

Joseph Firth

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/2690723/publications.pdf>

Version: 2024-02-01

228
papers

20,304
citations

15504

65
h-index

14759

127
g-index

234
all docs

234
docs citations

234
times ranked

19324
citing authors

#	ARTICLE	IF	CITATIONS
1	Physical Activity and Incident Depression: A Meta-Analysis of Prospective Cohort Studies. <i>American Journal of Psychiatry</i> , 2018, 175, 631-648.	7.2	933
2	The Lancet Psychiatry Commission: a blueprint for protecting physical health in people with mental illness. <i>Lancet Psychiatry</i> , 2019, 6, 675-712.	7.4	815
3	The efficacy of smartphone-based mental health interventions for depressive symptoms: a meta-analysis of randomized controlled trials. <i>World Psychiatry</i> , 2017, 16, 287-298.	10.4	755
4	Digital Mental Health and COVID-19: Using Technology Today to Accelerate the Curve on Access and Quality Tomorrow. <i>JMIR Mental Health</i> , 2020, 7, e18848.	3.3	631
5	Sedentary behavior and physical activity levels in people with schizophrenia, bipolar disorder and major depressive disorder: a global systematic review and meta-analysis. <i>World Psychiatry</i> , 2017, 16, 308-315.	10.4	600
6	Can smartphone mental health interventions reduce symptoms of anxiety? A meta-analysis of randomized controlled trials. <i>Journal of Affective Disorders</i> , 2017, 218, 15-22.	4.1	552
7	Clinical review of user engagement with mental health smartphone apps: evidence, theory and improvements. <i>Evidence-Based Mental Health</i> , 2018, 21, 116-119.	4.5	499
8	2020 WHO guidelines on physical activity and sedentary behaviour for children and adolescents aged 5-17 years: summary of the evidence. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 141.	4.6	454
9	A systematic review and meta-analysis of exercise interventions in schizophrenia patients. <i>Psychological Medicine</i> , 2015, 45, 1343-1361.	4.5	447
10	A meta-review of "lifestyle psychiatry": the role of exercise, smoking, diet and sleep in the prevention and treatment of mental disorders. <i>World Psychiatry</i> , 2020, 19, 360-380.	10.4	424
11	Physical activity and sedentary behavior in people with major depressive disorder: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2017, 210, 139-150.	4.1	411
12	An examination of the anxiolytic effects of exercise for people with anxiety and stress-related disorders: A meta-analysis. <i>Psychiatry Research</i> , 2017, 249, 102-108.	3.3	402
13	EPA guidance on physical activity as a treatment for severe mental illness: a meta-review of the evidence and Position Statement from the European Psychiatric Association (EPA), supported by the International Organization of Physical Therapists in Mental Health (IOPTMH). <i>European Psychiatry</i> , 2018, 54, 124-144.	0.2	377
14	Motivating factors and barriers towards exercise in severe mental illness: a systematic review and meta-analysis. <i>Psychological Medicine</i> , 2016, 46, 2869-2881.	4.5	345
15	The growing field of digital psychiatry: current evidence and the future of apps, social media, chatbots, and virtual reality. <i>World Psychiatry</i> , 2021, 20, 318-335.	10.4	337
16	Effect of aerobic exercise on hippocampal volume in humans: A systematic review and meta-analysis. <i>NeuroImage</i> , 2018, 166, 230-238.	4.2	334
17	Mobile Phone Ownership and Endorsement of "eHealth" Among People With Psychosis: A Meta-analysis of Cross-sectional Studies. <i>Schizophrenia Bulletin</i> , 2016, 42, 448-455.	4.3	313
18	The Effects of Dietary Improvement on Symptoms of Depression and Anxiety: A Meta-Analysis of Randomized Controlled Trials. <i>Psychosomatic Medicine</i> , 2019, 81, 265-280.	2.0	312

#	ARTICLE	IF	CITATIONS
19	The WPA- Lancet Psychiatry Commission on the Future of Psychiatry. <i>Lancet Psychiatry</i> , 2017, 4, 775-818.	7.4	305
20	Bipolar Disorder. <i>New England Journal of Medicine</i> , 2020, 383, 58-66.	27.0	304
21	How much physical activity do people with schizophrenia engage in? A systematic review, comparative meta-analysis and meta-regression. <i>Schizophrenia Research</i> , 2016, 176, 431-440.	2.0	284
22	Dropout rates in clinical trials of smartphone apps for depressive symptoms: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2020, 263, 413-419.	4.1	283
23	The effect of active video games on cognitive functioning in clinical and non-clinical populations: A meta-analysis of randomized controlled trials. <i>Neuroscience and Biobehavioral Reviews</i> , 2017, 78, 34-43.	6.1	273
24	Aerobic Exercise Improves Cognitive Functioning in People With Schizophrenia: A Systematic Review and Meta-Analysis. <i>Schizophrenia Bulletin</i> , 2017, 43, sbw115.	4.3	270
25	Diet and depression: exploring the biological mechanisms of action. <i>Molecular Psychiatry</i> , 2021, 26, 134-150.	7.9	265
26	The "online brain" how the Internet may be changing our cognition. <i>World Psychiatry</i> , 2019, 18, 119-129.	10.4	248
27	Smartphone Apps for Schizophrenia: A Systematic Review. <i>JMIR MHealth and UHealth</i> , 2015, 3, e102.	3.7	244
28	Towards a consensus around standards for smartphone apps and digital mental health. <i>World Psychiatry</i> , 2019, 18, 97-98.	10.4	237
29	Physical activity protects from incident anxiety: A meta-analysis of prospective cohort studies. <i>Depression and Anxiety</i> , 2019, 36, 846-858.	4.1	226
30	Exercise as Medicine for Mental and Substance Use Disorders: A Meta-review of the Benefits for Neuropsychiatric and Cognitive Outcomes. <i>Sports Medicine</i> , 2020, 50, 151-170.	6.5	222
31	Physical activity and anxiety: A perspective from the World Health Survey. <i>Journal of Affective Disorders</i> , 2017, 208, 545-552.	4.1	211
32	User Engagement in Mental Health Apps: A Review of Measurement, Reporting, and Validity. <i>Psychiatric Services</i> , 2019, 70, 538-544.	2.0	178
33	Associations of moderate to vigorous physical activity and sedentary behavior with depressive and anxiety symptoms in self-isolating people during the COVID-19 pandemic: A cross-sectional survey in Brazil. <i>Psychiatry Research</i> , 2020, 292, 113339.	3.3	176
34	Advancing the global physical activity agenda: recommendations for future research by the 2020 WHO physical activity and sedentary behavior guidelines development group. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020, 17, 143.	4.6	166
35	The relationship between physical activity and mental health in a sample of the UK public: A cross-sectional study during the implementation of COVID-19 social distancing measures. <i>Mental Health and Physical Activity</i> , 2020, 19, 100345.	1.8	162
36	Dietary intake of people with severe mental illness: systematic review and meta-analysis. <i>British Journal of Psychiatry</i> , 2019, 214, 251-259.	2.8	160

