

Alexandros Tsoupras

List of Publications by Year in descending order

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66
papers

2,223
citations

279701

23
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233338

45
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68
all docs

68
docs citations

68
times ranked

2838
citing authors

#	ARTICLE	IF	CITATIONS
1	COVID-19: The Inflammation Link and the Role of Nutrition in Potential Mitigation. <i>Nutrients</i> , 2020, 12, 1466.	1.7	402
2	Inflammation, not Cholesterol, Is a Cause of Chronic Disease. <i>Nutrients</i> , 2018, 10, 604.	1.7	202
3	Dairy Fats and Cardiovascular Disease: Do We Really Need to Be Concerned?. <i>Foods</i> , 2018, 7, 29.	1.9	183
4	Phospholipids of Animal and Marine Origin: Structure, Function, and Anti-Inflammatory Properties. <i>Molecules</i> , 2017, 22, 1964.	1.7	178
5	The Implication of Platelet Activating Factor in Cancer Growth and Metastasis: Potent Beneficial Role of PAF-Inhibitors and Antioxidants. <i>Infectious Disorders - Drug Targets</i> , 2009, 9, 390-399.	0.4	116
6	Forty Years Since the Structural Elucidation of Platelet-Activating Factor (PAF): Historical, Current, and Future Research Perspectives. <i>Molecules</i> , 2019, 24, 4414.	1.7	87
7	Platelet activation and prothrombotic mediators at the nexus of inflammation and atherosclerosis: Potential role of antiplatelet agents. <i>Blood Reviews</i> , 2021, 45, 100694.	2.8	87
8	Inflammation and cardiovascular disease: are marine phospholipids the answer?. <i>Food and Function</i> , 2020, 11, 2861-2885.	2.1	65
9	Structural Elucidation of Irish Organic Farmed Salmon (<i>Salmo salar</i>) Polar Lipids with Antithrombotic Activities. <i>Marine Drugs</i> , 2018, 16, 176.	2.2	42
10	Fish polar lipids retard atherosclerosis in rabbits by down-regulating PAF biosynthesis and up-regulating PAF catabolism. <i>Lipids in Health and Disease</i> , 2011, 10, 213.	1.2	41
11	The Potential Role of Dietary Platelet-Activating Factor Inhibitors in Cancer Prevention and Treatment. <i>Advances in Nutrition</i> , 2019, 10, 148-164.	2.9	39
12	Anti-Platelet-Activating Factor Effects of Highly Active Antiretroviral Therapy (HAART): A New Insight in the Drug Therapy of HIV Infection?. <i>AIDS Research and Human Retroviruses</i> , 2008, 24, 1079-1086.	0.5	38
13	In Vitro Antithrombotic Properties of Salmon (<i>Salmo salar</i>) Phospholipids in a Novel Food-Grade Extract. <i>Marine Drugs</i> , 2019, 17, 62.	2.2	35
14	Thrombosis and COVID-19: The Potential Role of Nutrition. <i>Frontiers in Nutrition</i> , 2020, 7, 583080.	1.6	33
15	Platelet aggregometry assay for evaluating the effects of platelet agonists and antiplatelet compounds on platelet function in vitro. <i>MethodsX</i> , 2019, 6, 63-70.	0.7	32
16	In Vitro and In Vivo Effects of Statins on Platelet-Activating Factor and Its Metabolism. <i>Angiology</i> , 2011, 62, 209-218.	0.8	30
17	Platelet-Activating Factor and Its Basic Metabolic Enzymes in Blood of Naive HIV-Infected Patients. <i>Angiology</i> , 2012, 63, 343-352.	0.8	29
18	Paricalcitol Effects on Activities and Metabolism of Platelet Activating Factor and on Inflammatory Cytokines in Hemodialysis Patients. <i>International Journal of Artificial Organs</i> , 2013, 36, 87-96.	0.7	27

