

Benjamin Schz

List of Publications by Citations

Source: <https://exaly.com/author-pdf/2778518/benjamin-schuz-publications-by-citations.pdf>

Version: 2024-04-27

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

110
papers

4,171
citations

36
h-index

63
g-index

134
ext. papers

4,811
ext. citations

4.2
avg. IF

5.91
L-index

#	Paper	IF	Citations
110	Action planning and coping planning for long-term lifestyle change: theory and assessment. <i>European Journal of Social Psychology</i> , 2005 , 35, 565-576	2.9	598
109	Adoption and maintenance of four health behaviors: theory-guided longitudinal studies on dental flossing, seat belt use, dietary behavior, and physical activity. <i>Annals of Behavioral Medicine</i> , 2007 , 33, 156-66	4.5	256
108	Benefits of having friends in older ages: differential effects of informal social activities on well-being in middle-aged and older adults. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2014 , 69, 366-75	4.6	165
107	Beyond behavioural intentions: planning mediates between intentions and physical activity. <i>British Journal of Health Psychology</i> , 2008 , 13, 479-94	8.3	160
106	I believe, therefore I achieve (and vice versa): A meta-analytic cross-lagged panel analysis of self-efficacy and academic performance. <i>Learning and Individual Differences</i> , 2018 , 61, 136-150	3.1	147
105	How do negative self-perceptions of aging become a self-fulfilling prophecy?. <i>Psychology and Aging</i> , 2013 , 28, 1088-97	3.6	127
104	Illness representations, coping, and illness outcomes in people with cancer: a systematic review and meta-analysis. <i>Psycho-Oncology</i> , 2017 , 26, 724-737	3.9	118
103	Predicting binge-drinking behaviour using an extended TPB: examining the impact of anticipated regret and descriptive norms. <i>Alcohol and Alcoholism</i> , 2007 , 42, 84-91	3.5	104
102	Disentangling the relation between intentions, planning, and behaviour: a moderated mediation analysis. <i>Psychology and Health</i> , 2009 , 24, 67-79	2.9	97
101	Sources of self-efficacy for physical activity. <i>Health Psychology</i> , 2014 , 33, 1298-308	5	96
100	Testing stage-specific effects of a stage-matched intervention: a randomized controlled trial targeting physical exercise and its predictors. <i>Health Education and Behavior</i> , 2010 , 37, 533-46	4.2	95
99	Adherence to a daily flossing regimen in university students: effects of planning when, where, how and what to do in the face of barriers. <i>Journal of Clinical Periodontology</i> , 2006 , 33, 612-9	7.7	92
98	Socioeconomic status as a moderator between social cognitions and physical activity: Systematic review and meta-analysis based on the Theory of Planned Behavior. <i>Psychology of Sport and Exercise</i> , 2017 , 30, 186-195	4.2	84
97	Contextual and individual predictors of physical activity: Interactions between environmental factors and health cognitions. <i>Health Psychology</i> , 2012 , 31, 714-23	5	78
96	Subjective well-being and mortality revisited: differential effects of cognitive and emotional facets of well-being on mortality. <i>Health Psychology</i> , 2011 , 30, 728-35	5	74
95	Socioeconomic Status Moderates the Effects of Health Cognitions on Health Behaviors within Participants: Two Multibehavior Studies. <i>Annals of Behavioral Medicine</i> , 2020 , 54, 36-48	4.5	71
94	Medication beliefs predict medication adherence in older adults with multiple illnesses. <i>Journal of Psychosomatic Research</i> , 2011 , 70, 179-87	4.1	69

