</b> , 15, e0234301	3.7	3
106	The Reading the mind in the Eyes Test and emotional intelligence. <i>Royal Society Open Science</i> , <b>2020</b> , 7, 201305	3.3	9
105	Emotional Intelligence and Mental Health in the Family: The Influence of Emotional Intelligence Perceived by Parents and Children. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	4
104	Cognitive Control and Emotional Intelligence: Effect of the Emotional Content of the Task. Brief Reports. <i>Frontiers in Psychology</i> , <b>2019</b> , 10, 195	3.4	10
103	A Comparison of the Ability Emotional Intelligence of Head Teachers With School Teachers in Other Positions. <i>Frontiers in Psychology</i> , <b>2019</b> , 10, 841	3.4	1
102	Reward and emotion influence attentional bias in rapid serial visual presentation. <i>Quarterly Journal of Experimental Psychology</i> , <b>2019</b> , 72, 2155-2167	1.8	1
101	Profiles of Perceived Emotional Intelligence in Future Preschool Teachers: Implications for Teacher Education. <i>Revista Electronica Interuniversitaria De Formacion Del Profesorado</i> , <b>2019</b> , 22,	1.3	1
100	Emotionally intelligent people reappraise rather than suppress their emotions. <i>PLoS ONE</i> , <b>2019</b> , 14, e0220688	3.7	15
99	Ability emotional intelligence in young people and older adults with and without depressive symptoms, considering gender and educational level. <i>PeerJ</i> , <b>2019</b> , 7, e6595	3.1	4
98	Relationship between the Dark Triad and depressive symptoms. <i>PeerJ</i> , <b>2019</b> , 7, e8120	3.1	10
97	Development and validation of the Strategic Test of Emotional Intelligence (STEI) in the Spanish population. <i>Ansiedad Y Estrés</i> , <b>2019</b> , 25, 72-78	0.8	0
96	The role of emotional regulation ability, personality, and burnout among Spanish teachers.. <i>International Journal of Stress Management</i> , <b>2019</b> , 26, 146-158	3.5	12
95	The "Reading the Mind in the Eyes" Test in Autism-Spectrum Disorders Comparison with Healthy Controls: A Systematic Review and Meta-analysis. <i>Journal of Autism and Developmental Disorders</i> , <b>2019</b> , 49, 1048-1061	4.6	32
94	The influence of trait meta-mood on subjective well-being in high school students: a random intercept cross-lagged panel analysis. <i>Educational Psychology</i> , <b>2019</b> , 39, 332-352	2.2	3
93	A Three-Year Emotional Intelligence Intervention to Reduce Adolescent Aggression: The Mediating Role of Unpleasant Affectivity. <i>Journal of Research on Adolescence</i> , <b>2018</b> , 28, 186-198	3.2	14

92	La relación del Test de Inteligencia Emocional de la Fundación Botín (TIEFBA) con el ajuste personal y escolar de adolescentes españoles. <i>Revista De Psicodidáctica</i> , <b>2018</b> , 23, 1-8	1.8	12
91	The Relationship Between the Three Models of Emotional Intelligence and Psychopathy: A Systematic Review. <i>Frontiers in Psychiatry</i> , <b>2018</b> , 9, 307	5	6
90	The relationship between aggression and ability emotional intelligence: The role of negative affect. <i>Psychiatry Research</i> , <b>2018</b> , 270, 1074-1081	9.9	16
89	The role of emotional intelligence and negative affect as protective and risk factors of aggressive behavior: A moderated mediation model. <i>Aggressive Behavior</i> , <b>2018</b> , 44, 638-646	2.8	6
88	The relationship between trait psychopathy and emotional intelligence: A meta-analytic review. <i>Neuroscience and Biobehavioral Reviews</i> , <b>2018</b> , 84, 198-203	9	50
87	The Relationship of Botín Foundation's Emotional Intelligence Test (TIEFBA) with Personal and Scholar Adjustment of Spanish Adolescents. <i>Revista De Psicodidáctica (English Ed)</i> , <b>2018</b> , 23, 1-8	1.2	4
