

Guy Gregory Haff

List of Publications by Year in descending order

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183
papers

7,225
citations

50170

46
h-index

76769

74
g-index

192
all docs

192
docs citations

192
times ranked

4139
citing authors

#	ARTICLE	IF	CITATIONS
1	Factors Modulating Post-Activation Potentiation of Jump, Sprint, Throw, and Upper-Body Ballistic Performances: A Systematic Review with Meta-Analysis. <i>Sports Medicine</i> , 2016, 46, 231-240.	3.1	297
2	National Strength and Conditioning Association Position Statement on Long-Term Athletic Development. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 1491-1509.	1.0	263
3	Training Principles for Power. <i>Strength and Conditioning Journal</i> , 2012, 34, 2-12.	0.7	221
4	Increases in Lower-Body Strength Transfer Positively to Sprint Performance: A Systematic Review with Meta-Analysis. <i>Sports Medicine</i> , 2014, 44, 1693-1702.	3.1	213
5	Vitamin E and C supplementation reduces oxidative stress, improves antioxidant enzymes and positive muscle work in chronically loaded muscles of aged rats. <i>Experimental Gerontology</i> , 2010, 45, 882-895.	1.2	176
6	Relationship Between Strength Characteristics and Unweighted and Weighted Vertical Jump Height. <i>International Journal of Sports Physiology and Performance</i> , 2009, 4, 461-473.	1.1	168
7	A Comparison of Methods for Determining the Rate of Force Development During Isometric Midthigh Clean Pulls. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 386-395.	1.0	167
8	The Optimal Training Load for the Development of Muscular Power. <i>Journal of Strength and Conditioning Research</i> , 2004, 18, 675.	1.0	164
9	Reliability and Validity of the Load-Velocity Relationship to Predict the 1RM Back Squat. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 1897-1904.	1.0	161
10	Effect of strength on plant foot kinetics and kinematics during a change of direction task. <i>European Journal of Sport Science</i> , 2013, 13, 646-652.	1.4	153
11	The Temporal Profile of Postactivation Potentiation Is Related to Strength Level. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 706-715.	1.0	138
12	Force-Time Dependent Characteristics of Dynamic and Isometric Muscle Actions. <i>Journal of Strength and Conditioning Research</i> , 1997, 11, 269.	1.0	125
13	Validity of Various Methods for Determining Velocity, Force, and Power in the Back Squat. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 1170-1176.	1.1	122
14	Force-Time Curve Characteristics of Dynamic and Isometric Muscle Actions of Elite Women Olympic Weightlifters. <i>Journal of Strength and Conditioning Research</i> , 2005, 19, 741.	1.0	115
15	The General Adaptation Syndrome: A Foundation for the Concept of Periodization. <i>Sports Medicine</i> , 2018, 48, 787-797.	3.1	111
16	Peak Force and Rate of Force Development During Isometric and Dynamic Mid-Thigh Clean Pulls Performed at Various Intensities. <i>Journal of Strength and Conditioning Research</i> , 2006, 20, 483.	1.0	104
17	Towards a Determination of the Physiological Characteristics Distinguishing Successful Mixed Martial Arts Athletes: A Systematic Review of Combat Sport Literature. <i>Sports Medicine</i> , 2016, 46, 1525-1551.	3.1	98
18	Mean Velocity vs. Mean Propulsive Velocity vs. Peak Velocity: Which Variable Determines Bench Press Relative Load With Higher Reliability?. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 1273-1279.	1.0	98