#	ARTICLE	IF	CITATIONS
37	Alcohol use and mental health during COVID-19 lockdown: A cross-sectional study in a sample of UK adults. <i>Drug and Alcohol Dependence</i> , 2021, 219, 108488.	3.2	159
38	The impact of pharmacological and non-pharmacological interventions to improve physical health outcomes in people with schizophrenia: a meta-review of meta-analyses of randomized controlled trials. <i>World Psychiatry</i> , 2019, 18, 53-66.	10.4	153
39	Food and mood: how do diet and nutrition affect mental wellbeing?. <i>BMJ</i> , The, 2020, 369, m2382.	6.0	148
40	The digital placebo effect: mobile mental health meets clinical psychiatry. <i>Lancet Psychiatry</i> , the, 2016, 3, 100-102.	7.4	147
41	Association of Antidepressant Use With Adverse Health Outcomes. <i>JAMA Psychiatry</i> , 2019, 76, 1241.	11.0	143
42	Physical activity and suicidal ideation: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2018, 225, 438-448.	4.1	140
43	The efficacy and safety of nutrient supplements in the treatment of mental disorders: a meta-review of meta-analyses of randomized-controlled trials. <i>World Psychiatry</i> , 2019, 18, 308-324.	10.4	139
44	Social cognition in multiple sclerosis. <i>Neurology</i> , 2016, 87, 1727-1736.	1.1	133
45	Medicinal cannabis for psychiatric disorders: a clinically-focused systematic review. <i>BMC Psychiatry</i> , 2020, 20, 24.	2.6	130
46	Moving to Beat Anxiety: Epidemiology and Therapeutic Issues with Physical Activity for Anxiety. <i>Current Psychiatry Reports</i> , 2018, 20, 63.	4.5	127
47	Digital behavior change interventions to promote physical activity and/or reduce sedentary behavior in older adults: A systematic review and meta-analysis. <i>Experimental Gerontology</i> , 2019, 120, 68-87.	2.8	124
48	Association Between Gait Speed With Mortality, Cardiovascular Disease and Cancer: A Systematic Review and Meta-analysis of Prospective Cohort Studies. <i>Journal of the American Medical Directors Association</i> , 2018, 19, 981-988.e7.	2.5	123
49	Chronic physical conditions, multimorbidity and physical activity across 46 low- and middle-income countries. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 6.	4.6	115
50	Physical activity and sedentary behavior in people with bipolar disorder: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2016, 201, 145-152.	4.1	109
51	Disparities in cancer screening in people with mental illness across the world versus the general population: prevalence and comparative meta-analysis including 4717839 people. <i>Lancet Psychiatry</i> , the, 2020, 7, 52-63.	7.4	109
52	Relationship between sedentary behavior and depression: A mediation analysis of influential factors across the lifespan among 42,469 people in low- and middle-income countries. <i>Journal of Affective Disorders</i> , 2018, 229, 231-238.	4.1	107
53	Diet as a hot topic in psychiatry: a population-scale study of nutritional intake and inflammatory potential in severe mental illness. <i>World Psychiatry</i> , 2018, 17, 365-367.	10.4	102
54	Evidence-based umbrella review of 162 peripheral biomarkers for major mental disorders. <i>Translational Psychiatry</i> , 2020, 10, 152.	4.8	102

