

Benjamin Schz

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

110
papers

4,171
citations

36
h-index

63
g-index

134
ext. papers

4,811
ext. citations

4.2
avg. IF

5.91
L-index

#	Paper	IF	Citations
110	Health Literacy Needs Among Unemployed Persons: Collating Evidence Through Triangulation of Interview and Scoping Review Data.. <i>Frontiers in Public Health</i> , 2022 , 10, 798797	6	1
109	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pflegerapie, Gesundheit</i> , 2022 , 1-13	0.2	
108	The super wicked problem of ocean health: a socio-ecological and behavioural perspective.. <i>Philosophical Transactions of the Royal Society B: Biological Sciences</i> , 2022 , 377, 20210271	5.8	1
107	Is older residents' exposure to road traffic noise associated with civic engagement for noise protection? A cross-sectional path analysis. <i>Journal of Transport and Health</i> , 2021 , 20, 101007	3	1
106	Equity-specific effects of interventions to promote physical activity among middle-aged and older adults: results from applying a novel equity-specific re-analysis strategy. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021 , 18, 65	8.4	0
105	Equity Effects of Dietary Nudging Field Experiments: Systematic Review. <i>Frontiers in Public Health</i> , 2021 , 9, 668998	6	2
104	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pflegerapie, Gesundheit</i> , 2021 , 77-93	0.2	
103	Individual socioeconomic and neighborhood factors predict changes in sports activity during the transition to retirement. <i>European Review of Aging and Physical Activity</i> , 2021 , 18, 14	6.5	1
102	Park environment and moderate-to-vigorous physical activity in parks among adolescents in a high-density city: the moderating role of neighbourhood income. <i>International Journal of Health Geographics</i> , 2021 , 20, 35	3.5	0
101	Stable and momentary psychosocial correlates of everyday smoking: An application of Temporal Self-Regulation Theory. <i>Journal of Behavioral Medicine</i> , 2021 , 1	3.6	1
100	Do socio-structural factors moderate the effects of health cognitions on COVID-19 protection behaviours?. <i>Social Science and Medicine</i> , 2021 , 285, 114261	5.1	9
99	Psychologie und Public Health. <i>Sozialwissenschaftliche Gesundheitsforschung</i> , 2021 , 49-64	2	
98	Comparison of Geographic Information System and Subjective Assessments of Momentary Food Environments as Predictors of Food Intake: An Ecological Momentary Assessment Study. <i>JMIR MHealth and UHealth</i> , 2020 , 8, e15948	5.5	3
97	First-Year Students' Academic Self-Efficacy Calibration: Differences by Task Type, Domain Specificity, Student Ability, and Over Time. <i>Student Success</i> , 2020 , 11, 109-121	1.5	3
96	Inter-goal conflict and facilitation as predictors of adherence to dieting goals: an ecological momentary assessment study. <i>Psychology and Health</i> , 2020 , 35, 701-717	2.9	1
95	Social cognitions and smoking behaviour: Temporal resolution matters. <i>British Journal of Health Psychology</i> , 2020 , 25, 210-227	8.3	5
94	Addressing Underserved Populations and Disparities in Behavior Change 2020 , 385-400		2

93	Socioeconomic Status Moderates the Effects of Health Cognitions on Health Behaviors within Participants: Two Multibehavior Studies. <i>Annals of Behavioral Medicine</i> , 2020 , 54, 36-48	4.5	71
92	Within-Day Variability in Negative Affect Moderates Cue Responsiveness in High-Calorie Snacking. <i>Frontiers in Psychology</i> , 2020 , 11, 590497	3.4	
91	Equity-Specific Effects of Interventions to Promote Physical Activity among Middle-Aged and Older Adults: Development of a Collaborative Equity-Specific Re-Analysis Strategy. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	2
90	Time in Health Psychology. <i>Applied Psychology: Health and Well-Being</i> , 2019 , 11, 187-190	6.8	2
89	Socioeconomic Status and the Prediction of Health Promoting Dietary Behaviours: A Systematic Review and Meta-Analysis Based on the Theory of Planned Behaviour. <i>Applied Psychology: Health and Well-Being</i> , 2019 , 11, 382-406	6.8	21
88	Individual differences in self-affirmation: Distinguishing self-affirmation from positive self-regard. <i>Self and Identity</i> , 2019 , 18, 589-630	1.7	22
87	Daily stress as link between disadvantage and smoking: an ecological momentary assessment study. <i>BMC Public Health</i> , 2019 , 19, 1284	4.1	54
86	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pfliegerapie, Gesundheit</i> , 2019 , 1-17	0.2	
85	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pfliegerapie, Gesundheit</i> , 2019 , 299-310	0.2	0
84	Childhood health motivation and adult cardiometabolic health in the Childhood Determinants of Adult Health (CDAH) study. <i>Health Psychology</i> , 2019 , 38, 297-305	5	1
83	Socioeconomic Inequalities in Older Adults' Health: The Roles of Neighborhood and Individual-Level Psychosocial and Behavioral Resources. <i>Frontiers in Public Health</i> , 2019 , 7, 318	6	6
82	Miscalibration of self-efficacy and academic performance: Self-efficacy as self-fulfilling prophecy. <i>Learning and Individual Differences</i> , 2019 , 69, 182-195	3.1	15
81	Momentary smoking context as a mediator of the relationship between SES and smoking. <i>Addictive Behaviors</i> , 2018 , 83, 136-141	4.2	6
80	A cross-level model of team-level psychological capital (PsyCap) and individual- and team-level outcomes. <i>Journal of Management and Organization</i> , 2018 , 1-20	1.7	6
79	Situation-specific social norms as mediators of social influence on snacking. <i>Health Psychology</i> , 2018 , 37, 153-159	5	25
78	I believe, therefore I achieve (and vice versa): A meta-analytic cross-lagged panel analysis of self-efficacy and academic performance. <i>Learning and Individual Differences</i> , 2018 , 61, 136-150	3.1	147
77	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pfliegerapie, Gesundheit</i> , 2018 , 1-12	0.2	1
76	'It was all intertwined': Illness representations and self-management in patients with cancer and anxiety/depression. <i>Psychology and Health</i> , 2017 , 32, 1082-1108	2.9	10

