Emerson Franchini

List of Publications by Year
in descending order

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323 papers	8,573 citations	44069 48 h-index	79698 73 g-index
334 all docs	334 docs citations	334 times ranked	3727 citing authors

#	Article	IF	Citations
1	Physiological Profiles of Elite Judo Athletes. Sports Medicine, 2011, 41, 147-166.	6.5	356
2	Weight loss in combat sports: physiological, psychological and performance effects. Journal of the International Society of Sports Nutrition, 2012, 9, 52.	3.9	221
3	Physical and Physiological Profiles of Taekwondo Athletes. Sports Medicine, 2014, 44, 713-733.	6.5	205
4	Prevalence, Magnitude, and Methods of Rapid Weight Loss among Judo Competitors. Medicine and Science in Sports and Exercise, 2010, 42, 436-442.	0.4	191
5	Methods of Body-Mass Reduction by Combat Sport Athletes. International Journal of Sport Nutrition and Exercise Metabolism, 2012, 22, 89-97.	2.1	157
6	Energy demands in taekwondo athletes during combat simulation. European Journal of Applied Physiology, 2012, 112, 1221-1228.	2.5	154
7	Physical Fitness and Anthropometrical Profile of the Brazilian Male Judo Team. Journal of Physiological Anthropology, 2007, 26, 59-67.	2.6	140
8	Energy system contributions in indoor rock climbing. European Journal of Applied Physiology, 2007, 101, 293-300.	2.5	137
9	Judo combat: time-motion analysis and physiology. International Journal of Performance Analysis in Sport, 2013, 13, 624-641.	1.1	131
10	Physical and Physiological Profile of Elite Karate Athletes. Sports Medicine, 2012, 42, 829-843.	6.5	118
11	Amateur Boxing: Physical and Physiological Attributes. Sports Medicine, 2015, 45, 337-352.	6.5	118
12	A comparison of time-motion performance between age groups in judo matches. Journal of Sports Sciences, 2012, 30, 899-905.	2.0	114
13	Taekwondo: Physiological Responses and Match Analysis. Journal of Strength and Conditioning Research, 2009, 23, 1112-1117.	2.1	113
14	Rapid weight loss followed by recovery time does not affect judo-related performance. Journal of Sports Sciences, 2010, 28, 21-32.	2.0	110
15	A Review of Time-Motion Analysis and Combat Development in Mixed Martial Arts Matches at Regional Level Tournaments. Perceptual and Motor Skills, 2011, 112, 639-648.	1.3	99
16	Strength and Power Qualities Are Highly Associated With Punching Impact in Elite Amateur Boxers. Journal of Strength and Conditioning Research, 2016, 30, 109-116.	2.1	93
17	Effects of recovery type after a judo match on blood lactate and performance in specific and non-specific judo tasks. European Journal of Applied Physiology, 2009, 107, 377-383.	2.5	89
18	Relationship Between Attack and Skipping in Taekwondo Contests. Journal of Strength and Conditioning Research, 2011, 25, 1743-1751.	2.1	88

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19	The Physiology of Judo-Specific Training Modalities. Journal of Strength and Conditioning Research, 2014, 28, 1474-1481.	2.1	88
20	It is Time to Ban Rapid Weight Loss from Combat Sports. Sports Medicine, 2016, 46, 1579-1584.	6.5	86
21	Energy System Contributions to the Special Judo Fitness Test. International Journal of Sports Physiology and Performance, 2011, 6, 334-343.	2.3	80
22	Modeling of grasps in judo contests. International Journal of Performance Analysis in Sport, 2010, 10, 229-240.	1.1	79
23	Training During the COVID-19 Lockdown: Knowledge, Beliefs, and Practices of 12,526 Athletes from 142 Countries and Six Continents. Sports Medicine, 2022, 52, 933-948.	6.5	78
24	Energy-System Contributions to Simulated Judo Matches. International Journal of Sports Physiology and Performance, 2017, 12, 676-683.	2.3	75
