

Joseph Firth

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

215 papers	10,943 citations	56 h-index	100 g-index
234 ext. papers	16,062 ext. citations	7.1 avg, IF	6.99 L-index

#	Paper	IF	Citations
215	Physical Activity and Incident Depression: A Meta-Analysis of Prospective Cohort Studies. <i>American Journal of Psychiatry</i> , 2018 , 175, 631-648	11.9	497
214	The efficacy of smartphone-based mental health interventions for depressive symptoms: a meta-analysis of randomized controlled trials. <i>World Psychiatry</i> , 2017 , 16, 287-298	14.4	424
213	The Lancet Psychiatry Commission: a blueprint for protecting physical health in people with mental illness. <i>Lancet Psychiatry</i> , 2019 , 6, 675-712	23.3	411
212	Sedentary behavior and physical activity levels in people with schizophrenia, bipolar disorder and major depressive disorder: a global systematic review and meta-analysis. <i>World Psychiatry</i> , 2017 , 16, 308-315	14.4	381
211	A systematic review and meta-analysis of exercise interventions in schizophrenia patients. <i>Psychological Medicine</i> , 2015 , 45, 1343-61	6.9	324
210	Can smartphone mental health interventions reduce symptoms of anxiety? A meta-analysis of randomized controlled trials. <i>Journal of Affective Disorders</i> , 2017 , 218, 15-22	6.6	297
209	Physical activity and sedentary behavior in people with major depressive disorder: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2017 , 210, 139-150	6.6	272
208	An examination of the anxiolytic effects of exercise for people with anxiety and stress-related disorders: A meta-analysis. <i>Psychiatry Research</i> , 2017 , 249, 102-108	9.9	252
207	Clinical review of user engagement with mental health smartphone apps: evidence, theory and improvements. <i>Evidence-Based Mental Health</i> , 2018 , 21, 116-119	11.1	246
206	Motivating factors and barriers towards exercise in severe mental illness: a systematic review and meta-analysis. <i>Psychological Medicine</i> , 2016 , 46, 2869-2881	6.9	221
205	How much physical activity do people with schizophrenia engage in? A systematic review, comparative meta-analysis and meta-regression. <i>Schizophrenia Research</i> , 2016 , 176, 431-440	3.6	214
204	Mobile Phone Ownership and Endorsement of "mHealth" Among People With Psychosis: A Meta-analysis of Cross-sectional Studies. <i>Schizophrenia Bulletin</i> , 2016 , 42, 448-55	1.3	213
203	The WPA-Lancet Psychiatry Commission on the Future of Psychiatry. <i>Lancet Psychiatry</i> , 2017 , 4, 775-818	23.3	211
202	Effect of aerobic exercise on hippocampal volume in humans: A systematic review and meta-analysis. <i>NeuroImage</i> , 2018 , 166, 230-238	7.9	203
201	EPA guidance on physical activity as a treatment for severe mental illness: a meta-review of the evidence and Position Statement from the European Psychiatric Association (EPA), supported by the International Organization of Physical Therapists in Mental Health (IOPTMH). <i>European Psychiatry</i> , 2018 , 51, 124-144	6	197
200	The effect of active video games on cognitive functioning in clinical and non-clinical populations: A meta-analysis of randomized controlled trials. <i>Neuroscience and Biobehavioral Reviews</i> , 2017 , 78, 34-43	9	190
199	Aerobic Exercise Improves Cognitive Functioning in People With Schizophrenia: A Systematic Review and Meta-Analysis. <i>Schizophrenia Bulletin</i> , 2017 , 43, 546-556	1.3	189

198	The Effects of Dietary Improvement on Symptoms of Depression and Anxiety: A Meta-Analysis of Randomized Controlled Trials. <i>Psychosomatic Medicine</i> , 2019 , 81, 265-280	3.7	176
197	Smartphone Apps for Schizophrenia: A Systematic Review. <i>JMIR MHealth and UHealth</i> , 2015 , 3, e102	5.5	166
196	Physical activity and anxiety: A perspective from the World Health Survey. <i>Journal of Affective Disorders</i> , 2017 , 208, 545-552	6.6	142
195	Towards a consensus around standards for smartphone apps and digital mental health. <i>World Psychiatry</i> , 2019 , 18, 97-98	14.4	142
