

Adriano Eduardo Lima-Silva

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

146 papers	1,545 citations	23 h-index	32 g-index
164 ext. papers	1,895 ext. citations	3.1 avg, IF	4.74 L-index

#	Paper	IF	Citations
146	Effects of caffeine on central and peripheral fatigue following closed- and open-loop cycling exercises.. <i>Brazilian Journal of Medical and Biological Research</i> , 2022 , 55, e11901	2.8	
145	Effect of carbohydrate mouth rinse on muscle strength and muscular endurance: A systematic review with meta-analysis.. <i>Critical Reviews in Food Science and Nutrition</i> , 2022 , 1-12	11.5	2
144	Caffeine alters the breathing pattern during high-intensity whole-body exercise in healthy men.. <i>European Journal of Applied Physiology</i> , 2022 , 1	3.4	0
143	The completely recover of quadriceps muscle peripheral fatigue after running in Olympic but not in Sprint triathlon.. <i>European Journal of Sport Science</i> , 2022 , 1-33	3.9	
142	Effects of creatine and caffeine ingestion in combination on exercise performance: A systematic review. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-14	11.5	0
141	Air pollution and high-intensity interval exercise: Implications to anti-inflammatory balance, metabolome and cardiovascular responses. <i>Science of the Total Environment</i> , 2021 , 809, 151094	10.2	1
140	Extract Increases Oxygen Uptake without Changes in Neuromuscular Fatigue Development during a High-Intensity Interval Exercise. <i>Journal of the American College of Nutrition</i> , 2021 , 40, 419-428	3.5	0
139	Sprint Interval Exercise Performance in Vegans. <i>Journal of the American College of Nutrition</i> , 2021 , 1-8	3.5	
138	Effects of induced local ischemia during a 4-km cycling time trial on neuromuscular fatigue development. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2021 , 320, R812-R823	3.2	1
137	Distinct pacing profiles result in similar perceptual responses and neuromuscular fatigue development: Why different "roads" finish at the same line?. <i>European Journal of Sport Science</i> , 2021 , 1-11	3.9	2
136	Caffeine during High-Intensity Whole-Body Exercise: An Integrative Approach beyond the Central Nervous System. <i>Nutrients</i> , 2021 , 13,	6.7	2
135	Prior Upper Body Exercise Impairs 4-km Cycling Time-Trial Performance Without Altering Neuromuscular Function. <i>Research Quarterly for Exercise and Sport</i> , 2021 , 92, 52-62	1.9	3
134	Cardiac autonomic response to aerobic exercise with different levels of blood flow restriction in pre-hypertensive men. <i>Sport Sciences for Health</i> , 2021 , 17, 375-382	1.3	
133	Caffeine mouth rinse enhances performance, fatigue tolerance and reduces muscle activity during moderate-intensity cycling.. <i>Biology of Sport</i> , 2021 , 38, 517-523	4.3	2
132	Fatigue development and perceived response during self-paced endurance exercise: state-of-the-art review. <i>European Journal of Applied Physiology</i> , 2021 , 121, 687-696	3.4	5
131	Footwear designed to enhance energy return improves running economy compared to a minimalist footwear: does it matter for running performance?. <i>Brazilian Journal of Medical and Biological Research</i> , 2021 , 54, e10693	2.8	1
130	Caffeine ingestion improves specific artistic swimming tasks. <i>Brazilian Journal of Medical and Biological Research</i> , 2021 , 54, e10346	2.8	1

129	Effects of prior high-intensity endurance exercise in subsequent 4-km cycling time trial performance and fatigue development. <i>Science and Sports</i> , 2021 , 37, 70.e1-70.e1	0.8	
128	Is caffeine mouth rinsing an effective strategy to improve physical and cognitive performance? A systematic review. <i>Critical Reviews in Food Science and Nutrition</i> , 2021 , 1-9	11.5	2