#	ARTICLE	IF	CITATIONS
55	Global physical activity levels among people living with HIV: a systematic review and meta-analysis. <i>Disability and Rehabilitation</i> , 2018, 40, 388-397.	1.8	100
56	What drives poor functioning in the at-risk mental state? A systematic review. <i>Schizophrenia Research</i> , 2014, 159, 267-277.	2.0	99
57	Sedentary behavior and depressive symptoms among 67,077 adolescents aged 12-15 years from 30 low- and middle-income countries. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 73.	4.6	95
58	Exercise as an intervention for first-episode psychosis: a feasibility study. <i>Microbial Biotechnology</i> , 2018, 12, 307-315.	1.7	91
59	Physical activity and depression: a large cross-sectional, population-based study across 36 low- and middle-income countries. <i>Acta Psychiatrica Scandinavica</i> , 2016, 134, 546-556.	4.5	88
60	Are lower levels of cardiorespiratory fitness associated with incident depression? A systematic review of prospective cohort studies. <i>Preventive Medicine</i> , 2016, 93, 159-165.	3.4	85
61	Handgrip strength and health outcomes: Umbrella review of systematic reviews with meta-analyses of observational studies. <i>Journal of Sport and Health Science</i> , 2021, 10, 290-295.	6.5	85
62	Cardiometabolic risk factors in young people at ultra-high risk for psychosis: A systematic review and meta-analysis. <i>Schizophrenia Research</i> , 2016, 170, 290-300.	2.0	84
63	Does exercise improve sleep quality in individuals with mental illness? A systematic review and meta-analysis. <i>Journal of Psychiatric Research</i> , 2019, 109, 96-106.	3.1	83
64	The Emerging Imperative for a Consensus Approach Toward the Rating and Clinical Recommendation of Mental Health Apps. <i>Journal of Nervous and Mental Disease</i> , 2018, 206, 662-666.	1.0	80
65	GABA-modulating phytochemicals for anxiety: A systematic review of preclinical and clinical evidence. <i>Phytotherapy Research</i> , 2018, 32, 3-18.	5.8	78
66	The Validity and Value of Self-reported Physical Activity and Accelerometry in People With Schizophrenia: A Population-Scale Study of the UK Biobank. <i>Schizophrenia Bulletin</i> , 2018, 44, 1293-1300.	4.3	77
67	Effects of physical exercise on cognitive function of older adults with mild cognitive impairment: A systematic review and meta-analysis. <i>Archives of Gerontology and Geriatrics</i> , 2020, 89, 104048.	3.0	77
68	Cannabis use and suicide attempts among 86,254 adolescents aged 12-15 years from 21 low- and middle-income countries. <i>European Psychiatry</i> , 2019, 56, 8-13.	0.2	70
69	The effect of blueberry interventions on cognitive performance and mood: A systematic review of randomized controlled trials. <i>Brain, Behavior, and Immunity</i> , 2020, 85, 96-105.	4.1	67
70	Effects of yoga on depressive symptoms in people with mental disorders: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2021, 55, 992-1000.	6.7	67
71	What Is the Role of Dietary Inflammation in Severe Mental Illness? A Review of Observational and Experimental Findings. <i>Frontiers in Psychiatry</i> , 2019, 10, 350.	2.6	64
72	Handgrip strength and depression among 34,129 adults aged 50 years and older in six low- and middle-income countries. <i>Journal of Affective Disorders</i> , 2019, 243, 448-454.	4.1	63

#	ARTICLE	IF	CITATIONS
73	Grip Strength Is Associated With Cognitive Performance in Schizophrenia and the General Population: A UK Biobank Study of 476559 Participants. <i>Schizophrenia Bulletin</i> , 2018, 44, 728-736.	4.3	62
74	Nutritional Deficiencies and Clinical Correlates in First-Episode Psychosis: A Systematic Review and Meta-analysis. <i>Schizophrenia Bulletin</i> , 2018, 44, 1275-1292.	4.3	61
75	Is it possible for people with severe mental illness to sit less and move more? A systematic review of interventions to increase physical activity or reduce sedentary behaviour. <i>Schizophrenia Research</i> , 2018, 202, 3-16.	2.0	60
76	Multiple lifestyle factors and depressed mood: a cross-sectional and longitudinal analysis of the UK Biobank (N=84,860). <i>BMC Medicine</i> , 2020, 18, 354.	5.5	60
77	The effects and determinants of exercise participation in first-episode psychosis: a qualitative study. <i>BMC Psychiatry</i> , 2016, 16, 36.	2.6	58
78	The effects of vitamin and mineral supplementation on symptoms of schizophrenia: a systematic review and meta-analysis. <i>Psychological Medicine</i> , 2017, 47, 1515-1527.	4.5	58
79	The pro-cognitive mechanisms of physical exercise in people with schizophrenia. <i>British Journal of Pharmacology</i> , 2017, 174, 3161-3172.	5.4	57
80	Environmental risk factors and nonpharmacological and nonsurgical interventions for obesity: An umbrella review of meta-analyses of cohort studies and randomized controlled trials. <i>European Journal of Clinical Investigation</i> , 2018, 48, e12982.	3.4	55
81	Cannabis use and symptom severity in individuals at ultra high risk for psychosis: a meta-analysis. <i>Acta Psychiatrica Scandinavica</i> , 2017, 136, 5-15.	4.5	54
82	Association Between Muscular Strength and Cognition in People With Major Depression or Bipolar Disorder and Healthy Controls. <i>JAMA Psychiatry</i> , 2018, 75, 740.	11.0	54
83	Methodology and Reporting of Mobile Health and Smartphone Application Studies for Schizophrenia. <i>Harvard Review of Psychiatry</i> , 2017, 25, 146-154.	2.1	53
84	Association between depression and smoking: A global perspective from 48 low- and middle-income countries. <i>Journal of Psychiatric Research</i> , 2018, 103, 142-149.	3.1	53
85	Ecological momentary assessment and beyond: The rising interest in e-mental health research. <i>Journal of Psychiatric Research</i> , 2016, 80, 3-4.	3.1	52
86	The relationship between the dietary inflammatory index (DII®) and incident depressive symptoms: A longitudinal cohort study. <i>Journal of Affective Disorders</i> , 2018, 235, 39-44.	4.1	50
87	Prebiotics, probiotics, fermented foods and cognitive outcomes: A meta-analysis of randomized controlled trials. <i>Neuroscience and Biobehavioral Reviews</i> , 2020, 118, 472-484.	6.1	50
88	Physical Activity Levels and Psychosis: A Mediation Analysis of Factors Influencing Physical Activity Target Achievement Among 204 186 People Across 46 Low- and Middle-Income Countries. <i>Schizophrenia Bulletin</i> , 2017, 43, sbw111.	4.3	49
89	Digital Technologies in the Treatment of Anxiety: Recent Innovations and Future Directions. <i>Current Psychiatry Reports</i> , 2018, 20, 44.	4.5	49
90	A comparative meta-analysis of the prevalence of exercise addiction in adults with and without indicated eating disorders. <i>Eating and Weight Disorders</i> , 2021, 26, 37-46.	2.5	49