93	Changes in intentions, planning, and self-efficacy predict changes in behaviors: an application of latent true change modeling. <i>Journal of Health Psychology</i> , 2010 , 15, 935-47	3.1	68
92	The role of physical activity in the relationship between self-perceptions of ageing and self-rated health in older adults. <i>Psychology and Health</i> , 2015 , 30, 671-85	2.9	63
91	Maintaining autonomy despite multimorbidity: self-efficacy and the two faces of social support. <i>European Journal of Ageing</i> , 2011 , 8, 3-12	3.6	60
90	Planning bridges the intention-behaviour gap: age makes a difference and strategy use explains why. <i>Psychology and Health</i> , 2010 , 25, 873-87	2.9	57
89	Daily stress as link between disadvantage and smoking: an ecological momentary assessment study. <i>BMC Public Health</i> , 2019 , 19, 1284	4.1	54
88	Situational cues and momentary food environment predict everyday eating behavior in adults with overweight and obesity. <i>Health Psychology</i> , 2017 , 36, 337-345	5	52
87	Resources for health: differential effects of optimistic self-beliefs and social support according to socioeconomic status. <i>Health Psychology</i> , 2011 , 30, 326-335	5	51
86	Stage-specific effects of an action control intervention on dental flossing. <i>Health Education Research</i> , 2007 , 22, 332-41	1.8	51
85	Caring for the carer: a systematic review of pure technology-based cognitive behavioral therapy (TB-CBT) interventions for dementia carers. <i>Aging and Mental Health</i> , 2016 , 20, 793-803	3.5	47
84	When risk communication backfires: randomized controlled trial on self-affirmation and reactance to personalized risk feedback in high-risk individuals. <i>Health Psychology</i> , 2013 , 32, 561-70	5	46
83	Synergistic effect of social support and self-efficacy on physical exercise in older adults. <i>Journal of Aging and Physical Activity</i> , 2011 , 19, 249-61	1.6	45
82	Stimulus control and affect in dietary behaviours. An intensive longitudinal study. <i>Appetite</i> , 2015 , 87, 310-7	4.5	42
81	Predicting transitions from preintentional, intentional and actional stages of change. <i>Health Education Research</i> , 2009 , 24, 64-75	1.8	41
80	It's the power of food: individual differences in food cue responsiveness and snacking in everyday life. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 149	8.4	39
79	Giving and taking--differential effects of providing, receiving and anticipating emotional support on quality of life in adults with multiple illnesses. <i>Journal of Health Psychology</i> , 2010 , 15, 660-70	3.1	39
78	Prediction of stage transitions in fruit and vegetable intake. <i>Health Education Research</i> , 2009 , 24, 596-607	3.8	39
77	Effects of a short behavioural intervention for dental flossing: randomized-controlled trial on planning when, where and how. <i>Journal of Clinical Periodontology</i> , 2009 , 36, 498-505	7.7	39
76	What do people include when they self-rate their health? Differential associations according to health status in community-dwelling older adults. <i>Quality of Life Research</i> , 2011 , 20, 1573-80	3.7	36

