

# Joseph Firth

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

215 papers	10,943 citations	56 h-index	100 g-index
234 ext. papers	16,062 ext. citations	7.1 avg, IF	6.99 L-index

#	Paper	IF	Citations
215	COVID-19 vaccination uptake in people with severe mental illness: a UK-based cohort study.. <i>World Psychiatry</i> , <b>2022</b> , 21, 153-154	14.4	2
214	Social media interventions targeting exercise and diet behaviours in people with noncommunicable diseases (NCDs): A systematic review.. <i>Internet Interventions</i> , <b>2022</b> , 27, 100497	4.4	1
213	Neurological, Psychiatric, and Psychological Implications of the COVID-19 Pandemic: Protocol for a Large-Scale Umbrella Review of Observational Studies.. <i>International Journal of Environmental Research and Public Health</i> , <b>2022</b> , 19,	4.6	1
212	Trends and factors associated with use of digital health technology among adults with serious psychological distress in the United States: A secondary data analysis of the National Health Interview Survey. <i>Population Medicine</i> , <b>2022</b> , 4, 1-7	1.2	
211	Evaluation of the uptake, retention and effectiveness of exercise referral schemes for the management of mental health conditions in primary care: a systematic review.. <i>BMC Public Health</i> , <b>2022</b> , 22, 249	4.1	0
210	A systematic review and meta-analysis of structural and functional brain alterations in individuals with genetic and clinical high-risk for psychosis and bipolar disorder.. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , <b>2022</b> , 110540	5.5	0
209	Evidence-informed is not enough: digital therapeutics also need to be evidence-based.. <i>World Psychiatry</i> , <b>2022</b> , 21, 320-321	14.4	1
208	Effects of yoga on depressive symptoms in people with mental disorders: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , <b>2021</b> , 55, 992-1000	10.3	23
207	Disparities in COVID-19 infection, hospitalisation and death in people with schizophrenia, bipolar disorder, and major depressive disorder: a cohort study of the UK Biobank. <i>Molecular Psychiatry</i> , <b>2021</b> ,	15.1	7
206	Diet and depression: future needs to unlock the potential. <i>Molecular Psychiatry</i> , <b>2021</b> ,	15.1	3
205	Prevalence of food insecurity in people with major depression, bipolar disorder, and schizophrenia and related psychoses: A systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , <b>2021</b> , 1-18	11.5	2
204	Longitudinal Course of Depressive, Anxiety, and Posttraumatic Stress Disorder Symptoms After Heart Surgery: A Meta-Analysis of 94 Studies. <i>Psychosomatic Medicine</i> , <b>2021</b> , 83, 85-93	3.7	4
203	Association between cardiorespiratory fitness and depressive symptoms in children and adolescents: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , <b>2021</b> , 282, 1234-1240	6.6	1
202	Dropout from exercise randomized controlled trials among people with anxiety and stress-related disorders: A meta-analysis and meta-regression. <i>Journal of Affective Disorders</i> , <b>2021</b> , 282, 996-1004	6.6	9
201	Physical Multimorbidity and Social Participation in Adult Aged 65 Years and Older From Six Low- and Middle-Income Countries. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , <b>2021</b> , 76, 1452-1462	4.6	2
200	Reliability and validity of physical fitness tests in people with mental disorders: A systematic review and meta-analysis. <i>Physiotherapy Research International</i> , <b>2021</b> , 26, e1904	1.8	1
199	Physical activity correlates in children and adolescents, adults, and older adults with an intellectual disability: a systematic review. <i>Disability and Rehabilitation</i> , <b>2021</b> , 1-12	2.4	3