#	ARTICLE	IF	CITATIONS
91	Protecting physical health in people with mental illness – Authors' reply. <i>Lancet Psychiatry</i> , 2019, 6, 890-891.	7.4	48
92	Physical activity and mental health. <i>Lancet Psychiatry</i> , 2018, 5, 873.	7.4	46
93	Leisure-time sedentary behavior and loneliness among 148,045 adolescents aged 12–15 years from 52 low- and middle-income countries. <i>Journal of Affective Disorders</i> , 2019, 251, 149-155.	4.1	44
94	Handgrip Strength Is Associated With Hippocampal Volume and White Matter Hyperintensities in Major Depression and Healthy Controls: A UK Biobank Study. <i>Psychosomatic Medicine</i> , 2020, 82, 39-46.	2.0	44
95	Is chocolate consumption associated with health outcomes? An umbrella review of systematic reviews and meta-analyses. <i>Clinical Nutrition</i> , 2019, 38, 1101-1108.	5.0	43
96	Disparities in COVID-19 infection, hospitalisation and death in people with schizophrenia, bipolar disorder, and major depressive disorder: a cohort study of the UK Biobank. <i>Molecular Psychiatry</i> , 2022, 27, 1248-1255.	7.9	43
97	The anxiolytic effects of exercise for people with anxiety and related disorders: An update of the available meta-analytic evidence. <i>Psychiatry Research</i> , 2021, 302, 114046.	3.3	42
98	From impact factors to real impact: translating evidence on lifestyle interventions into routine mental health care. <i>Translational Behavioral Medicine</i> , 2020, 10, 1070-1073.	2.4	41
99	SU106. Investigating the Short- and Long-Term Benefits of Exercise in Early Psychosis. <i>Schizophrenia Bulletin</i> , 2017, 43, S199-S199.	4.3	39
100	Prebiotic and probiotic supplementation and the tryptophan-kynurenine pathway: A systematic review and meta analysis. <i>Neuroscience and Biobehavioral Reviews</i> , 2021, 123, 1-13.	6.1	39
101	Strategies to counter antipsychotic-associated weight gain in patients with schizophrenia. <i>Expert Opinion on Drug Safety</i> , 2019, 18, 1149-1160.	2.4	38
102	Cardiorespiratory fitness levels and moderators in people with HIV: A systematic review and meta-analysis. <i>Preventive Medicine</i> , 2016, 93, 106-114.	3.4	36
103	Physical fitness in people with posttraumatic stress disorder: a systematic review. <i>Disability and Rehabilitation</i> , 2017, 39, 2461-2467.	1.8	36
104	Editorial: Lifestyle Psychiatry. <i>Frontiers in Psychiatry</i> , 2019, 10, 597.	2.6	36
105	Associations between handgrip strength and mild cognitive impairment in middle-aged and older adults in six low- and middle-income countries. <i>International Journal of Geriatric Psychiatry</i> , 2019, 34, 609-616.	2.7	36
106	High Intensity Interval training (HIIT) for people with severe mental illness: A systematic review & meta-analysis of intervention studies – considering diverse approaches for mental and physical recovery. <i>Psychiatry Research</i> , 2020, 284, 112601.	3.3	36
107	Pharmacological interventions for smoking cessation among people with schizophrenia spectrum disorders: a systematic review, meta-analysis, and network meta-analysis. <i>Lancet Psychiatry</i> , 2020, 7, 762-774.	7.4	36
108	Mobilizing mHealth Data Collection in Older Adults: Challenges and Opportunities. <i>JMIR Aging</i> , 2019, 2, e10019.	3.0	36

