

Paula Salo

List of Publications by Year in Descending Order

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Version: 2024-04-29

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

108
papers

5,103
citations

41
h-index

69
g-index

111
ext. papers

6,121
ext. citations

5.1
avg. IF

4.86
L-index

#	Paper	IF	Citations
108	Shift work, work time control, and informal caregiving as risk factors for sleep disturbances in an ageing municipal workforce. <i>Scandinavian Journal of Work, Environment and Health</i> , 2021 , 47, 181-190	4.3	2
107	Shift work, work time control, and informal caregiving as risk factors for sleep disturbances in an ageing municipal workforce. <i>Scandinavian Journal of Work, Environment and Health</i> , 2021 , 47, 181-190	4.3	1
106	Daytime fatigue as a predictor for subsequent retirement among older New Zealand workers. <i>Sleep Health</i> , 2021 , 7, 742-748	4	
105	Association of rotating shift work schedules and the use of prescribed sleep medication: A prospective cohort study. <i>Journal of Sleep Research</i> , 2021 , 30, e13349	5.8	1
104	Workplace discrimination as risk factor for long-term sickness absence: Longitudinal analyses of onset and changes in workplace adversity. <i>PLoS ONE</i> , 2021 , 16, e0255697	3.7	1
103	Effect of the frequency spectrum of road traffic noise on sleep: A polysomnographic study. <i>Journal of the Acoustical Society of America</i> , 2020 , 147, 2139	2.2	3
102	Changes in accelerometer-measured sleep during the transition to retirement: the Finnish Retirement and Aging (FIREA) study. <i>Sleep</i> , 2020 , 43,	1.1	6
101	Long working hours and change in body weight: analysis of individual-participant data from 19 cohort studies. <i>International Journal of Obesity</i> , 2020 , 44, 1368-1375	5.5	7
100	Does removal of work stress explain improved sleep following retirement? The Finnish Retirement and Aging study. <i>Sleep</i> , 2019 , 42,	1.1	6
99	Antidepressant treatment among social workers, human service professionals, and non-human service professionals: A multi-cohort study in Finland, Sweden and Denmark. <i>Journal of Affective Disorders</i> , 2019 , 250, 153-162	6.6	5
98	The association between vaccination confidence, vaccination behavior, and willingness to recommend vaccines among Finnish healthcare workers. <i>PLoS ONE</i> , 2019 , 14, e0224330	3.7	47
97	Associations between shift work and use of prescribed medications for the treatment of hypertension, diabetes, and dyslipidemia: a prospective cohort study. <i>Scandinavian Journal of Work, Environment and Health</i> , 2019 , 45, 465-474	4.3	1
96	Socioeconomic differences in healthy and disease-free life expectancy between ages 50 and 75: a multi-cohort study. <i>European Journal of Public Health</i> , 2019 , 29, 267-272	2.1	16
95	Employee control over scheduling of shifts and objectively measured working hour characteristics: a cross-sectional analysis of linked register and survey data. <i>Chronobiology International</i> , 2019 , 36, 85-95 ^{3.6}		5
94	Job-strain and well-being among Finnish social workers: exploring the differences in occupational well-being between child protection social workers and social workers without duties in child protection. <i>European Journal of Social Work</i> , 2019 , 22, 43-58	1	7
93	Sociodemographic Differences Between Alcohol Use and Sickness Absence: Pooled Analysis of Four Cohort Studies. <i>Alcohol and Alcoholism</i> , 2018 , 53, 95-103	3.5	5
92	Changes in Sleep Difficulties During the Transition to Statutory Retirement. <i>Sleep</i> , 2018 , 41,	1.1	20