75	Leisure Time Activities and Mental Health in Informal Dementia Caregivers. <i>Applied Psychology: Health and Well-Being</i> , 2015 , 7, 230-48	6.8	35
74	Self-efficacy and multiple illness representations in older adults: a multilevel approach. <i>Psychology and Health</i> , 2012 , 27, 13-29	2.9	33
73	Mobile Technology Interventions for Asthma Self-Management: Systematic Review and Meta-Analysis. <i>JMIR MHealth and UHealth</i> , 2017 , 5, e57	5.5	33
72	The More the Better? The Number of Plans Predicts Health Behaviour Change. <i>Applied Psychology: Health and Well-Being</i> , 2011 , 3, 87-106	6.8	32
71	Personal and situational predictors of everyday snacking: An application of temporal self-regulation theory. <i>British Journal of Health Psychology</i> , 2017 , 22, 854-871	8.3	30
70	The role of motivational and volitional factors for self-regulated running training: associations on the between- and within- person level. <i>British Journal of Social Psychology</i> , 2008 , 47, 421-39	6.8	26
69	Situation-specific social norms as mediators of social influence on snacking. <i>Health Psychology</i> , 2018 , 37, 153-159	5	25
68	Health-specific optimism mediates between objective and perceived physical functioning in older adults. <i>Journal of Behavioral Medicine</i> , 2012 , 35, 400-6	3.6	24
67	Sources of Perceived Self-Efficacy as Predictors of Physical Activity in Older Adults. <i>Applied Psychology: Health and Well-Being</i> , 2011 , 3, 172-192	6.8	24
66	Multiple illness perceptions in older adults: effects on physical functioning and medication adherence. <i>Psychology and Health</i> , 2014 , 29, 442-57	2.9	23
65	Preventive health behavior and adaptive accuracy of risk perceptions. <i>Risk Analysis</i> , 2008 , 28, 741-8	3.9	23
64	Individual differences in self-affirmation: Distinguishing self-affirmation from positive self-regard. <i>Self and Identity</i> , 2019 , 18, 589-630	1.7	22
63	Changes in functional health, changes in medication beliefs, and medication adherence. <i>Health Psychology</i> , 2011 , 30, 31-9	5	22
62	Socioeconomic Status and the Prediction of Health Promoting Dietary Behaviours: A Systematic Review and Meta-Analysis Based on the Theory of Planned Behaviour. <i>Applied Psychology: Health and Well-Being</i> , 2019 , 11, 382-406	6.8	21
61	Life satisfaction and feeling in control: indicators of successful aging predict mortality in old age. <i>Journal of Health Psychology</i> , 2013 , 18, 1199-208	3.1	20
60	Dynamics in Self-Regulation: Plan Execution Self-Efficacy and Mastery of Action Plans. <i>Journal of Applied Social Psychology</i> , 2007 , 37, 2706-2725	2.1	20
59	Higher BMI is associated with stronger effects of social cues on everyday snacking behaviour. <i>Appetite</i> , 2017 , 114, 1-5	4.5	19
58	Self-Affirmation Before Exposure to Health Communications Promotes Intentions and Health Behavior Change by Increasing Anticipated Regret. <i>Communication Research</i> , 2016 , 43, 1027-1044	3.8	19

57	Interactive effects of social support and social conflict on medication adherence in multimorbid older adults. <i>Social Science and Medicine</i> , 2013 , 87, 23-30	5.1	19
56	Self-affirmation, intentions and alcohol consumption in students: a randomized exploratory trial. <i>Alcohol and Alcoholism</i> , 2013 , 48, 458-63	3.5	19
55	Sleep and agitation in nursing home residents with and without dementia. <i>International Psychogeriatrics</i> , 2015 , 27, 1945-55	3.4	17
54	Using Self-affirmation to Increase the Effects of Emotive Health Warnings on Smoking: A Randomized Exploratory Trial. <i>Nicotine and Tobacco Research</i> , 2017 , 19, 1238-1242	4.9	15
53	Miscalibration of self-efficacy and academic performance: Self-efficacy as self-fulfilling prophecy. <i>Learning and Individual Differences</i> , 2019 , 69, 182-195	3.1	15
52	Happy Days: Positive Psychology interventions effects on affect in an N-of-1 trial. <i>International Journal of Clinical and Health Psychology</i> , 2016 , 16, 21-29	5.1	14
51	Immediate effects of plain packaging health warnings on quitting intention and potential mediators: Results from two ecological momentary assessment studies. <i>Psychology of Addictive Behaviors</i> , 2016 , 30, 220-8	3.4	14
50	Web-Based Positive Psychology Interventions: A Reexamination of Effectiveness. <i>Journal of Clinical Psychology</i> , 2017 , 73, 218-232	2.8	13
49	Self-Efficacy and Planning Predict Dietary Behaviors in Costa Rican and South Korean Women: Two Moderated Mediation Analyses. <i>Applied Psychology: Health and Well-Being</i> , 2009 , 1, 23-45	6.8	13
48	Health motives and health behaviour self-regulation in older adults. <i>Journal of Behavioral Medicine</i> , 2014 , 37, 491-500	3.6	12
47	'It was all intertwined': Illness representations and self-management in patients with cancer and anxiety/depression. <i>Psychology and Health</i> , 2017 , 32, 1082-1108	2.9	10
46	Short-Term Buffers, but Long-Term Suffers? Differential Effects of Negative Self-Perceptions of Aging Following Serious Health Events. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2017 , 72, 408-414	4.6	10
45	Primary care supply moderates the impact of diseases on self-perceptions of aging. <i>Psychology and Aging</i> , 2014 , 29, 351-8	3.6	10
44	Developing smartphone apps for behavioural studies: The AlcoRisk app case study. <i>Journal of Biomedical Informatics</i> , 2017 , 72, 108-119	10.2	9
43	Do socio-structural factors moderate the effects of health cognitions on COVID-19 protection behaviours?. <i>Social Science and Medicine</i> , 2021 , 285, 114261	5.1	9
42	Stages of health behavior change and mindsets: a latent class approach. <i>Health Psychology</i> , 2013 , 32, 273-82	5	7
41	Momentary smoking context as a mediator of the relationship between SES and smoking. <i>Addictive Behaviors</i> , 2018 , 83, 136-141	4.2	6
40	A cross-level model of team-level psychological capital (PsyCap) and individual- and team-level outcomes. <i>Journal of Management and Organization</i> , 2018 , 1-20	1.7	6