#	ARTICLE	IF	CITATIONS
109	The efficacy of meditation-based mind-body interventions for mental disorders: A meta-review of 17 meta-analyses of randomized controlled trials. <i>Journal of Psychiatric Research</i> , 2021, 134, 181-191.	3.1	35
110	Is there a relationship between chocolate consumption and symptoms of depression? A cross-sectional survey of 13,626 US adults. <i>Depression and Anxiety</i> , 2019, 36, 987-995.	4.1	34
111	Sexual behavior and suicide attempts among adolescents aged 12-15 years from 38 countries: A global perspective. <i>Psychiatry Research</i> , 2020, 287, 112564.	3.3	34
112	Sedentary behaviour and sleep problems among 42,489 community-dwelling adults in six low- and middle-income countries. <i>Journal of Sleep Research</i> , 2018, 27, e12714.	3.2	33
113	Sedentary behavior and anxiety-induced sleep disturbance among 181,093 adolescents from 67 countries: a global perspective. <i>Sleep Medicine</i> , 2019, 58, 19-26.	1.6	33
114	An integrative collaborative care model for people with mental illness and physical comorbidities. <i>International Journal of Mental Health Systems</i> , 2020, 14, 83.	2.7	33
115	Dropout from exercise randomized controlled trials among people with anxiety and stress-related disorders: A meta-analysis and meta-regression. <i>Journal of Affective Disorders</i> , 2021, 282, 996-1004.	4.1	33
116	Physical and mental health impact of COVID-19 on children, adolescents, and their families: The Collaborative Outcomes study on Health and Functioning during Infection Times - Children and Adolescents (COH-FIT-C&A). <i>Journal of Affective Disorders</i> , 2022, 299, 367-376.	4.1	33
117	Leisure-time sedentary behavior and suicide attempt among 126,392 adolescents in 43 countries. <i>Journal of Affective Disorders</i> , 2019, 250, 346-353.	4.1	32
118	Sedentary behavior and depression among community-dwelling adults aged ≥50 years: Results from the Irish longitudinal study on Ageing. <i>Journal of Affective Disorders</i> , 2020, 262, 389-396.	4.1	31
119	The association of grip strength with depressive symptoms and cortisol in hair: A cross-sectional study of older adults. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1604-1609.	2.9	30
120	Fast food consumption and suicide attempts among adolescents aged 12-15 years from 32 countries. <i>Journal of Affective Disorders</i> , 2020, 266, 63-70.	4.1	30
121	The efficacy of exergaming in people with major neurocognitive disorder residing in long-term care facilities: a pilot randomized controlled trial. <i>Alzheimer's Research and Therapy</i> , 2021, 13, 70.	6.2	28
122	Digital mental health in China: a systematic review. <i>Psychological Medicine</i> , 2021, 51, 2552-2570.	4.5	28
123	Is autonomous motivation the key to maintaining an active lifestyle in first-episode psychosis?. <i>Microbial Biotechnology</i> , 2018, 12, 821-827.	1.7	27
124	Leisure-Time Sedentary Behavior and Obesity Among 116,762 Adolescents Aged 12-15 Years from 41 Low- and Middle-Income Countries. <i>Obesity</i> , 2019, 27, 830-836.	3.0	27
125	Bridging the dichotomy of actual versus aspirational digital health. <i>World Psychiatry</i> , 2018, 17, 108-109.	10.4	26
126	Correlates of physical activity among 142,118 adolescents aged 12-15 years from 48 low- and middle-income countries. <i>Preventive Medicine</i> , 2019, 127, 105819.	3.4	26

#	ARTICLE	IF	CITATIONS
127	Does physical activity reduce the risk of psychosis? A systematic review and meta-analysis of prospective studies. <i>Psychiatry Research</i> , 2020, 284, 112675.	3.3	26
128	Does Switching Antipsychotics Ameliorate Weight Gain in Patients With Severe Mental Illness? A Systematic Review and Meta-analysis. <i>Schizophrenia Bulletin</i> , 2021, 47, 948-958.	4.3	26
129	<scp>COVID</scp>â€19 vaccination uptake in people with severe mental illness: a <scp>UK</scp>â€based cohort study. <i>World Psychiatry</i> , 2022, 21, 153-154.	10.4	26
130	Physical activity is associated with the physical, psychological, social and environmental quality of life in people with mental health problems in a low resource setting. <i>Psychiatry Research</i> , 2017, 258, 250-254.	3.3	25
131	Physical activity correlates among people with psychosis: Data from 47 low- and middle-income countries. <i>Schizophrenia Research</i> , 2018, 193, 412-417.	2.0	25
132	Handgrip strength is associated with suicidal thoughts in men: Crossâ€sectional analyses from NHANES. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020, 30, 92-99.	2.9	25
133	Are communityâ€based health worker interventions an effective approach for early diagnosis of cancer? A systematic review and metaâ€analysis. <i>Psycho-Oncology</i> , 2018, 27, 1089-1099.	2.3	24
134	Handgrip strength, chronic physical conditions and physical multimorbidity in middle-aged and older adults in six low- and middle income countries. <i>European Journal of Internal Medicine</i> , 2019, 61, 96-102.	2.2	24
135	Preferences and motivations for exercise in early psychosis. <i>Acta Psychiatrica Scandinavica</i> , 2016, 134, 83-84.	4.5	23
136	Longâ€term maintenance and effects of exercise in early psychosis. <i>Microbial Biotechnology</i> , 2018, 12, 578-585.	1.7	23
137	Metaâ€analysis of natural, unnatural and causeâ€specific mortality rates following discharge from inâ€patient psychiatric facilities. <i>Acta Psychiatrica Scandinavica</i> , 2019, 140, 244-264.	4.5	23
138	The Vitamins in Psychosis Study: A Randomized, Double-Blind, Placebo-Controlled Trial of the Effects of Vitamins B12, B6, and Folic Acid on Symptoms and Neurocognition in First-Episode Psychosis. <i>Biological Psychiatry</i> , 2019, 86, 35-44.	1.3	23
139	Can high-intensity interval training improve mental health outcomes in the general population and those with physical illnesses? A systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2022, 56, 279-291.	6.7	23
140	Correlates of sedentary behavior in 2,375 people with depression from 6 low- and middle-income countries. <i>Journal of Affective Disorders</i> , 2018, 234, 97-104.	4.1	22
141	Mild cognitive impairment and sedentary behavior: A multinational study. <i>Experimental Gerontology</i> , 2018, 108, 174-180.	2.8	22
142	Physical activity correlates among 24,230 people with depression across 46 low- and middle-income countries. <i>Journal of Affective Disorders</i> , 2017, 221, 81-88.	4.1	21
143	Associations between active travel and physical multi-morbidity in six low- and middle-income countries among community-dwelling older adults: A cross-sectional study. <i>PLoS ONE</i> , 2018, 13, e0203277.	2.5	21
144	Sedentary behavior and perceived stress among adults aged â‰¥50 years in six low- and middle-income countries. <i>Maturitas</i> , 2018, 116, 100-107.	2.4	21