198	Prebiotic and probiotic supplementation and the tryptophan-kynurenine pathway: A systematic review and meta analysis. <i>Neuroscience and Biobehavioral Reviews</i> , <b>2021</b> , 123, 1-13	9	17
197	Exercise addiction in athletes: Comparing two assessment instruments and willingness to stop exercise after medical advice. <i>Psychological Assessment</i> , <b>2021</b> , 33, 326-337	5.3	4
196	The clinical and behavioral cardiometabolic risk of children and young people on mental health inpatient units: A systematic review and meta-analysis. <i>General Hospital Psychiatry</i> , <b>2021</b> , 70, 80-97	5.6	2
195	Physical health interventions on adolescent mental health inpatient units: A systematic review and call to action. <i>Microbial Biotechnology</i> , <b>2021</b> , 15, 439-448	3.3	5
194	Handgrip strength and health outcomes: Umbrella review of systematic reviews with meta-analyses of observational studies. <i>Journal of Sport and Health Science</i> , <b>2021</b> , 10, 290-295	8.2	21
193	Diet and depression: exploring the biological mechanisms of action. <i>Molecular Psychiatry</i> , <b>2021</b> , 26, 134-150	15.1	66
192	The efficacy of meditation-based mind-body interventions for mental disorders: A meta-review of 17 meta-analyses of randomized controlled trials. <i>Journal of Psychiatric Research</i> , <b>2021</b> , 134, 181-191	5.2	10
191	A comparative meta-analysis of the prevalence of exercise addiction in adults with and without indicated eating disorders. <i>Eating and Weight Disorders</i> , <b>2021</b> , 26, 37-46	3.6	28
190	Dietary Inflammation and Mental Health <b>2021</b> , 417-429		
189	Does Switching Antipsychotics Ameliorate Weight Gain in Patients With Severe Mental Illness? A Systematic Review and Meta-analysis. <i>Schizophrenia Bulletin</i> , <b>2021</b> , 47, 948-958	1.3	6
188	Alcohol use and mental health during COVID-19 lockdown: A cross-sectional study in a sample of UK adults. <i>Drug and Alcohol Dependence</i> , <b>2021</b> , 219, 108488	4.9	79
187	The efficacy of exergaming in people with major neurocognitive disorder residing in long-term care facilities: a pilot randomized controlled trial. <i>Alzheimer's Research and Therapy</i> , <b>2021</b> , 13, 70	9	8
186	The anxiolytic effects of exercise for people with anxiety and related disorders: An update of the available meta-analytic evidence. <i>Psychiatry Research</i> , <b>2021</b> , 302, 114046	9.9	5
185	The Effect of Interventions That Target Multiple Modifiable Health Behaviors on Symptoms of Anxiety and Depression in Young People: A Meta-Analysis of Randomized Controlled Trials. <i>Journal of Adolescent Health</i> , <b>2021</b> ,	5.8	1
184	Multimorbidity and obesity in older adults from six low- and middle-income countries. <i>Preventive Medicine</i> , <b>2021</b> , 153, 106816	4.3	3
183	The growing field of digital psychiatry: current evidence and the future of apps, social media, chatbots, and virtual reality. <i>World Psychiatry</i> , <b>2021</b> , 20, 318-335	14.4	46
182	Risk of hospitalised falls and hip fractures in working age adults receiving mental health care. <i>General Hospital Psychiatry</i> , <b>2021</b> , 72, 81-87	5.6	0
181	Association between age of first exposure and heavy internet use in a representative sample of 317,443 adolescents from 52 countries. <i>European Child and Adolescent Psychiatry</i> , <b>2021</b> , 1	5.5	1

180	Digital mental health in China: a systematic review. <i>Psychological Medicine</i> , <b>2021</b> , 1-19	6.9	3
179	Use of smartphones, mobile apps and wearables for health promotion by people with anxiety or depression: An analysis of a nationally representative survey data. <i>Psychiatry Research</i> , <b>2021</b> , 304, 114128	8.9	2