39	Adding Perspective: Predicting Adolescent Sunscreen Use with an Extended Health Action Process Approach. <i>Applied Psychology: Health and Well-Being</i> , 2016 , 8, 155-71	6.8	6
38	Socioeconomic Inequalities in Older Adults' Health: The Roles of Neighborhood and Individual-Level Psychosocial and Behavioral Resources. <i>Frontiers in Public Health</i> , 2019 , 7, 318	6	6
37	Health and Subjective Well-Being in Later Adulthood: Different Health States Different Needs?. <i>Applied Psychology: Health and Well-Being</i> , 2009 , 1, 23-45	6.8	5
36	Social cognitions and smoking behaviour: Temporal resolution matters. <i>British Journal of Health Psychology</i> , 2020 , 25, 210-227	8.3	5
35	Regional resources buffer the impact of functional limitations on perceived autonomy in older adults with multiple illnesses. <i>Psychology and Aging</i> , 2016 , 31, 139-48	3.6	5
34	Use of Smoking Cessation Aids: Role of Perceived Safety and Efficacy. <i>Journal of Smoking Cessation</i> , 2012 , 7, 1-3	0.5	4
33	District-level primary care supply buffers the negative impact of functional limitations on illness perceptions in older adults with multiple illnesses. <i>Annals of Behavioral Medicine</i> , 2015 , 49, 463-72	4.5	3
32	Comparison of Geographic Information System and Subjective Assessments of Momentary Food Environments as Predictors of Food Intake: An Ecological Momentary Assessment Study. <i>JMIR MHealth and UHealth</i> , 2020 , 8, e15948	5.5	3
31	Social inequality, health behaviour determinants and health behaviour: A Systematic Review		3
30	First-Year Students' Academic Self-Efficacy Calibration: Differences by Task Type, Domain Specificity, Student Ability, and Over Time. <i>Student Success</i> , 2020 , 11, 109-121	1.5	3
29	Theoriebasierte Strategien und Interventionen in der Gesundheitspsychologie. <i>Springer-Lehrbuch</i> , 2006 , 123-139	0.4	3
28	Equity-Specific Effects of Interventions to Promote Physical Activity among Middle-Aged and Older Adults: Development of a Collaborative Equity-Specific Re-Analysis Strategy. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	2
27	Time in Health Psychology. <i>Applied Psychology: Health and Well-Being</i> , 2019 , 11, 187-190	6.8	2
26	Addressing Underserved Populations and Disparities in Behavior Change 2020 , 385-400		2
25	Equity Effects of Dietary Nudging Field Experiments: Systematic Review. <i>Frontiers in Public Health</i> , 2021 , 9, 668998	6	2
24	Response to 'Expression of Concern' (Richardson et al, <i>Psycho-Oncology</i> , 2017, 26, 724-737). <i>Psycho-Oncology</i> , 2017 , 26, 1408	3.9	1
23	Public Health as Social Science 2015 , 545-551		1
22	Health and health psychology in later life. <i>Zeitschrift Fur Gesundheitspsychologie</i> , 2008 , 16, 161-163		1

