

# Ekavi Georgousopoulou,, Apd

## List of Publications by Year in descending order

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Version: 2024-02-01

112  
papers

2,204  
citations

257450

24  
h-index

289244

40  
g-index

115  
all docs

115  
docs citations

115  
times ranked

3662  
citing authors

#	ARTICLE	IF	CITATIONS
1	Unmet spiritual needs in palliative care: psychometrics of a screening checklist. <i>BMJ Supportive and Palliative Care</i> , 2023, 13, e170-e176.	1.6	7
2	Irrational beliefs, depression and anxiety, in relation to 10-year cardiovascular disease risk: the ATTICA Epidemiological Study. <i>Anxiety, Stress and Coping</i> , 2023, 36, 199-213.	2.9	2
3	Exploring the Role of Irrational Beliefs, Lifestyle Behaviors, and Educational Status in 10-Year Cardiovascular Disease Risk: the ATTICA Epidemiological Study. <i>International Journal of Behavioral Medicine</i> , 2023, 30, 279-288.	1.7	2
4	Meat consumption, depressive symptomatology and cardiovascular disease incidence in apparently healthy men and women: highlights from the ATTICA cohort study (2002â€“2012). <i>Nutritional Neuroscience</i> , 2022, 25, 266-275.	3.1	2
5	A Mediterranean diet microsimulation modeling in relation to cardiovascular disease burden: the ATTICA and GRECS epidemiological studies. <i>European Journal of Clinical Nutrition</i> , 2022, 76, 434-441.	2.9	6
6	Patientâ€™caregiver dyads advance care plan value discussions: randomised controlled cancer trial of video decision support tool. <i>BMJ Supportive and Palliative Care</i> , 2022, , bmjpspcare-2021-003240.	1.6	5
7	Quality of plant-based diets in relation to 10-year cardiovascular disease risk: the ATTICA cohort study. <i>European Journal of Nutrition</i> , 2022, 61, 2639-2649.	3.9	12
8	Impact of ambulatory palliative care on symptoms and service outcomes in cancer patients: a retrospective cohort study. <i>BMC Palliative Care</i> , 2022, 21, 28.	1.8	5
9	Ligament Augmentation Reconstruction System (LARS) for Ankle Lateral Ligament Reconstruction in Higher-Risk Patients: A 5-Year Prospective Cohort Study. <i>Orthopaedic Journal of Sports Medicine</i> , 2022, 10, 232596712210939.	1.7	1
10	Exploring the Path of Mediterranean Diet, Non-Alcoholic Fatty Liver Disease (NAFLD) and Inflammation towards 10-Year Cardiovascular Disease (CVD) Risk: The ATTICA Study 10-Year Follow-Up (2002â€“2012). <i>Nutrients</i> , 2022, 14, 2367.	4.1	5
11	Comparison of the Mediterranean diet and the Dietary Approach Stop Hypertension in reducing the risk of 10-year fatal and non-fatal CVD events in healthy adults: the ATTICA Study (2002â€“2012). <i>Public Health Nutrition</i> , 2021, 24, 2746-2757.	2.2	13
12	The bioactive, antioxidant, antibacterial, and physicochemical properties of a range of commercially available Australian honeys. <i>Current Research in Food Science</i> , 2021, 4, 532-542.	5.8	16
13	Burnout and the challenges facing pharmacists during COVID-19: results of a national survey. <i>International Journal of Clinical Pharmacy</i> , 2021, 43, 716-725.	2.1	61
14	Foods, Nutrients and Dietary Patterns in Relation to Irrational Beliefs and Related Psychological Disorders: The ATTICA Epidemiological Study. <i>Nutrients</i> , 2021, 13, 1472.	4.1	6
15	Irrational beliefs trigger depression and anxiety symptoms, and associated with increased inflammation and oxidative stress markers in the 10-year diabetes mellitus risk: the ATTICA epidemiological study. <i>Journal of Diabetes and Metabolic Disorders</i> , 2021, 20, 727-739.	1.9	8
16	Associations between nut intake, cognitive function and non-alcoholic fatty liver disease (NAFLD) in older adults in the United States: NHANES 2011-14. <i>BMC Geriatrics</i> , 2021, 21, 313.	2.7	19
17	Video decision support tool promoting values conversations in advanced care planning in cancer: protocol of a randomised controlled trial. <i>BMC Palliative Care</i> , 2021, 20, 95.	1.8	5
18	Probiotics for the prevention of antibiotic-associated diarrhoea: a systematic review and meta-analysis. <i>BMJ Open</i> , 2021, 11, e043054.	1.9	44