178	Association between physical activity and leisure-time sedentary behavior among 140,808 adolescents aged 12 to 15 from 47 low- and middle-income countries. <i>Public Health</i> , <b>2021</b> , 199, 1-9	4	0
177	The Impact of Pharmacological and Non-Pharmacological Interventions to Improve Physical Health Outcomes in People With Schizophrenia: A Meta-Review of Meta-Analyses of Randomized Controlled Trials. <i>Focus (American Psychiatric Publishing)</i> , <b>2021</b> , 19, 116-128	1.1	3
176	Prevalence of Major Cardiovascular Disease Events Among People Diagnosed With Schizophrenia Who Have Sleep Disturbance, Sedentary Behavior, or Muscular Weakness.. <i>Schizophrenia Bulletin Open</i> , <b>2021</b> , 2, sgaa069	2.2	1
175	Adherence to a healthy lifestyle and multiple sclerosis: a case-control study from the UK Biobank. <i>Nutritional Neuroscience</i> , <b>2020</b> , 1-9	3.6	2
174	Evidence-based umbrella review of 162 peripheral biomarkers for major mental disorders. <i>Translational Psychiatry</i> , <b>2020</b> , 10, 152	8.6	48
173	Effects of physical exercise on cognitive function of older adults with mild cognitive impairment: A systematic review and meta-analysis. <i>Archives of Gerontology and Geriatrics</i> , <b>2020</b> , 89, 104048	4	27
172	Factors that influence participation in physical activity for anxiety or depression: a synthesis of qualitative evidence. <i>The Cochrane Library</i> , <b>2020</b> ,	5.2	0
171	Multidisciplinary research priorities for the COVID-19 pandemic. <i>Lancet Psychiatry</i> , <b>2020</b> , 7, e39	23.3	0
170	Food and mood: how do diet and nutrition affect mental wellbeing?. <i>BMJ, The</i> , <b>2020</b> , 369, m2382	5.9	54
169	Bipolar Disorder. <i>New England Journal of Medicine</i> , <b>2020</b> , 383, 58-66	59.2	113
168	Imaging the effects of exercise on the brain. <i>Schizophrenia Research</i> , <b>2020</b> , 223, 71-72	3.6	
167	Generating value with mental health apps. <i>BJPsych Open</i> , <b>2020</b> , 6, e16	5	7
166	The Impact of Pharmacologic and Nonpharmacologic Interventions to Improve Physical Health Outcomes in People With Dementia: A Meta-Review of Meta-Analyses of Randomized Controlled Trials. <i>Journal of the American Medical Directors Association</i> , <b>2020</b> , 21, 1410-1414.e2	5.9	9
165	Fast food consumption and suicide attempts among adolescents aged 12-15 years from 32 countries. <i>Journal of Affective Disorders</i> , <b>2020</b> , 266, 63-70	6.6	16
164	Medicinal cannabis for psychiatric disorders: a clinically-focused systematic review. <i>BMC Psychiatry</i> , <b>2020</b> , 20, 24	4.2	65
163	Risk of Hospitalized Falls and Hip Fractures in 22,103 Older Adults Receiving Mental Health Care vs 161,603 Controls: A Large Cohort Study. <i>Journal of the American Medical Directors Association</i> , <b>2020</b> , 21, 1893-1899	5.9	8

162	Predictors of physical activity recording in routine mental healthcare. <i>Mental Health and Physical Activity</i> , <b>2020</b> , 18, 100329	5	1
161	Using exercise to protect physical and mental health in youth at risk for psychosis. <i>Research in Psychotherapy: Psychopathology, Process and Outcome</i> , <b>2020</b> , 23, 433	0.9	1
160	Sedentary behavior and depression among community-dwelling adults aged 50 years: Results from the Irish longitudinal study on Ageing. <i>Journal of Affective Disorders</i> , <b>2020</b> , 262, 389-396	6.6	13
159	Does physical activity reduce the risk of psychosis? A systematic review and meta-analysis of prospective studies. <i>Psychiatry Research</i> , <b>2020</b> , 284, 112675	9.9	12
158	Handgrip strength is associated with suicidal thoughts in men: Cross-sectional analyses from NHANES. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2020</b> , 30, 92-99	4.6	7
157	Benefits, Assessment, and Preferences of Physical Activity in Psychosis <b>2020</b> , 273-293		