21	Emotion und Volition bei regelmäßigem Gesundheitsverhalten. <i>Zeitschrift Fur Gesundheitspsychologie</i> , 2006 , 14, 64-72		1
20	Childhood health motivation and adult cardiometabolic health in the Childhood Determinants of Adult Health (CDAH) study. <i>Health Psychology</i> , 2019 , 38, 297-305	5	1
19	Self-Affirmation: Protecting the Self and Protecting Subjective Well-Being 2017 , 291-308		1
18	Inter-goal conflict and facilitation as predictors of adherence to dieting goals: an ecological momentary assessment study. <i>Psychology and Health</i> , 2020 , 35, 701-717	2.9	1
17	Is older residents' exposure to road traffic noise associated with civic engagement for noise protection? A cross-sectional path analysis. <i>Journal of Transport and Health</i> , 2021 , 20, 101007	3	1
16	Individual socioeconomic and neighborhood factors predict changes in sports activity during the transition to retirement. <i>European Review of Aging and Physical Activity</i> , 2021 , 18, 14	6.5	1
15	Stable and momentary psychosocial correlates of everyday smoking: An application of Temporal Self-Regulation Theory. <i>Journal of Behavioral Medicine</i> , 2021 , 1	3.6	1
14	Health Literacy Needs Among Unemployed Persons: Collating Evidence Through Triangulation of Interview and Scoping Review Data.. <i>Frontiers in Public Health</i> , 2022 , 10, 798797	6	1
13	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pfliegerapie, Gesundheit</i> , 2018 , 1-12	0.2	1
12	The super wicked problem of ocean health: a socio-ecological and behavioural perspective.. <i>Philosophical Transactions of the Royal Society B: Biological Sciences</i> , 2022 , 377, 20210271	5.8	1
11	Qualitatively Comparing the Support Needs of People with Cancer Based on Their History of Anxiety/Depression. <i>Oncology and Therapy</i> , 2017 , 5, 41-51	2.7	0
10	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pfliegerapie, Gesundheit</i> , 2019 , 299-310	0.2	0
9	Psychological Theories on Health and Aging 2015 , 1-10		0
8	Equity-specific effects of interventions to promote physical activity among middle-aged and older adults: results from applying a novel equity-specific re-analysis strategy. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021 , 18, 65	8.4	0
7	Park environment and moderate-to-vigorous physical activity in parks among adolescents in a high-density city: the moderating role of neighbourhood income. <i>International Journal of Health Geographics</i> , 2021 , 20, 35	3.5	0
6	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pfliegerapie, Gesundheit</i> , 2019 , 1-17	0.2	
5	Plurality and innovation: Health Psychology in the German Psychological Society (DGPs). <i>Zeitschrift Fur Gesundheitspsychologie</i> , 2008 , 16, 101-103		
4	Within-Day Variability in Negative Affect Moderates Cue Responsiveness in High-Calorie Snacking. <i>Frontiers in Psychology</i> , 2020 , 11, 590497	3.4	

3	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pflegerapie, Gesundheit, 2021, 77-93</i>	0.2
2	Psychologie und Public Health. <i>Sozialwissenschaftliche Gesundheitsforschung, 2021, 49-64</i>	2
1	Modelle gesundheitsbezogenen Handelns und Verhaltensänderung. <i>The Springer Reference Pflegerapie, Gesundheit, 2022, 1-13</i>	0.2