127	MBboard: Validity and Reliability of a New Tool Developed to Evaluate Specific Strength in Rock Climbers. <i>Journal of Human Kinetics</i> , 2021 , 79, 5-13	2.6	1
126	Acute Caffeine Intake Reduces Perceived Exertion But Not Muscle Pain during Moderate Intensity Cycling Exercise in Women with Fibromyalgia. <i>Journal of the American College of Nutrition</i> , 2021 , 1-8	3.5	
125	Effects of Caffeine on Performance During High- and Long-Jump Competitions. <i>International Journal of Sports Physiology and Performance</i> , 2021 , 1-6	3.5	0
124	Exercising under particulate matter exposure: Providing theoretical support for lung deposition and its relationship with COVID-19. <i>Environmental Research</i> , 2021 , 202, 111755	7.9	2
123	Traffic-related air pollution and endurance exercise: Characterizing non-targeted serum metabolomics profiling. <i>Environmental Pollution</i> , 2021 , 291, 118204	9.3	0
122	Caffeine intake reduces sedentary time and increases physical activity predisposition in obese police officers. <i>Brazilian Journal of Medical and Biological Research</i> , 2021 , 54, e11556	2.8	
121	Caffeine increases peripheral fatigue in low- but not in high-performing cyclists. <i>Applied Physiology, Nutrition and Metabolism</i> , 2020 , 45, 1208-1215	3	3
120	Caffeine improves various aspects of athletic performance in adolescents independent of their 163 C>'A CYP1A2 genotypes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2020 , 30, 1869-1877	4.6	14
119	Covid-19 and Exercise-Induced Immunomodulation. <i>NeuroImmunoModulation</i> , 2020 , 27, 75-78	2.5	17
118	Caffeine but not acetaminophen increases 4-km cycling time-trial performance. <i>PharmaNutrition</i> , 2020 , 12, 100181	2.9	7
117	Effects of mindfulness on psychological and psychophysiological responses during self-paced walking. <i>Psychophysiology</i> , 2020 , 57, e13529	4.1	12
116	Exercising in the urban center: Inflammatory and cardiovascular effects of prolonged exercise under air pollution. <i>Chemosphere</i> , 2020 , 254, 126817	8.4	7
115	Panax ginseng Supplementation Increases Muscle Recruitment, Attenuates Perceived Effort, and Accelerates Muscle Force Recovery After an Eccentric-Based Exercise in Athletes. <i>Journal of Strength and Conditioning Research</i> , 2020 ,	3.2	3
114	Estimation of minute ventilation by heart rate for field exercise studies. <i>Scientific Reports</i> , 2020 , 10, 14234	4.9	5
113	Exercise twice-a-day potentiates markers of mitochondrial biogenesis in men. <i>FASEB Journal</i> , 2020 , 34, 1602-1619	0.9	19
112	Chronic metformin intake improves anaerobic but not aerobic capacity in healthy rats. <i>Canadian Journal of Physiology and Pharmacology</i> , 2020 , 98, 23-28	2.4	1

111	Relationship between recovery of neuromuscular function and subsequent capacity to work above critical power. <i>European Journal of Applied Physiology</i> , 2020 , 120, 1237-1249	3.4	5
110	Allometric Scale Corrects Performance Outcomes in Special Judo Fitness Test. <i>International Journal of Sports Medicine</i> , 2019 , 40, 774-778	3.6	
109	Cycling time trial performance is improved by carbohydrate ingestion during exercise regardless of a fed or fasted state. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019 , 29, 651-662	4.6	5
108	Are experienced and high-level race walking athletes able to match pre-programmed with executed pacing?. <i>Brazilian Journal of Medical and Biological Research</i> , 2019 , 52, e8593	2.8	1
107	Menstrual cycle alters training strain, monotony, and technical training length in young. <i>Journal of Sports Sciences</i> , 2019 , 37, 1824-1830	3.6	7