156	Test-retest reliability, validity, and correlates of the 2-min walk test in outpatients with depression. <i>Physiotherapy Research International</i> , <b>2020</b> , 25, e1821	1.8	2
155	Handgrip Strength Is Associated With Hippocampal Volume and White Matter Hyperintensities in Major Depression and Healthy Controls: A UK Biobank Study. <i>Psychosomatic Medicine</i> , <b>2020</b> , 82, 39-46	3.7	15
154	High Intensity Interval training (HIIT) for people with severe mental illness: A systematic review & meta-analysis of intervention studies- considering diverse approaches for mental and physical recovery. <i>Psychiatry Research</i> , <b>2020</b> , 284, 112601	9.9	15
153	Dropout rates in clinical trials of smartphone apps for depressive symptoms: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , <b>2020</b> , 263, 413-419	6.6	95
152	Disparities in cancer screening in people with mental illness across the world versus the general population: prevalence and comparative meta-analysis including 4 717 839 people. <i>Lancet Psychiatry</i> , <b>2020</b> , 7, 52-63	23.3	45
151	Metabolic syndrome and its components in people with intellectual disability: a meta-analysis. <i>Journal of Intellectual Disability Research</i> , <b>2020</b> , 64, 804-815	3.2	2
150	2020 WHO guidelines on physical activity and sedentary behaviour for children and adolescents aged 5-17 years: summary of the evidence. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2020</b> , 17, 141	8.4	124
149	Advancing the global physical activity agenda: recommendations for future research by the 2020 WHO physical activity and sedentary behavior guidelines development group. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2020</b> , 17, 143	8.4	56
148	Multiple lifestyle factors and depressed mood: a cross-sectional and longitudinal analysis of the UK Biobank (N = 84,860). <i>BMC Medicine</i> , <b>2020</b> , 18, 354	11.4	12
147	An integrative collaborative care model for people with mental illness and physical comorbidities. <i>International Journal of Mental Health Systems</i> , <b>2020</b> , 14, 83	3.6	6
146	The relationship between physical activity and mental health in a sample of the UK public: A cross-sectional study during the implementation of COVID-19 social distancing measures. <i>Mental Health and Physical Activity</i> , <b>2020</b> , 19, 100345	5	86
145	Prevalence and Correlates of Exercise Addiction in the Presence vs. Absence of Indicated Eating Disorders. <i>Frontiers in Sports and Active Living</i> , <b>2020</b> , 2, 84	2.3	8

144	Associations of moderate to vigorous physical activity and sedentary behavior with depressive and anxiety symptoms in self-isolating people during the COVID-19 pandemic: A cross-sectional survey in Brazil. <i>Psychiatry Research</i> , <b>2020</b> , 292, 113339	9.9	92
143	Association of Child and Adolescent Mental Health With Adolescent Health Behaviors in the UK Millennium Cohort. <i>JAMA Network Open</i> , <b>2020</b> , 3, e2011381	10.4	5
142	Pharmacological interventions for smoking cessation among people with schizophrenia spectrum disorders: a systematic review, meta-analysis, and network meta-analysis. <i>Lancet Psychiatry</i> , <b>2020</b> , 7, 762-774	23.3	17
141	Prebiotics, probiotics, fermented foods and cognitive outcomes: A meta-analysis of randomized controlled trials. <i>Neuroscience and Biobehavioral Reviews</i> , <b>2020</b> , 118, 472-484	9	21
140	A meta-review of "lifestyle psychiatry": the role of exercise, smoking, diet and sleep in the prevention and treatment of mental disorders. <i>World Psychiatry</i> , <b>2020</b> , 19, 360-380	14.4	132
139	Exploring the Impact of Internet Use on Memory and Attention Processes. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	3