86	The Association Between Emotional Intelligence and Suicidal Behavior: A Systematic Review. <i>Frontiers in Psychology</i> , <b>2018</b> , 9, 2380	3.4	37
85	Understanding the relationship between general intelligence and socio-cognitive abilities in humans. <i>Behavioral and Brain Sciences</i> , <b>2017</b> , 40, e202	0.9	4
84	Performance-based ability emotional intelligence benefits working memory capacity during performance on hot tasks. <i>Scientific Reports</i> , <b>2017</b> , 7, 11700	4.9	10
83	Performance on emotional tasks engaging cognitive control depends on emotional intelligence abilities: an ERP study. <i>Scientific Reports</i> , <b>2017</b> , 7, 16446	4.9	21
82	Positive emotions, self-esteem, interpersonal relationships and social support as mediators between emotional intelligence and life satisfaction. <i>Journal of Behavior Health &amp; Social Issues</i> , <b>2017</b> , 9, 1-6	0.1	23
81	Ability emotional intelligence and its relation to aggression across time and age groups. <i>Scandinavian Journal of Psychology</i> , <b>2017</b> , 58, 43-51	2.2	27
80	Parental Education and Aggressive Behavior in Children: A Moderated-Mediation Model for Inhibitory Control and Gender. <i>Frontiers in Psychology</i> , <b>2017</b> , 8, 1181	3.4	14
79	Perceived Emotional Intelligence and Learning Strategies in Spanish University Students: A New Perspective from a Canonical Non-symmetrical Correspondence Analysis. <i>Frontiers in Psychology</i> , <b>2017</b> , 8, 1888	3.4	9
78	Teachers' Affective Well-being and Teaching Experience: The Protective Role of Perceived Emotional Intelligence. <i>Frontiers in Psychology</i> , <b>2017</b> , 8, 2227	3.4	17
77	The Three Models of Emotional Intelligence and Performance in a Hot and Cool go/no-go Task in Undergraduate Students. <i>Frontiers in Behavioral Neuroscience</i> , <b>2017</b> , 11, 33	3.5	29
76	The personality basis of aggression: The mediating role of anger and the moderating role of emotional intelligence. <i>Scandinavian Journal of Psychology</i> , <b>2017</b> , 58, 333-340	2.2	8
75	¿Es la inteligencia emocional una cuestión de género? Socialización de las competencias emocionales en hombres y mujeres y sus implicaciones. <i>Electronic Journal of Research in Educational Psychology</i> , <b>2017</b> , 6,	1.4	6

74	La Inteligencia emocional en la Educaci3n. <i>Electronic Journal of Research in Educational Psychology</i> , <b>2017</b> , 6,	1.4	10
73	La inteligencia emocional como una competencia b3sica en la formaci3n inicial de los docentes: algunas evidencias. <i>Electronic Journal of Research in Educational Psychology</i> , <b>2017</b> , 6,	1.4	7
72	Must We Suffer to Succeed?. <i>Journal of Individual Differences</i> , <b>2017</b> , 38, 113-124	1.8	13
71	Ability Emotional Intelligence, Depression, and Well-Being. <i>Emotion Review</i> , <b>2016</b> , 8, 311-315	4.6	66
70	Age and gender differences in ability emotional intelligence in adults: A cross-sectional study. <i>Developmental Psychology</i> , <b>2016</b> , 52, 1486-92	3.7	117
69	The relation between emotional intelligence and subjective well-being: A meta-analytic investigation. <i>Journal of Positive Psychology</i> , <b>2016</b> , 11, 276-285	3.2	241
68	Angry rumination as a mediator of the relationship between ability emotional intelligence and various types of aggression. <i>Personality and Individual Differences</i> , <b>2016</b> , 89, 143-147	3.3	27
67	Validity and reliability of the Spanish version of the Displaced Aggression Questionnaire. <i>Psicothema</i> , <b>2016</b> , 28, 96-101	2	7
66	The Relationship between Emotional Intelligence and Cool and Hot Cognitive Processes: A Systematic Review. <i>Frontiers in Behavioral Neuroscience</i> , <b>2016</b> , 10, 101	3.5	31
