Mohammad Alizadeh

List of Publications by Year in descending order

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Version: 2024-02-01

120 papers 2,148 citations

257357 24 h-index 330025 37 g-index

127 all docs

127 docs citations

times ranked

127

3066 citing authors

#	Article	IF	Citations
1	Daily Consumption of Synbiotic Yogurt Decreases Liver Steatosis in Patients with Nonalcoholic Fatty Liver Disease: A Randomized Controlled Clinical Trial. Journal of Nutrition, 2018, 148, 1276-1284.	1.3	103
2	<p>Recent Updates on Anti-Inflammatory and Antimicrobial Effects of Furan Natural Derivatives</p> . Journal of Inflammation Research, 2020, Volume 13, 451-463.	1.6	74
3	Metabolic endotoxemia and cardiovascular disease: A systematic review about potential roles of prebiotics and probiotics. Clinical and Experimental Pharmacology and Physiology, 2020, 47, 927-939.	0.9	68
4	Effect of <i>L</i> -Arginine and Selenium Added to a Hypocaloric Diet Enriched with Legumes on Cardiovascular Disease Risk Factors in Women with Central Obesity: A Randomized, Double-Blind, Placebo-Controlled Trial. Annals of Nutrition and Metabolism, 2012, 60, 157-168.	1.0	62
5	Effects of Pomegranate Juice on Cardiovascular Risk Factors in Patients with Metabolic Syndrome: a Double-Blinded, Randomized Crossover Controlled Trial. Plant Foods for Human Nutrition, 2017, 72, 126-133.	1.4	56
6	Effects of Nigella sativa oil extract on inflammatory cytokine response and oxidative stress status in patients with rheumatoid arthritis: a randomized, double-blind, placebo-controlled clinical trial. Avicenna Journal of Phytomedicine, 2016, 6, 34-43.	0.1	56
7	Nigella sativa oil with a calorie-restricted diet can improve biomarkers of systemic inflammation in obese women: A randomized double-blind, placebo-controlled clinical trial. Journal of Clinical Lipidology, 2016, 10, 1203-1211.	0.6	55
8	The effect of vitamin E supplementation on selected inflammatory biomarkers in adults: a systematic review and meta-analysis of randomized clinical trials. Scientific Reports, 2020, 10, 17234.	1.6	55
9	Immunomodulatory Effect of Nigella sativa Oil on T Lymphocytes in Patients with Rheumatoid Arthritis. Immunological Investigations, 2016, 45, 271-283.	1.0	54
10	Whole-grain consumption and its effects on hepatic steatosis and liver enzymes in patients with non-alcoholic fatty liver disease: a randomised controlled clinical trial. British Journal of Nutrition, 2020, 123, 328-336.	1.2	49
11	Quercetin and polycystic ovary syndrome, current evidence and future directions: a systematic review. Journal of Ovarian Research, 2020, 13, 11.	1.3	48
12	Oxidative Stress Responses to <i>Nigella sativa</i> Oil Concurrent with a Low alorie Diet in Obese Women: A Randomized, Doubleâ€Blind Controlled Clinical Trial. Phytotherapy Research, 2015, 29, 1722-1728.	2.8	47
13	TV Viewing, Independent of Physical Activity and Obesogenic Foods, Increases Overweight and Obesity in Adolescents. Journal of Health, Population and Nutrition, 2013, 31, 334-42.	0.7	46
14	Prognostic Potential of the Preoperative Controlling Nutritional Status (CONUT) Score in Predicting Survival of Patients with Cancer: A Systematic Review. Advances in Nutrition, 2021, 12, 234-250.	2.9	46
15	MIND diet and cognitive performance in older adults: a systematic review. Critical Reviews in Food Science and Nutrition, 2022, 62, 8059-8077.	5.4	45
16	Curcumin reduces malondialdehyde and improves antioxidants in humans with diseased conditions: a		