138	From impact factors to real impact: translating evidence on lifestyle interventions into routine mental health care. <i>Translational Behavioral Medicine</i> , <b>2020</b> , 10, 1070-1073	3.2	22
137	The effect of blueberry interventions on cognitive performance and mood: A systematic review of randomized controlled trials. <i>Brain, Behavior, and Immunity</i> , <b>2020</b> , 85, 96-105	16.6	38
136	Exercise as Medicine for Mental and Substance Use Disorders: A Meta-review of the Benefits for Neuropsychiatric and Cognitive Outcomes. <i>Sports Medicine</i> , <b>2020</b> , 50, 151-170	10.6	104
135	Sexual behavior and suicide attempts among adolescents aged 12-15 years from 38 countries: A global perspective. <i>Psychiatry Research</i> , <b>2020</b> , 287, 112564	9.9	19
134	In response to "There is no meta-analytic evidence of blueberries improving cognitive performance or mood". <i>Brain, Behavior, and Immunity</i> , <b>2020</b> , 85, 193	16.6	
133	Functional exercise capacity in inpatients with alcohol use disorder versus healthy controls: A pilot study. <i>Alcohol</i> , <b>2020</b> , 82, 47-52	2.7	2
132	Human Immunodeficiency Virus Infection and Diverse Physical Health Outcomes: An Umbrella Review of Meta-analyses of Observational Studies. <i>Clinical Infectious Diseases</i> , <b>2020</b> , 70, 1809-1815	11.6	12
131	Reliability and Convergent Validity of Self-Reported Physical Activity Questionnaires for People With Mental Disorders: A Systematic Review and Meta-Analysis. <i>Journal of Physical Activity and Health</i> , <b>2020</b> , 18, 109-115	2.5	
130	Correlates of physical activity among 142,118 adolescents aged 12-15 years from 48 low- and middle-income countries. <i>Preventive Medicine</i> , <b>2019</b> , 127, 105819	4.3	12
129	Strategies to counter antipsychotic-associated weight gain in patients with schizophrenia. <i>Expert Opinion on Drug Safety</i> , <b>2019</b> , 18, 1149-1160	4.1	23
128	Association of Antidepressant Use With Adverse Health Outcomes: A Systematic Umbrella Review. <i>JAMA Psychiatry</i> , <b>2019</b> , 76, 1241-1255	14.5	72
127	Associations between handgrip strength and mild cognitive impairment in middle-aged and older adults in six low- and middle-income countries. <i>International Journal of Geriatric Psychiatry</i> , <b>2019</b> , 34, 609-616	3.9	19



126	Physical activity protects from incident anxiety: A meta-analysis of prospective cohort studies. <i>Depression and Anxiety</i> , <b>2019</b> , 36, 846-858	8.4	117
125	The association of grip strength with depressive symptoms and cortisol in hair: A cross-sectional study of older adults. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2019</b> , 29, 1604-1609	4.6	14
124	What Is the Role of Dietary Inflammation in Severe Mental Illness? A Review of Observational and Experimental Findings. <i>Frontiers in Psychiatry</i> , <b>2019</b> , 10, 350	5	34
123	The "online brain": how the Internet may be changing our cognition. <i>World Psychiatry</i> , <b>2019</b> , 18, 119-129	14.4	105
122	The Effects of Dietary Improvement on Symptoms of Depression and Anxiety: A Meta-Analysis of Randomized Controlled Trials. <i>Psychosomatic Medicine</i> , <b>2019</b> , 81, 265-280	3.7	176
121	Sedentary behavior and anxiety-induced sleep disturbance among 181,093 adolescents from 67 countries: a global perspective. <i>Sleep Medicine</i> , <b>2019</b> , 58, 19-26	4.6	18
120	Leisure-time sedentary behavior and suicide attempt among 126,392 adolescents in 43 countries. <i>Journal of Affective Disorders</i> , <b>2019</b> , 250, 346-353	6.6	18
119	User Engagement in Mental Health Apps: A Review of Measurement, Reporting, and Validity. <i>Psychiatric Services</i> , <b>2019</b> , 70, 538-544	3.3	70