65	Commentary: Dimensions of emotional intelligence related to physical and mental health and to health behaviors. <i>Frontiers in Psychology</i> , <b>2016</b> , 7, 441	3.4	3
64	The factor structure and psychometric properties of the Spanish version of the Mayer-Salovey-Caruso Emotional Intelligence Test. <i>Psychological Assessment</i> , <b>2016</b> , 28, 1404-1415	5.3	25
63	Dissociation between cognitive and affective empathy in youth with Asperger Syndrome. <i>European Journal of Developmental Psychology</i> , <b>2015</b> , 12, 85-98	1.5	61
62	If You Have High Emotional Intelligence (EI), You Must Trust in Your Abilities: The Interaction Effect of Ability EI and Perceived EI on Depression in Women. <i>Journal of Psychoeducational Assessment</i> , <b>2015</b> , 33, 46-56	1.3	17
61	Perceived emotional intelligence and aggression among adults: The moderating role of gender. <i>Australian Journal of Psychology</i> , <b>2015</b> , 67, 140-148	2.3	4
60	Implicit theories and ability emotional intelligence. <i>Frontiers in Psychology</i> , <b>2015</b> , 6, 700	3.4	30
59	The Role of Intelligence Quotient and Emotional Intelligence in Cognitive Control Processes. <i>Frontiers in Psychology</i> , <b>2015</b> , 6, 1853	3.4	25
58	Maintaining Life Satisfaction in Adolescence: Affective Mediators of the Influence of Perceived Emotional Intelligence on Overall Life Satisfaction Judgments in a Two-Year Longitudinal Study. <i>Frontiers in Psychology</i> , <b>2015</b> , 6, 1892	3.4	44
57	Under which conditions can introverts achieve happiness? Mediation and moderation effects of the quality of social relationships and emotion regulation ability on happiness. <i>PeerJ</i> , <b>2015</b> , 3, e1300	3.1	12

56	Analysis of Emotion Regulation in Spanish Adolescents: Validation of the Emotion Regulation Questionnaire. <i>Frontiers in Psychology</i> , <b>2015</b> , 6, 1959	3.4	23
55	When to cooperate and when to compete: Emotional intelligence in interpersonal decision-making. <i>Journal of Research in Personality</i> , <b>2014</b> , 49, 21-24	2.8	18
54	Perspective-Taking and Empathic Concern as Mediators for Happiness and Positive Affect in Adolescents With and Without Asperger Syndrome. <i>Journal of Developmental and Physical Disabilities</i> , <b>2014</b> , 26, 717-735	1.5	5
53	Empathic Abilities and Theory of Mind in Adolescents with Asperger Syndrome: Insights from the Twenty-First Century. <i>Review Journal of Autism and Developmental Disorders</i> , <b>2014</b> , 1, 327-343	3.4	2
52	Relationship between emotional intelligence and aggression: A systematic review. <i>Aggression and Violent Behavior</i> , <b>2014</b> , 19, 584-591	3.9	88
51	Ability of university-level education to prevent age-related decline in emotional intelligence. <i>Frontiers in Aging Neuroscience</i> , <b>2014</b> , 6, 37	5.3	30
50	Incremental prediction and moderating role of the perceived emotional intelligence over aggressive behavior. <i>Spanish Journal of Psychology</i> , <b>2014</b> , 17, E15	1	8
49	The Subjective Happiness Scale: Translation and Preliminary Psychometric Evaluation of a Spanish Version. <i>Social Indicators Research</i> , <b>2014</b> , 119, 473-481	2.7	74
48	Emotional regulation and heart rate variability in healthy male managers. <i>Revista Espanola De Cardiologia (English Ed)</i> , <b>2013</b> , 66, 753-4	0.7	
47	Assessment of Emotional Intelligence in the Family: Influences Between Parents and Children on Their Own Perception and That of Others. <i>Family Journal</i> , <b>2013</b> , 21, 65-73	0.9	7
46	Effects of an emotional intelligence intervention on aggression and empathy among adolescents. <i>Journal of Adolescence</i> , <b>2013</b> , 36, 883-92	3.4	113