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19	Theoretical and Practical Aspects of Different Cluster Set Structures: A Systematic Review. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 848-867.	1.0	94
20	Cluster Training: A Novel Method for Introducing Training Program Variation. <i>Strength and Conditioning Journal</i> , 2008, 30, 67-76.	0.7	93
21	Standardization and Methodological Considerations for the Isometric Midthigh Pull. <i>Strength and Conditioning Journal</i> , 2019, 41, 57-79.	0.7	92
22	Maintenance of Velocity and Power With Cluster Sets During High-Volume Back Squats. <i>International Journal of Sports Physiology and Performance</i> , 2016, 11, 885-892.	1.1	86
23	Change in sociocultural ideal male physique: An examination of past and present action figures. <i>Body Image</i> , 2006, 3, 87-91.	1.9	84
24	Effects of Plyometric and Sprint Training on Physical and Technical Skill Performance in Adolescent Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 1894-1903.	1.0	84
25	Differences in the Load-Velocity Profile Between 4 Bench-Press Variants. <i>International Journal of Sports Physiology and Performance</i> , 2018, 13, 326-331.	1.1	78
26	Carbohydrate Supplementation Attenuates Muscle Glycogen Loss during Acute Bouts of Resistance Exercise. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2000, 10, 326-339.	1.0	77
27	The Intraday Reliability of the Reactive Strength Index Calculated From a Drop Jump in Professional Men's Basketball. <i>International Journal of Sports Physiology and Performance</i> , 2015, 10, 482-488.	1.1	76
28	Feasibility of the 2-Point Method for Determining the 1-Repetition Maximum in the Bench Press Exercise. <i>International Journal of Sports Physiology and Performance</i> , 2018, 13, 474-481.	1.1	76
29	Implementing Eccentric Resistance Training—Part 1: A Brief Review of Existing Methods. <i>Journal of Functional Morphology and Kinesiology</i> , 2019, 4, 38.	1.1	76
30	Influence of Different Relative Intensities on Power Output During the Hang Power Clean: Identification of the Optimal Load. <i>Journal of Strength and Conditioning Research</i> , 2005, 19, 698.	1.0	76
31	Validity and Reliability of a Portable Isometric Mid-Thigh Clean Pull. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 1378-1386.	1.0	74
32	Greater Strength Gains after Training with Accentuated Eccentric than Traditional Isoinertial Loads in Already Strength-Trained Men. <i>Frontiers in Physiology</i> , 2016, 7, 149.	1.3	70
33	Monitoring and Managing Fatigue in Basketball. <i>Sports</i> , 2018, 6, 19.	0.7	70
34	Current Research and Statistical Practices in Sport Science and a Need for Change. <i>Sports</i> , 2017, 5, 87.	0.7	66
35	The Current State of Subjective Training Load Monitoring—a Practical Perspective and Call to Action. <i>Sports Medicine - Open</i> , 2018, 4, 58.	1.3	64
36	Effects of Different Set Configurations on Barbell Velocity and Displacement During a Clean Pull. <i>Journal of Strength and Conditioning Research</i> , 2003, 17, 95.	1.0	63

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37	Power and Power Potentiation Among Strengthâ€“Power Athletes: Preliminary Study. <i>International Journal of Sports Physiology and Performance</i> , 2008, 3, 55-67.	1.1	60
38	The load-velocity profile differs more between men and women than between individuals with different strength levels. <i>Sports Biomechanics</i> , 2019, 18, 245-255.	0.8	58
39	The impact of strength level on adaptations to combined weightlifting, plyometric, and ballistic training. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 1494-1505.	1.3	57
40	The Acute Effects of Twenty-Four Hours of Sleep Loss on the Performance of National-Caliber Male Collegiate Weightlifters. <i>Journal of Strength and Conditioning Research</i> , 2007, 21, 1146.	1.0	56
41	Force-Time Curve Characteristics and Hormonal Alterations During an Eleven-Week Training Period in Elite Women Weightlifters. <i>Journal of Strength and Conditioning Research</i> , 2008, 22, 433-446.	1.0	55
42	Effect of Body Position on Force Production During the Isometric Midhigh Pull. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 48-56.	1.0	55
43	Progression of volume load and muscular adaptation during resistance exercise. <i>European Journal of Applied Physiology</i> , 2011, 111, 1063-1071.	1.2	54
44	Aging-Dependent Regulation of Antioxidant Enzymes and Redox Status in Chronically Loaded Rat Dorsiflexor Muscles. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2008, 63, 1015-1026.	1.7	51
45	The Acute Effects of An Ascending Squat Protocol on Performance During Horizontal Plyometric Jumps. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 358-369.	1.0	51
46	Reliability of the Loadâ€“Velocity Relationship Obtained Through Linear and Polynomial Regression Models to Predict the 1-Repetition Maximum Load. <i>Journal of Applied Biomechanics</i> , 2018, 34, 184-190.	0.3	50
47	The Acute Neuromuscular Responses to Cluster Set Resistance Training: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2019, 49, 1861-1877.	3.1	49
48	A Brief Review: Explosive Exercises and Sports Performance. <i>Strength and Conditioning Journal</i> , 2001, 23, 13.	0.7	49
49	The Back Squat and the Power Clean: Elicitation of Different Degrees of Potentiation. <i>International Journal of Sports Physiology and Performance</i> , 2014, 9, 643-649.	1.1	46
50	Effect of Different Interrepetition Rest Periods on Barbell Velocity Loss During the Ballistic Bench Press Exercise. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 2388-2396.	1.0	45
51	Cluster Sets: Permitting Greater Mechanical Stress Without Decreasing Relative Velocity. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 463-469.	1.1	45
52	Prediction of the Maximum Number of Repetitions and Repetitions in Reserve From Barbell Velocity. <i>International Journal of Sports Physiology and Performance</i> , 2018, 13, 353-359.	1.1	45
53	Periodization: Effects Of Manipulating Volume And Intensity. Part 1. <i>Strength and Conditioning Journal</i> , 1999, 21, 56.	0.7	45
54	Methods of Developing Power With Special Reference to Football Players. <i>Strength and Conditioning Journal</i> , 2015, 37, 2-16.	0.7	42