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19	Annual prevalence, characteristics, and outcomes of intensive care patients with skin or soft tissue infections in Australia and New Zealand: A retrospective cohort study between 2006-2017. Australian Critical Care, 2021, 34, 403-410.	1.3	3
20	971 Ethnicity and Cardiovascular Disease in the Australian Population. International Journal of Epidemiology, 2021, 50, .	1.9	0
21	Intake of Nuts and Seeds Is Associated with a Lower Prevalence of Nonalcoholic Fatty Liver Disease in US Adults: Findings from 2005â€“2018 NHANES. Journal of Nutrition, 2021, 151, 3507-3515.	2.9	11
22	Irrational Beliefs, Dietary Habits and 10-Year Incidence of Type 2 Diabetes; the ATTICA Epidemiological Study (2002-2012). Review of Diabetic Studies, 2021, 17, 38-49.	1.3	3
23	The effect of blueberry interventions on cognitive performance and mood: A systematic review of randomized controlled trials. Brain, Behavior, and Immunity, 2020, 85, 96-105.	4.1	67
24	Palliative Caregiversâ€™ Spirituality, Views About Spiritual Care, and Associations With Spiritual Well-Being: A Mixed Methods Study. American Journal of Hospice and Palliative Medicine, 2020, 37, 305-313.	1.4	18
25	Barriers to rehabilitation after critical illness: a survey of multidisciplinary healthcare professionals caring for ICU survivors in an acute care hospital. Australian Critical Care, 2020, 33, 264-271.	1.3	11
26	Sex-discrete role of depressive symptomatology on 10-year first and recurrent cardiovascular disease incidence: results from ATTICA and GREECS prospective studies. Hellenic Journal of Cardiology, 2020, 61, 321-328.	1.0	7
27	Skeletal muscle mass in relation to 10 year cardiovascular disease incidence among middle aged and older adults: the ATTICA study. Journal of Epidemiology and Community Health, 2020, 74, 26-31.	3.7	68
28	The Effects of Green Tea Amino Acid L-Theanine Consumption on the Ability to Manage Stress and Anxiety Levels: a Systematic Review. Plant Foods for Human Nutrition, 2020, 75, 12-23.	3.2	42
29	Mediterranean lifestyle: Linking social life and behaviors, residential environment, and cardiovascular disease prevention. , 2020, , 67-71.		0
30	Dairy products, surrogate markers, and cardiovascular disease; a sex-specific analysis from the ATTICA prospective study. Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 2194-2206.	2.6	10
31	Very low internal consistency in modified early warning score parameters: audit of 873,182 physiological observation sets of 15,103 inpatients. Australian Critical Care, 2020, 33, S47-S48.	1.3	1
32	<scp>Oneâ€“Sizeâ€“Fitsâ€“All</scp> Approach Does Not Work for Gynecology Trainees Learning Endometriosis Ultrasound Skills. Journal of Ultrasound in Medicine, 2020, 39, 2295-2303.	1.7	17
33	Ureter Visualization With Transvaginal Ultrasound. Journal of Ultrasound in Medicine, 2020, 39, 2365-2372.	1.7	4
34	Spirituality and religiosity in a palliative medicine population: mixed-methods study. BMJ Supportive and Palliative Care, 2020, , bmjspcare-2020-002261.	1.6	4
35	The Effect of L-Theanine Incorporated in a Functional Food Product (Mango Sorbet) on Physiological Responses in Healthy Males: A Pilot Randomised Controlled Trial. Foods, 2020, 9, 371.	4.3	8
36	Association between lipids and apolipoproteins on type 2 diabetes risk; moderating effects of gender and polymorphisms; the ATTICA study. Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 788-795.	2.6	6