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19	Effects of Royal jelly on metabolic variables in diabetes mellitus: A systematic review. Complementary Therapies in Medicine, 2019, 43, 20-27.	1.3	33
20	Effects of garlic powder supplementation on insulin resistance, oxidative stress, and body composition in patients with non-alcoholic fatty liver disease: A randomized controlled clinical trial. Complementary Therapies in Medicine, 2020, 51, 102428.	1.3	32
21	The relation of Dietary diversity score and food insecurity to metabolic syndrome features and glucose level among pre-diabetes subjects. Primary Care Diabetes, 2018, 12, 338-344.	0.9	31
22	Effect of garlic powder supplementation on hepatic steatosis, liver enzymes and lipid profile in patients with non-alcoholic fatty liver disease: a double-blind randomised controlled clinical trial. British Journal of Nutrition, 2020, 124, 450-456.	1.2	31
23	Levels of Some Heavy Metals in Raw Cow's Milk from Selected Milk Production Sites in Iran: Is There any Health Concern?. Health Promotion Perspectives, 2015, 5, 176-182.	0.8	30
24	Effect of probiotic supplementation along with calorie restriction on metabolic endotoxemia, and inflammation markers in coronary artery disease patients: a double blind placebo controlled randomized clinical trial. Nutrition Journal, 2021, 20, 47.	1.5	27
25	Dietary Inflammatory Potential and the Risk of Incident Depression in Adults: A Systematic Review. Advances in Nutrition, 2019, 10, 9-18.	2.9	26
26	The effect of vitamin d-calcium co-supplementation on inflammatory biomarkers: A systematic review and meta-analysis of randomized controlled trials. Cytokine, 2020, 129, 155050.	1.4	26
27	Probiotics Supplementation on Cardiac Remodeling Following Myocardial Infarction: a Single-Center Double-Blind Clinical Study. Journal of Cardiovascular Translational Research, 2021, 14, 299-307.	1.1	26
28	Carotenoids supplementation and inflammation: a systematic review and meta-analysis of randomized clinical trials. Critical Reviews in Food Science and Nutrition, 2022, 62, 8161-8177.	5.4	26
29	Probiotic supplementation improves clinical outcomes and quality of life indicators in patients with plaque psoriasis: A randomized double-blind clinical trial. Clinical Nutrition ESPEN, 2021, 46, 33-39.	0.5	24
30	Health-Related Quality of Life and its Determinants Amongst Women With Diabetes Mellitus: A Cross-Sectional Analysis. Nursing and Midwifery Studies, 2016, InPress, e28937.	0.7	24
31	Magnetic nanoparticles loaded on mobile crystalline material-41: preparation, characterization and application as a novel material for the construction of an electrochemical nanosensor. RSC Advances, 2013, 3, 24237.	1.7	23
32	A comprehensive insight into the effect of glutamine supplementation on metabolic variables in diabetes mellitus: a systematic review. Nutrition and Metabolism, 2020, 17, 80.	1.3	23
33	New insights on atherosclerosis: A cross-talk between endocannabinoid systems with gut microbiota. Journal of Cardiovascular and Thoracic Research, 2018, 10, 129-137.	0.3	22
34	Curcumin against advanced glycation end products (AGEs) and AGEs-induced detrimental agents. Critical Reviews in Food Science and Nutrition, 2019, 59, 1169-1177.	5 . 4	22
35	Impact of educational intervention based on interactive approaches on beliefs, behavior, hemoglobin A1c, and quality of life in diabetic women. International Journal of Preventive Medicine, 2016, 7, 38.	0.2	22
36	The efficacy and safety of probiotics intervention in attenuating cardiac remodeling following myocardial infraction: Literature review and study protocol for a randomized, double-blinded, placebo controlled trial. Contemporary Clinical Trials Communications, 2019, 15, 100364.	0.5	21