#	ARTICLE	IF	CITATIONS
145	Correlates of leisure-time sedentary behavior among 181,793 adolescents aged 12-15 years from 66 low- and middle-income countries. <i>PLoS ONE</i> , 2019, 14, e0224339.	2.5	20
146	Generating value with mental health apps. <i>BJPsych Open</i> , 2020, 6, e16.	0.7	20
147	A systematic review and meta-analysis of structural and functional brain alterations in individuals with genetic and clinical high-risk for psychosis and bipolar disorder. <i>Progress in Neuro-Psychopharmacology and Biological Psychiatry</i> , 2022, 117, 110540.	4.8	20
148	Are people with schizophrenia adherent to diabetes medication? A comparative meta-analysis. <i>Psychiatry Research</i> , 2017, 250, 17-24.	3.3	19
149	Physical activity and loneliness among adults aged 50 years or older in six low- and middle-income countries. <i>International Journal of Geriatric Psychiatry</i> , 2019, 34, 1855-1864.	2.7	19
150	The Relationship between Dietary Vitamin K and Depressive Symptoms in Late Adulthood: A Cross-Sectional Analysis from a Large Cohort Study. <i>Nutrients</i> , 2019, 11, 787.	4.1	19
151	Physical Multimorbidity and Social Participation in Adult Aged 65 Years and Older From Six Low- and Middle-Income Countries. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2021, 76, 1452-1462.	3.9	19
152	Multimorbidity and obesity in older adults from six low- and middle-income countries. <i>Preventive Medicine</i> , 2021, 153, 106816.	3.4	19
153	Challenges in implementing an exercise intervention within residential psychiatric care: A mixed methods study. <i>Mental Health and Physical Activity</i> , 2017, 12, 141-146.	1.8	18
154	The Impact of Pharmacologic and Nonpharmacologic Interventions to Improve Physical Health Outcomes in People With Dementia: A Meta-Review of Meta-Analyses of Randomized Controlled Trials. <i>Journal of the American Medical Directors Association</i> , 2020, 21, 1410-1414.e2.	2.5	18
155	Use of smartphones, mobile apps and wearables for health promotion by people with anxiety or depression: An analysis of a nationally representative survey data. <i>Psychiatry Research</i> , 2021, 304, 114120.	3.3	18
156	Adjunctive nutrients in first-episode psychosis: A systematic review of efficacy, tolerability and neurobiological mechanisms. <i>Microbial Biotechnology</i> , 2018, 12, 774-783.	1.7	17
157	Risk of Hospitalized Falls and Hip Fractures in 22,103 Older Adults Receiving Mental Health Care vs 161,603 Controls: A Large Cohort Study. <i>Journal of the American Medical Directors Association</i> , 2020, 21, 1893-1899.	2.5	17
158	Higher cardio-respiratory fitness is associated with increased mental and physical quality of life in people with bipolar disorder: A controlled pilot study. <i>Psychiatry Research</i> , 2017, 256, 219-224.	3.3	16
159	Physical activity and sleep problems in 38 low- and middle-income countries. <i>Sleep Medicine</i> , 2018, 48, 140-147.	1.6	16
160	Association of Child and Adolescent Mental Health With Adolescent Health Behaviors in the UK Millennium Cohort. <i>JAMA Network Open</i> , 2020, 3, e2011381.	5.9	16
161	Exploring the Impact of Internet Use on Memory and Attention Processes. <i>International Journal of Environmental Research and Public Health</i> , 2020, 17, 9481.	2.6	16
162	Human Immunodeficiency Virus Infection and Diverse Physical Health Outcomes: An Umbrella Review of Meta-analyses of Observational Studies. <i>Clinical Infectious Diseases</i> , 2020, 70, 1809-1815.	5.8	15