194	A meta-review of "lifestyle psychiatry": the role of exercise, smoking, diet and sleep in the prevention and treatment of mental disorders. <i>World Psychiatry</i> , 2020 , 19, 360-380	14.4	132
193	2020 WHO guidelines on physical activity and sedentary behaviour for children and adolescents aged 5-17 years: summary of the evidence. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 141	8.4	124
192	Physical activity protects from incident anxiety: A meta-analysis of prospective cohort studies. <i>Depression and Anxiety</i> , 2019 , 36, 846-858	8.4	117
191	Bipolar Disorder. <i>New England Journal of Medicine</i> , 2020 , 383, 58-66	59.2	113
190	The "online brain": how the Internet may be changing our cognition. <i>World Psychiatry</i> , 2019 , 18, 119-129	14.4	105
189	Exercise as Medicine for Mental and Substance Use Disorders: A Meta-review of the Benefits for Neuropsychiatric and Cognitive Outcomes. <i>Sports Medicine</i> , 2020 , 50, 151-170	10.6	104
188	Dropout rates in clinical trials of smartphone apps for depressive symptoms: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2020 , 263, 413-419	6.6	95
187	Associations of moderate to vigorous physical activity and sedentary behavior with depressive and anxiety symptoms in self-isolating people during the COVID-19 pandemic: A cross-sectional survey in Brazil. <i>Psychiatry Research</i> , 2020 , 292, 113339	9.9	92
186	Physical activity and suicidal ideation: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2018 , 225, 438-448	6.6	91
185	Social cognition in multiple sclerosis: A systematic review and meta-analysis. <i>Neurology</i> , 2016 , 87, 1727-1736	17.36	91
184	The efficacy and safety of nutrient supplements in the treatment of mental disorders: a meta-review of meta-analyses of randomized controlled trials. <i>World Psychiatry</i> , 2019 , 18, 308-324	14.4	86
183	The relationship between physical activity and mental health in a sample of the UK public: A cross-sectional study during the implementation of COVID-19 social distancing measures. <i>Mental Health and Physical Activity</i> , 2020 , 19, 100345	5	86
182	The impact of pharmacological and non-pharmacological interventions to improve physical health outcomes in people with schizophrenia: a meta-review of meta-analyses of randomized controlled trials. <i>World Psychiatry</i> , 2019 , 18, 53-66	14.4	85
181	The digital placebo effect: mobile mental health meets clinical psychiatry. <i>Lancet Psychiatry</i> , 2016 , 3, 100-2	23.3	84

180	Dietary intake of people with severe mental illness: systematic review and meta-analysis. <i>British Journal of Psychiatry</i> , 2019 , 214, 251-259	5.4	82
179	What drives poor functioning in the at-risk mental state? A systematic review. <i>Schizophrenia Research</i> , 2014 , 159, 267-77	3.6	80
178	Alcohol use and mental health during COVID-19 lockdown: A cross-sectional study in a sample of UK adults. <i>Drug and Alcohol Dependence</i> , 2021 , 219, 108488	4.9	79
177	Chronic physical conditions, multimorbidity and physical activity across 46 low- and middle-income countries. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017 , 14, 6	8.4	78
176	S204. NUTRITIONAL DEFICIENCIES AND CLINICAL CORRELATES IN FIRST-EPISODE PSYCHOSIS: A SYSTEMATIC REVIEW AND META-ANALYSIS. <i>Schizophrenia Bulletin</i> , 2018 , 44, S405-S405	1.3	78
175	Physical activity and sedentary behavior in people with bipolar disorder: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2016 , 201, 145-52	6.6	78
174	Association of Antidepressant Use With Adverse Health Outcomes: A Systematic Umbrella Review. <i>JAMA Psychiatry</i> , 2019 , 76, 1241-1255	14.5	72
173	User Engagement in Mental Health Apps: A Review of Measurement, Reporting, and Validity. <i>Psychiatric Services</i> , 2019 , 70, 538-544	3.3	70
172	Association Between Gait Speed With Mortality, Cardiovascular Disease and Cancer: A Systematic Review and Meta-analysis of Prospective Cohort Studies. <i>Journal of the American Medical Association</i> , 2018 , 19, 981-988.e7	5.9	68