25	Energy systems contributions in 2,000Âm race simulation: a comparison among rowing ergometers and water. European Journal of Applied Physiology, 2009, 107, 615-619.	2.5	73
26	Effect of Time of Day on Performance, Hormonal and Metabolic Response during a 1000-M Cycling Time Trial. PLoS ONE, 2014, 9, e109954.	2.5	72
27	Physical and Physiological Attributes of Wrestlers: An Update. Journal of Strength and Conditioning Research, 2017, 31, 1411-1442.	2.1	72
28	Technical Variation in a Sample of High Level Judo Players. Perceptual and Motor Skills, 2008, 106, 859-869.	1.3	71
29	Predicting Punching Acceleration From Selected Strength and Power Variables in Elite Karate Athletes. Journal of Strength and Conditioning Research, 2014, 28, 1826-1832.	2.1	71
30	Development, validity and reliability of a questionnaire designed to evaluate rapid weight loss patterns in judo players. Scandinavian Journal of Medicine and Science in Sports, 2010, 20, e177-87.	2.9	67
31	Physical and Physiological Profile of Elite Karate Athletes. Sports Medicine, 2012, 42, 829-843.	6.5	67
32	Timeâ€“Motion Analysis and Physiological Responses to Karate Official Combat Sessions: Is There a Difference Between Winners and Defeated Karatekas?. International Journal of Sports Physiology and Performance, 2014, 9, 302-308.	2.3	65
33	Physiological and Technical-tactical Analysis in Brazilian Jiu-jitsu Competition. Asian Journal of Sports Medicine, 2013, 4, 137-43.	0.3	65
34	The need of a weight management control program in judo: a proposal based on the successful case of wrestling. Journal of the International Society of Sports Nutrition, 2010, 7, 15.	3.9	63
35	Predicting MAOD Using Only a Supramaximal Exhaustive Test. International Journal of Sports Medicine, 2010, 31, 477-481.	1.7	61
36	A comparison of time-motion and technicalâ€“tactical variables between age groups of female judo matches. Journal of Sports Sciences, 2014, 32, 1529-1538.	2.0	61

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37	Effects of High-Intensity Interval Training on Olympic Combat Sports Athletes' Performance and Physiological Adaptation: A Systematic Review. Journal of Strength and Conditioning Research, 2019, 33, 242-252.	2.1	61
38	Mental fatigue impairs technical performance and alters neuroendocrine and autonomic responses in elite young basketball players. Physiology and Behavior, 2018, 196, 112-118.	2.1	60
39	Effect of rapid weight loss on performance in combat sport male athletes: does adaptation to chronic weight cycling play a role?. British Journal of Sports Medicine, 2013, 47, 1155-1160.	6.7	59
40	High-Intensity Intermittent Training Positively Affects Aerobic and Anaerobic Performance in Judo Athletes Independently of Exercise Mode. Frontiers in Physiology, 2016, 7, 268.	2.8	57
41	Influence of Linear and Undulating Strength Periodization on Physical Fitness, Physiological, and Performance Responses to Simulated Judo Matches. Journal of Strength and Conditioning Research, 2015, 29, 358-367.	2.1	55
42	Estimated aerobic power, muscular strength and flexibility in elite Brazilian Jiu-Jitsu athletes. Science and Sports, 2011, 26, 329-337.	0.5	54
43	Salivary Cortisol and Immunoglobulin A Responses to Simulated and Official Jiu-Jitsu Matches. Journal of Strength and Conditioning Research, 2012, 26, 2185-2191.	2.1	54
44	Tests for the Assessment of Sport-Specific Performance in Olympic Combat Sports: A Systematic Review With Practical Recommendations. Frontiers in Physiology, 2018, 9, 386.	2.8	54