91	Sickness absence diagnoses among abstainers, low-risk drinkers and at-risk drinkers: consideration of the U-shaped association between alcohol use and sickness absence in four cohort studies. <i>Addiction</i> , 2018 , 113, 1633	4.6	11
90	Long working hours and depressive symptoms: systematic review and meta-analysis of published studies and unpublished individual participant data. <i>Scandinavian Journal of Work, Environment and Health</i> , 2018 , 44, 239-250	4.3	67
89	Clustering of job strain, effort-reward imbalance, and organizational injustice and the risk of work disability: a cohort study. <i>Scandinavian Journal of Work, Environment and Health</i> , 2018 , 44, 485-495	4.3	30
88	Lifestyle factors and risk of sickness absence from work: a multicohort study. <i>Lancet Public Health, The</i> , 2018 , 3, e545-e554	22.4	47
87	Job strain as a risk factor for clinical depression: systematic review and meta-analysis with additional individual participant data. <i>Psychological Medicine</i> , 2017 , 47, 1342-1356	6.9	195
86	Change in organizational justice as a predictor of insomnia symptoms: longitudinal study analysing observational data as a non-randomized pseudo-trial. <i>International Journal of Epidemiology</i> , 2017 , 46, 1277-1284	7.8	8
85	Organizational Justice and Collaboration Among Nurses as Correlates of Violent Assaults by Patients in Psychiatric Care. <i>Psychiatric Services</i> , 2017 , 68, 490-496	3.3	12
84	Effort-Reward Imbalance at Work and Incident Coronary Heart Disease: A Multicohort Study of 90,164 Individuals. <i>Epidemiology</i> , 2017 , 28, 619-626	3.1	161
83	Organisational justice protects against the negative effect of workplace violence on teachers' sleep: a longitudinal cohort study. <i>Occupational and Environmental Medicine</i> , 2017 , 74, 511-516	2.1	19
82	Change in Job Strain as a Predictor of Change in Insomnia Symptoms: Analyzing Observational Data as a Non-randomized Pseudo-Trial. <i>Sleep</i> , 2017 , 40,	1.1	19
81	Sleep Apnea, Disability Pensions, and Cause-Specific Mortality: A Swedish Nationwide Register Linkage Study. <i>American Journal of Epidemiology</i> , 2017 , 186, 709-718	3.8	16
80	Female sexual function varies over time and is dependent on partner-specific factors: a population-based longitudinal analysis of six sexual function domains. <i>Psychological Medicine</i> , 2017 , 47, 341-352	6.9	10
79	Trends in work disability with mental diagnoses among social workers in Finland and Sweden in 2005-2012. <i>Epidemiology and Psychiatric Sciences</i> , 2017 , 26, 644-654	5.1	14
78	Long working hours as a risk factor for atrial fibrillation: a multi-cohort study. <i>European Heart Journal</i> , 2017 , 38, 2621-2628	9.5	49
77	Changes in Sleep Duration During Transition to Statutory Retirement: A Longitudinal Cohort Study. <i>Sleep</i> , 2017 , 40,	1.1	21
76	Onset of Impaired Sleep and Cardiovascular Disease Risk Factors: A Longitudinal Study. <i>Sleep</i> , 2016 , 39, 1709-18	1.1	41
75	Modeling the Occupational Well-Being of Finnish Social Work Employees: A Multigroup Confirmatory Factor Analysis. <i>Human Service Organizations Management, Leadership and Governance</i> , 2016 , 40, 524-539	0.7	4
74	Response to letter "Do all hypnotic drugs and sedatives have risk for cancer?". <i>Sleep Medicine</i> , 2016 , 20, 171	4.6	