171	Sedentary behavior and depressive symptoms among 67,077 adolescents aged 12-15 years from 30 low- and middle-income countries. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018 , 15, 73	8.4	68
170	Exercise as an intervention for first-episode psychosis: a feasibility study. <i>Microbial Biotechnology</i> , 2018 , 12, 307-315	3.3	66
169	Global physical activity levels among people living with HIV: a systematic review and meta-analysis. <i>Disability and Rehabilitation</i> , 2018 , 40, 388-397	2.4	66
168	Diet and depression: exploring the biological mechanisms of action. <i>Molecular Psychiatry</i> , 2021 , 26, 134-150	15.0	66
167	Medicinal cannabis for psychiatric disorders: a clinically-focused systematic review. <i>BMC Psychiatry</i> , 2020 , 20, 24	4.2	65
166	Relationship between sedentary behavior and depression: A mediation analysis of influential factors across the lifespan among 42,469 people in low- and middle-income countries. <i>Journal of Affective Disorders</i> , 2018 , 229, 231-238	6.6	65
165	Physical activity and depression: a large cross-sectional, population-based study across 36 low- and middle-income countries. <i>Acta Psychiatrica Scandinavica</i> , 2016 , 134, 546-556	6.5	64
164	Are lower levels of cardiorespiratory fitness associated with incident depression? A systematic review of prospective cohort studies. <i>Preventive Medicine</i> , 2016 , 93, 159-165	4.3	62
163	Cardiometabolic risk factors in young people at ultra-high risk for psychosis: A systematic review and meta-analysis. <i>Schizophrenia Research</i> , 2016 , 170, 290-300	3.6	58

162	Diet as a hot topic in psychiatry: a population-scale study of nutritional intake and inflammatory potential in severe mental illness. <i>World Psychiatry</i> , 2018 , 17, 365-367	14.4	58
161	Advancing the global physical activity agenda: recommendations for future research by the 2020 WHO physical activity and sedentary behavior guidelines development group. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 143	8.4	56
160	GABA-modulating phytomedicines for anxiety: A systematic review of preclinical and clinical evidence. <i>Phytotherapy Research</i> , 2018 , 32, 3-18	6.7	56
159	Food and mood: how do diet and nutrition affect mental wellbeing?. <i>BMJ, The</i> , 2020 , 369, m2382	5.9	54
158	Moving to Beat Anxiety: Epidemiology and Therapeutic Issues with Physical Activity for Anxiety. <i>Current Psychiatry Reports</i> , 2018 , 20, 63	9.1	53
157	Digital behavior change interventions to promote physical activity and/or reduce sedentary behavior in older adults: A systematic review and meta-analysis. <i>Experimental Gerontology</i> , 2019 , 120, 68-87	4.5	52
156	The Validity and Value of Self-reported Physical Activity and Accelerometry in People With Schizophrenia: A Population-Scale Study of the UK Biobank. <i>Schizophrenia Bulletin</i> , 2018 , 44, 1293-1300	1.3	52
155	Cannabis use and suicide attempts among 86,254 adolescents aged 12-15 years from 21 low- and middle-income countries. <i>European Psychiatry</i> , 2019 , 56, 8-13	6	52
154	Evidence-based umbrella review of 162 peripheral biomarkers for major mental disorders. <i>Translational Psychiatry</i> , 2020 , 10, 152	8.6	48
153	Grip Strength Is Associated With Cognitive Performance in Schizophrenia and the General Population: A UK Biobank Study of 476559 Participants. <i>Schizophrenia Bulletin</i> , 2018 , 44, 728-736	1.3	47
152	Nutritional Deficiencies and Clinical Correlates in First-Episode Psychosis: A Systematic Review and Meta-analysis. <i>Schizophrenia Bulletin</i> , 2018 , 44, 1275-1292	1.3	47
151	Does exercise improve sleep quality in individuals with mental illness? A systematic review and meta-analysis. <i>Journal of Psychiatric Research</i> , 2019 , 109, 96-106	5.2	47
150	The growing field of digital psychiatry: current evidence and the future of apps, social media, chatbots, and virtual reality. <i>World Psychiatry</i> , 2021 , 20, 318-335	14.4	46