45	Effects of Successive Judo Matches on Fatigue and Muscle Damage Markers. Journal of Strength and Conditioning Research, 2015, 29, 1010-1016.	2.1	53
46	Acute Effect of Two Aerobic Exercise Modes on Maximum Strength and Strength Endurance. Journal of Strength and Conditioning Research, 2007, 21, 1286.	2.1	53
47	Caffeine Ingestion Increases Estimated Glycolytic Metabolism during Taekwondo Combat Simulation but Does Not Improve Performance or Parasympathetic Reactivation. PLoS ONE, 2015, 10, e0142078.	2.5	52
48	Relationship of aerobic and neuromuscular indexes with specific actions in judo. Science and Sports, 2012, 27, 16-22.	0.5	50
49	Brazilian Jiu-Jitsu Simulated Competition Part II. Journal of Strength and Conditioning Research, 2015, 29, 2015-2025.	2.1	50
50	Effect of fatigue on reaction time, response time, performance time, and kick impact in taekwondo roundhouse kick. Sports Biomechanics, 2017, 16, 201-209.	1.6	50
51	Sodium bicarbonate ingestion increases glycolytic contribution and improves performance during simulated taekwondo combat. European Journal of Sport Science, 2018, 18, 431-440.	2.7	50
52	Weight loss practices in Taekwondo athletes of different competitive levels. Journal of Exercise Rehabilitation, 2016, 12, 202-208.	1.0	48
53	Kickboxing review: anthropometric, psychophysiological and activity profiles and injury epidemiology. Biology of Sport, 2017, 2, 185-196.	3.2	47
54	Acute Effects and Postactivation Potentiation in the Special Judo Fitness Test. Journal of Strength and Conditioning Research, 2011, 25, 427-431.	2.1	46

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55	Olympic Preparation in Brazilian Judo Athletes. Journal of Strength and Conditioning Research, 2014, 28, 1606-1612.	2.1	46
56	Time-motion, tactical and technical analysis in top-level karatekas according to gender, match outcome and weight categories. Journal of Sports Sciences, 2015, 33, 841-849.	2.0	46
57	Physiological, Performance, and Nutritional Profile of the Brazilian Olympic Wushu (Kung-Fu) Team. Journal of Strength and Conditioning Research, 2009, 23, 20-25.	2.1	45
58	Brazilian Jiu-Jitsu Simulated Competition Part I. Journal of Strength and Conditioning Research, 2015, 29, 2538-2549.	2.1	45
59	Objectivity of FRAMI-Software for Judo Match Analysis. International Journal of Performance Analysis in Sport, 2011, 11, 254-266.	1.1	44
60	Perceived Training Intensity and Performance Changes Quantification in Judo. Journal of Strength and Conditioning Research, 2015, 29, 1570-1577.	2.1	42
61	Physiological and Perceived Exertion Responses during International Karate Kumite Competition. Asian Journal of Sports Medicine, 2013, 4, 263-71.	0.3	42
62	Physiological and Performance Responses to Intermittent Uchi-komi in Judo. Journal of Strength and Conditioning Research, 2013, 27, 1147-1155.	2.1	41
63	Use of Cold-Water Immersion to Reduce Muscle Damage and Delayed-Onset Muscle Soreness and Preserve Muscle Power in Jiu-Jitsu Athletes. Journal of Athletic Training, 2016, 51, 540-549.	1.8	41
64	Structural Analysis of Action and Time in Sports: Judo. Journal of Quantitative Analysis in Sports, 2010, 6, .	1.0	39
65	Performance Aspects and Physiological Responses in Male Amateur Boxing Competitions: A Brief Review. Journal of Strength and Conditioning Research, 2017, 31, 1132-1141.	2.1	39
66	Technical and tactical analysis of high level kickboxing matches. International Journal of Performance Analysis in Sport, 2013, 13, 294-309.	1.1	38
67	Time-Motion analysis in Muay-Thai and Kick-Boxing amateur matches. Journal of Human Sport and Exercise, 2011, 6, 490-496.	0.4	38