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55	Identifying the performance characteristics of a winning outcome in elite mixed martial arts competition. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, 296-301.	0.6	42
56	Alternative Methods of Determining Hamstrings-to-Quadriceps Ratios: a Comprehensive Review. <i>Sports Medicine - Open</i> , 2019, 5, 11.	1.3	42
57	The Neuromuscular Qualities of Higher- and Lower-Level Mixed-Martial-Arts Competitors. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 612-620.	1.1	41
58	Implementing Eccentric Resistance Training—Part 2: Practical Recommendations. <i>Journal of Functional Morphology and Kinesiology</i> , 2019, 4, 55.	1.1	41
59	Periodization and Block Periodization in Sports: Emphasis on Strength-Power Training—A Provocative and Challenging Narrative. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 2351-2371.	1.0	41
60	The Relationship Between Isometric Force-Time Curve Characteristics and Club Head Speed in Recreational Golfers. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 2685-2697.	1.0	39
61	Periodization Strategies in Older Adults. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 2426-2436.	0.2	38
62	The Influence of Upper- and Lower-Body Maximum Strength on Swim Block Start, Turn, and Overall Swim Performance in Sprint Swimming. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 2839-2845.	1.0	35
63	Neuromuscular Training Improves Movement Competency and Physical Performance Measures in 11- to 13-Year-Old Female Netball Athletes. <i>Journal of Strength and Conditioning Research</i> , 2017, 31, 1165-1176.	1.0	34
64	Development of a Comprehensive Performance-Testing Protocol for Competitive Surfers. <i>International Journal of Sports Physiology and Performance</i> , 2013, 8, 490-495.	1.1	33
65	Comparison of Physical Capacities Between Nonselected and Selected Elite Male Competitive Surfers for the National Junior Team. <i>International Journal of Sports Physiology and Performance</i> , 2015, 10, 178-182.	1.1	33
66	Within- and Between-Session Reliability of the Isometric Midhigh Pull in Young Female Athletes. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 1892-1901.	1.0	33
67	The reliability and validity of the bar-mounted PUSH Band™ 2.0 during bench press with moderate and heavy loads. <i>Journal of Sports Sciences</i> , 2019, 37, 2685-2690.	1.0	33
68	Effects of Spaceflight on Musculoskeletal Health: A Systematic Review and Meta-analysis, Considerations for Interplanetary Travel. <i>Sports Medicine</i> , 2021, 51, 2097-2114.	3.1	32
69	Supplemental Carbohydrate Ingestion Does Not Improve Performance of High-Intensity Resistance Exercise. <i>Journal of Strength and Conditioning Research</i> , 2008, 22, 1101-1107.	1.0	31
70	Reliability of power and velocity variables collected during the traditional and ballistic bench press exercise. <i>Sports Biomechanics</i> , 2018, 17, 117-130.	0.8	30
71	Mechanical and Metabolic Responses to Traditional and Cluster Set Configurations in the Bench Press Exercise. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 663-670.	1.0	29
72	The Relationship between Isometric Force-Time Characteristics and Dynamic Performance: A Systematic Review. <i>Sports</i> , 2020, 8, 63.	0.7	29