149	Disparities in cancer screening in people with mental illness across the world versus the general population: prevalence and comparative meta-analysis including 4 717 839 people. <i>Lancet Psychiatry, the</i> , 2020 , 7, 52-63	23.3	45
148	The effects and determinants of exercise participation in first-episode psychosis: a qualitative study. <i>BMC Psychiatry</i> , 2016 , 16, 36	4.2	44
147	The effects of vitamin and mineral supplementation on symptoms of schizophrenia: a systematic review and meta-analysis. <i>Psychological Medicine</i> , 2017 , 47, 1515-1527	6.9	43
146	Ecological momentary assessment and beyond: The rising interest in e-mental health research. <i>Journal of Psychiatric Research</i> , 2016 , 80, 3-4	5.2	43
145	The Emerging Imperative for a Consensus Approach Toward the Rating and Clinical Recommendation of Mental Health Apps. <i>Journal of Nervous and Mental Disease</i> , 2018 , 206, 662-666	1.8	41

144	Is it possible for people with severe mental illness to sit less and move more? A systematic review of interventions to increase physical activity or reduce sedentary behaviour. <i>Schizophrenia Research</i> , 2018 , 202, 3-16	3.6	40
143	Methodology and Reporting of Mobile Health and Smartphone Application Studies for Schizophrenia. <i>Harvard Review of Psychiatry</i> , 2017 , 25, 146-154	4.1	38
142	Handgrip strength and depression among 34,129 adults aged 50 years and older in six low- and middle-income countries. <i>Journal of Affective Disorders</i> , 2019 , 243, 448-454	6.6	38
141	The effect of blueberry interventions on cognitive performance and mood: A systematic review of randomized controlled trials. <i>Brain, Behavior, and Immunity</i> , 2020 , 85, 96-105	16.6	38
140	What Is the Role of Dietary Inflammation in Severe Mental Illness? A Review of Observational and Experimental Findings. <i>Frontiers in Psychiatry</i> , 2019 , 10, 350	5	34
139	Association between depression and smoking: A global perspective from 48 low- and middle-income countries. <i>Journal of Psychiatric Research</i> , 2018 , 103, 142-149	5.2	34
138	The pro-cognitive mechanisms of physical exercise in people with schizophrenia. <i>British Journal of Pharmacology</i> , 2017 , 174, 3161-3172	8.6	33
137	Association Between Muscular Strength and Cognition in People With Major Depression or Bipolar Disorder and Healthy Controls. <i>JAMA Psychiatry</i> , 2018 , 75, 740-746	14.5	33
136	The relationship between the dietary inflammatory index (DII) and incident depressive symptoms: A longitudinal cohort study. <i>Journal of Affective Disorders</i> , 2018 , 235, 39-44	6.6	33
135	Cannabis use and symptom severity in individuals at ultra high risk for psychosis: a meta-analysis. <i>Acta Psychiatrica Scandinavica</i> , 2017 , 136, 5-15	6.5	32
134	Environmental risk factors and nonpharmacological and nonsurgical interventions for obesity: An umbrella review of meta-analyses of cohort studies and randomized controlled trials. <i>European Journal of Clinical Investigation</i> , 2018 , 48, e12982	4.6	32
133	Physical Activity Levels and Psychosis: A Mediation Analysis of Factors Influencing Physical Activity Target Achievement Among 204 186 People Across 46 Low- and Middle-Income Countries. <i>Schizophrenia Bulletin</i> , 2017 , 43, 536-545	1.3	29
132	Is chocolate consumption associated with health outcomes? An umbrella review of systematic reviews and meta-analyses. <i>Clinical Nutrition</i> , 2019 , 38, 1101-1108	5.9	29
131	A comparative meta-analysis of the prevalence of exercise addiction in adults with and without indicated eating disorders. <i>Eating and Weight Disorders</i> , 2021 , 26, 37-46	3.6	28
130	Leisure-time sedentary behavior and loneliness among 148,045 adolescents aged 12-15 years from 52 low- and middle-income countries. <i>Journal of Affective Disorders</i> , 2019 , 251, 149-155	6.6	27
129	Effects of physical exercise on cognitive function of older adults with mild cognitive impairment: A systematic review and meta-analysis. <i>Archives of Gerontology and Geriatrics</i> , 2020 , 89, 104048	4	27