#	ARTICLE	IF	CITATIONS
163	Longitudinal Course of Depressive, Anxiety, and Posttraumatic Stress Disorder Symptoms After Heart Surgery: A Meta-Analysis of 94 Studies. <i>Psychosomatic Medicine</i> , 2021, 83, 85-93.	2.0	15
164	Social media interventions targeting exercise and diet behaviours in people with noncommunicable diseases (NCDs): A systematic review. <i>Internet Interventions</i> , 2022, 27, 100497.	2.7	15
165	Prevalence and Correlates of Exercise Addiction in the Presence vs. Absence of Indicated Eating Disorders. <i>Frontiers in Sports and Active Living</i> , 2020, 2, 84.	1.8	14
166	Lifestyle behavioural risk factors and emotional functioning among schoolchildren: The Healthy Growth Study. <i>European Psychiatry</i> , 2019, 61, 79-84.	0.2	13
167	Prevalence of food insecurity in people with major depression, bipolar disorder, and schizophrenia and related psychoses: A systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2023, 63, 4485-4502.	10.3	13
168	Exercise effects on cognitive functioning in young adults with first-episode psychosis: FitForLife. <i>Psychological Medicine</i> , 2019, 49, 431-439.	4.5	12
169	The Effect of Interventions That Target Multiple Modifiable Health Behaviors on Symptoms of Anxiety and Depression in Young People: A Meta-Analysis of Randomized Controlled Trials. <i>Journal of Adolescent Health</i> , 2022, 70, 208-219.	2.5	12
170	Evidence-informed is not enough: digital therapeutics also need to be evidence-based. <i>World Psychiatry</i> , 2022, 21, 320-321.	10.4	12
171	Dropout from physical activity interventions in children and adolescents with attention deficit hyperactivity disorder: A systematic review and meta-analysis. <i>Mental Health and Physical Activity</i> , 2016, 11, 46-52.	1.8	11
172	How should physical exercise be used in schizophrenia treatment?. <i>Expert Review of Neurotherapeutics</i> , 2017, 17, 213-214.	2.8	11
173	Redefining mental healthcare: going multidisciplinary to manage multimorbidity. <i>British Journal of Sports Medicine</i> , 2021, 55, 7-8.	6.7	11
174	Association between cardiorespiratory fitness and depressive symptoms in children and adolescents: A systematic review and meta-analysis. <i>Journal of Affective Disorders</i> , 2021, 282, 1234-1240.	4.1	11
175	The clinical and behavioral cardiometabolic risk of children and young people on mental health inpatient units: A systematic review and meta-analysis. <i>General Hospital Psychiatry</i> , 2021, 70, 80-97.	2.4	11
176	Lower cardiorespiratory fitness is associated with more time spent sedentary in first episode psychosis: A pilot study. <i>Psychiatry Research</i> , 2017, 253, 13-17.	3.3	10
177	Lifestyle interventions to reduce premature mortality in schizophrenia. <i>Lancet Psychiatry</i> , 2017, 4, e14.	7.4	10
178	Metabolic syndrome and its components in people with intellectual disability: a meta-analysis. <i>Journal of Intellectual Disability Research</i> , 2020, 64, 804-815.	2.0	9
179	Physical health interventions on adolescent mental health inpatient units: A systematic review and call to action. <i>Microbial Biotechnology</i> , 2021, 15, 439-448.	1.7	9
180	Correlates of sedentary behaviour among adults with hazardous drinking habits in six low- and middle-income countries. <i>Psychiatry Research</i> , 2018, 261, 406-413.	3.3	8

#	ARTICLE	IF	CITATIONS
181	Do reductions in ghrelin contribute towards antipsychotic-induced weight gain?. Schizophrenia Research, 2019, 210, 301-302.	2.0	8
182	Test-retest reliability, validity, and correlates of the 2-minute walk test in outpatients with depression. Physiotherapy Research International, 2020, 25, e1821.	1.5	8
183	Physical activity correlates in children and adolescents, adults, and older adults with an intellectual disability: a systematic review. Disability and Rehabilitation, 2022, 44, 4189-4200.	1.8	8
184	Exercise addiction in athletes: Comparing two assessment instruments and willingness to stop exercise after medical advice.. Psychological Assessment, 2021, 33, 326-337.	1.5	8
185	Diet and depression: future needs to unlock the potential. Molecular Psychiatry, 2022, 27, 778-780.	7.9	8
186	Cannabis use and physical activity among 89,777 adolescents aged 12-15 years from 21 low- and middle-income countries. Drug and Alcohol Dependence, 2019, 205, 107584.	3.2	7
187	Correlates of sedentary behavior among community-dwelling adults with anxiety in six low- and middle-income countries. Psychiatry Research, 2019, 273, 501-508.	3.3	7
188	Functional exercise capacity in inpatients with alcohol use disorder versus healthy controls: A pilot study. Alcohol, 2020, 82, 47-52.	1.7	7
189	The Impact of Pharmacological and Non-Pharmacological Interventions to Improve Physical Health Outcomes in People With Schizophrenia: A Meta-Review of Meta-Analyses of Randomized Controlled Trials. Focus (American Psychiatric Publishing), 2021, 19, 116-128.	0.8	7
190	Interest, competence, appearance, fitness and social relatedness as motives for physical activity in Ugandan outpatients with psychosis. Mental Health and Physical Activity, 2017, 13, 94-99.	1.8	6
191	Sedentary behaviour and chronic stress in old age: A cross-sectional analysis of TV viewing and hair cortisol concentrations. Psychoneuroendocrinology, 2019, 109, 104375.	2.7	6
192	Exercise interventions in child and adolescent mental health care: An overview of the evidence and recommendations for implementation. JCPP Advances, 2021, 1, e12031.	2.4	6
193	Using exercise to protect physical and mental health in youth at risk for psychosis. Research in Psychotherapy: Psychopathology, Process and Outcome, 2020, 23, 433.	0.8	6
194	Risk of hospitalised falls and hip fractures in working age adults receiving mental health care. General Hospital Psychiatry, 2021, 72, 81-87.	2.4	5
195	Association between age of first exposure and heavy internet use in a representative sample of 317,443 adolescents from 52 countries. European Child and Adolescent Psychiatry, 2023, 32, 395-403.	4.7	5
196	Nutrient Intake and Dietary Inflammatory Potential in Current and Recovered Anorexia Nervosa. Nutrients, 2021, 13, 4400.	4.1	5
197	Moving beyond the weight-loss paradigm of exercise interventions for mental illness. Psychiatry Research, 2016, 246, 392-393.	3.3	4
198	Gender differences in motives for physical activity across the stages of change in Ugandan outpatients with psychosis. Schizophrenia Research, 2018, 197, 568-569.	2.0	4