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73	Optimal Training Sequences to Develop Lower Body Force, Velocity, Power, and Jump Height: A Systematic Review with Meta-Analysis. <i>Sports Medicine</i> , 2021, 51, 1245-1271.	3.1	29
74	Comparison of Weightlifting, Traditional Resistance Training and Plyometrics on Strength, Power and Speed: A Systematic Review with Meta-Analysis. <i>Sports Medicine</i> , 2022, 52, 1533-1554.	3.1	29
75	Periodization. <i>Strength and Conditioning Journal</i> , 1999, 21, 54.	0.7	27
76	Postactivation potentiation during voluntary contractions after continued knee extensor task-specific practice. <i>Applied Physiology, Nutrition and Metabolism</i> , 2015, 40, 230-237.	0.9	27
77	A Comparison of the Isometric Midhigh Pull and Isometric Squat: Intraday Reliability, Usefulness, and the Magnitude of Difference Between Tests. <i>International Journal of Sports Physiology and Performance</i> , 2018, 13, 844-852.	1.1	27
78	Different Cluster Sets Result in Similar Metabolic, Endocrine, and Perceptual Responses in Trained Men. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 346-354.	1.0	27
79	Neuromuscular Training Improves Lower Extremity Biomechanics Associated with Knee Injury during Landing in 11-13 Year Old Female Netball Athletes: A Randomized Control Study. <i>Frontiers in Physiology</i> , 2017, 8, 883.	1.3	26
80	Global Challenges of Being a Strength Athlete during a Pandemic: Impacts and Sports-Specific Training Considerations and Recommendations. <i>Sports</i> , 2020, 8, 100.	0.7	26
81	The Yo-Yo IR2 test. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 2734-2740.	1.0	25
82	Relationships between maximal strength, muscle size, and myosin heavy chain isoform composition and postactivation potentiation. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016, 41, 491-497.	0.9	25
83	Effects of Cluster Sets and Rest-Redistribution on Mechanical Responses to Back Squats in Trained Men. <i>Journal of Human Kinetics</i> , 2017, 58, 35-43.	0.7	24
84	Chronic Effects of Altering Resistance Training Set Configurations Using Cluster Sets: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2021, 51, 707-736.	3.1	24
85	Reliability of a Novel Testing Protocol to Assess Upper-Body Strength Qualities in Elite Athletes. <i>International Journal of Sports Physiology and Performance</i> , 2014, 9, 871-875.	1.1	23
86	Comparison of athletic movement between elite junior and senior Australian football players. <i>Journal of Sports Sciences</i> , 2016, 34, 1260-1265.	1.0	23
87	Effects of different conditioning programmes on the performance of high-velocity soccer-related tasks: Systematic review and meta-analysis of controlled trials. <i>International Journal of Sports Science and Coaching</i> , 2018, 13, 129-151.	0.7	23
88	Assessment and Monitoring of Ballistic and Maximal Upper-Body Strength Qualities in Athletes. <i>International Journal of Sports Physiology and Performance</i> , 2015, 10, 232-237.	1.1	22
89	The efficacy of periodised resistance training on neuromuscular adaptation in older adults. <i>European Journal of Applied Physiology</i> , 2017, 117, 1181-1194.	1.2	22
90	The Validity of the Push Band 2.0 during Vertical Jump Performance. <i>Sports</i> , 2018, 6, 140.	0.7	22

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91	Greater Strength Drives Difference in Power between Sexes in the Conventional Deadlift Exercise. <i>Sports</i> , 2016, 4, 43.	0.7	21
92	The Acute Effects of Moderately Loaded Concentric-Only Quarter Squats on Vertical Jump Performance. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 914-925.	1.0	20
93	A sled push stimulus potentiates subsequent 20-m sprint performance. <i>Journal of Science and Medicine in Sport</i> , 2017, 20, 781-785.	0.6	20
94	Comparison Between Elite and Subelite Swimmers on Dry Land and Tumble Turn Leg Extensor Force-Time Characteristics. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 1762-1769.	1.0	20
95	The effect of vibration on active and passive range of motion in elite female synchronized swimmers. <i>European Journal of Sport Science</i> , 2008, 8, 217-223.	1.4	19
96	Effect of Vibration on Forward Split Flexibility and Pain Perception in Young Male Gymnasts. <i>International Journal of Sports Physiology and Performance</i> , 2008, 3, 469-481.	1.1	19
97	Enhancing Performance in Professional Water Polo Players. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 1089-1097.	1.0	19
98	Postactivation Potentiation of Horizontal Jump Performance Across Multiple Sets of a Contrast Protocol. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 2733-2740.	1.0	19
99	Moderate-Load Muscular Endurance Strength Training Did Not Improve Peak Power or Functional Capacity in Older Men and Women. <i>Frontiers in Physiology</i> , 2017, 8, 743.	1.3	19
100	The effect of resistance training set configuration on strength, power, and hormonal adaptation in female volleyball players. <i>Applied Physiology, Nutrition and Metabolism</i> , 2018, 43, 154-164.	0.9	19
101	Comparison Between Back Squat, Romanian Deadlift, and Barbell Hip Thrust for Leg and Hip Muscle Activities During Hip Extension. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 2595-2601.	1.0	19
102	Influence of Power Clean Ability and Training Age on Adaptations to Weightlifting-Style Training. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 2936-2944.	1.0	19
103	Within Session Exercise Sequencing During Programming for Complex Training: Historical Perspectives, Terminology, and Training Considerations. <i>Sports Medicine</i> , 2022, 52, 2371-2389.	3.1	19
104	Effects of In-Competitive Season Power-Oriented and Heavy Resistance Lower-Body Training on Performance of Elite Female Water Polo Players. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 458-465.	1.0	18
105	Acute elevations in serum hormones are attenuated after chronic training with traditional isoinertial but not accentuated eccentric loads in strength-trained men. <i>Physiological Reports</i> , 2017, 5, e13241.	0.7	18
106	Assessment of Upper-Body Ballistic Performance Through the Bench Press Throw Exercise: Which Velocity Outcome Provides the Highest Reliability?. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 2701-2707.	1.0	18
107	<i>Sport Science. Strength and Conditioning Journal</i> , 2010, 32, 33-45.	0.7	16
108	The Athletic Performance of Elite Rugby League Players Is Improved After an 8-Week Small-Sided Game Training Intervention. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 971-975.	1.0	16