#	ARTICLE	IF	CITATIONS
19	Bioprospecting for Antithrombotic Polar Lipids from Salmon, Herring, and Boarfish By-Products. <i>Foods</i> , 2019, 8, 416.	1.9	27
20	The Effects of Oxidation on the Antithrombotic Properties of Tea Lipids against PAF, Thrombin, Collagen, and ADP. <i>Foods</i> , 2020, 9, 385.	1.9	27
21	Antithrombotic properties of Spirulina extracts against platelet-activating factor and thrombin. <i>Food Bioscience</i> , 2020, 37, 100686.	2.0	26
22	Implementation of Sustainable Development Goals in the dairy sector: Perspectives on the use of agro-industrial side-streams to design functional foods. <i>Trends in Food Science and Technology</i> , 2022, 124, 128-139.	7.8	26
23	Total, Neutral, and Polar Lipids of Brewing Ingredients, By-Products and Beer: Evaluation of Antithrombotic Activities. <i>Foods</i> , 2019, 8, 171.	1.9	24
24	Yoghurt fermentation alters the composition and antiplatelet properties of milk polar lipids. <i>Food Chemistry</i> , 2020, 332, 127384.	4.2	24
25	In vivo effect of two first-line ART regimens on inflammatory mediators in male HIV patients. <i>Lipids in Health and Disease</i> , 2014, 13, 90.	1.2	22
26	Synthesis, biochemical evaluation and molecular modeling studies of novel rhodium complexes with nanomolar activity against Platelet Activating Factor. <i>Journal of Inorganic Biochemistry</i> , 2013, 120, 63-73.	1.5	21
27	Bioactive Lipids of Marine Microalga <i>Chlorococcum</i> sp. SABC 012504 with Anti-Inflammatory and Anti-Thrombotic Activities. <i>Marine Drugs</i> , 2021, 19, 28.	2.2	21
28	Microalgal Lipid Extracts Have Potential to Modulate the Inflammatory Response: A Critical Review. <i>International Journal of Molecular Sciences</i> , 2021, 22, 9825.	1.8	18
29	In vitro anti-inflammatory and anti-coagulant effects of antibiotics towards Platelet Activating Factor and thrombin. <i>Journal of Inflammation</i> , 2011, 8, 17.	1.5	17
30	Structural Elucidation of Irish Ale Bioactive Polar Lipids with Antithrombotic Properties. <i>Biomolecules</i> , 2020, 10, 1075.	1.8	17
31	The effects of cooking salmon sous-vide on its antithrombotic properties, lipid profile and sensory characteristics. <i>Food Research International</i> , 2021, 139, 109976.	2.9	17
32	Cardio-Protective Properties and Health Benefits of Fish Lipid Bioactives; The Effects of Thermal Processing. <i>Marine Drugs</i> , 2022, 20, 187.	2.2	17
33	Caprine milk fermentation enhances the antithrombotic properties of cheese polar lipids. <i>Journal of Functional Foods</i> , 2019, 61, 103507.	1.6	16
34	Hydroxyl-platelet-activating factor exists in blood of healthy volunteers and periodontal patients. <i>Mediators of Inflammation</i> , 2003, 12, 221-227.	1.4	15
35	The in vitro antithrombotic properties of ale, lager, and stout beers. <i>Food Bioscience</i> , 2019, 28, 83-88.	2.0	15
36	Isolation and identification of hydroxyl-platelet-activating factor from natural sources. <i>Life Sciences</i> , 2006, 79, 1796-1803.	2.0	13