118	Digital behavior change interventions to promote physical activity and/or reduce sedentary behavior in older adults: A systematic review and meta-analysis. <i>Experimental Gerontology</i> , <b>2019</b> , 120, 68-87	4.5	52
117	Leisure-Time Sedentary Behavior and Obesity Among 116,762 Adolescents Aged 12-15 Years from 41 Low- and Middle-Income Countries. <i>Obesity</i> , <b>2019</b> , 27, 830-836	8	24
116	The Relationship between Dietary Vitamin K and Depressive Symptoms in Late Adulthood: A Cross-Sectional Analysis from a Large Cohort Study. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	12
115	Leisure-time sedentary behavior and loneliness among 148,045 adolescents aged 12-15 years from 52 low- and middle-income countries. <i>Journal of Affective Disorders</i> , <b>2019</b> , 251, 149-155	6.6	27
114	Is chocolate consumption associated with health outcomes? An umbrella review of systematic reviews and meta-analyses. <i>Clinical Nutrition</i> , <b>2019</b> , 38, 1101-1108	5.9	29
113	Exercise effects on cognitive functioning in young adults with first-episode psychosis: FitForLife. <i>Psychological Medicine</i> , <b>2019</b> , 49, 431-439	6.9	8
112	Cannabis use and leisure-time sedentary behavior among 94,035 adolescents aged 12-15 years from 24 low- and middle-income countries. <i>Addictive Behaviors</i> , <b>2019</b> , 99, 106104	4.2	2
111	The Lancet Psychiatry Commission: a blueprint for protecting physical health in people with mental illness. <i>Lancet Psychiatry</i> , <b>2019</b> , 6, 675-712	23.3	411
110	Lifestyle behavioural risk factors and emotional functioning among schoolchildren: The Healthy Growth Study. <i>European Psychiatry</i> , <b>2019</b> , 61, 79-84	6	8
109	Physical activity and loneliness among adults aged 50 years or older in six low- and middle-income countries. <i>International Journal of Geriatric Psychiatry</i> , <b>2019</b> , 34, 1855-1864	3.9	12

108	Meta-analysis of natural, unnatural and cause-specific mortality rates following discharge from in-patient psychiatric facilities. <i>Acta Psychiatrica Scandinavica</i> , <b>2019</b> , 140, 244-264	6.5	12
107	Sedentary behaviour and chronic stress in old age: A cross-sectional analysis of TV viewing and hair cortisol concentrations. <i>Psychoneuroendocrinology</i> , <b>2019</b> , 109, 104375	5	3
106	Is there a relationship between chocolate consumption and symptoms of depression? A cross-sectional survey of 13,626 US adults. <i>Depression and Anxiety</i> , <b>2019</b> , 36, 987-995	8.4	14
105	Protecting physical health in people with mental illness - AuthorsReply. <i>Lancet Psychiatry</i> , <b>2019</b> , 6, 890-891	23.3	18
104	Cannabis use and physical activity among 89,777 adolescents aged 12-15 years from 21 low- and middle-income countries. <i>Drug and Alcohol Dependence</i> , <b>2019</b> , 205, 107584	4.9	4
103	The efficacy and safety of nutrient supplements in the treatment of mental disorders: a meta-review of meta-analyses of randomized-controlled trials. <i>World Psychiatry</i> , <b>2019</b> , 18, 308-324	14.4	86
102	Mobilizing mHealth Data Collection in Older Adults: Challenges and Opportunities. <i>JMIR Aging</i> , <b>2019</b> , 2, e10019	4.8	13
101	Dietary intake of people with severe mental illness: systematic review and meta-analysis. <i>British Journal of Psychiatry</i> , <b>2019</b> , 214, 251-259	5.4	82
100	Correlates of leisure-time sedentary behavior among 181,793 adolescents aged 12-15 years from 66 low- and middle-income countries. <i>PLoS ONE</i> , <b>2019</b> , 14, e0224339	3.7	7
99	Towards a consensus around standards for smartphone apps and digital mental health. <i>World Psychiatry</i> , <b>2019</b> , 18, 97-98	14.4	142