75	Higher BMI is associated with stronger effects of social cues on everyday snacking behaviour. <i>Appetite</i> , 2017 , 114, 1-5	4.5	19
74	Socioeconomic status as a moderator between social cognitions and physical activity: Systematic review and meta-analysis based on the Theory of Planned Behavior. <i>Psychology of Sport and Exercise</i> , 2017 , 30, 186-195	4.2	84
73	Response to 'Expression of Concern' (Richardson et al, <i>Psycho-Oncology</i> , 2017, 26, 724-737). <i>Psycho-Oncology</i> , 2017 , 26, 1408	3.9	1
72	Short-Term Buffers, but Long-Term Suffers? Differential Effects of Negative Self-Perceptions of Aging Following Serious Health Events. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2017 , 72, 408-414	4.6	10
71	Using Self-affirmation to Increase the Effects of Emotive Health Warnings on Smoking: A Randomized Exploratory Trial. <i>Nicotine and Tobacco Research</i> , 2017 , 19, 1238-1242	4.9	15
70	Personal and situational predictors of everyday snacking: An application of temporal self-regulation theory. <i>British Journal of Health Psychology</i> , 2017 , 22, 854-871	8.3	30
69	Developing smartphone apps for behavioural studies: The AlcoRisk app case study. <i>Journal of Biomedical Informatics</i> , 2017 , 72, 108-119	10.2	9
68	Qualitatively Comparing the Support Needs of People with Cancer Based on Their History of Anxiety/Depression. <i>Oncology and Therapy</i> , 2017 , 5, 41-51	2.7	0
67	Web-Based Positive Psychology Interventions: A Reexamination of Effectiveness. <i>Journal of Clinical Psychology</i> , 2017 , 73, 218-232	2.8	13
66	Situational cues and momentary food environment predict everyday eating behavior in adults with overweight and obesity. <i>Health Psychology</i> , 2017 , 36, 337-345	5	52
65	Illness representations, coping, and illness outcomes in people with cancer: a systematic review and meta-analysis. <i>Psycho-Oncology</i> , 2017 , 26, 724-737	3.9	118
64	Mobile Technology Interventions for Asthma Self-Management: Systematic Review and Meta-Analysis. <i>JMIR MHealth and UHealth</i> , 2017 , 5, e57	5.5	33
63	Self-Affirmation: Protecting the Self and Protecting Subjective Well-Being 2017 , 291-308		1
62	Caring for the carer: a systematic review of pure technology-based cognitive behavioral therapy (TB-CBT) interventions for dementia carers. <i>Aging and Mental Health</i> , 2016 , 20, 793-803	3.5	47
61	Self-Affirmation Before Exposure to Health Communications Promotes Intentions and Health Behavior Change by Increasing Anticipated Regret. <i>Communication Research</i> , 2016 , 43, 1027-1044	3.8	19
60	Happy Days: Positive Psychology interventions effects on affect in an N-of-1 trial. <i>International Journal of Clinical and Health Psychology</i> , 2016 , 16, 21-29	5.1	14
59	Adding Perspective: Predicting Adolescent Sunscreen Use with an Extended Health Action Process Approach. <i>Applied Psychology: Health and Well-Being</i> , 2016 , 8, 155-71	6.8	6
58	Regional resources buffer the impact of functional limitations on perceived autonomy in older adults with multiple illnesses. <i>Psychology and Aging</i> , 2016 , 31, 139-48	3.6	5