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37	The Effect of Flaxseed Enriched Yogurt on the Glycemic Status and Cardiovascular Risk Factors in Patients with Type 2 Diabetes Mellitus: Randomized, Open-labeled, Controlled Study. Clinical Nutrition Research, 2019, 8, 284.	0.5	21
38	Augmented plasma adiponectin after prolonged fasting during ramadan in men. Health Promotion Perspectives, 2014, 4, 77-81.	0.8	21
39	The effects of taurine supplementation on glycemic control and serum lipid profile in patients with type 2 diabetes: a randomized, double-blind, placebo-controlled trial. Amino Acids, 2020, 52, 905-914.	1.2	20
40	Process evaluation of a national school-based iron supplementation program for adolescent girls in Iran. BMC Public Health, 2014, 14, 959.	1.2	19
41	Zinc against advanced glycation end products. Clinical and Experimental Pharmacology and Physiology, 2018, 45, 491-498.	0.9	19
42	Dietary Inflammatory Potential and the Risk of Neurodegenerative Diseases in Adults. Epidemiologic Reviews, 2019, 41, 109-120.	1.3	19
43	Assessing the effect of 5â€hydroxymethylfurfural on selected components of immune responses in mice immunised with ovalbumin. Journal of the Science of Food and Agriculture, 2017, 97, 3979-3984.	1.7	18
44	Exploring the role of body mass index in relationship of serum nitric oxide and advanced glycation end products in apparently healthy subjects. PLoS ONE, 2019, 14, e0213307.	1.1	17
45	Comparison of endocannabinoids levels, FAAH gene polymorphisms, and appetite regulatory substances in women with and without binge eating disorder: a cross- sectional study. Nutrition Research, 2020, 83, 86-93.	1.3	17
46	Chamomile (Matricaria recutita L.) and diabetes mellitus, current knowledge and the way forward: A systematic review. Complementary Therapies in Medicine, 2020, 48, 102284.	1.3	16
47	Effects of garlic powder supplementation on metabolic syndrome components, insulin resistance, fatty liver index, and appetite in subjects with metabolic syndrome: A randomized clinical trial. Phytotherapy Research, 2021, 35, 4433-4441.	2.8	16
48	Association of Dietary Diversity With Growth Outcomes in Infants and Children Aged Under 5 Years: A Systematic Review. Journal of Nutrition Education and Behavior, 2022, 54, 65-83.	0.3	16
49	Maternal dietary diversity during pregnancy and risk of low birth weight in newborns: a systematic review. Public Health Nutrition, 2021, 24, 4671-4681.	1.1	15
50	The relationship between Dietary Inflammatory Index and disease severity and inflammatory status: a caseâ€"control study of COVID-19 patients. British Journal of Nutrition, 2022, 127, 773-781.	1.2	15
51	Experimental immunology Decreased serum and mucosa immunoglobulin A levels in vitamin A- and zinc-deficient mice. Central-European Journal of Immunology, 2014, 2, 165-169.	0.4	14
52	Mechanistic Effects of Vitamin D Supplementation on Metabolic Syndrome Components in Patients with or without Vitamin D Deficiency. Journal of Obesity and Metabolic Syndrome, 2020, 29, 270-280.	1.5	14
53	The potency of education programs for management of blood pressure through increasing self-efficacy of hypertensive patients: A systematic review and meta-analysis. Patient Education and Counseling, 2020, 103, 451-461.	1.0	13
54	The Effects of Taurine Supplementation on Metabolic Profiles, Pentosidine, Soluble Receptor of Advanced Glycation End Products and Methylglyoxal in Adults With Type 2 Diabetes: A Randomized, Double-Blind, Placebo-Controlled Trial. Canadian Journal of Diabetes, 2021, 45, 39-46.	0.4	13