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37	Comparison of an early warning score to single-triggering warning system for inpatient deterioration: An audit of 4089 medical emergency calls. <i>Resuscitation</i> , 2020, 154, 7-9.	3.0	1
38	Assessing the diet quality of individuals with rheumatic conditions: a cross-sectional study. <i>Rheumatology International</i> , 2020, 40, 1439-1448.	3.0	1
39	Dietary anti-inflammatory index, metabolic syndrome and transition in metabolic status; a gender-specific analysis of ATTICA prospective study. <i>Diabetes Research and Clinical Practice</i> , 2020, 161, 108031.	2.8	9
40	Sex-Related Differences of the Effect of Lipoproteins and Apolipoproteins on 10-Year Cardiovascular Disease Risk; Insights from the ATTICA Study (2002â€“2012). <i>Molecules</i> , 2020, 25, 1506.	3.8	5
41	Defining the Path Between Social and Economic Factors, Clinical and Lifestyle Determinants, and Cardiovascular Disease. <i>Global Heart</i> , 2020, 10, 255.	2.3	7
42	Cognitive and psychosocial outcomes of mechanically ventilated intensive care patients with and without delirium. <i>Annals of Intensive Care</i> , 2020, 10, 104.	4.6	27
43	Exposure to second hand smoke and 10-year (2002â€“2012) incidence of cardiovascular disease in never smokers: The ATTICA cohort study. <i>International Journal of Cardiology</i> , 2019, 295, 29-35.	1.7	9
44	Adherence to a DASH-style diet and cardiovascular disease risk: The 10-year follow-up of the ATTICA study. <i>Nutrition and Health</i> , 2019, 25, 225-230.	1.5	12
45	The anti-inflammatory potential of diet and nonalcoholic fatty liver disease: the ATTICA study. <i>Therapeutic Advances in Gastroenterology</i> , 2019, 12, 175628481985803.	3.2	21
46	Psychophysiological Responses in People Living with Dementia after an Art Gallery Intervention: An Exploratory Study. <i>Journal of Alzheimer's Disease</i> , 2019, 72, 549-562.	2.6	24
47	A sex-specific evaluation of predicted lean and fat mass composition and cardiovascular disease onset and progression: A combined analysis of the ATTICA and GRECS prospective epidemiological studies. <i>Obesity Research and Clinical Practice</i> , 2019, 13, 469-477.	1.8	9
48	The Effects of Dietary Polyphenols on Circulating Cardiovascular Disease Biomarkers and Iron Status: A Systematic Review. <i>Nutrition and Metabolic Insights</i> , 2019, 12, 117863881988273.	1.9	36
49	Consumer and carer leadership in palliative care academia and practice: A systematic review with narrative synthesis. <i>Palliative Medicine</i> , 2019, 33, 959-968.	3.1	17
50	Lipoprotein (a) and 10-year Cardiovascular Disease Incidence in Apparently Healthy Individuals: A Sex-based Sensitivity Analysis from ATTICA Cohort Study. <i>Angiology</i> , 2019, 70, 819-829.	1.8	19
51	A Mini-Review of Virtual Reality-Based Interventions to Promote Well-Being for People Living with Dementia and Mild Cognitive Impairment. <i>Gerontology</i> , 2019, 65, 430-440.	2.8	133
52	Visceral adiposity index outperforms common anthropometric indices in predicting 10â€“year diabetes risk: Results from the ATTICA study. <i>Diabetes/Metabolism Research and Reviews</i> , 2019, 35, e3161.	4.0	22
53	Identifying determinants of obesity in Athens, Greece through global and local statistical models. <i>Spatial and Spatio-temporal Epidemiology</i> , 2019, 29, 31-41.	1.7	10
54	The effect of different drying techniques on phytochemical content and in vitro antioxidant properties of Australianâ€“grown prickly pears ( <i>Opuntia ficus indica</i> ). <i>Journal of Food Processing and Preservation</i> , 2019, 43, e13900.	2.0	14