68	Association between the Rating Perceived Exertion, Heart Rate and Blood Lactate in Successive Judo Fights (Randori). Asian Journal of Sports Medicine, 2013, 4, 125-30.	0.3	38
69	Effects of kumi-kata grip laterality and throwing side on attack effectiveness and combat result in elite judo athletes. International Journal of Performance Analysis in Sport, 2014, 14, 138-147.	1.1	37
70	Optimal Load for the Peak Power and Maximal Strength of the Upper Body in Brazilian Jiu-Jitsu Athletes. Journal of Strength and Conditioning Research, 2015, 29, 1616-1621.	2.1	37
71	Beta-alanine supplementation enhances judo-related performance in highly-trained athletes. Journal of Science and Medicine in Sport, 2017, 20, 403-408.	1.3	37
72	Antiâ€inflammatory response to acute exercise is related with intensity and physical fitness. Journal of Cellular Biochemistry, 2019, 120, 5333-5342.	2.6	37

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73	Caffeine Increases Anaerobic Work and Restores Cycling Performance following a Protocol Designed to Lower Endogenous Carbohydrate Availability. PLoS ONE, 2013, 8, e72025.	2.5	37
74	Rating of Perceived Exertion for Quantification of Training and Combat Loads During Combat Sport-Specific Activities: A Short Review. Journal of Strength and Conditioning Research, 2017, 31, 2889-2902.	2.1	36
75	Energy absorbed by electronic body protectors from kicks in a taekwondo competition. Biology of Sport, 2011, 28, 75-78.	3.2	36
76	Discriminant analysis of technical-tactical actions in high-level judo athletes. International Journal of Performance Analysis in Sport, 2016, 16, 30-39.	1.1	35
77	Can Different Conditioning Activities and Rest Intervals Affect the Acute Performance of Taekwondo Turning Kick?. Journal of Strength and Conditioning Research, 2015, 29, 1640-1647.	2.1	33
78	Judo rules: searching for a wind of changes. International Journal of Performance Analysis in Sport, 2017, 17, 863-871.	1.1	33
79	Reliability in kimono grip strength tests and comparison between elite and non-elite Brazilian Jiu-Jitsu players. Archives of Budo, 0, 8, 103-107.	0.0	33
80	Physiological and performance changes in national and international judo athletes during block periodization training. Biology of Sport, 2017, 34, 371-378.	3.2	32
81	Tracking 10-Year Competitive Winning Performance of Judo Athletes across Age Groups. Perceptual and Motor Skills, 2011, 113, 139-149.	1.3	30
82	Effect of exercise intensity and mode on acute appetite control in men and women. Applied Physiology, Nutrition and Metabolism, 2016, 41, 1083-1091.	1.9	30
83	Hormonal, Physiological, and Physical Performance During Simulated Kickboxing Combat: Differences Between Winners and Losers. International Journal of Sports Physiology and Performance, 2016, 11, 425-431.	2.3	30
84	European Judo Championships: impact of the new rule changes on points and penalties. International Journal of Performance Analysis in Sport, 2013, 13, 474-479.	1.1	29
85	Time-Motion Analysis of Elite Male Kickboxing Competition. Journal of Strength and Conditioning Research, 2014, 28, 3537-3543.	2.1	29
86	Association between neuromuscular tests and kumite performance on the brazilian karate national team. Journal of Sports Science and Medicine, 2009, 8, 20-4.	1.6	29
87	The impact of penalties on subsequent attack effectiveness and combat outcome among high elite judo competitors. International Journal of Performance Analysis in Sport, 2014, 14, 946-954.	1.1	28
88	Development and validation of a time-motion judo combat model based on the Markovian Processes. International Journal of Performance Analysis in Sport, 2015, 15, 315-331.	1.1	28