73	Health- and work-related predictors of work disability among employees with a cardiometabolic disease--A cohort study. <i>Journal of Psychosomatic Research</i> , 2016 , 82, 41-47	4.1	18
72	Organizational justice and disability pension from all-causes, depression and musculoskeletal diseases: A Finnish cohort study of public sector employees. <i>Scandinavian Journal of Work, Environment and Health</i> , 2016 , 42, 395-404	4.3	21
71	Antidepressant use and work-related injuries. <i>Psychological Medicine</i> , 2016 , 46, 1391-9	6.9	1
70	Job insecurity and risk of diabetes: a meta-analysis of individual participant data. <i>Cmaj</i> , 2016 , 188, E447-E455	5.5	29
69	Long working hours, socioeconomic status, and the risk of incident type 2 diabetes: a meta-analysis of published and unpublished data from 222 120 individuals. <i>Lancet Diabetes and Endocrinology</i> , 2015 , 3, 27-34	18.1	141
68	Use of sleep medications and risk of cancer: a matched case-control study. <i>Sleep Medicine</i> , 2015 , 16, 1552-5	4.5	15
67	Long working hours and risk of coronary heart disease and stroke: a systematic review and meta-analysis of published and unpublished data for 603,838 individuals. <i>Lancet, The</i> , 2015 , 386, 1739-46	4.0	368
66	Onset of impaired sleep as a predictor of change in health-related behaviours; analysing observational data as a series of non-randomized pseudo-trials. <i>International Journal of Epidemiology</i> , 2015 , 44, 1027-37	7.8	21
65	Job strain and the risk of stroke: an individual-participant data meta-analysis. <i>Stroke</i> , 2015 , 46, 557-9	6.7	75
64	Use of Sleep Medications and Mortality: The Hordaland Health Study. <i>Drugs - Real World Outcomes</i> , 2015 , 2, 123-128	2.2	7
63	Long working hours and alcohol use: systematic review and meta-analysis of published studies and unpublished individual participant data. <i>BMJ, The</i> , 2015 , 350, g7772	5.9	102
62	Developing register-based measures for assessment of working time patterns for epidemiologic studies. <i>Scandinavian Journal of Work, Environment and Health</i> , 2015 , 41, 268-79	4.3	61
61	Insomnia as a risk factor for ill health: results from the large population-based prospective HUNT Study in Norway. <i>Journal of Sleep Research</i> , 2014 , 23, 124-32	5.8	150
60	Job strain as a risk factor for type 2 diabetes: a pooled analysis of 124,808 men and women. <i>Diabetes Care</i> , 2014 , 37, 2268-75	14.6	131
59	Midlife insomnia and subsequent mortality: the Hordaland health study. <i>BMC Public Health</i> , 2014 , 14, 720	4.1	49
58	Effect of withdrawal from long-term use of temazepam, zopiclone or zolpidem as hypnotic agents on cognition in older adults. <i>European Journal of Clinical Pharmacology</i> , 2014 , 70, 319-29	2.8	25
57	Vertical and horizontal trust at work as predictors of retirement intentions: the Finnish Public Sector Study. <i>PLoS ONE</i> , 2014 , 9, e106956	3.7	4
56	Work time control and sleep disturbances: prospective cohort study of Finnish public sector employees. <i>Sleep</i> , 2014 , 37, 1217-25	1.1	36

55	Age-related trajectories of physical functioning in work and retirement: the role of sociodemographic factors, lifestyle and disease. <i>Journal of Epidemiology and Community Health</i> , 2014 , 68, 503-9	5.1	49
54	Association of physical activity with future mental health in older, mid-life and younger women. <i>European Journal of Public Health</i> , 2014 , 24, 813-8	2.1	24
53	Job strain and COPD exacerbations: an individual-participant meta-analysis. <i>European Respiratory Journal</i> , 2014 , 44, 247-51	13.6	9
52	Job strain and the risk of severe asthma exacerbations: a meta-analysis of individual-participant data from 100 000 European men and women. <i>Allergy: European Journal of Allergy and Clinical Immunology</i> , 2014 , 69, 775-83	9.3	16
51	Optimism and pessimism as predictors of initiating and ending an antidepressant medication treatment. <i>Nordic Journal of Psychiatry</i> , 2014 , 68, 1-7	2.3	3
50	Extending employment beyond the pensionable age: a cohort study of the influence of chronic diseases, health risk factors, and working conditions. <i>PLoS ONE</i> , 2014 , 9, e88695	3.7	55
49	Effort-reward imbalance as a risk factor for disability pension: the Finnish Public Sector Study. <i>Scandinavian Journal of Work, Environment and Health</i> , 2014 , 40, 266-77	4.3	53
48	Perceived job insecurity as a risk factor for incident coronary heart disease: systematic review and meta-analysis. <i>BMJ, The</i> , 2013 , 347, f4746	5.9	133
47	Work stress and risk of cancer: meta-analysis of 5700 incident cancer events in 116,000 European men and women. <i>BMJ, The</i> , 2013 , 346, f165	5.9	82
46	Associations of job strain and lifestyle risk factors with risk of coronary artery disease: a meta-analysis of individual participant data. <i>Cmaj</i> , 2013 , 185, 763-9	3.5	81
45	Psychosocial factors and well-being among Finnish GPs and specialists: a 10-year follow-up. <i>Occupational and Environmental Medicine</i> , 2013 , 70, 246-51	2.1	16
44	The joint contribution of insomnia and obstructive sleep apnoea on sickness absence. <i>Journal of Sleep Research</i> , 2013 , 22, 223-30	5.8	39
43	Chronic workplace stress and insufficient physical activity: a cohort study. <i>Occupational and Environmental Medicine</i> , 2013 , 70, 3-8	2.1	55
42	Job strain and health-related lifestyle: findings from an individual-participant meta-analysis of 118,000 working adults. <i>American Journal of Public Health</i> , 2013 , 103, 2090-7	5.1	87
41	Effect of depression onset on adherence to medication among hypertensive patients: a longitudinal modelling study. <i>Journal of Hypertension</i> , 2013 , 31, 1477-84; discussion 1484	1.9	21
40	Symptoms of sleep disordered breathing and risk of cancer: a prospective cohort study. <i>Sleep</i> , 2013 , 36, 1429-35	1.1	63
39	Study protocol for examining job strain as a risk factor for severe unipolar depression in an individual participant meta-analysis of 14 European cohorts. <i>F1000Research</i> , 2013 , 2, 233	3.6	3
38	Do obesity and sleep problems cluster in the workplace? A multivariate, multilevel study. <i>Scandinavian Journal of Work, Environment and Health</i> , 2013 , 39, 276-283	4.3	5