128	Cardiorespiratory fitness levels and moderators in people with HIV: A systematic review and meta-analysis. <i>Preventive Medicine</i> , 2016 , 93, 106-114	4.3	27
127	Digital Technologies in the Treatment of Anxiety: Recent Innovations and Future Directions. <i>Current Psychiatry Reports</i> , 2018 , 20, 44	9.1	25

126	Leisure-Time Sedentary Behavior and Obesity Among 116,762 Adolescents Aged 12-15 Years from 41 Low- and Middle-Income Countries. <i>Obesity</i> , 2019 , 27, 830-836	8	24
125	SU106. Investigating the Short- and Long-Term Benefits of Exercise in Early Psychosis. <i>Schizophrenia Bulletin</i> , 2017 , 43, S199-S199	1.3	24
124	Sedentary behaviour and sleep problems among 42,489 community-dwelling adults in six low- and middle-income countries. <i>Journal of Sleep Research</i> , 2018 , 27, e12714	5.8	24
123	Strategies to counter antipsychotic-associated weight gain in patients with schizophrenia. <i>Expert Opinion on Drug Safety</i> , 2019 , 18, 1149-1160	4.1	23
122	Effects of yoga on depressive symptoms in people with mental disorders: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2021 , 55, 992-1000	10.3	23
121	Is autonomous motivation the key to maintaining an active lifestyle in first-episode psychosis?. <i>Microbial Biotechnology</i> , 2018 , 12, 821-827	3.3	22
120	From impact factors to real impact: translating evidence on lifestyle interventions into routine mental health care. <i>Translational Behavioral Medicine</i> , 2020 , 10, 1070-1073	3.2	22
119	Prebiotics, probiotics, fermented foods and cognitive outcomes: A meta-analysis of randomized controlled trials. <i>Neuroscience and Biobehavioral Reviews</i> , 2020 , 118, 472-484	9	21
118	Handgrip strength and health outcomes: Umbrella review of systematic reviews with meta-analyses of observational studies. <i>Journal of Sport and Health Science</i> , 2021 , 10, 290-295	8.2	21
117	Associations between handgrip strength and mild cognitive impairment in middle-aged and older adults in six low- and middle-income countries. <i>International Journal of Geriatric Psychiatry</i> , 2019 , 34, 609-616	3.9	19
116	Sexual behavior and suicide attempts among adolescents aged 12-15 years from 38 countries: A global perspective. <i>Psychiatry Research</i> , 2020 , 287, 112564	9.9	19
115	Sedentary behavior and anxiety-induced sleep disturbance among 181,093 adolescents from 67 countries: a global perspective. <i>Sleep Medicine</i> , 2019 , 58, 19-26	4.6	18
114	Leisure-time sedentary behavior and suicide attempt among 126,392 adolescents in 43 countries. <i>Journal of Affective Disorders</i> , 2019 , 250, 346-353	6.6	18
113	Bridging the dichotomy of actual versus aspirational digital health. <i>World Psychiatry</i> , 2018 , 17, 108-109	14.4	18
112	Mild cognitive impairment and sedentary behavior: A multinational study. <i>Experimental Gerontology</i> , 2018 , 108, 174-180	4.5	18
111	Physical activity correlates among people with psychosis: Data from 47 low- and middle-income countries. <i>Schizophrenia Research</i> , 2018 , 193, 412-417	3.6	18
110	Preferences and motivations for exercise in early psychosis. <i>Acta Psychiatrica Scandinavica</i> , 2016 , 134, 83-4	6.5	18
109	Protecting physical health in people with mental illness - AuthorsReply. <i>Lancet Psychiatry</i> , 2019 , 6, 890-891	23.3	18

108	Physical activity is associated with the physical, psychological, social and environmental quality of life in people with mental health problems in a low resource setting. <i>Psychiatry Research</i> , 2017 , 258, 250-254	9.9	18
107	Physical fitness in people with posttraumatic stress disorder: a systematic review. <i>Disability and Rehabilitation</i> , 2017 , 39, 2461-2467	2.4	18
106	Are community-based health worker interventions an effective approach for early diagnosis of cancer? A systematic review and meta-analysis. <i>Psycho-Oncology</i> , 2018 , 27, 1089-1099	3.9	17
105	Pharmacological interventions for smoking cessation among people with schizophrenia spectrum disorders: a systematic review, meta-analysis, and network meta-analysis. <i>Lancet Psychiatry</i> , 2020 , 7, 762-774	23.3	17