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109	Effects of Dry-Land Vs. In-Water Specific Strength Training on Professional Male Water Polo Players' Performance. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 3179-3187.	1.0	16
110	Effects of Unstable and Stable Resistance Training on Strength, Power, and Sensorimotor Abilities in Adolescent Surfers. <i>International Journal of Sports Science and Coaching</i> , 2015, 10, 899-910.	0.7	16
111	The Relationship Between Isometric Strength and Sprint Acceleration in Sprinters. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 38-45.	1.1	16
112	Increased fascicle length but not patellar tendon stiffness after accentuated eccentric-load strength training in already-trained men. <i>European Journal of Applied Physiology</i> , 2020, 120, 2371-2382.	1.2	16
113	Development and Evaluation of a Drop-and-Stick Method to Assess Landing Skills in Various Levels of Competitive Surfers. <i>International Journal of Sports Physiology and Performance</i> , 2015, 10, 396-400.	1.1	15
114	Strength Training in Swimming. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 5369.	1.2	15
115	Application of Session Rating of Perceived Exertion Among Different Models of Resistance Training in Older Adults. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 3439-3446.	1.0	14
116	Comparison of ballistic and strength training on swimming turn and dry-land leg extensor characteristics in elite swimmers. <i>International Journal of Sports Science and Coaching</i> , 2018, 13, 262-269.	0.7	14
117	Resting Hormone Alterations and Injuries: Block vs. DUP Weight-Training among D-1 Track and Field Athletes. <i>Sports</i> , 2018, 6, 3.	0.7	14
118	Assessment of the loaded squat jump and countermovement jump exercises with a linear velocity transducer: which velocity variable provides the highest reliability?. <i>Sports Biomechanics</i> , 2021, 20, 247-260.	0.8	14
119	Roundtable Discussion. <i>Strength and Conditioning Journal</i> , 2004, 26, 50-69.	0.7	13
120	Influence of age and maturation status on sprint acceleration characteristics in junior Australian football. <i>Journal of Sports Sciences</i> , 2021, 39, 1585-1593.	1.0	13
121	Heart Rate at Lactate Threshold and Cycling Time Trials. <i>Journal of Strength and Conditioning Research</i> , 2006, 20, 601.	1.0	13
122	The Effect of Altering Body Posture and Barbell Position on the Between-Session Reliability of Force-Time Curve Characteristics in the Isometric Mid-Thigh Pull. <i>Sports</i> , 2018, 6, 162.	0.7	12
123	Countermovement Jump and Drop Jump Performances Are Related to Grand Jet© Leap Performance in Dancers With Different Skill Levels. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 3386-3393.	1.0	12
124	A Practical Guide to Analyzing the Force-Time Curve of Isometric Tasks in Excel. <i>Strength and Conditioning Journal</i> , 2020, 42, 26-37.	0.7	12
125	Impaired recovery is associated with increased injury and illness: A retrospective study of 536 female netball athletes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 691-701.	1.3	12
126	The Influence of Mental Fatigue on Sessional Ratings of Perceived Exertion in Elite Open and Closed Skill Sports Athletes. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 963-969.	1.0	12