45	Test-retest reliability of the Reading the Mind in the Eyes Test: a one-year follow-up study. <i>Molecular Autism</i> , <b>2013</b> , 4, 33	6.5	93
44	Regulación emocional y variabilidad de la frecuencia cardiaca en directivos varones sanos. <i>Revista Espanola De Cardiologia</i> , <b>2013</b> , 66, 753-754	1.5	
43	A meta-mood model of rumination and depression: preliminary test in a non-clinical population. <i>Scandinavian Journal of Psychology</i> , <b>2013</b> , 54, 166-72	2.2	20
42	A Spanish Adaptation of the Emotion Regulation Questionnaire. <i>European Journal of Psychological Assessment</i> , <b>2013</b> , 29, 234-240	2.2	79
41	Enhancing Teacher Effectiveness in Spain: A Pilot Study of The RULER Approach to Social and Emotional Learning. <i>Journal of Education and Training Studies</i> , <b>2013</b> , 1,	1.5	23
40	Emotional intelligence and depression: The moderator role of gender. <i>Personality and Individual Differences</i> , <b>2012</b> , 53, 29-32	3.3	52
39	Short- and midterm effects of emotional intelligence training on adolescent mental health. <i>Journal of Adolescent Health</i> , <b>2012</b> , 51, 462-7	5.8	61

38	Perceived emotional intelligence as predictor of psychological adjustment in adolescents: a 1-year prospective study. <i>European Journal of Psychology of Education</i> , <b>2012</b> , 27, 21-34	2.3	63
37	The adaptation and validation of the Emotion Matching Task for preschool children in Spain. <i>International Journal of Behavioral Development</i> , <b>2012</b> , 36, 489-494	2.6	20
36	Can an Emotional Intelligence Program Improve Adolescents' Psychosocial Adjustment? Results from the Intemo Project. <i>Social Behavior and Personality</i> , <b>2012</b> , 40, 1373-1379	1.2	30
35	Depressive mood and tobacco use: moderating effects of gender and emotional attention. <i>Drug and Alcohol Dependence</i> , <b>2011</b> , 119, e46-50	4.9	2
34	Emotional intelligence and acute pain: the mediating effect of negative affect. <i>Journal of Pain</i> , <b>2011</b> , 12, 1190-6	5.2	29
33	Emotion regulation and the quality of social interaction: does the ability to evaluate emotional situations and identify effective responses matter?. <i>Journal of Personality</i> , <b>2011</b> , 79, 429-67	4.4	63
32	Trajectory and predictors of depression in a 12-month prospective study after the Madrid March 11 terrorist attacks. <i>Journal of Psychiatric Research</i> , <b>2011</b> , 45, 1395-403	5.2	11
31	Trait Meta-Mood and Subjective Happiness: A 7-week Prospective Study. <i>Journal of Happiness Studies</i> , <b>2011</b> , 12, 509-517	3.7	48
30	Major depressive disorder following terrorist attacks: a systematic review of prevalence, course and correlates. <i>BMC Psychiatry</i> , <b>2011</b> , 11, 96	4.2	35
29	Inteligencia emocional y ajuste psicosocial en la adolescencia: El papel de la percepción emocional. <i>European Journal of Education and Psychology</i> , <b>2011</b> , 4, 143	2.1	27
28	Measuring Perceived Emotional Intelligence in the Adolescent Population: Psychometric Properties of the Trait Meta-Mood Scale. <i>Social Behavior and Personality</i> , <b>2010</b> , 38, 1197-1209	1.2	52
27	Emotional regulation and acute pain perception in women. <i>Journal of Pain</i> , <b>2010</b> , 11, 564-9	5.2	25
26	Perceived emotional intelligence facilitates cognitive-emotional processes of adaptation to an acute stressor. <i>Cognition and Emotion</i> , <b>2007</b> , 21, 758-772	2.3	42
25	Emotional intelligence as predictor of mental, social, and physical health in university students. <i>Spanish Journal of Psychology</i> , <b>2006</b> , 9, 45-51	1	121
24	Mental Models in Social Interaction. <i>Journal of Experimental Education</i> , <b>2006</b> , 74, 227-248	1.3	9