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55	Stage 1 hypertension, but not elevated blood pressure, predicts 10-year fatal and non-fatal CVD events in healthy adults: the ATTICA Study. <i>Journal of Human Hypertension</i> , 2019, 33, 308-318.	2.2	10
56	Beer, wine consumption, and 10-year CVD incidence: the ATTICA study. <i>European Journal of Clinical Nutrition</i> , 2019, 73, 1015-1023.	2.9	15
57	The beneficial health effects of green tea amino acid L-theanine in animal models: Promises and prospects for human trials. <i>Phytotherapy Research</i> , 2019, 33, 571-583.	5.8	48
58	Transition from metabolically benign to metabolically unhealthy obesity and 10-year cardiovascular disease incidence: The ATTICA cohort study. <i>Metabolism: Clinical and Experimental</i> , 2019, 93, 18-24.	3.4	92
59	Curcumin for Cognition: Is It Just Hype, Based on Current Data?. <i>Advances in Nutrition</i> , 2019, 10, 179-181.	6.4	9
60	Evaluation of dietary and lifestyle changes as modifiers of S100 $\beta$ levels in Alzheimer's disease. <i>Nutritional Neuroscience</i> , 2019, 22, 1-18.	3.1	29
61	Olive oil consumption and 10-year (2002-2012) cardiovascular disease incidence: the ATTICA study. <i>European Journal of Nutrition</i> , 2019, 58, 131-138.	3.9	24
62	Effects of Curcumin on Cognitive Function—A Systematic Review of Randomized Controlled Trials. <i>Exploratory Research and Hypothesis in Medicine</i> , 2019, 4, 1-11.	0.4	13
63	Gender-specific, Lifestyle-related Factors and 10-year Cardiovascular Disease Risk; the ATTICA and GRECS Cohort Studies. <i>Current Vascular Pharmacology</i> , 2019, 17, 401-410.	1.7	18
64	The Association Between Sleeping Time and Metabolic Syndrome Features, Among Older Adults Living in Mediterranean Region: The MEDIS Study. <i>Metabolic Syndrome and Related Disorders</i> , 2018, 16, 20-28.	1.3	2
65	The effects of the Mediterranean diet on rheumatoid arthritis prevention and treatment: a systematic review of human prospective studies. <i>Rheumatology International</i> , 2018, 38, 737-747.	3.0	109
66	Effect of long-term nutraceutical and dietary supplement use on cognition in the elderly: a 10-year systematic review of randomised controlled trials. <i>British Journal of Nutrition</i> , 2018, 119, 280-298.	2.3	50
67	J-shaped relationship between habitual coffee consumption and 10-year (2002-2012) cardiovascular disease incidence: the ATTICA study. <i>European Journal of Nutrition</i> , 2018, 57, 1677-1685.	3.9	22
68	Single and combined effects of inflammatory markers on 10-year diabetes incidence: The mediating role of adiposity—Results from the ATTICA cohort study. <i>Diabetes/Metabolism Research and Reviews</i> , 2018, 34, e2939.	4.0	14
69	Sugar and cocoa: sweet synergy or bitter antagonisms. Formulating cocoa and chocolate products for health: a narrative review. <i>International Journal of Food Science and Technology</i> , 2018, 53, 33-42.	2.7	16
70	Moderate physical activity reduces 10-year diabetes incidence: the mediating role of oxidative stress biomarkers. <i>International Journal of Public Health</i> , 2018, 63, 297-305.	2.3	9
71	Machine learning methodologies versus cardiovascular risk scores, in predicting disease risk. <i>BMC Medical Research Methodology</i> , 2018, 18, 179.	3.1	67
72	How to present research findings: The case of tables. <i>Nutrition and Health</i> , 2018, 24, 135-135.	1.5	0