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127	Effect of Four Weeks Detraining on Strength, Power, and Sensorimotor Ability of Adolescent Surfers. <i>The Open Sports Sciences Journal</i> , 2017, 10, 71-80.	0.2	12
128	Effects of Sprint Training With or Without Ball Carry in Elite Rugby Players. <i>International Journal of Sports Physiology and Performance</i> , 2015, 10, 761-766.	1.1	11
129	Force-Time Dependent Characteristics of Dynamic and Isometric Muscle Actions. <i>Journal of Strength and Conditioning Research</i> , 1997, 11, 269-272.	1.0	10
130	Roundtable Discussion: Flexibility Training. <i>Strength and Conditioning Journal</i> , 2006, 28, 64.	0.7	10
131	Application of Methods of Inducing Postactivation Potentiation During the Preparation of Rugby Players. <i>Strength and Conditioning Journal</i> , 2015, 37, 40-49.	0.7	9
132	Effect of Altering Body Posture and Barbell Position on the Within-Session Reliability and Magnitude of Force-Time Curve Characteristics in the Isometric Midhigh Pull. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 3252-3262.	1.0	9
133	Using Velocity to Predict the Maximum Dynamic Strength in the Power Clean. <i>Sports</i> , 2020, 8, 129.	0.7	9
134	Sprint acceleration characteristics across the Australian football participation pathway. <i>Sports Biomechanics</i> , 2023, 22, 1168-1180.	0.8	9
135	Addressing the Confusion within Periodization Research. <i>Journal of Functional Morphology and Kinesiology</i> , 2020, 5, 68.	1.1	9
136	Training Load Indices, Perceived Tolerance, and Enjoyment Among Different Models of Resistance Training in Older Adults. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 867-875.	1.0	8
137	Different Muscle Action Training Protocols on Quadriceps-Hamstrings Neuromuscular Adaptations. <i>International Journal of Sports Medicine</i> , 2018, 39, 355-365.	0.8	8
138	Physiological determinants of mixed martial arts performance and method of competition outcome. <i>International Journal of Sports Science and Coaching</i> , 2018, 13, 978-984.	0.7	8
139	Effects of Different Combinations of Concentric and Eccentric Resistance Training Programs on Traditional and Alternative Hamstrings-to-Quadriceps Ratios. <i>Sports</i> , 2019, 7, 221.	0.7	8
140	Acute effects of different set configurations during a strength-oriented resistance training session on barbell velocity and the force-velocity relationship in resistance-trained males and females. <i>European Journal of Applied Physiology</i> , 2019, 119, 1409-1417.	1.2	8
141	Influence of Maximal Strength on In-Water and Dry-Land Performance in Young Water Polo Players. <i>Journal of Strength and Conditioning Research</i> , 2020, 34, 1999-2005.	1.0	8
142	Heart Rate Variability and Direct Current Measurement Characteristics in Professional Mixed Martial Arts Athletes. <i>Sports</i> , 2020, 8, 109.	0.7	8
143	Influence of Strength Level on the Acute Post-Activation Performance Enhancement Following Flywheel and Free Weight Resistance Training. <i>Sensors</i> , 2020, 20, 7156.	2.1	8
144	Inter-individual variability in the load-velocity relationship is detected by multilevel mixed regression models. <i>Sports Biomechanics</i> , 2021, 20, 304-318.	0.8	8

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145	Weightlifting: An Applied Method of Technical Analysis. <i>Strength and Conditioning Journal</i> , 2021, 43, 32-42.	0.7	8
146	Roundtable Discussion: Anabolic Androgenic Steroids: Part I. <i>Strength and Conditioning Journal</i> , 2006, 28, 42.	0.7	8
147	Periodization: Effects of Manipulating Volume and Intensity. Part 2. <i>Strength and Conditioning Journal</i> , 1999, 21, 54.	0.7	8
148	Reliability and Minimal Detectable Change of Sprint Times and Force-Velocity-Power Characteristics. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 268-272.	1.0	8
149	Effects of a 10-Month Neuromuscular Training Program on Strength, Power, Speed, and Vault Performance in Young Female Gymnasts. <i>Medicine and Science in Sports and Exercise</i> , 2022, 54, 861-871.	0.2	8
150	The Current State of Subjective Training Load Monitoring: Follow-Up and Future Directions. <i>Sports Medicine - Open</i> , 2022, 8, 53.	1.3	8
151	Optimal load for maximizing upper-body power: Test-retest reproducibility. <i>Isokinetics and Exercise Science</i> , 2016, 24, 115-124.	0.2	7
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