104	Prebiotic and probiotic supplementation and the tryptophan-kynurenine pathway: A systematic review and meta analysis. <i>Neuroscience and Biobehavioral Reviews</i> , 2021 , 123, 1-13	9	17
103	Physical activity and mental health. <i>Lancet Psychiatry</i> , 2018 , 5, 873	23.3	17
102	Fast food consumption and suicide attempts among adolescents aged 12-15 years from 32 countries. <i>Journal of Affective Disorders</i> , 2020 , 266, 63-70	6.6	16
101	Correlates of sedentary behavior in 2,375 people with depression from 6 low- and middle-income countries. <i>Journal of Affective Disorders</i> , 2018 , 234, 97-104	6.6	15
100	Long-term maintenance and effects of exercise in early psychosis. <i>Microbial Biotechnology</i> , 2018 , 12, 578-585	3.3	15
99	Handgrip Strength Is Associated With Hippocampal Volume and White Matter Hyperintensities in Major Depression and Healthy Controls: A UK Biobank Study. <i>Psychosomatic Medicine</i> , 2020 , 82, 39-46	3.7	15
98	High Intensity Interval training (HIIT) for people with severe mental illness: A systematic review & meta-analysis of intervention studies- considering diverse approaches for mental and physical recovery. <i>Psychiatry Research</i> , 2020 , 284, 112601	9.9	15
97	Associations between active travel and physical multi-morbidity in six low- and middle-income countries among community-dwelling older adults: A cross-sectional study. <i>PLoS ONE</i> , 2018 , 13, e0203277	27	15
96	The association of grip strength with depressive symptoms and cortisol in hair: A cross-sectional study of older adults. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019 , 29, 1604-1609	4.6	14
95	Is there a relationship between chocolate consumption and symptoms of depression? A cross-sectional survey of 13,626 US adults. <i>Depression and Anxiety</i> , 2019 , 36, 987-995	8.4	14
94	Are people with schizophrenia adherent to diabetes medication? A comparative meta-analysis. <i>Psychiatry Research</i> , 2017 , 250, 17-24	9.9	13
93	Mobilizing mHealth Data Collection in Older Adults: Challenges and Opportunities. <i>JMIR Aging</i> , 2019 , 2, e10019	4.8	13
92	Sedentary behavior and depression among community-dwelling adults aged 50 years: Results from the Irish longitudinal study on Ageing. <i>Journal of Affective Disorders</i> , 2020 , 262, 389-396	6.6	13
91	The Vitamins in Psychosis Study: A Randomized, Double-Blind, Placebo-Controlled Trial of the Effects of Vitamins B, B, and Folic Acid on Symptoms and Neurocognition in First-Episode Psychosis. <i>Biological Psychiatry</i> , 2019 , 86, 35-44	7.9	13

90	Challenges in implementing an exercise intervention within residential psychiatric care: A mixed methods study. <i>Mental Health and Physical Activity</i> , 2017 , 12, 141-146	5	12
89	Physical activity correlates among 24,230 people with depression across 46 low- and middle-income countries. <i>Journal of Affective Disorders</i> , 2017 , 221, 81-88	6.6	12
88	Correlates of physical activity among 142,118 adolescents aged 12-15 years from 48 low- and middle-income countries. <i>Preventive Medicine</i> , 2019 , 127, 105819	4.3	12
87	The Relationship between Dietary Vitamin K and Depressive Symptoms in Late Adulthood: A Cross-Sectional Analysis from a Large Cohort Study. <i>Nutrients</i> , 2019 , 11,	6.7	12
86	Sedentary behavior and perceived stress among adults aged 50 years in six low- and middle-income countries. <i>Maturitas</i> , 2018 , 116, 100-107	5	12
85	Physical activity and loneliness among adults aged 50 years or older in six low- and middle-income countries. <i>International Journal of Geriatric Psychiatry</i> , 2019 , 34, 1855-1864	3.9	12
84	Meta-analysis of natural, unnatural and cause-specific mortality rates following discharge from in-patient psychiatric facilities. <i>Acta Psychiatrica Scandinavica</i> , 2019 , 140, 244-264	6.5	12
83	Does physical activity reduce the risk of psychosis? A systematic review and meta-analysis of prospective studies. <i>Psychiatry Research</i> , 2020 , 284, 112675	9.9	12