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37	Effects of Highly Active Antiretroviral Therapy on Platelet Activating Factor Metabolism in Naïve Journal of Immunopathology and Pharmacology, 2012, 25, 247-258.	1.0	13
38	Beneficial Anti-Platelet and Anti-Inflammatory Properties of Irish Apple Juice and Cider Bioactives. Foods, 2021, 10, 412.	1.9	13
39	Anti-Inflammatory and Anti-Platelet Properties of Lipid Bioactives from Apple Cider By-Products. Molecules, 2021, 26, 2869.	1.7	13
40	Inhibitory activity of the novel Zn[(OPPh ₂)(SePPh ₂)N] ₂ complex towards the Platelet Activating Factor (PAF) and thrombin: Comparison with its isomorphous Co(II) and Ni(II) analogues. Inorganica Chimica Acta, 2011, 378, 102-108.	1.2	12
41	<i>In Vivo</i> Effects of a <i>Ginkgo Biloba</i> Extract on Platelet Activating Factor Metabolism in Two Asymptomatic Hiv-Infected Patients. European Journal of Inflammation, 2011, 9, 107-116.	0.2	12
42	Platelet-activating factor detection, metabolism, and inhibitors in the ethanologenic bacterium <i>Zymomonas mobilis</i> . European Journal of Lipid Science and Technology, 2012, 114, 123-133.	1.0	11
43	Anti-inflammatory and antithrombotic properties of polar lipid extracts, rich in unsaturated fatty acids, from the Irish marine cyanobacterium <i>Spirulina subsalsa</i> . Journal of Functional Foods, 2022, 94, 105124.	1.6	10
44	The Anti-inflammatory Properties of Food Polar Lipids. Reference Series in Phytochemistry, 2018, , 1-34.	0.2	9
45	Effects of HAART on Platelet-Activating Factor Metabolism in Naive HIV-Infected Patients I: Study of the Tenofovir-DF/Emtricitabine/Efavirenz HAART Regimen. AIDS Research and Human Retroviruses, 2012, 28, 766-775.	0.5	8
46	Structurally Diverse Metal Coordination Compounds, Bearing Imidodiphosphinate and Diphosphinoamine Ligands, as Potential Inhibitors of the Platelet Activating Factor. Bioinorganic Chemistry and Applications, 2010, 2010, 1-8.	1.8	7
47	Paf-Metabolic Enzymes and Paf-like Activity in <i>L. Infantum</i> and <i>L. Major</i> Promastigotes. European Journal of Inflammation, 2011, 9, 231-239.	0.2	7
48	Statins: Rationale, Mode of Action, and Side Effects. , 2019, , 171-200.		6
49	Anti-Platelet Properties of Apple Must/Skin Yeasts and of Their Fermented Apple Cider Products. Beverages, 2021, 7, 54.	1.3	6
50	Investigation of Platelet Aggregation in Atherosclerosis. Methods in Molecular Biology, 2022, 2419, 333-347.	0.4	6
51	Comment on "Optimal Nutritional Status for a Well-Functioning Immune System Is an Important Factor to Protect against Viral Infections. Nutrients 2020, 12, 1181" Nutrients, 2020, 12, 2321.	1.7	5
52	Antithrombotic and antiplatelet activity of an organometallic rhodium(I) complex incorporating a substituted thieno[2,3- <i>d</i>]pyrimidine ligand: Synthesis, structural characterization, and molecular docking calculations. Applied Organometallic Chemistry, 2021, 35, e6210.	1.7	5
53	Fermentation Enhances the Anti-Inflammatory and Anti-Platelet Properties of Both Bovine Dairy and Plant-Derived Dairy Alternatives. Fermentation, 2022, 8, 292.	1.4	5
54	Diet and Cardiovascular Disease: The Mediterranean Diet. , 2019, , 267-288.		4

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55	Identification of Pollution Patterns and Sources in a Semi-Arid Urban Stream. <i>Journal of Ecological Engineering</i> , 2018, 19, 99-113.	0.5	4
56	One-step separation system of bio-functional lipid compounds from natural sources. <i>MethodsX</i> , 2021, 8, 101380.	0.7	3
57	Anti-inflammatory and anti-thrombotic properties of lipid bioactives from the entomopathogenic fungus <i>Beauveria bassiana</i> . <i>Prostaglandins and Other Lipid Mediators</i> , 2022, 158, 106606.	1.0	3
58	The Anti-Inflammatory and Antithrombotic Properties of Bioactives from Orange, Sanguine and Clementine Juices and from Their Remaining By-Products. <i>Beverages</i> , 2022, 8, 39.	1.3	3
59	Inflammation and Cardiovascular Diseases. , 2019, , 53-117.		2
60	The Origin of Chronic Diseases With Respect to Cardiovascular Disease. , 2019, , 1-21.		1
61	The Lipid Hypothesis and the Seven Countries Study. , 2019, , 119-143.		1
62	Cholesterol in Atherosclerosis and Cardiovascular Disease: The Role of Specific Dietary and Lifestyle Patterns. , 2019, , 145-169.		0
63	Cardiovascular Risk: Assumptions, Limitations, and Research. , 2019, , 201-266.		0
64	Nutrition Versus Statins in Primary Prevention: Where do we Stand Now?. , 2019, , 289-317.		0
65	The Anti-inflammatory Properties of Food Polar Lipids. <i>Reference Series in Phytochemistry</i> , 2019, , 553-586.	0.2	0
66	Inflammation and Chronic Diseases: The Polar Lipid Link. <i>Proceedings (mdpi)</i> , 2020, 70, .	0.2	0