106	Stretch-shortening cycle exercise produces acute and prolonged impairments on endurance performance: is the peripheral fatigue a single answer?. <i>European Journal of Applied Physiology</i> , 2019 , 119, 1479-1489	3.4	8
105	Characterization of performance fatigability during a self-paced exercise. <i>Journal of Applied Physiology</i> , 2019 , 127, 838-846	3.7	11
104	Twice-a-day training improves mitochondrial efficiency, but not mitochondrial biogenesis, compared with once-daily training. <i>Journal of Applied Physiology</i> , 2019 , 127, 713-725	3.7	10
103	Effect of caffeine on neuromuscular function following eccentric-based exercise. <i>PLoS ONE</i> , 2019 , 14, e0224794	3.7	3
102	Does caffeine ingestion before a short-term sprint interval training promote body fat loss?. <i>Brazilian Journal of Medical and Biological Research</i> , 2019 , 52, e9169	2.8	1
101	Cardiac autonomic responses during and after a single session of aerobic exercise with and without blood flow restriction. <i>Motriz Revista De Educacao Fisica</i> , 2019 , 25,	0.9	1
100	Effects of different dosages of caffeine administration on wrestling performance during a simulated tournament. <i>European Journal of Sport Science</i> , 2019 , 19, 499-507	3.9	14
99	Effect of caffeine on neuromuscular function following eccentric-based exercise 2019 , 14, e0224794		
98	Effect of caffeine on neuromuscular function following eccentric-based exercise 2019 , 14, e0224794		
97	Effect of caffeine on neuromuscular function following eccentric-based exercise 2019 , 14, e0224794		
96	Effect of caffeine on neuromuscular function following eccentric-based exercise 2019 , 14, e0224794		
95	Parasympathetic activity delayed after self-paced exercise. <i>European Journal of Sport Science</i> , 2018 , 18, 842-850	3.9	0
94	Analysis of sports-relevant polymorphisms in a large Brazilian cohort of top-level athletes. <i>Annals of Human Genetics</i> , 2018 , 82, 254-264	2.2	20

93	Effects of strength training on bioenergetics parameters determined at velocity corresponding to maximal oxygen uptake in endurance runners. <i>Science and Sports</i> , 2018 , 33, e263-e270	0.8	1
92	Caffeine Increases Work Done above Critical Power, but Not Anaerobic Work. <i>Medicine and Science in Sports and Exercise</i> , 2018 , 50, 131-140	1.2	12
91	The Effects of Acute and Chronic Sprint-Interval Training on Cytokine Responses Are Independent of Prior Caffeine Intake. <i>Frontiers in Physiology</i> , 2018 , 9, 671	4.6	13
90	Caffeine increases both total work performed above critical power and peripheral fatigue during a 4-km cycling time trial. <i>Journal of Applied Physiology</i> , 2018 , 124, 1491-1501	3.7	29
89	Commentaries on Viewpoint: Resistance training and exercise tolerance during high-intensity exercise: moving beyond just running economy and muscle strength. <i>Journal of Applied Physiology</i> , 2018 , 124, 529-535	3.7	1
88	Factors determining 800-m running performance in young male athletes. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018 , 58, 810-815	1.4	1
87	Exercising in Air Pollution: The Cleanest versus Dirtiest Cities Challenge. <i>International Journal of Environmental Research and Public Health</i> , 2018 , 15,	4.6	27
86	Determinant factors of peak treadmill speed in physically active men. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018 , 58, 204-209	1.4	2
85	Effect of pre-exercise carbohydrate availability on fat oxidation and energy expenditure after a high-intensity exercise. <i>Brazilian Journal of Medical and Biological Research</i> , 2018 , 51, e6964	2.8	3