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73	Lipid accumulation product in relation to 10-year cardiovascular disease incidence in Caucasian adults: The ATTICA study. <i>Atherosclerosis</i> , 2018, 279, 10-16.	0.8	38
74	The mediating role of Mediterranean diet on the association between Lp(a) levels and cardiovascular disease risk: A 10-year follow-up of the ATTICA study. <i>Clinical Biochemistry</i> , 2018, 60, 33-37.	1.9	13
75	The effects of grape and red wine polyphenols on gut microbiota – A systematic review. <i>Food Research International</i> , 2018, 113, 277-287.	6.2	111
76	Single and combined effects of inflammatory markers on diabetes development; the mediating role of obesity: 10-year follow up of the Attica study. <i>Clinical Nutrition ESPEN</i> , 2018, 24, 180.	1.2	1
77	Dietary approaches for patients with heart failure and diabetes. <i>Practical Diabetes</i> , 2018, 35, 127.	0.3	0
78	Determinants of healthy ageing and its relation to 10-year cardiovascular disease incidence: the ATTICA study. <i>Central European Journal of Public Health</i> , 2018, 26, 3-9.	1.1	6
79	Authors'™ reply to comments on tocotrienols, health and ageing. <i>Maturitas</i> , 2017, 97, 21.	2.4	0
80	Exploring the path between depression, anxiety and 10-year cardiovascular disease incidence, among apparently healthy Greek middle-aged adults: The ATTICA study. <i>Maturitas</i> , 2017, 106, 73-79.	2.4	19
81	<i>Nutrition and Health</i> editorial: How to present and interpret research findings in nutrition and dietetics research. <i>Nutrition and Health</i> , 2017, 23, 129-130.	1.5	0
82	Adiponectin circulating levels and 10-year (2002–2012) cardiovascular disease incidence: the ATTICA Study. <i>Endocrine</i> , 2017, 58, 542-552.	2.3	17
83	Reply to Letter to the Editor to J-shaped relationship between habitual coffee consumption and 10-year (2002–2012) cardiovascular disease incidence: the ATTICA study. <i>European Journal of Nutrition</i> , 2017, 56, 2213-2214.	3.9	2
84	Modeling anthropometric indices in relation to 10-year (2002–2012) incidence of cardiovascular disease, among apparently healthy individuals: The ATTICA study. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2017, 11, S789-S795.	3.6	4
85	Tocotrienols, health and ageing: A systematic review. <i>Maturitas</i> , 2017, 95, 55-60.	2.4	14
86	Association of depression and anxiety status with 10-year cardiovascular disease incidence among apparently healthy Greek adults: The ATTICA Study. <i>European Journal of Preventive Cardiology</i> , 2017, 24, 145-152.	1.8	47
87	Mediterranean lifestyle and cardiovascular disease prevention. <i>Cardiovascular Diagnosis and Therapy</i> , 2017, 67, S39-S47.	1.7	27
88	Association of Socio-Environmental Determinants with Diabetes Prevalence in the Athens Metropolitan Area, Greece: A Spatial Analysis. <i>Review of Diabetic Studies</i> , 2017, 14, 381-389.	1.3	9
89	Inverse Relationship Between Adherence to the Mediterranean Diet and Serum Cystatin C Levels. <i>Central European Journal of Public Health</i> , 2017, 25, 240-244.	1.1	11
90	Mediterranean Diet and 10-year (2002-2012) Incidence of Diabetes and Cardiovascular Disease in Participants with Prediabetes: The ATTICA study. <i>Review of Diabetic Studies</i> , 2016, 13, 226-235.	1.3	37