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55	Contribution of gut microbiota to nonalcoholic fatty liver disease: Pathways of mechanisms. Clinical Nutrition ESPEN, 2021, 44, 61-68.	0.5	13
56	Effect of zinc supplementation on insulin resistance, energy and macronutrients intakes in pregnant women with impaired glucose tolerance. Iranian Journal of Public Health, 2015, 44, 211-7.	0.3	13
57	Association between quality and quantity of dietary carbohydrate and pregnancy-induced hypertension: A case–control study. Clinical Nutrition ESPEN, 2019, 33, 158-163.	0.5	12
58	Maternal excessive gestational weight gain as a risk factor for autism spectrum disorder in offspring: a systematic review. BMC Pregnancy and Childbirth, 2020, 20, 645.	0.9	12
59	Chromium supplementation does not improve weight loss or metabolic and hormonal variables in patients with polycystic ovary syndrome: A systematic review. Nutrition Research, 2018, 56, 1-10.	1.3	11
60	Decreased Serum Levels of Ghrelin and Brain-Derived Neurotrophic Factor in Premenopausal Women With Metabolic Syndrome. Laboratory Medicine, 2018, 49, 140-146.	0.8	11
61	The effect of resveratrol on advanced glycation end products in diabetes mellitus: a systematic review. Archives of Physiology and Biochemistry, 2022, 128, 253-260.	1.0	11
62	Calcium and vitamin D3 combinations improve fatty liver disease through AMPK-independent mechanisms. European Journal of Nutrition, 2018, 57, 731-740.	1.8	10
63	Effects of Resistant Starch Supplementation on Glucose Metabolism, Lipid Profile, Lipid Peroxidation Marker, and Oxidative Stress in Overweight and Obese Adults: Randomized, Double-Blind, Crossover Trial. Clinical Nutrition Research, 2019, 8, 318.	0.5	10
64	Vitamin D and advanced glycation end products and their receptors. Pharmacological Research, 2020, 158, 104879.	3.1	10
65	Changes of Insulin Resistance and Adipokines Following Supplementation with Glycyrrhiza Glabra L. Extract in Combination with a Low-Calorie Diet in Overweight and Obese Subjects: a Randomized Double Blind Clinical Trial. Advanced Pharmaceutical Bulletin, 2018, 8, 123-130.	0.6	10
66	Comparison of Three Different Diet-Induced Non Alcoholic Fatty Liver Disease Protocols in Rats: A Pilot Study. Pharmaceutical Sciences, 2016, 22, 9-15.	0.8	10
67	The effect of hypocaloric diet enriched in legumes with or without L-arginine and selenium on anthropometric measures in central obese women. Journal of Research in Medical Sciences, 2010, 15, 331-43.	0.4	10
68	Association of High Dietary Acid Load With the Risk of Cancer: A Systematic Review and Meta-Analysis of Observational Studies. Frontiers in Nutrition, 2022, 9, 816797.	1.6	10
69	The effect of a fruit-rich diet on liver biomarkers, insulin resistance, and lipid profile in patients with non-alcoholic fatty liver disease: a randomized clinical trial. Scandinavian Journal of Gastroenterology, 2022, 57, 1238-1249.	0.6	10
70	The Effect of Dried Glycyrrhiza Glabra L. Extract on Obesity Management with Regard to PPAR-γ2 (Pro12Ala) Gene Polymorphism in Obese Subjects Following an Energy Restricted Diet. Advanced Pharmaceutical Bulletin, 2017, 7, 221-228.	0.6	9
71	Major dietary patterns in relation to preeclampsia among Iranian pregnant women: a case–control study. Journal of Maternal-Fetal and Neonatal Medicine, 2021, 34, 3529-3536.	0.7	9
72	Zinc supplementation does not influence serum levels of VEGF, BDNF, and NGF in diabetic retinopathy patients: a randomized controlled clinical trial. Nutritional Neuroscience, 2019, 22, 718-724.	1.5	9

