

# Alexandros Tsoupras

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

64  
papers

1,446  
citations

20  
h-index

37  
g-index

68  
ext. papers

1,877  
ext. citations

4.3  
avg, IF

5.65  
L-index

#	Paper	IF	Citations
64	COVID-19: The Inflammation Link and the Role of Nutrition in Potential Mitigation. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	225
63	Inflammation, not Cholesterol, Is a Cause of Chronic Disease. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	142
62	Dairy Fats and Cardiovascular Disease: Do We Really Need to be Concerned?. <i>Foods</i> , <b>2018</b> , 7,	4.9	127
61	Phospholipids of Animal and Marine Origin: Structure, Function, and Anti-Inflammatory Properties. <i>Molecules</i> , <b>2017</b> , 22,	4.8	120
60	The implication of platelet activating factor in cancer growth and metastasis: potent beneficial role of PAF-inhibitors and antioxidants. <i>Infectious Disorders - Drug Targets</i> , <b>2009</b> , 9, 390-9	1.1	100
59	Forty Years Since the Structural Elucidation of Platelet-Activating Factor (PAF): Historical, Current, and Future Research Perspectives. <i>Molecules</i> , <b>2019</b> , 24,	4.8	53
58	Inflammation and cardiovascular disease: are marine phospholipids the answer?. <i>Food and Function</i> , <b>2020</b> , 11, 2861-2885	6.1	39
57	Platelet activation and prothrombotic mediators at the nexus of inflammation and atherosclerosis: Potential role of antiplatelet agents. <i>Blood Reviews</i> , <b>2021</b> , 45, 100694	11.1	38
56	Fish polar lipids retard atherosclerosis in rabbits by down-regulating PAF biosynthesis and up-regulating PAF catabolism. <i>Lipids in Health and Disease</i> , <b>2011</b> , 10, 213	4.4	37
55	Structural Elucidation of Irish Organic Farmed Salmon ( <i>Salmo salar</i> ) Polar Lipids with Antithrombotic Activities. <i>Marine Drugs</i> , <b>2018</b> , 16,	6	37
54	Anti-platelet-activating factor effects of highly active antiretroviral therapy (HAART): a new insight in the drug therapy of HIV infection?. <i>AIDS Research and Human Retroviruses</i> , <b>2008</b> , 24, 1079-86	1.6	31
53	In Vitro Antithrombotic Properties of Salmon () Phospholipids in a Novel Food-Grade Extract. <i>Marine Drugs</i> , <b>2019</b> , 17,	6	28
52	In vitro and in vivo effects of statins on platelet-activating factor and its metabolism. <i>Angiology</i> , <b>2011</b> , 62, 209-18	2.1	25
51	Platelet-activating factor and its basic metabolic enzymes in blood of naive HIV-infected patients. <i>Angiology</i> , <b>2012</b> , 63, 343-52	2.1	23
50	The Potential Role of Dietary Platelet-Activating Factor Inhibitors in Cancer Prevention and Treatment. <i>Advances in Nutrition</i> , <b>2019</b> , 10, 148-164	10	22
49	Paricalcitol effects on activities and metabolism of platelet activating factor and on inflammatory cytokines in hemodialysis patients. <i>International Journal of Artificial Organs</i> , <b>2013</b> , 36, 87-96	1.9	22
48	Bioprospecting for Antithrombotic Polar Lipids from Salmon, Herring, and Boarfish By-Products. <i>Foods</i> , <b>2019</b> , 8,	4.9	21