#	ARTICLE	IF	CITATIONS
199	Toward Preventive Psychiatry: The Role of Advanced Epidemiological Methods. <i>American Journal of Psychiatry</i> , 2020, 177, 888-890.	7.2	4
200	Adherence to a healthy lifestyle and multiple sclerosis: a caseâ€“control study from the UK Biobank. <i>Nutritional Neuroscience</i> , 2020, , 1-9.	3.1	4
201	Reliability and validity of physical fitness tests in people with mental disorders: A systematic review and metaâ€“analysis. <i>Physiotherapy Research International</i> , 2021, 26, e1904.	1.5	4
202	Association between physical activity and leisure-time sedentary behavior among 140,808 adolescents aged 12 to 15 from 47 low- and middle-income countries. <i>Public Health</i> , 2021, 199, 1-9.	2.9	4
203	Prevalence of diabetes in people with intellectual disabilities and ageâ€“and genderâ€“matched controls: A metaâ€“analysis. <i>Journal of Applied Research in Intellectual Disabilities</i> , 2022, 35, 301-311.	2.0	4
204	Using Changes in Attributable Risk to Predict Long-Term Efficacy of Simvastatin Treatment. <i>Clinical Chemistry</i> , 1992, 38, 2033-2037.	3.2	3
205	â€“You are what you eatâ€“™ (not what you said you ate yesterday): Why a one-off 24-hour dietary recall fails capture usual dietary intake in schizophrenia. <i>Schizophrenia Research</i> , 2018, 199, 447-448.	2.0	3
206	mHealth and Physical Activity Interventions Among People With Mental Illness. , 2018, , 217-242.		3
207	Recommendations for dietetics in mental healthcare. <i>Journal of Human Nutrition and Dietetics</i> , 2020, 33, 149-150.	2.5	3
208	Factors that influence participation in physical activity for anxiety or depression: a synthesis of qualitative evidence. <i>The Cochrane Library</i> , 2020, , .	2.8	3
209	Cannabis use and leisure-time sedentary behavior among 94,035 adolescents aged 12â€“15â€“years from 24 low- and middle-income countries. <i>Addictive Behaviors</i> , 2019, 99, 106104.	3.0	2
210	Multidisciplinary research priorities for the COVID-19 pandemic. <i>Lancet Psychiatry</i> ,the, 2020, 7, e39.	7.4	2
211	Predictors of physical activity recording in routine mental healthcare. <i>Mental Health and Physical Activity</i> , 2020, 18, 100329.	1.8	2
212	Prevalence of Major Cardiovascular Disease Events Among People Diagnosed With Schizophrenia Who Have Sleep Disturbance, Sedentary Behavior, or Muscular Weakness. <i>Schizophrenia Bulletin Open</i> , 2021, 2, sgaa069.	1.7	2
213	Evaluation of the uptake, retention and effectiveness of exercise referral schemes for the management of mental health conditions in primary care: a systematic review. <i>BMC Public Health</i> , 2022, 22, 249.	2.9	2
214	S204. NUTRITIONAL DEFICIENCIES AND CLINICAL CORRELATES IN FIRST-EPISODE PSYCHOSIS: A SYSTEMATIC REVIEW AND META-ANALYSIS. <i>Schizophrenia Bulletin</i> , 2018, 44, S405-S405.	4.3	1
215	Women with schizophrenia are at increased risk of breast cancer. <i>Evidence-Based Mental Health</i> , 2018, 21, e13-e13.	4.5	1
216	Factors that influence participation in physical activity for people with bipolar disorder: a synthesis of qualitative evidence. <i>The Cochrane Library</i> , 0, , .	2.8	1

#	ARTICLE	IF	CITATIONS
217	Neurological, Psychiatric, and Psychological Implications of the COVID-19 Pandemic: Protocol for a Large-Scale Umbrella Review of Observational Studies. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1681.	2.6	1
218	Trends and factors associated with use of digital health technology among adults with serious psychological distress in the United States: A secondary data analysis of the National Health Interview Survey. <i>Population Medicine</i> , 2022, 4, 1-7.	0.8	1
219	Lifestyle factors may be linked to symptoms of metabolic syndrome in people at risk for psychosis. <i>Schizophrenia Research</i> , 2017, 183, 47-48.	2.0	0
220	Issues with inclusion and interpretation; a cause for concern in mHealth reviews?. <i>Journal of Psychiatric Research</i> , 2019, 116, 193-194.	3.1	0
221	In response to "There is no meta-analytic evidence of blueberries improving cognitive performance or mood". <i>Brain, Behavior, and Immunity</i> , 2020, 85, 193.	4.1	0
222	Benefits, Assessment, and Preferences of Physical Activity in Psychosis. , 2020, , 273-293.		0
223	Imaging the effects of exercise on the brain. <i>Schizophrenia Research</i> , 2020, 223, 71-72.	2.0	0
224	Reliability and Convergent Validity of Self-Reported Physical Activity Questionnaires for People With Mental Disorders: A Systematic Review and Meta-Analysis. <i>Journal of Physical Activity and Health</i> , 2021, 18, 109-115.	2.0	0
225	Dietary Inflammation and Mental Health. , 2021, , 417-429.		0
226	Promoting Physical Activity. , 2017, , 91-108.		0
227	Smartphone Apps May Help Reduce Depressive Symptoms. <i>Psychiatric News</i> , 2017, 52, 1-1.	0.0	0
228	Assessing dietary, exercise, and non-pharmacological modalities within psychiatric hospitals. <i>General Hospital Psychiatry</i> , 2022, 76, 31-35.	2.4	0