89	Uchi-komi avecÂcharge, uneÂapproche physiologique d'un nouveau test spÃ©cifique auÂjudo. Science and Sports, 2007, 22, 216-223.	0.5	27
90	Determining the Contribution of the Energy Systems During Exercise. Journal of Visualized Experiments, 2012, , .	0.3	27

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91	Reliability and Construct Validity of the Karate-Specific Aerobic Test. Journal of Strength and Conditioning Research, 2012, 26, 3454-3460.	2.1	27
92	Home advantage in judo: A study of the world ranking list. Journal of Sports Sciences, 2013, 31, 212-218.	2.0	27
93	Anthropometrical Profile of Judo Athletes: Comparative Analysis Between Weight Categories. International Journal of Morphology, 2014, 32, 36-42.	0.2	27
94	Validity and Reliability of a New Karate-Specific Aerobic Field Test for Karatekas. International Journal of Sports Physiology and Performance, 2014, 9, 953-958.	2.3	27
95	Weight Loss and Psychological-Related States in High-Level Judo Athletes. International Journal of Sport Nutrition and Exercise Metabolism, 2015, 25, 110-118.	2.1	27
96	Special Judo Fitness Test Level and Anthropometric Profile of Elite Spanish Judo Athletes. Journal of Strength and Conditioning Research, 2017, 31, 1229-1235.	2.1	27
97	Bi-hemispheric anodal transcranial direct current stimulation worsens taekwondo-related performance. Human Movement Science, 2019, 66, 578-586.	1.4	27
98	The Relative Age Effect in Combat Sports: An Analysis of Olympic Judo Athletes, 1964â€“2012. Perceptual and Motor Skills, 2015, 121, 300-308.	1.3	26
99	Comparison of body composition and physical fitness in elite and non-elite Brazilian jiu-jitsu athletes. Science and Sports, 2016, 31, 129-134.	0.5	26
100	Comparison of special judo fitness test and dynamic and isometric judo chin-up testsâ€™ performance and classificatory tablesâ€™ development for cadet and junior athletes. Journal of Exercise Rehabilitation, 2018, 14, 244-252.	1.0	26
101	Acute Effect of High-Intensity Aerobic Exercise Performed on Treadmill and Cycle Ergometer on Strength Performance. Journal of Strength and Conditioning Research, 2015, 29, 1077-1082.	2.1	25
102	Sleep quality and duration are associated with performance in maximal incremental test. Physiology and Behavior, 2017, 177, 252-256.	2.1	25
103	Effects of Different Fatigue Levels on Physiological Responses and Pacing in Judo Matches. Journal of Strength and Conditioning Research, 2019, 33, 783-792.	2.1	25
104	The Effects Of Rapid Weight Loss Upon High-Intensity Performance In Judo Competitors. Medicine and Science in Sports and Exercise, 2010, 42, 17.	0.4	24
105	Monitoring internal training load and salivary immuneendocrine responses during an annual judo training periodization. Journal of Exercise Rehabilitation, 2017, 13, 68-75.	1.0	24
106	Use of the anaerobic speed reserve to normalize the prescription of highâ€intensity interval exercise intensity. European Journal of Sport Science, 2020, 20, 166-173.	2.7	24
107	Rule change and Olympic judo scores, penalties and match duration. International Journal of Performance Analysis in Sport, 2017, 17, 458-465.	1.1	24
108	High-Intensity Interval Training Prescription for Combat-Sport Athletes. International Journal of Sports Physiology and Performance, 2020, 15, 767-776.	2.3	24

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109	Maximal isometric handgrip strength: comparison between weight categories and classificatory table for adult judo athletes. Journal of Exercise Rehabilitation, 2018, 14, 968-973.	1.0	24