84	Mental fatigue does not alter performance or neuromuscular fatigue development during self-paced exercise in recreationally trained cyclists. <i>European Journal of Applied Physiology</i> , 2018 , 118, 2477-2487	3.4	27
83	Gender-related cardiac dimension differences between female and male professional soccer players. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018 , 58, 1354-1359	1.4	5
82	Acidosis, but Not Alkalosis, Affects Anaerobic Metabolism and Performance in a 4-km Time Trial. <i>Medicine and Science in Sports and Exercise</i> , 2017 , 49, 1899-1910	1.2	17
81	Arterialized and venous blood lactate concentration difference during different exercise intensities. <i>Journal of Exercise Science and Fitness</i> , 2017 , 15, 22-26	3.1	7
80	Methodological approaches to determine the pacing strategy in cycling time trial. <i>International Journal of Performance Analysis in Sport</i> , 2017 , 17, 752-762	1.8	4
79	Effect of acute nitrate ingestion on V O response at different exercise intensity domains. <i>Applied Physiology, Nutrition and Metabolism</i> , 2017 , 42, 1127-1134	3	3
78	Effects of a 4-week high-intensity interval training on pacing during 5-km running trial. <i>Brazilian Journal of Medical and Biological Research</i> , 2017 , 50, e6335	2.8	8
77	Effect of caffeine ingestion on anaerobic capacity quantified by different methods. <i>PLoS ONE</i> , 2017 , 12, e0179457	3.7	4
76	The genetics of human running: ACTN3 polymorphism as an evolutionary tool improving the energy economy during locomotion. <i>Annals of Human Biology</i> , 2016 , 43, 255-60	1.7	6

75	Influence of ACTN3 R577X polymorphism on ventilatory thresholds related to endurance performance. <i>Journal of Sports Sciences</i> , 2016 , 34, 163-70	3.6	13
74	Separate and Combined Effects of Caffeine and Sodium-Bicarbonate Intake on Judo Performance. <i>International Journal of Sports Physiology and Performance</i> , 2016 , 11, 221-6	3.5	37
73	Identification of training status differences using perceived exertion threshold. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016 , 41, 456-9	3	1
72	GEDAE-LaB: A Free Software to Calculate the Energy System Contributions during Exercise. <i>PLoS ONE</i> , 2016 , 11, e0145733	3.7	23
71	The Association of ACE Genotypes on Cardiorespiratory Variables Related to Physical Fitness in Healthy Men. <i>PLoS ONE</i> , 2016 , 11, e0165310	3.7	3
70	Carbohydrate Mouth Rinse Maintains Muscle Electromyographic Activity and Increases Time to Exhaustion during Moderate but not High-Intensity Cycling Exercise. <i>Nutrients</i> , 2016 , 8, 49	6.7	19
69	High-CHO diet increases post-exercise oxygen consumption after a supramaximal exercise bout. <i>Brazilian Journal of Medical and Biological Research</i> , 2016 , 49, e5656	2.8	2
68	Effects of carbohydrate intake on time to exhaustion and anaerobic contribution during supramaximal exercise. <i>Revista De Nutricao</i> , 2016 , 29, 691-697	1.8	0
67	10 km running performance predicted by a multiple linear regression model with allometrically adjusted variables. <i>Journal of Human Kinetics</i> , 2016 , 51, 193-200	2.6	4
66	CHO Mouth Rinse Ameliorates Neuromuscular Response with Lower Endogenous CHO Stores. <i>Medicine and Science in Sports and Exercise</i> , 2016 , 48, 1810-20	1.2	24
65	Effects of caffeine ingestion on endurance performance in mentally fatigued individuals. <i>European Journal of Applied Physiology</i> , 2016 , 116, 2293-2303	3.4	38
64	Effects of resistance training on neuromuscular characteristics and pacing during 10-km running time trial. <i>European Journal of Applied Physiology</i> , 2015 , 115, 1513-22	3.4	36