37	Job strain as a risk factor for coronary heart disease: a collaborative meta-analysis of individual participant data. <i>Lancet, The</i> , 2012 , 380, 1491-7	4.0	606
36	Insomnia symptoms as a predictor of incident treatment for depression: prospective cohort study of 40,791 men and women. <i>Sleep Medicine</i> , 2012 , 13, 278-84	4.6	46
35	The association of serum oestradiol level, age, and education with cognitive performance in peri- and late postmenopausal women. <i>Maturitas</i> , 2012 , 71, 173-9	5	7
34	The bidirectional association between depression and insomnia: the HUNT study. <i>Psychosomatic Medicine</i> , 2012 , 74, 758-65	3.7	186
33	Job strain and tobacco smoking: an individual-participant data meta-analysis of 166,130 adults in 15 European studies. <i>PLoS ONE</i> , 2012 , 7, e35463	3.7	81
32	Using repeated measures of sleep disturbances to predict future diagnosis-specific work disability: a cohort study. <i>Sleep</i> , 2012 , 35, 559-69	1.1	17
31	Associations between nighttime traffic noise and sleep: the Finnish public sector study. <i>Environmental Health Perspectives</i> , 2012 , 120, 1391-6	8.4	59
30	Job strain and the risk of disability pension due to musculoskeletal disorders, depression or coronary heart disease: a prospective cohort study of 69,842 employees. <i>Occupational and Environmental Medicine</i> , 2012 , 69, 574-81	2.1	61
29	Trajectories of sleep complaints from early midlife to old age: longitudinal modeling study. <i>Sleep</i> , 2012 , 35, 1559-68	1.1	11
28	Job strain and alcohol intake: a collaborative meta-analysis of individual-participant data from 140,000 men and women. <i>PLoS ONE</i> , 2012 , 7, e40101	3.7	74
27	Health risk behaviors and morbidity among hospital staff--comparison across hospital ward medical specialties in a study of 21 Finnish hospitals. <i>Scandinavian Journal of Work, Environment and Health</i> , 2012 , 38, 228-37	4.3	11
26	Early retirement from work among employees with a diagnosis of personality disorder compared to anxiety and depressive disorders. <i>European Psychiatry</i> , 2011 , 26, 18-22	6	13
25	The economic burden of insomnia at the workplace. An opportunity and time for intervention?. <i>Sleep</i> , 2011 , 34, 1151-2	1.1	16
24	Workplace social capital and all-cause mortality: a prospective cohort study of 28,043 public-sector employees in Finland. <i>American Journal of Public Health</i> , 2011 , 101, 1742-8	5.1	49
23	Overcrowding in psychiatric wards and physical assaults on staff: data-linked longitudinal study. <i>British Journal of Psychiatry</i> , 2011 , 198, 149-55	5.4	40
22	Optimism and pessimism as predictors of work disability with a diagnosis of depression: a prospective cohort study of onset and recovery. <i>Journal of Affective Disorders</i> , 2011 , 130, 294-9	6.6	24
21	Socio-economic differences in long-term psychiatric work disability: prospective cohort study of onset, recovery and recurrence. <i>Occupational and Environmental Medicine</i> , 2011 , 68, 791-8	2.1	65
20	Low level of optimism predicts initiation of psychotherapy for depression: results from the Finnish Public Sector Study. <i>Psychotherapy and Psychosomatics</i> , 2011 , 80, 238-44	9.4	12