110	Physiological responses and external validity of a new setting for taekwondo combat simulation. PLoS ONE, 2017, 12, e0171553.	2.5	24
111	Meta-Analysis to Determine Normative Values for the Special Judo Fitness Test in Male Athletes: 20+ Years of Sport-Specific Data and the Lasting Legacy of StanisÅ‚aw Sterkowicz. Sports, 2019, 7, 194.	1.7	23
112	Validity of a Taekwondo-Specific Test to Measure Vo 2peak and the Heart Rate Deflection Point. Journal of Strength and Conditioning Research, 2019, 33, 2523-2529.	2.1	23
113	Effect of a Kickboxing Match on Salivary Cortisol and Immunoglobulin A. Perceptual and Motor Skills, 2010, 111, 158-166.	1.3	22
114	Differences in metabolic and inflammatory responses in lower and upper body high-intensity intermittent exercise. European Journal of Applied Physiology, 2015, 115, 1467-1474.	2.5	22
115	Can short-term high-intensity intermittent training reduce adiposity?. Sport Sciences for Health, 2016, 12, 99-104.	1.3	22
116	Frequency Speed of Kick Test Performance Comparison Between Female Taekwondo Athletes of Different Competitive Levels. Journal of Strength and Conditioning Research, 2018, 32, 2934-2938.	2.1	22
117	Is Oxygen Uptake Measurement Enough to Estimate Energy Expenditure During High-Intensity Intermittent Exercise? Quantification of Anaerobic Contribution by Different Methods. Frontiers in Physiology, 2018, 9, 868.	2.8	22
118	Effects of Î²-alanine and sodium bicarbonate supplementation on the estimated energy system contribution during high-intensity intermittent exercise. Amino Acids, 2019, 51, 83-96.	2.7	22
119	Translation, adaptation, and reproducibility of the Physical Activity Enjoyment Scale (PACES) and Feeling Scale to Brazilian Portuguese. Sport Sciences for Health, 2019, 15, 329-336.	1.3	22
120	Effects of recovery type after a kickboxing match on blood lactate and performance in anaerobic tests. Asian Journal of Sports Medicine, 2014, 5, 99-107.	0.3	22
121	Postactivation Potentiation: Effect of Various Recovery Intervals on Bench Press Power Performance. Journal of Strength and Conditioning Research, 2012, 26, 739-744.	2.1	21
122	Perfil morfolÃ³gico de atletas de elite de Brazilian Jiu-Jitsu. Revista Brasileira De Medicina Do Esporte, 2012, 18, 46-50.	0.2	21
123	Physiological responses to karate specific activities. Science and Sports, 2015, 30, 179-187.	0.5	21
124	High-Intensity Intermittent Exercise and its Effects on Heart Rate Variability and Subsequent Strength Performance. Frontiers in Physiology, 2016, 7, 81.	2.8	21
125	Influence of Physical Fitness on Special Judo Fitness Test Performance: A Multiple Linear Regression Analysis. Journal of Strength and Conditioning Research, 2021, 35, 1732-1738.	2.1	21
126	The Judo World Ranking List and the Performances in the 2012 London Olympics. Asian Journal of Sports Medicine, 2015, 6, e24045.	0.3	21

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127	A comparative study of speed expressed by the number of throws between heavier and lighter categories in judo. Science and Sports, 2008, 23, 186-188.	0.5	20
128	Influence of cryotherapy on muscle damage markers in jiu-jitsu fighters after competition: a cross-over study. Revista Andaluza De Medicina Del Deporte, 2014, 7, 7-12.	0.1	20
129	Immunometabolic Responses to Concurrent Training: The Effects of Exercise Order in Recreational Weightlifters. Journal of Strength and Conditioning Research, 2016, 30, 1960-1967.	2.1	20
130	Acidosis, but Not Alkalosis, Affects Anaerobic Metabolism and Performance in a 4-km Time Trial. Medicine and Science in Sports and Exercise, 2017, 49, 1899-1910.	0.4	20