57	Immediate effects of plain packaging health warnings on quitting intention and potential mediators: Results from two ecological momentary assessment studies. <i>Psychology of Addictive Behaviors</i> , 2016 , 30, 220-8	3.4	14
56	Public Health as Social Science 2015 , 545-551		1
55	Stimulus control and affect in dietary behaviours. An intensive longitudinal study. <i>Appetite</i> , 2015 , 87, 310-7	4.5	42
54	District-level primary care supply buffers the negative impact of functional limitations on illness perceptions in older adults with multiple illnesses. <i>Annals of Behavioral Medicine</i> , 2015 , 49, 463-72	4.5	3
53	Leisure Time Activities and Mental Health in Informal Dementia Caregivers. <i>Applied Psychology: Health and Well-Being</i> , 2015 , 7, 230-48	6.8	35
52	Sleep and agitation in nursing home residents with and without dementia. <i>International Psychogeriatrics</i> , 2015 , 27, 1945-55	3.4	17
51	It's the power of food: individual differences in food cue responsiveness and snacking in everyday life. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 149	8.4	39
50	The role of physical activity in the relationship between self-perceptions of ageing and self-rated health in older adults. <i>Psychology and Health</i> , 2015 , 30, 671-85	2.9	63
49	Psychological Theories on Health and Aging 2015 , 1-10		0
48	Multiple illness perceptions in older adults: effects on physical functioning and medication adherence. <i>Psychology and Health</i> , 2014 , 29, 442-57	2.9	23
47	Sources of self-efficacy for physical activity. <i>Health Psychology</i> , 2014 , 33, 1298-308	5	96
46	Primary care supply moderates the impact of diseases on self-perceptions of aging. <i>Psychology and Aging</i> , 2014 , 29, 351-8	3.6	10
45	Benefits of having friends in older ages: differential effects of informal social activities on well-being in middle-aged and older adults. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2014 , 69, 366-75	4.6	165
44	Health motives and health behaviour self-regulation in older adults. <i>Journal of Behavioral Medicine</i> , 2014 , 37, 491-500	3.6	12
43	Life satisfaction and feeling in control: indicators of successful aging predict mortality in old age. <i>Journal of Health Psychology</i> , 2013 , 18, 1199-208	3.1	20
42	Interactive effects of social support and social conflict on medication adherence in multimorbid older adults. <i>Social Science and Medicine</i> , 2013 , 87, 23-30	5.1	19
41	How do negative self-perceptions of aging become a self-fulfilling prophecy?. <i>Psychology and Aging</i> , 2013 , 28, 1088-97	3.6	127
40	Self-affirmation, intentions and alcohol consumption in students: a randomized exploratory trial. <i>Alcohol and Alcoholism</i> , 2013 , 48, 458-63	3.5	19

39	Stages of health behavior change and mindsets: a latent class approach. <i>Health Psychology</i> , 2013 , 32, 273-82	5	7
38	When risk communication backfires: randomized controlled trial on self-affirmation and reactance to personalized risk feedback in high-risk individuals. <i>Health Psychology</i> , 2013 , 32, 561-70	5	46
37	Contextual and individual predictors of physical activity: Interactions between environmental factors and health cognitions. <i>Health Psychology</i> , 2012 , 31, 714-23	5	78
36	Health-specific optimism mediates between objective and perceived physical functioning in older adults. <i>Journal of Behavioral Medicine</i> , 2012 , 35, 400-6	3.6	24
35	Use of Smoking Cessation Aids: Role of Perceived Safety and Efficacy. <i>Journal of Smoking Cessation</i> , 2012 , 7, 1-3	0.5	4
34	Self-efficacy and multiple illness representations in older adults: a multilevel approach. <i>Psychology and Health</i> , 2012 , 27, 13-29	2.9	33
33	Medication beliefs predict medication adherence in older adults with multiple illnesses. <i>Journal of Psychosomatic Research</i> , 2011 , 70, 179-87	4.1	69
32	The More the Better? The Number of Plans Predicts Health Behaviour Change. <i>Applied Psychology: Health and Well-Being</i> , 2011 , 3, 87-106	6.8	32
31	Sources of Perceived Self-Efficacy as Predictors of Physical Activity in Older Adults. <i>Applied Psychology: Health and Well-Being</i> , 2011 , 3, 172-192	6.8	24
30	Resources for health: differential effects of optimistic self-beliefs and social support according to socioeconomic status. <i>Health Psychology</i> , 2011 , 30, 326-335	5	51
29	Synergistic effect of social support and self-efficacy on physical exercise in older adults. <i>Journal of Aging and Physical Activity</i> , 2011 , 19, 249-61	1.6	45
28	Changes in functional health, changes in medication beliefs, and medication adherence. <i>Health Psychology</i> , 2011 , 30, 31-9	5	22
27	Subjective well-being and mortality revisited: differential effects of cognitive and emotional facets of well-being on mortality. <i>Health Psychology</i> , 2011 , 30, 728-35	5	74
26	What do people include when they self-rate their health? Differential associations according to health status in community-dwelling older adults. <i>Quality of Life Research</i> , 2011 , 20, 1573-80	3.7	36
25	Maintaining autonomy despite multimorbidity: self-efficacy and the two faces of social support. <i>European Journal of Ageing</i> , 2011 , 8, 3-12	3.6	60
24	Testing stage-specific effects of a stage-matched intervention: a randomized controlled trial targeting physical exercise and its predictors. <i>Health Education and Behavior</i> , 2010 , 37, 533-46	4.2	95
23	Giving and taking--differential effects of providing, receiving and anticipating emotional support on quality of life in adults with multiple illnesses. <i>Journal of Health Psychology</i> , 2010 , 15, 660-70	3.1	39
22	Planning bridges the intention-behaviour gap: age makes a difference and strategy use explains why. <i>Psychology and Health</i> , 2010 , 25, 873-87	2.9	57