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73	Effect of flaxseed oil supplementation on anthropometric and metabolic indices in patients with coronary artery disease: A double-blinded randomized controlled trial. Journal of Cardiovascular and Thoracic Research, 2019, 11, 152-160.	0.3	9
74	The effects of legumes on metabolic features, insulin resistance and hepatic function tests in women with central obesity: a randomized controlled trial. International Journal of Preventive Medicine, 2014, 5, 710-20.	0.2	9
75	IMPACT OF PRENATAL MATERNAL FACTORS AND BIRTH ORDER ON THE ANTHROPOMETRIC STATUS OF NEWBORNS IN IRAN. Journal of Biosocial Science, 2017, 49, 251-264.	0.5	8
76	The Eeffect of Metformin Combined with Calcium-Vitamin D3 Against Diet-Induced Nonalcoholic Fatty Liver Disease. Advanced Pharmaceutical Bulletin, 2018, 8, 97-105.	0.6	8
77	Industrial furan and its biological effects on the body systems. Journal of Food Biochemistry, 2018, 42, e12597.	1.2	8
78	Interactive Effect of Probiotics Supplementation and Weight Loss Diet on Metabolic Syndrome Features in Patients With Coronary Artery Diseases: A Double-Blind, Placebo-Controlled, Randomized Clinical Trial. American Journal of Lifestyle Medicine, 2021, 15, 653-663.	0.8	8
79	Potential roles of carnitine in patients with polycystic ovary syndrome: a systematic review. Gynecological Endocrinology, 2019, 35, 463-469.	0.7	8
80	Effects of <scp><i>Nigella sativa</i></scp> oil supplementation on selected metabolic parameters and anthropometric indices in patients with coronary artery disease: A randomized, doubleâ€blind, placeboâ€controlled clinical trial. Phytotherapy Research, 2021, 35, 3988-3999.	2.8	8
81	A comprehensive insight into effects of green tea extract in polycystic ovary syndrome: a systematic review. Reproductive Biology and Endocrinology, 2021, 19, 147.	1.4	8
82	Effects of sulfur dioxide, ozone, and ambient air pollution on bone metabolism related biochemical parameters in a rat model. Environmental Analysis, Health and Toxicology, 2020, 35, e2020023.	0.7	8
83	The Role of Lipids in the Pathogenesis of Metabolic Syndrome in Adolescents. Experimental and Clinical Endocrinology and Diabetes, 2018, 126, 14-22.	0.6	7
84	Randomized controlled trial on the effects of legumes on cardiovascular risk factors in women with abdominal obesity. ARYA Atherosclerosis, 2015, 11, 117-25.	0.4	7
85	Inhibition of IL-4 but not IFN- \hat{l}^3 production by splenocytes of mice immunized with ovalbumin after oral administration of 5-hydroxymethylfurfural. Food and Agricultural Immunology, 2017, 28, 27-34.	0.7	6
86	The effects of melatonin on neurohormonal regulation in cardiac cachexia: A mechanistic review. Journal of Cellular Biochemistry, 2019, 120, 16340-16351.	1.2	6
87	Diets enriched with whole grains reduce premenstrual syndrome scores in nurses: an open-label parallel randomised controlled trial. British Journal of Nutrition, 2019, 121, 992-1001.	1.2	6
88	Effect of flaxseed oil supplementation on the erythrocyte membrane fatty acid composition and endocannabinoid system modulation in patients with coronary artery disease: a double-blind randomized controlled trial. Genes and Nutrition, 2020, 15, 9.	1.2	6
89	Endocannabinoid system and cardiometabolic risk factors: A comprehensive systematic review insight into the mechanistic effects of omega-3 fatty acids. Life Sciences, 2020, 250, 117556.	2.0	6
90	Dietary quality index is negatively associated with serum advanced glycation end products in healthy adults. Clinical Nutrition ESPEN, 2020, 36, 111-115.	0.5	6

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91	Challenges of Food Insecurity Indicators, Diet Quality and Weight Outcomes in Women: A Cross-Sectional Study. Preventive Nutrition and Food Science, 2019, 24, 393-399.	0.7	6
92	The contribution of prenatal maternal factors to maternal gestational weight gain. Health Care for Women International, 2017, 38, 544-555.	0.6	5
93	Comparison of dietary patterns, food groups, nutrients intake, cardio-metabolic biomarkers, and liver enzymes in successful and unsuccessful weight loss maintainers. Obesity Medicine, 2019, 16, 100147.	0.5	5
94	Impact of Melatonin and Branched-Chain Amino Acids Cosupplementation on Quality of Life, Fatigue, and Nutritional Status in Cachectic Heart Failure Patients: A Randomized Controlled Trial. American Journal of Lifestyle Medicine, 2022, 16, 130-140.	0.8	5
95	Age-Dependent Changes in Plasma Amino Acids Contribute to Alterations in Glycoxidation Products. Journal of Medical Biochemistry, 2018, 37, 426-433.	0.7	5
96	Down-regulation of S100A1 protein in patients with metabolic syndrome and its association with zinc-α2-glycoprotein. Scottish Medical Journal, 2017, 62, 88-95.	0.7	4
97	The association of circulating endocannabinoids with appetite regulatory substances in obese women. Obesity Research and Clinical Practice, 2020, 14, 321-325.	0.8	4
98	Modulation of the gut microbiota represents a new management for non-alcoholic fatty liver disease. Hepatobiliary Surgery and Nutrition, 2020, 9, 223-226.	0.7	4
99	Dietary Inflammatory Index Is Related to Heart Failure Risk and Cardiac Function: A Case–Control Study in Heart Failure Patients. Frontiers in Nutrition, 2021, 8, 605396.	1.6	4
100	The effects of Cuminum cyminum on glycemic parameters: A systematic review and meta-analysis of controlled clinical trials. Journal of Ethnopharmacology, 2021, 281, 114510.	2.0	4
101	A Comprehensive Insight into Potential Roles of Taurine on Metabolic Variables in Type 2 Diabetes: A Systematic Review. Pharmaceutical Sciences, 2020, 26, 225-238.	0.1	4
102	Dietary Patterns of Young Females and Their Association With Waist Circumference as a Health Index in Northwest of Iran, 2007. Iranian Red Crescent Medical Journal, 2015, 17, e17594.	0.5	4
103	Predictors of healthâ€promoting behaviors in patients with coronary artery disease in the Iranian population. International Journal of Nursing Practice, 2016, 22, 486-492.	0.8	3
104	Effect of prenatal zinc supplementation on adipose tissue-derived hormones and neonatal weight, height and head circumference in women with impaired glucose tolerance test: randomized clinical controlled trial. International Journal of Diabetes in Developing Countries, 2019, 39, 471-477.	0.3	3
105	A comprehensive insight into potential roles of Nigella sativa on diseases by targeting AMP-activated protein kinase: a review. DARU, Journal of Pharmaceutical Sciences, 2020, 28, 779-787.	0.9	3
106	Brewed chicory leaf consumption has unexpected side effects along beneficial effects on liver enzymes in non-alcoholic fatty liver disease patients. Journal of Herbal Medicine, 2022, 34, 100572.	1.0	3
107	Effect of sulfur dioxide exposure on histopathology and morphometry of pancreatic islet cells and glycemic indices in Wistar rats. Environmental Science and Pollution Research, 2021, 28, 45739-45744.	2.7	2
108	Effect of L-arginine and Selenium on Metabolic Features, Insulin Resistance and Hepatic Function Tests in Obese Women. Current Nutrition and Food Science, 2015, 11, 93-98.	0.3	2