63	Influence of music on performance and psychophysiological responses during moderate-intensity exercise preceded by fatigue. <i>Physiology and Behavior</i> , 2015 , 139, 274-80	3.5	9
62	High Carbohydrate Diet Induces Faster Final Sprint and Overall 10,000-m Times of Young Runners. <i>Pediatric Exercise Science</i> , 2015 , 27, 355-63	2	5
61	Metformin improves performance in high-intensity exercise, but not anaerobic capacity in healthy male subjects. <i>Clinical and Experimental Pharmacology and Physiology</i> , 2015 , 42, 1025-9	3	8
60	Effect of Creatine Loading on Oxygen Uptake during a 1-km Cycling Time Trial. <i>Medicine and Science in Sports and Exercise</i> , 2015 , 47, 2660-8	1.2	9
59	Energy system contribution in a maximal incremental test: correlations with pacing and overall performance in a 10-km running trial. <i>Brazilian Journal of Medical and Biological Research</i> , 2015 , 48, 1048-54	2.8	8
58	Impaired Physical Performance and Clinical Responses after a Recreational Bodybuilder's Self-Administration of Steroids: A Case Report. <i>World Journal of Men's Health</i> , 2015 , 33, 209-13	6.8	1

57	Association between anaerobic components of the maximal accumulated oxygen deficit and 30-second Wingate test. <i>Brazilian Journal of Medical and Biological Research</i> , 2015 , 48, 261-6	2.8	19
56	Head-to-head running race simulation alters pacing strategy, performance, and mood state. <i>Physiology and Behavior</i> , 2015 , 149, 39-44	3.5	28
55	Effects of isolated or combined carbohydrate and caffeine supplementation between 2 daily training sessions on soccer performance. <i>Applied Physiology, Nutrition and Metabolism</i> , 2015 , 40, 457-63	3	18
54	Risco de fadiga prematura, percepção subjetiva de esforço e estratégia de prova durante uma corrida de 10 km. <i>Revista Brasileira De Educação Física E Esporte: RBEFE</i> , 2015 , 29, 197-205	0.8	1
53	Caffeine reduces reaction time and improves performance in simulated-contest of taekwondo. <i>Nutrients</i> , 2014 , 6, 637-49	6.7	49
52	Effect of fat- and carbohydrate-rich diets on metabolism and running performance in trained adolescent boys. <i>Journal of Pediatric Gastroenterology and Nutrition</i> , 2014 , 59, 380-5	2.8	1
51	Pacing strategy determinants during a 10-km running time trial: contributions of perceived effort, physiological, and muscular parameters. <i>Journal of Strength and Conditioning Research</i> , 2014 , 28, 1688-96	3.2	26
50	Static stretching alters neuromuscular function and pacing strategy, but not performance during a 3-km running time-trial. <i>PLoS ONE</i> , 2014 , 9, e99238	3.7	14
49	Effect of time of day on performance, hormonal and metabolic response during a 1000-M cycling time trial. <i>PLoS ONE</i> , 2014 , 9, e109954	3.7	55
48	Prior low- or high-intensity exercise alters pacing strategy, energy system contribution and performance during a 4-km cycling time trial. <i>PLoS ONE</i> , 2014 , 9, e110320	3.7	11
47	Impact of acute static-stretching on the optimal height in drop jumps. <i>Motriz Revista De Educacao Fisica</i> , 2014 , 20, 65-70	0.9	
46	Effect of a reduced-CHO diet on the rate of perceived exertion curve during an incremental test. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2014 , 24, 532-42	4.4	8
45	Caffeine ingestion after rapid weight loss in judo athletes reduces perceived effort and increases plasma lactate concentration without improving performance. <i>Nutrients</i> , 2014 , 6, 2931-45	6.7	29
44	Validity and reliability evidences of the Hit & Turn Tennis Test. <i>Science and Sports</i> , 2014 , 29, e47-e53	0.8	3
43	Is the COL5A1 rs12722 gene polymorphism associated with running economy?. <i>PLoS ONE</i> , 2014 , 9, e106581	3.7	9