131	Acute and chronic effect of sodium bicarbonate ingestion on Wingate test performance: a systematic review and meta-analysis. Journal of Sports Sciences, 2019, 37, 762-771.	2.0	20
132	Physical fitness status modulates the inflammatory proteins in peripheral blood and circulating monocytes: role of PPAR-gamma. Scientific Reports, 2020, 10, 14094.	3.3	20
133	Cryotherapy post-training reduces muscle damage markers in jiu-jitsu fighters. Journal of Human Sport and Exercise, 2012, 7, 629-638.	0.4	19
134	Time-motion and tactical analysis of Olympic judo fighters. International Journal of Performance Analysis in Sport, 2016, 16, 133-142.	1.1	19
135	Strength-Power Performance of Visually Impaired Paralympic and Olympic Judo Athletes From the Brazilian National Team: A Comparative Study. Journal of Strength and Conditioning Research, 2017, 31, 743-749.	2.1	19
136	Relationships Between Punch Impact Force and Upper- and Lower-Body Muscular Strength and Power in Highly Trained Amateur Boxers. Journal of Strength and Conditioning Research, 2022, 36, 1019-1025.	2.1	19
137	Anthropometric Characteristics of Top-Class Brazilian Jiu Jitsu Athletes: Role of Fighting Style. International Journal of Morphology, 2014, 32, 1043-1050.	0.2	18
138	The Effects of Hyperbaric Oxygen Therapy on Post-Training Recovery in Jiu-Jitsu Athletes. PLoS ONE, 2016, 11, e0150517.	2.5	18
139	Is frequency speed of kick test responsive to training? A study with taekwondo athletes. Sport Sciences for Health, 2016, 12, 377-382.	1.3	18
140	Time-motion analysis and Decision Making in Female Judo Athletes during Victory or Defeat at Olympic and Non-Olympic Events: Are Combat Actions Really Unpredictable?. International Journal of Performance Analysis in Sport, 2016, 16, 442-463.	1.1	18
141	Effect of rapid weight loss on physical performance in judo athletes: is rapid weight loss a help for judokas with weight problems?. International Journal of Performance Analysis in Sport, 2017, 17, 763-773.	1.1	18
142	Training methods and analysis of races of a top level Paralympic swimming athlete. Journal of Exercise Rehabilitation, 2018, 14, 612-620.	1.0	18
143	Reinterpreting the History of Women's Judo in Japan. International Journal of the History of Sport, 2011, 28, 1016-1029.	0.7	17
144	Specificity of performance adaptations to a periodized judo training program. Revista Andaluza De Medicina Del Deporte, 2015, 8, 67-72.	0.1	17

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145	Do weight categories prevent athletes from the relative age effect? a meta-analysis of combat sports. Sport Sciences for Health, 2016, 12, 133-139.	1.3	17
146	Effects of long or short duration stimulus during high-intensity interval training on physical performance, energy intake, and body composition. Journal of Exercise Rehabilitation, 2017, 13, 393-399.	1.0	17
147	Repeated Sprint Training vs. Repeated High-Intensity Technique Training in Adolescent Taekwondo Athletesâ€”A Randomized Controlled Trial. International Journal of Environmental Research and Public Health, 2020, 17, 4506.	2.6	17
148	PrÃ¡ticas de reduÃ§Ã£o de massa corporal em judocas nos perÃodos prÃ©-competitivos. Revista Brasileira De EducaÃ§Ã£o FÃsica E Esporte: RBEFE, 2010, 24, 165-177.	0.1	16
149	Estudos em modalidades esportivas de combate: estado da arte. Revista Brasileira De EducaÃ§Ã£o FÃsica E Esporte: RBEFE, 2011, 25, 67-81.	0.1	16
150	Anthropometric, physiological, performance, and nutritional profile of the Brazil National Canoe Polo Team. Journal of Sports Sciences, 2012, 30, 305-311.	2.0	16