82	Multiple lifestyle factors and depressed mood: a cross-sectional and longitudinal analysis of the UK Biobank (N = 84,860). <i>BMC Medicine</i> , 2020 , 18, 354	11.4	12
81	Handgrip strength, chronic physical conditions and physical multimorbidity in middle-aged and older adults in six low- and middle income countries. <i>European Journal of Internal Medicine</i> , 2019 , 61, 96-102	3.9	12
80	Human Immunodeficiency Virus Infection and Diverse Physical Health Outcomes: An Umbrella Review of Meta-analyses of Observational Studies. <i>Clinical Infectious Diseases</i> , 2020 , 70, 1809-1815	11.6	12
79	Higher cardio-respiratory fitness is associated with increased mental and physical quality of life in people with bipolar disorder: A controlled pilot study. <i>Psychiatry Research</i> , 2017 , 256, 219-224	9.9	11
78	Adjunctive nutrients in first-episode psychosis: A systematic review of efficacy, tolerability and neurobiological mechanisms. <i>Microbial Biotechnology</i> , 2018 , 12, 774-783	3.3	11
77	The efficacy of meditation-based mind-body interventions for mental disorders: A meta-review of 17 meta-analyses of randomized controlled trials. <i>Journal of Psychiatric Research</i> , 2021 , 134, 181-191	5.2	10
76	Physical activity and sleep problems in 38 low- and middle-income countries. <i>Sleep Medicine</i> , 2018 , 48, 140-147	4.6	10
75	The Impact of Pharmacologic and Nonpharmacologic Interventions to Improve Physical Health Outcomes in People With Dementia: A Meta-Review of Meta-Analyses of Randomized Controlled Trials. <i>Journal of the American Medical Directors Association</i> , 2020 , 21, 1410-1414.e2	5.9	9
74	Dropout from exercise randomized controlled trials among people with anxiety and stress-related disorders: A meta-analysis and meta-regression. <i>Journal of Affective Disorders</i> , 2021 , 282, 996-1004	6.6	9
73	Risk of Hospitalized Falls and Hip Fractures in 22,103 Older Adults Receiving Mental Health Care vs 161,603 Controls: A Large Cohort Study. <i>Journal of the American Medical Directors Association</i> , 2020 , 21, 1893-1899	5.9	8

72	Exercise effects on cognitive functioning in young adults with first-episode psychosis: FitForLife. <i>Psychological Medicine</i> , 2019 , 49, 431-439	6.9	8
71	Lifestyle behavioural risk factors and emotional functioning among schoolchildren: The Healthy Growth Study. <i>European Psychiatry</i> , 2019 , 61, 79-84	6	8
70	Prevalence and Correlates of Exercise Addiction in the Presence vs. Absence of Indicated Eating Disorders. <i>Frontiers in Sports and Active Living</i> , 2020 , 2, 84	2.3	8
69	The efficacy of exergaming in people with major neurocognitive disorder residing in long-term care facilities: a pilot randomized controlled trial. <i>Alzheimer's Research and Therapy</i> , 2021 , 13, 70	9	8
68	Generating value with mental health apps. <i>BJPsych Open</i> , 2020 , 6, e16	5	7
67	Correlates of sedentary behaviour among adults with hazardous drinking habits in six low- and middle-income countries. <i>Psychiatry Research</i> , 2018 , 261, 406-413	9.9	7
66	Disparities in COVID-19 infection, hospitalisation and death in people with schizophrenia, bipolar disorder, and major depressive disorder: a cohort study of the UK Biobank. <i>Molecular Psychiatry</i> , 2021 ,	15.1	7
65	Handgrip strength is associated with suicidal thoughts in men: Cross-sectional analyses from NHANES. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 , 30, 92-99	4.6	7
64	Dropout from physical activity interventions in children and adolescents with attention deficit hyperactivity disorder: A systematic review and meta-analysis. <i>Mental Health and Physical Activity</i> , 2016 , 11, 46-52	5	7
63	Correlates of leisure-time sedentary behavior among 181,793 adolescents aged 12-15 years from 66 low- and middle-income countries. <i>PLoS ONE</i> , 2019 , 14, e0224339	3.7	7
62	Do reductions in ghrelin contribute towards antipsychotic-induced weight gain?. <i>Schizophrenia Research</i> , 2019 , 210, 301-302	3.6	7
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