21	Changes in intentions, planning, and self-efficacy predict changes in behaviors: an application of latent true change modeling. <i>Journal of Health Psychology</i> , 2010 , 15, 935-47	3.1	68
20	Prediction of stage transitions in fruit and vegetable intake. <i>Health Education Research</i> , 2009 , 24, 596-607	7.8	39
19	Effects of a short behavioural intervention for dental flossing: randomized-controlled trial on planning when, where and how. <i>Journal of Clinical Periodontology</i> , 2009 , 36, 498-505	7.7	39
18	Health and Subjective Well-Being in Later Adulthood: Different Health States Different Needs?. <i>Applied Psychology: Health and Well-Being</i> , 2009 , 1, 23-45	6.8	5
17	Disentangling the relation between intentions, planning, and behaviour: a moderated mediation analysis. <i>Psychology and Health</i> , 2009 , 24, 67-79	2.9	97
16	Self-Efficacy and Planning Predict Dietary Behaviors in Costa Rican and South Korean Women: Two Moderated Mediation Analyses. <i>Applied Psychology: Health and Well-Being</i> , 2009 , 1, 23-45	6.8	13
15	Predicting transitions from preintentional, intentional and actional stages of change. <i>Health Education Research</i> , 2009 , 24, 64-75	1.8	41
14	Preventive health behavior and adaptive accuracy of risk perceptions. <i>Risk Analysis</i> , 2008 , 28, 741-8	3.9	23
13	Health and health psychology in later life. <i>Zeitschrift Fur Gesundheitspsychologie</i> , 2008 , 16, 161-163		1
12	The role of motivational and volitional factors for self-regulated running training: associations on the between- and within- person level. <i>British Journal of Social Psychology</i> , 2008 , 47, 421-39	6.8	26
11	Beyond behavioural intentions: planning mediates between intentions and physical activity. <i>British Journal of Health Psychology</i> , 2008 , 13, 479-94	8.3	160
10	Plurality and innovation: Health Psychology in the German Psychological Society (DGPs). <i>Zeitschrift Fur Gesundheitspsychologie</i> , 2008 , 16, 101-103		
9	Dynamics in Self-Regulation: Plan Execution Self-Efficacy and Mastery of Action Plans. <i>Journal of Applied Social Psychology</i> , 2007 , 37, 2706-2725	2.1	20
8	Adoption and maintenance of four health behaviors: theory-guided longitudinal studies on dental flossing, seat belt use, dietary behavior, and physical activity. <i>Annals of Behavioral Medicine</i> , 2007 , 33, 156-66	4.5	256
7	Predicting binge-drinking behaviour using an extended TPB: examining the impact of anticipated regret and descriptive norms. <i>Alcohol and Alcoholism</i> , 2007 , 42, 84-91	3.5	104
6	Stage-specific effects of an action control intervention on dental flossing. <i>Health Education Research</i> , 2007 , 22, 332-41	1.8	51
5	Adherence to a daily flossing regimen in university students: effects of planning when, where, how and what to do in the face of barriers. <i>Journal of Clinical Periodontology</i> , 2006 , 33, 612-9	7.7	92
4	Emotion und Volition bei regelmäßigem Gesundheitsverhalten. <i>Zeitschrift Fur Gesundheitspsychologie</i> , 2006 , 14, 64-72		1

3	Theoriebasierte Strategien und Interventionen in der Gesundheitspsychologie. <i>Springer-Lehrbuch</i> , 2006 , 123-139	0.4	3
2	Action planning and coping planning for long-term lifestyle change: theory and assessment. <i>European Journal of Social Psychology</i> , 2005 , 35, 565-576	2.9	598
1	Social inequality, health behaviour determinants and health behaviour: A Systematic Review		3