

Andrew T Askow

List of Publications by Year in descending order

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Version: 2024-02-01

27
papers

279
citations

1039880

9
h-index

940416

16
g-index

27
all docs

27
docs citations

27
times ranked

385
citing authors

#	ARTICLE	IF	CITATIONS
1	Seasonal Accumulated Workloads in Collegiate Women's Soccer: A Comparison of Starters and Reserves. <i>Journal of Functional Morphology and Kinesiology</i> , 2022, 7, 11.	1.1	6
2	Cathepsin B and Muscular Strength are Independently Associated with Cognitive Control. <i>Brain Plasticity</i> , 2022, 8, 19-33.	1.9	4
3	Dietary approaches to maintaining muscle mass. , 2021, , 81-107.		0
4	Higher protein intake during resistance training does not potentiate strength, but modulates gut microbiota, in middle-aged adults: a randomized control trial. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2021, 320, E900-E913.	1.8	22
5	Higher Protein Intake Does Not Potentiate Skeletal Muscle Vitamin D Receptor. <i>Current Developments in Nutrition</i> , 2021, 5, 512.	0.1	1
6	Higher Protein Intake Does Not Augment Muscle Protein Synthetic Responses During the Early Stages of Resistance Training in Middle-Aged Adults. <i>Current Developments in Nutrition</i> , 2021, 5, 520.	0.1	0
7	Leucine Is More Readily Oxidized When Ingested as an Isolated Nutrient versus Incorporated in Its Whole-Food Matrix. <i>Current Developments in Nutrition</i> , 2021, 5, 516.	0.1	0
8	Early resistance training-mediated stimulation of daily muscle protein synthetic responses to higher habitual protein intake in middle-aged adults. <i>Journal of Physiology</i> , 2021, 599, 4287-4307.	1.3	3
9	The effect of omega-3 fatty acids on a biomarker of head trauma in NCAA football athletes: a multi-site, non-randomized study. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 65.	1.7	21
10	Dileucine ingestion is more effective than leucine in stimulating muscle protein turnover in young males: a double blind randomized controlled trial. <i>Journal of Applied Physiology</i> , 2021, 131, 1111-1122.	1.2	3
11	An Evaluation of Omega-3 Status and Intake in Canadian Elite Rugby 7s Players. <i>Nutrients</i> , 2021, 13, 3777.	1.7	6
12	Session Rating of Perceived Exertion (sRPE) Load and Training Impulse Are Strongly Correlated to GPS-Derived Measures of External Load in NCAA Division I Women's Soccer Athletes. <i>Journal of Functional Morphology and Kinesiology</i> , 2021, 6, 90.	1.1	10
13	Resistance Exercise-induced Regulation of Muscle Protein Synthesis to Intrasest Rest. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 1022-1030.	0.2	13
14	Of Sound Mind and Body: Exploring the Diet-Strength Interaction in Healthy Aging. <i>Frontiers in Nutrition</i> , 2020, 7, 145.	1.6	6
15	The Impact of COVID-19-Related Shutdown Measures on the Training Habits and Perceptions of Athletes in the United States: A Brief Research Report. <i>Frontiers in Sports and Active Living</i> , 2020, 2, 623068.	0.9	42
16	Resistance Exercise Does Not Up-Regulate YAP Expression in Aged Human Skeletal Muscle. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa049_049.	0.1	0
17	Match Demands of Women's Collegiate Soccer. <i>Sports</i> , 2020, 8, 87.	0.7	13
18	Recent Trends in Youth Concussions: A Brief Report. <i>Journal of Primary Care and Community Health</i> , 2020, 11, 215013272098505.	1.0	9

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19	Probiotic administration increases amino acid absorption from plant protein – A placebo-controlled, randomized, double-blind, multicenter, crossover study. <i>FASEB Journal</i> , 2020, 34, 1-1.	0.2	0
20	Relationships Between Sport Nutrition Knowledge, Body Composition And Body Weight Goal In Female Soccer Players.. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 873-873.	0.2	0
21	Fluctuations in blood biomarkers of head trauma in NCAA football athletes over the course of a season. <i>Journal of Neurosurgery</i> , 2019, 130, 1655-1662.	0.9	33
22	Sex Differences in Resting Metabolic Rate Among Athletes. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 3008-3014.	1.0	24
23	Anabolic Signaling Phosphorylation Does Not Explain Differential Muscle Protein Synthesis with Intra-Set Rest Manipulation. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 78-78.	0.2	0
24	The Omega-3 Index in National Collegiate Athletic Association Division I Collegiate Football Athletes. <i>Journal of Athletic Training</i> , 2019, 54, 7-11.	0.9	36
25	Effect of Strength on Velocity and Power During Back Squat Exercise in Resistance-Trained Men and Women. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 1-7.	1.0	17
26	Validity and Reliability of a Commercially-Available Velocity and Power Testing Device. <i>Sports</i> , 2018, 6, 170.	0.7	10
27	Omega-3 Index in Division I Collegiate American Football Athletes. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 307.	0.2	0