151	Development of a Noncontact Kickboxing Circuit Training Protocol That Simulates Elite Male Kickboxing Competition. Journal of Strength and Conditioning Research, 2015, 29, 3405-3411.	2.1	16
152	Health-related physical fitness in martial arts and combat sports practitioners. Sport Sciences for Health, 2015, 11, 171-180.	1.3	16
153	Normative tables for the dynamic and isometric judogi chin-up tests for judo athletes. Sport Sciences for Health, 2017, 13, 47-53.	1.3	16
154	Energy System Contributions in Upper and Lower Body Wingate Tests in Highly Trained Athletes. Research Quarterly for Exercise and Sport, 2019, 90, 244-250.	1.4	16
155	Magnitude and duration of excess of postâ€exercise oxygen consumption between highâ€intensity interval and moderateâ€intensity continuous exercise: A systematic review. Obesity Reviews, 2021, 22, e13099.	6.5	16
156	Functional vs. Strength training in adults: specific needs define the best intervention. International Journal of Sports Physical Therapy, 2013, 8, 34-43.	1.3	16
157	COVID-19 Lockdown: A Global Study Investigating the Effect of Athletesâ€™ Sport Classification and Sex on Training Practices. International Journal of Sports Physiology and Performance, 2022, 17, 1242-1256.	2.3	16
158	THE INFLUENCE OF KARATE PRACTICE LEVEL AND SEX ON PHYSIOLOGICAL AND PERCEPTUAL RESPONSES IN THREE MODERN KARATE TRAINING MODALITIES. Biology of Sport, 2014, 31, 201-207.	3.2	15
159	Performance and energy systems contributions during upper-body sprint interval exercise. Journal of Exercise Rehabilitation, 2016, 12, 535-541.	1.0	15
160	Relationship between physical fitness, attacks and effectiveness in short- and long-duration judo matches. International Journal of Performance Analysis in Sport, 2018, 18, 1024-1036.	1.1	15
161	Criterion Validity, Reliability, and Usefulness of a Judo-Specific Maximal Aerobic Power Test. International Journal of Sports Physiology and Performance, 2019, 14, 987-993.	2.3	15
162	Changes in Perceived Exertion, Well-Being, and Recovery During Specific Judo Training: Impact of Training Period and Exercise Modality. Frontiers in Physiology, 2020, 11, 931.	2.8	14

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163	Physiological Responses and Performance Analysis Difference between Official and Simulated Karate Combat Conditions. Asian Journal of Sports Medicine, 2014, 5, 21-9.	0.3	14
164	AEROBIC POWER IN CHILD, CADET AND SENIOR JUDO ATHLETES. Biology of Sport, 2012, 29, 217-222.	3.2	13
165	Influence of half-squat intensity and volume on the subsequent countermovement jump and frequency speed of kick test performance in taekwondo athletes. Kinesiology, 2016, 48, 95-102.	0.6	13
166	Physiological, Nutritional and Performance Profiles of Brazilian Jiu-Jitsu Athletes. Journal of Human Kinetics, 2016, 53, 261-271.	1.5	13
167	Performance Changes of Elite Paralympic Judo Athletes During a Paralympic Games Cycle: A Case Study with the Brazilian National Team. Journal of Human Kinetics, 2017, 60, 217-224.	1.5	13
168	Effects of Rapid Weight Loss on Balance and Reaction Time in Elite Judo Athletes. International Journal of Sports Physiology and Performance, 2018, 13, 1371-1377.	2.3	13
169	Measurement Properties and Feasibility of Repeated Sprint Ability Test: A Systematic Review. Strength and Conditioning Journal, 2019, 41, 41-61.	1.4	13
170	Reliability and Usefulness of Time-Motion and Physiological Responses in Simulated Judo Matches. Journal of Strength and Conditioning Research, 2020, 34, 2557-2564.	2.1	13
171	Weight loss behaviors in Brazilian mixed martial arts athletes. Sport Sciences for Health, 2020, 16, 117-122.	1.3	13
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