47	Platelet aggregometry assay for evaluating the effects of platelet agonists and antiplatelet compounds on platelet function. <i>MethodsX</i> , <b>2019</b> , 6, 63-70	1.9	21
46	The Effects of Oxidation on the Antithrombotic Properties of Tea Lipids Against PAF, Thrombin, Collagen, and ADP. <i>Foods</i> , <b>2020</b> , 9,	4.9	21
45	Synthesis, biochemical evaluation and molecular modeling studies of novel rhodium complexes with nanomolar activity against Platelet Activating Factor. <i>Journal of Inorganic Biochemistry</i> , <b>2013</b> , 120, 63-73	4.2	20
44	In vivo effect of two first-line ART regimens on inflammatory mediators in male HIV patients. <i>Lipids in Health and Disease</i> , <b>2014</b> , 13, 90	4.4	19
43	Antithrombotic properties of Spirulina extracts against platelet-activating factor and thrombin. <i>Food Bioscience</i> , <b>2020</b> , 37, 100686	4.9	19
42	Thrombosis and COVID-19: The Potential Role of Nutrition. <i>Frontiers in Nutrition</i> , <b>2020</b> , 7, 583080	6.2	19
41	Total, Neutral, and Polar Lipids of Brewing Ingredients, By-Products and Beer: Evaluation of Antithrombotic Activities. <i>Foods</i> , <b>2019</b> , 8,	4.9	18
40	The in vitro antithrombotic properties of ale, lager, and stout beers. <i>Food Bioscience</i> , <b>2019</b> , 28, 83-88	4.9	14
39	Yoghurt fermentation alters the composition and antiplatelet properties of milk polar lipids. <i>Food Chemistry</i> , <b>2020</b> , 332, 127384	8.5	14
38	In vitro anti-inflammatory and anti-coagulant effects of antibiotics towards Platelet Activating Factor and thrombin. <i>Journal of Inflammation</i> , <b>2011</b> , 8, 17	6.7	13
37	Effects of highly active antiretroviral therapy on platelet activating factor metabolism in naive HIV-infected patients: ii) study of the abacavir/lamivudine/efavirenz HAART regimen. <i>International Journal of Immunopathology and Pharmacology</i> , <b>2012</b> , 25, 247-58	3	13
36	Hydroxyl-platelet-activating factor exists in blood of healthy volunteers and periodontal patients. <i>Mediators of Inflammation</i> , <b>2003</b> , 12, 221-7	4.3	12
35	Structural Elucidation of Irish Ale Bioactive Polar Lipids with Antithrombotic Properties. <i>Biomolecules</i> , <b>2020</b> , 10,	5.9	12
34	Isolation and identification of hydroxyl-platelet-activating factor from natural sources. <i>Life Sciences</i> , <b>2006</b> , 79, 1796-803	6.8	10
33	Bioactive Lipids of Marine Microalga sp. SABC 012504 with Anti-Inflammatory and Anti-Thrombotic Activities. <i>Marine Drugs</i> , <b>2021</b> , 19,	6	10
32	Platelet-activating factor detection, metabolism, and inhibitors in the ethanologenic bacterium <i>Zymomonas mobilis</i> . <i>European Journal of Lipid Science and Technology</i> , <b>2012</b> , 114, 123-133	3	9
31	Beneficial Anti-Platelet and Anti-Inflammatory Properties of Irish Apple Juice and Cider Bioactives. <i>Foods</i> , <b>2021</b> , 10,	4.9	9
30	Inhibitory activity of the novel Zn[(OPPh <sub>2</sub> )(SePPh <sub>2</sub> N)] <sub>2</sub> complex towards the Platelet Activating Factor (PAF) and thrombin: Comparison with its isomorphous Co(II) and Ni(II) analogues. <i>Inorganica Chimica Acta</i> , <b>2011</b> , 378, 102-108	2.7	8

