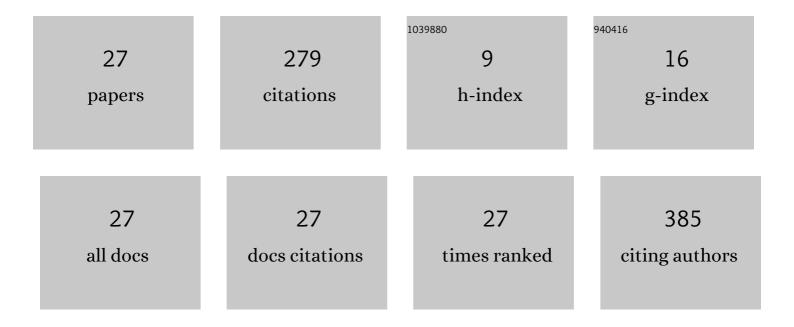
## Andrew T Askow

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/2757659/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Seasonal Accumulated Workloads in Collegiate Women's Soccer: A Comparison of Starters and Reserves. Journal of Functional Morphology and Kinesiology, 2022, 7, 11.	1.1	6
2	Cathepsin B and Muscular Strength are Independently Associated with Cognitive Control. Brain Plasticity, 2022, 8, 19-33.	1.9	4
3	Dietary approaches to maintaining muscle mass. , 2021, , 81-107.		0
4	Higher protein intake during resistance training does not potentiate strength, but modulates gut microbiota, in middle-aged adults: a randomized control trial. American Journal of Physiology - Endocrinology and Metabolism, 2021, 320, E900-E913.	1.8	22
5	Higher Protein Intake Does Not Potentiate Skeletal Muscle Vitamin D Receptor. Current Developments in Nutrition, 2021, 5, 512.	0.1	1
6	Higher Protein Intake Does Not Augment Muscle Protein Synthetic Responses During the Early Stages of Resistance Training in Middle-Aged Adults. Current Developments in Nutrition, 2021, 5, 520.	0.1	0
7	Leucine Is More Readily Oxidized When Ingested as an Isolated Nutrient versus Incorporated in Its Whole-Food Matrix. Current Developments in Nutrition, 2021, 5, 516.	0.1	0
8	Early resistance trainingâ€mediated stimulation of daily muscle protein synthetic responses to higher habitual protein intake in middleâ€aged adults. Journal of Physiology, 2021, 599, 4287-4307.	1.3	3
9	The effect of omega-3 fatty acids on a biomarker of head trauma in NCAA football athletes: aÂmulti-site, non-randomized study. Journal of the International Society of Sports Nutrition, 2021, 18, 65.	1.7	21
10	Dileucine ingestion is more effective than leucine in stimulating muscle protein turnover in young males: a double blind randomized controlled trial. Journal of Applied Physiology, 2021, 131, 1111-1122.	1.2	3
11	An Evaluation of Omega-3 Status and Intake in Canadian Elite Rugby 7s Players. Nutrients, 2021, 13, 3777.	1.7	6
12	Session Rating of Perceived Exertion (sRPE) Load and Training Impulse Are Strongly Correlated to GPS-Derived Measures of External Load in NCAA Division I Women's Soccer Athletes. Journal of Functional Morphology and Kinesiology, 2021, 6, 90.	1.1	10
13	Resistance Exercise–induced Regulation of Muscle Protein Synthesis to Intraset Rest. Medicine and Science in Sports and Exercise, 2020, 52, 1022-1030.	0.2	13
14	Of Sound Mind and Body: Exploring the Diet-Strength Interaction in Healthy Aging. Frontiers in Nutrition, 2020, 7, 145.	1.6	6
15	The Impact of COVID-19-Related Shutdown Measures on the Training Habits and Perceptions of Athletes in the United States: A Brief Research Report. Frontiers in Sports and Active Living, 2020, 2, 623068.	0.9	42
16	Resistance Exercise Does Not Up-Regulate YAP Expression in Aged Human Skeletal Muscle. Current Developments in Nutrition, 2020, 4, nzaa049_049.	0.1	0
17	Match Demands of Women's Collegiate Soccer. Sports, 2020, 8, 87.	0.7	13
18	Recent Trends in Youth Concussions: A Brief Report. Journal of Primary Care and Community Health, 2020, 11, 215013272098505.	1.0	9

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#	Article	IF	CITATIONS
19	Probiotic administration increases amino acid absorption from plant protein – A placeboâ€controlled, randomized, doubleâ€blind, multicenter, crossover study. FASEB Journal, 2020, 34, 1-1.	0.2	0
20	Relationships Between Sport Nutrition Knowledge, Body Composition And Body Weight Goal In Female Soccer Players Medicine and Science in Sports and Exercise, 2020, 52, 873-873.	0.2	0
21	Fluctuations in blood biomarkers of head trauma in NCAA football athletes over the course of a season. Journal of Neurosurgery, 2019, 130, 1655-1662.	0.9	33
22	Sex Differences in Resting Metabolic Rate Among Athletes. Journal of Strength and Conditioning Research, 2019, 33, 3008-3014.	1.0	24
23	Anabolic Signaling Phosphorylation Does Not Explain Differential Muscle Protein Synthesis with Intra-Set Rest Manipulation. Medicine and Science in Sports and Exercise, 2019, 51, 78-78.	0.2	0
24	The Omega-3 Index in National Collegiate Athletic Association Division I Collegiate Football Athletes. Journal of Athletic Training, 2019, 54, 7-11.	0.9	36
25	Effect of Strength on Velocity and Power During Back Squat Exercise in Resistance-Trained Men and Women. Journal of Strength and Conditioning Research, 2019, 33, 1-7.	1.0	17
26	Validity and Reliability of a Commercially-Available Velocity and Power Testing Device. Sports, 2018, 6, 170.	0.7	10
27	Omega-3 Index in Division I Collegiate American FootballAthletes. Medicine and Science in Sports and Exercise, 2018, 50, 307.	0.2	0