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109	Blood Level of 2-arachidonoyl Glycerol (2-AG), Neuropeptide Y and Omentin and Their Correlation with Food Habits in Obese Women. Galen, 2020, 9, e1721.	0.6	2
110	Evaluating Barriers to Adherence to Dietary Recommendations in Iranian Adults with Metabolic Syndrome: A Qualitative Study Using the Theory of Reasoned Action. Iranian Journal of Public Health, 2016, 45, 926-34.	0.3	2
111	Effect of Safflower Oil on Concentration of Conjugated Linoleic Acid of Kefir Prepared by Low-fat Milk. Recent Patents on Food, Nutrition & Agriculture, 2015, 7, 128-133.	0.5	1
112	Investigating the Maternal Factors Associated with Preschool Children's Food Preferences; A Cross-Sectional Study. , 2019, 8, 1652.		1
113	Immune response to ovalbumin following bisphenol A administration in mice fed with a low level of dietary protein. Journal of Microbiology, Immunology and Infection, 2007, 40, 364-70.	1.5	1
114	Effects of sulfur dioxide, ozone, and ambient air pollution on lung histopathology, oxidative-stress biomarkers, and apoptosis-related gene expressions in rats. Experimental Lung Research, 2022, 48, 137-148.	0.5	1
115	Response to â€Does <scp>l</scp> â€Carnitine Supplementation Improve Sleep Quality in Children with Autism?'. Basic and Clinical Pharmacology and Toxicology, 2018, 123, 231-232.	1.2	0
116	<p>Process Evaluation of a National Elderly Nutrition–Care Program in Iran: Perspectives of Clients and Providers</p> . Risk Management and Healthcare Policy, 2020, Volume 13, 1135-1147.	1.2	0
117	Inhibitory Effect of Hydroxymethylfurfural in Viability of BALB/C Mice Splenocytes. Pharmaceutical Sciences, 2019, 25, 31-36.	0.1	0
118	Efficacy of Cuminum Cyminum supplementation on lipid profile and anthropometric parameters: A systematic review and metaâ€analysis of randomized controlled clinical trials. Phytotherapy Research, 2022, 36, 380-394.	2.8	0
119	The association of a body shape index and visceral adiposity index with neurotrophic, hormonal and metabolic factors among apparently healthy women: a cross-sectional analysis. Journal of Diabetes and Metabolic Disorders, 0, , 1.	0.8	0
120	Investigation of the association between cardio-metabolic risk factors, neurotrophins and gastric hormones among apparently healthy women: A cross-sectional analysis. Journal of Cardiovascular and Thoracic Research, 2022, 14, 53-60.	0.3	0