98	The impact of pharmacological and non-pharmacological interventions to improve physical health outcomes in people with schizophrenia: a meta-review of meta-analyses of randomized controlled trials. <i>World Psychiatry</i> , <b>2019</b> , 18, 53-66	14.4	85
97	Do reductions in ghrelin contribute towards antipsychotic-induced weight gain?. <i>Schizophrenia Research</i> , <b>2019</b> , 210, 301-302	3.6	7
96	Cannabis use and suicide attempts among 86,254 adolescents aged 12-15 years from 21 low- and middle-income countries. <i>European Psychiatry</i> , <b>2019</b> , 56, 8-13	6	52
95	Correlates of sedentary behavior among community-dwelling adults with anxiety in six low- and middle-income countries. <i>Psychiatry Research</i> , <b>2019</b> , 273, 501-508	9.9	5
94	The Vitamins in Psychosis Study: A Randomized, Double-Blind, Placebo-Controlled Trial of the Effects of Vitamins B, B, and Folic Acid on Symptoms and Neurocognition in First-Episode Psychosis. <i>Biological Psychiatry</i> , <b>2019</b> , 86, 35-44	7.9	13
93	Does exercise improve sleep quality in individuals with mental illness? A systematic review and meta-analysis. <i>Journal of Psychiatric Research</i> , <b>2019</b> , 109, 96-106	5.2	47
92	Issues with inclusion and interpretation; a cause for concern in mHealth reviews?. <i>Journal of Psychiatric Research</i> , <b>2019</b> , 116, 193-194	5.2	
91	Handgrip strength, chronic physical conditions and physical multimorbidity in middle-aged and older adults in six low- and middle income countries. <i>European Journal of Internal Medicine</i> , <b>2019</b> , 61, 96-102	3.9	12



90	Handgrip strength and depression among 34,129 adults aged 50 years and older in six low- and middle-income countries. <i>Journal of Affective Disorders</i> , <b>2019</b> , 243, 448-454	6.6	38
89	Correlates of sedentary behavior in 2,375 people with depression from 6 low- and middle-income countries. <i>Journal of Affective Disorders</i> , <b>2018</b> , 234, 97-104	6.6	15
88	S204. NUTRITIONAL DEFICIENCIES AND CLINICAL CORRELATES IN FIRST-EPISODE PSYCHOSIS: A SYSTEMATIC REVIEW AND META-ANALYSIS. <i>Schizophrenia Bulletin</i> , <b>2018</b> , 44, S405-S405	1.3	78
87	Grip Strength Is Associated With Cognitive Performance in Schizophrenia and the General Population: A UK Biobank Study of 476559 Participants. <i>Schizophrenia Bulletin</i> , <b>2018</b> , 44, 728-736	1.3	47
86	Physical Activity and Incident Depression: A Meta-Analysis of Prospective Cohort Studies. <i>American Journal of Psychiatry</i> , <b>2018</b> , 175, 631-648	11.9	497
85	Association Between Muscular Strength and Cognition in People With Major Depression or Bipolar Disorder and Healthy Controls. <i>JAMA Psychiatry</i> , <b>2018</b> , 75, 740-746	14.5	33
84	Adjunctive nutrients in first-episode psychosis: A systematic review of efficacy, tolerability and neurobiological mechanisms. <i>Microbial Biotechnology</i> , <b>2018</b> , 12, 774-783	3.3	11
83	The relationship between the dietary inflammatory index (DII) and incident depressive symptoms: A longitudinal cohort study. <i>Journal of Affective Disorders</i> , <b>2018</b> , 235, 39-44	6.6	33
82	You are what you eat (not what you said you ate yesterday): Why a one-off 24-hour dietary recall fails capture usual dietary intake in schizophrenia. <i>Schizophrenia Research</i> , <b>2018</b> , 199, 447-448	3.6	3
81	Bridging the dichotomy of actual versus aspirational digital health. <i>World Psychiatry</i> , <b>2018</b> , 17, 108-109	14.4	18
80	Relationship between sedentary behavior and depression: A mediation analysis of influential factors across the lifespan among 42,469 people in low- and middle-income countries. <i>Journal of Affective Disorders</i> , <b>2018</b> , 229, 231-238	6.6	65
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