29	Effects of HAART on platelet-activating factor metabolism in naive HIV-infected patients I: study of the tenofovir-DF/emtricitabine/efavirenz HAART regimen. <i>AIDS Research and Human Retroviruses</i> , <b>2012</b> , 28, 766-75	1.6	8
28	Anti-Inflammatory and Anti-Platelet Properties of Lipid Bioactives from Apple Cider By-Products. <i>Molecules</i> , <b>2021</b> , 26,	4.8	8
27	The Anti-inflammatory Properties of Food Polar Lipids. <i>Reference Series in Phytochemistry</i> , <b>2018</b> , 1-34	0.7	8
26	Microalgal Lipid Extracts Have Potential to Modulate the Inflammatory Response: A Critical Review. <i>International Journal of Molecular Sciences</i> , <b>2021</b> , 22,	6.3	8
25	Structurally diverse metal coordination compounds, bearing imidodiphosphate and diphosphinoamine ligands, as potential inhibitors of the platelet activating factor. <i>Bioinorganic Chemistry and Applications</i> , <b>2010</b> ,	4.2	7
24	In Vivo Effects of a Ginkgo Biloba Extract on Platelet Activating Factor Metabolism in Two Asymptomatic Hiv-Infected Patients. <i>European Journal of Inflammation</i> , <b>2011</b> , 9, 107-116	0.3	7
23	Caprine milk fermentation enhances the antithrombotic properties of cheese polar lipids. <i>Journal of Functional Foods</i> , <b>2019</b> , 61, 103507	5.1	6
22	Cardio-Protective Properties and Health Benefits of Fish Lipid Bioactives; The Effects of Thermal Processing.. <i>Marine Drugs</i> , <b>2022</b> , 20,	6	5
21	Diet and Cardiovascular Disease: The Mediterranean Diet <b>2019</b> , 267-288		4
20	Paf-Metabolic Enzymes and Paf-like Activity in L. Infantum and L. Major Promastigotes. <i>European Journal of Inflammation</i> , <b>2011</b> , 9, 231-239	0.3	4
19	Comment on "Optimal Nutritional Status for a Well-Functioning Immune System Is an Important Factor to Protect against Viral Infections. 2020, , 1181". <i>Nutrients</i> , <b>2020</b> , 12,	6.7	4
18	Statins: Rationale, Mode of Action, and Side Effects <b>2019</b> , 171-200		3
17	Identification of Pollution Patterns and Sources in a Semi-Arid Urban Stream. <i>Journal of Ecological Engineering</i> , <b>2018</b> , 19, 99-113	2	3
16	The effects of cooking salmon sous-vide on its antithrombotic properties, lipid profile and sensory characteristics. <i>Food Research International</i> , <b>2021</b> , 139, 109976	7	3
15	Implementation of Sustainable Development Goals in the dairy sector: Perspectives on the use of agro-industrial side-streams to design functional foods. <i>Trends in Food Science and Technology</i> , <b>2022</b> , 124, 128-139	15.3	3
14	Antithrombotic and antiplatelet activity of an organometallic rhodium(I) complex incorporating a substituted thieno-[2,3-d]-pyrimidine ligand: Synthesis, structural characterization, and molecular docking calculations. <i>Applied Organometallic Chemistry</i> , <b>2021</b> , 35, e6210	3.1	2
13	Anti-Platelet Properties of Apple Must/Skin Yeasts and of Their Fermented Apple Cider Products. <i>Beverages</i> , <b>2021</b> , 7, 54	3.4	2
12	The Lipid Hypothesis and the Seven Countries Study <b>2019</b> , 119-143		1

11	Anti-inflammatory and anti-thrombotic properties of lipid bioactives from the entomopathogenic fungus <i>Beauveria bassiana</i> .. <i>Prostaglandins and Other Lipid Mediators</i> , <b>2021</b> , 158, 106606	3.7	1
10	One-step separation system of bio-functional lipid compounds from natural sources. <i>MethodsX</i> , <b>2021</b> , 8, 101380	1.9	1
9	The Origin of Chronic Diseases With Respect to Cardiovascular Disease <b>2019</b> , 1-21		0
8	Inflammation and Cardiovascular Diseases <b>2019</b> , 53-117		0
7	Investigation of Platelet Aggregation in Atherosclerosis.. <i>Methods in Molecular Biology</i> , <b>2022</b> , 2419, 333-347		0
6	Anti-inflammatory and antithrombotic properties of polar lipid extracts, rich in unsaturated fatty acids, from the Irish marine cyanobacterium <i>Spirulina subsalsa</i> . <i>Journal of Functional Foods</i> , <b>2022</b> , 94, 105124	5.1	0
5	Cholesterol in Atherosclerosis and Cardiovascular Disease: The Role of Specific Dietary and Lifestyle Patterns <b>2019</b> , 145-169		
4	Cardiovascular Risk: Assumptions, Limitations, and Research <b>2019</b> , 201-266		
3	Nutrition Versus Statins in Primary Prevention: Where do we Stand Now? <b>2019</b> , 289-317		
2	The Anti-inflammatory Properties of Food Polar Lipids. <i>Reference Series in Phytochemistry</i> , <b>2019</b> , 553-586.	0.7	
1	Inflammation and Chronic Diseases: The Polar Lipid Link. <i>Proceedings (mdpi)</i> , <b>2021</b> , 70, 70	0.3	