19	Influence of retirement and work stress on headache prevalence: a longitudinal modelling study from the GAZEL Cohort Study. <i>Cephalalgia</i> , 2011 , 31, 696-705	6.1	29
18	Sleep disturbances as a predictor of occupational injuries among public sector workers. <i>Journal of Sleep Research</i> , 2010 , 19, 207-13	5.8	71
17	Estrogen + progestin therapy and cognition: a randomized placebo-controlled double-blind study. <i>Journal of Obstetrics and Gynaecology Research</i> , 2010 , 36, 796-802	1.9	18
16	School neighborhood disadvantage as a predictor of long-term sick leave among teachers: prospective cohort study. <i>American Journal of Epidemiology</i> , 2010 , 171, 785-92	3.8	20
15	Is shift work a risk factor for rheumatoid arthritis? The Finnish Public Sector study. <i>Annals of the Rheumatic Diseases</i> , 2010 , 69, 779-80	2.4	38
14	Psychosocial work environment as a risk factor for absence with a psychiatric diagnosis: an instrumental-variables analysis. <i>American Journal of Epidemiology</i> , 2010 , 172, 167-72	3.8	45
13	Antidepressant use before and after the diagnosis of type 2 diabetes: a longitudinal modeling study. <i>Diabetes Care</i> , 2010 , 33, 1471-6	14.6	39
12	Allergic rhinitis alone or with asthma is associated with an increased risk of sickness absences. <i>Respiratory Medicine</i> , 2010 , 104, 1654-8	4.6	16
11	Sleep disturbances as a predictor of cause-specific work disability and delayed return to work. <i>Sleep</i> , 2010 , 33, 1323-31	1.1	88
10	Patient overcrowding in hospital wards as a predictor of diagnosis-specific mental disorders among staff: a 2-year prospective cohort study. <i>Journal of Clinical Psychiatry</i> , 2010 , 71, 1308-12	4.6	13
9	Socioeconomic position, psychosocial work environment and cerebrovascular disease among women: the Finnish public sector study. <i>International Journal of Epidemiology</i> , 2009 , 38, 1265-71	7.8	41
8	Increased risk of lost workdays prior to the diagnosis of sleep apnea. <i>Chest</i> , 2009 , 136, 130-136	5.3	43
7	Obstructive sleep apnoea syndrome as a predictor of work disability. <i>Respiratory Medicine</i> , 2009 , 103, 1047-55	4.6	39
6	Effect of retirement on sleep disturbances: the GAZEL prospective cohort study. <i>Sleep</i> , 2009 , 32, 1459-66	6.1	82
5	Sleep and the menopause - do postmenopausal women experience worse sleep than premenopausal women?. <i>Menopause International</i> , 2008 , 14, 97-104		49
4	Does hormone therapy affect attention and memory in sleep-deprived women?. <i>Climacteric</i> , 2008 , 11, 221-32	3.1	7
3	Estrogen therapy and cognition: a 6-year single-blind follow-up study in postmenopausal women. <i>Neurology</i> , 2006 , 67, 706-9	6.5	11
2	Hormone treatment gives no benefit against cognitive changes caused by acute sleep deprivation in postmenopausal women. <i>Neuropsychopharmacology</i> , 2006 , 31, 2079-88	8.7	19

1 Study protocol for examining job strain as a risk factor for severe unipolar depression in an individual participant meta-analysis of 14 European cohorts. *F1000Research*, 2, 233

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