23	Validity and reliability of Spanish versions of the Ruminative Responses Scale-Short Form and the Distraction Responses Scale in a sample of Spanish high school and college students. <i>Psychological Reports</i> , <b>2006</b> , 98, 141-50	1.6	21
22	Spanish version of the Mayer-Salovey-Caruso Emotional Intelligence Test (MSCEIT). Version 2.0: reliabilities, age and gender differences. <i>Psicothema</i> , <b>2006</b> , 18 Suppl, 42-8	2	29
21	Perceived emotional intelligence and life satisfaction: Predictive and incremental validity using the Trait Meta-Mood Scale. <i>Personality and Individual Differences</i> , <b>2005</b> , 39, 937-948	3.3	120



20	Emotional intelligence predicts life skills, but not as well as personality and cognitive abilities. <i>Personality and Individual Differences</i> , <b>2005</b> , 39, 1135-1145	3.3	183
19	about emotional intelligence and moral decisions. <i>Behavioral and Brain Sciences</i> , <b>2005</b> , 28, 548-549	0.9	6
18	Validity and reliability of the Spanish version of the White Bear Suppression Inventory. <i>Psychological Reports</i> , <b>2004</b> , 94, 782-4	1.6	8
17	Mood Regulation Skill and the Symptoms of Endogenous and Hopelessness Depression in Spanish High School Students. <i>Journal of Psychopathology and Behavioral Assessment</i> , <b>2004</b> , 26, 233-240	2	15
16	It's not that bad: Social challenges to emotional disclosure enhance adjustment to stress. <i>Anxiety, Stress and Coping</i> , <b>2004</b> , 17, 341-361	3.1	68
15	Validity and reliability of the Spanish modified version of the Trait Meta-Mood Scale. <i>Psychological Reports</i> , <b>2004</b> , 94, 751-5	1.6	380
14	Stereotype development in Andalusian children. <i>Spanish Journal of Psychology</i> , <b>2003</b> , 6, 28-34	1	6
13	Irrational decisions: attending to numbers rather than ratios. <i>Personality and Individual Differences</i> , <b>2003</b> , 35, 1537-1547	3.3	29
12	Measuring emotional intelligence with the MSCEIT V2.0. <i>Emotion</i> , <b>2003</b> , 3, 97-105	4.1	902
11	Corneal forward shift after excimer laser keratorefractive surgery. <i>Seminars in Ophthalmology</i> , <b>2003</b> , 18, 17-22	2.4	34
10	Relation of perceived emotional intelligence and health-related quality of life of middle-aged women. <i>Psychological Reports</i> , <b>2002</b> , 91, 47-59	1.6	72
9	Temporal and causal order effects in thinking about what might have been. <i>Quarterly Journal of Experimental Psychology Section A: Human Experimental Psychology</i> , <b>2002</b> , 55, 1295-305		16
8	RELATION OF PERCEIVED EMOTIONAL INTELLIGENCE AND HEALTH-RELATED QUALITY OF LIFE OF MIDDLE-AGED WOMEN. <i>Psychological Reports</i> , <b>2002</b> , 91, 47	1.6	16
7	The temporality effect in counterfactual thinking about what might have been. <i>Memory and Cognition</i> , <b>2000</b> , 28, 264-81	2.2	60
6	Effects of trial order on contingency judgments: A comparison of associative and probabilistic contrast accounts.. <i>Journal of Experimental Psychology: Learning Memory and Cognition</i> , <b>1998</b> , 24, 672-694	2.2	79
5	How to reconsider the base rate fallacy without forgetting the concept of systematic processing. <i>Behavioral and Brain Sciences</i> , <b>1996</b> , 19, 21-22	0.9	10
4	La influencia de las creencias causales en la construcción de inferencias predictivas y diagnósticas. <i>Estudios De Psicología</i> , <b>1994</b> , 15, 33-42	1.1	1
3	Interacción social y nivel de conflicto sociocognoscitivo en la construcción del esquema de probabilidad. <i>Estudios De Psicología</i> , <b>1992</b> , 13, 87-100	1.1	



2	Emotional distress and associated sociodemographic risk factors during the COVID-19 outbreak in Spain	5
1	Ability emotional intelligence in parents and their offspring. <i>Current Psychology</i> ,1	1.4 1