42	Relationship between attack and pause in world Taekwondo championship contests: effects of gender and weight category. <i>Muscles, Ligaments and Tendons Journal</i> , 2014 , 4, 127-31	1.9	2
41	Determinação dos metabolismos lático e alático da capacidade anaeróbia por meio do consumo de oxigênio. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 2013 , 15,	0.1	1
40	Can carbohydrate mouth rinse improve performance during exercise? A systematic review. <i>Nutrients</i> , 2013 , 6, 1-10	6.7	59

39	Effects of a low- or a high-carbohydrate diet on performance, energy system contribution, and metabolic responses during supramaximal exercise. <i>Applied Physiology, Nutrition and Metabolism</i> , 2013 , 38, 928-34	3	19
38	Strategies of dietary carbohydrate manipulation and their effects on performance in cycling time trials. <i>Sports Medicine</i> , 2013 , 43, 707-19	10.6	20
37	Prior exercise reduces fast-start duration and end-spurt magnitude during cycling time-trial. <i>International Journal of Sports Medicine</i> , 2013 , 34, 736-41	3.6	9
36	Strength-training with whole-body vibration in long-distance runners: a randomized trial. <i>International Journal of Sports Medicine</i> , 2013 , 34, 917-23	3.6	14
35	Associations between fitness tests and the international physical activity questionnaire-short form in healthy men. <i>Journal of Strength and Conditioning Research</i> , 2013 , 27, 3481-7	3.2	18
34	Estratgia adotada em provas de natao estilo crawl: uma anlise das distancias de 800 e 1500m.. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 2013 , 15,	0.1	3
33	Caffeine alters anaerobic distribution and pacing during a 4000-m cycling time trial. <i>PLoS ONE</i> , 2013 , 8, e75399	3.7	35
32	Caffeine increases anaerobic work and restores cycling performance following a protocol designed to lower endogenous carbohydrate availability. <i>PLoS ONE</i> , 2013 , 8, e72025	3.7	32
31	Energy system contributions during incremental exercise test. <i>Journal of Sports Science and Medicine</i> , 2013 , 12, 454-60	2.7	19
30	Listening to music in the first, but not the last 1.5 km of a 5-km running trial alters pacing strategy and improves performance. <i>International Journal of Sports Medicine</i> , 2012 , 33, 813-8	3.6	22
29	Fit-climbing test: a field test for indoor rock climbing. <i>Journal of Strength and Conditioning Research</i> , 2012 , 26, 1558-63	3.2	6
28	Ingesto de clcio e densidade mineral ssea em mulheres adultas intolerantes lactose. <i>Revista De Nutricao</i> , 2012 , 25, 587-595	1.8	1
27	Cardiopulmonary, blood metabolite and rating of perceived exertion responses to constant exercises performed at different intensities until exhaustion. <i>British Journal of Sports Medicine</i> , 2011 , 45, 1119-25	10.3	27
26	Modula autonmica durante o exercicio incremental com membros superiores em indivduos com lesao medular. <i>Revista Brasileira De Medicina Do Esporte</i> , 2011 , 17, 409-412	0.5	1
25	Rela entre a cintica do consumo de oxignio e a estratgia de corrida em uma prova de 10km. <i>Revista Brasileira De Medicina Do Esporte</i> , 2011 , 17, 354-357	0.5	
24	Relationship between attack and skipping in Taekwondo contests. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 1743-51	3.2	60
23	Ventilation behavior during upper-body incremental exercise. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 225-30	3.2	2
22	Fatores determinantes do desempenho na escalada esportiva: umas das contribuies da professora Maria Augusta Kiss para o desenvolvimento das cncias do esporte no Brasil. <i>Revista Brasileira De Medicina Do Esporte</i> , 2011 , 17, 84-87	0.5	2

21	Low carbohydrate diet affects the oxygen uptake on-kinetics and rating of perceived exertion in high intensity exercise. <i>Psychophysiology</i> , 2011 , 48, 277-84	4.1	18
20	The influence of peripheral afferent signals on the rating of perceived exertion and time to exhaustion during exercise at different intensities. <i>Psychophysiology</i> , 2011 , 48, 1284-90	4.1	28
19	Aerobic profile of climbers during maximal arm test. <i>International Journal of Sports Medicine</i> , 2011 , 32, 122-5	3.6	7
18	Modelo de equilíbrio dinâmico: breve revisão da sua origem, implicações e novas perspectivas. <i>Revista Brasileira De Educação Física E Esporte: RBEFE</i> , 2011 , 25, 547-555	0.8	0
17	Is acute supramaximal exercise capable of modulating lipoprotein profile in healthy men?. <i>European Journal of Clinical Investigation</i> , 2010 , 40, 759-65	4.6	7
16	Alterações fisiológicas e metabólicas em indivíduo com distrofia muscular de Duchenne durante tratamento fisioterapêutico: um estudo de caso. <i>Fisioterapia Em Movimento</i> , 2010 , 23, 93-103	0.8	5
15	Determinação visual do componente rápido do excesso do consumo de oxigênio após o exercício. <i>Revista Brasileira De Medicina Do Esporte</i> , 2010 , 16, 139-143	0.5	1
14	Predicting MAOD using only a supramaximal exhaustive test. <i>International Journal of Sports Medicine</i> , 2010 , 31, 477-81	3.6	51
13	Influence of high- and low-carbohydrate diet following glycogen-depleting exercise on heart rate variability and plasma catecholamines. <i>Applied Physiology, Nutrition and Metabolism</i> , 2010 , 35, 541-7	3	8
12	Effect of performance level on pacing strategy during a 10-km running race. <i>European Journal of Applied Physiology</i> , 2010 , 108, 1045-53	3.4	59
11	A low carbohydrate diet affects autonomic modulation during heavy but not moderate exercise. <i>European Journal of Applied Physiology</i> , 2010 , 108, 1133-40	3.4	11
10	Response to the letter "Improbable effect of carbohydrate diet on cardiac autonomic modulation during exercise". <i>European Journal of Applied Physiology</i> , 2010 , 110, 445-6	3.4	
9	Sedentary subjects have higher PAI-1 and lipoproteins levels than highly trained athletes. <i>Diabetology and Metabolic Syndrome</i> , 2010 , 2, 7	5.6	34
8	Relationship between training status and maximal fat oxidation rate. <i>Journal of Sports Science and Medicine</i> , 2010 , 9, 31-5	2.7	20
7	Acute high-intensity exercise with low energy expenditure reduced LDL-c and total cholesterol in men. <i>European Journal of Applied Physiology</i> , 2009 , 107, 203-10	3.4	23
6	Effect of carbohydrate availability on time to exhaustion in exercise performed at two different intensities. <i>Brazilian Journal of Medical and Biological Research</i> , 2009 , 42, 404-12	2.8	28
5	Ventilation Behavior in Trained and Untrained Men During Incremental Test: Evidence of one Metabolic Transition Point. <i>Journal of Sports Science and Medicine</i> , 2008 , 7, 335-43	2.7	2
4	Metabolismo do glicogênio muscular durante o exercício físico: mecanismos de regulação. <i>Revista De Nutricao</i> , 2007 , 20, 417-429	1.8	4

3	Testes de pista para avaliação da capacidade lática de corredores velocistas de alto nível. <i>Revista Brasileira De Medicina Do Esporte</i> , 2006 , 12, 99-102	0.5	0
2	Exercise twice-a-day potentiates skeletal muscle signalling responses associated with mitochondrial biogenesis in humans, which are independent of lowered muscle glycogen content		1
1	Psychological and psychophysiological mechanisms underlying the effects of meditation during moderate-intensity exercise. <i>International Journal of Sport and Exercise Psychology</i> , 1-29	2.5	0