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91	The Effect of Dietary Supplementation of Green Tea Catechins on Cardiovascular Disease Risk Markers in Humans: A Systematic Review of Clinical Trials. <i>Beverages</i> , 2016, 2, 16.	2.8	14
92	Education status determines 10-year (2002-2012) survival from cardiovascular disease in Athens metropolitan area: the ATTICA study, Greece. <i>Health and Social Care in the Community</i> , 2016, 24, 334-344.	1.6	15
93	Impact of physical activity category on incidence of cardiovascular disease: Results from the 10-year follow-up of the ATTICA Study (2002-2012). <i>Preventive Medicine</i> , 2016, 93, 27-32.	3.4	12
94	Anti-inflammatory diet and 10-year (2002-2012) cardiovascular disease incidence: The ATTICA study. <i>International Journal of Cardiology</i> , 2016, 222, 473-478.	1.7	28
95	Exploring the association between low socioeconomic status and cardiovascular disease risk in healthy Greeks, in the years of financial crisis (2002-2012): The ATTICA study. <i>International Journal of Cardiology</i> , 2016, 223, 758-763.	1.7	21
96	Metabolic syndrome, adherence to the Mediterranean diet and 10-year cardiovascular disease incidence: The ATTICA study. <i>Atherosclerosis</i> , 2016, 246, 87-93.	0.8	53
97	Dietary Patterns and 10-year (2002-2012) Incidence of Type 2 Diabetes: Results from the ATTICA Cohort Study. <i>Review of Diabetic Studies</i> , 2016, 13, 246-256.	1.3	9
98	Physical activity level improves the predictive accuracy of cardiovascular disease risk score: The ATTICA study (2002-2012). <i>International Journal of Preventive Medicine</i> , 2016, 7, 52.	0.4	7
99	Hierarchical modelling of blood lipids™ profile and 10-year (2002-2012) all cause mortality and incidence of cardiovascular disease: the ATTICA study. <i>Lipids in Health and Disease</i> , 2015, 14, 108.	3.0	27
100	Greek Acute Coronary Syndrome Score for the Prediction of In-hospital and 30-Day Mortality of Patients With an Acute Coronary Syndrome. <i>Journal of Cardiovascular Nursing</i> , 2015, 30, 456-463.	1.1	1
101	A comparative analysis of predictors for 1-year recurrent acute coronary syndromes events, by age group: The Greek observational study of ACS (GREECS). <i>Maturitas</i> , 2015, 80, 205-211.	2.4	5
102	Ten-year (2002-2012) cardiovascular disease incidence and all-cause mortality, in urban Greek population: The ATTICA Study. <i>International Journal of Cardiology</i> , 2015, 180, 178-184.	1.7	114
103	Assessment of diet quality improves the classification ability of cardiovascular risk score in predicting future events: The 10-year follow-up of the ATTICA study (2002-2012). <i>European Journal of Preventive Cardiology</i> , 2015, 22, 1488-1498.	1.8	18
104	Adherence to Mediterranean Diet Offers an Additive Protection Over the Use of Statin Therapy: Results from the ATTICA Study (2002-2012). <i>Current Vascular Pharmacology</i> , 2015, 13, 778-787.	1.7	10
105	Hypohydration and Vascular Atherosclerosis. <i>FASEB Journal</i> , 2015, 29, 906.5.	0.5	0
106	10-year Incidence of Diabetes and Associated Risk Factors in Greece: the ATTICA study (2002-2012). <i>Review of Diabetic Studies</i> , 2014, 11, 181-189.	1.3	33
107	Influence of Protein Intake from Haem and Non-haem Animals and Plant Origin on Inflammatory Biomarkers among Apparently-healthy Adults in Greece. <i>Journal of Health, Population and Nutrition</i> , 2014, 31, 446-54.	2.0	5
108	The role of dietary patterns™ assessment in the predictive ability of cardiovascular disease risk estimation models: a review. <i>International Journal of Food Sciences and Nutrition</i> , 2014, 65, 3-8.	2.8	14

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109	Association between mediterranean diet and non-fatal cardiovascular events, in the context of anxiety and depression disorders: a case/case-control study. Hellenic Journal of Cardiology, 2014, 55, 24-31.	1.0	7
110	Comparative Analysis of Cardiovascular Disease Risk Factors Influencing Nonfatal Acute Coronary Syndrome and Ischemic Stroke. American Journal of Cardiology, 2013, 112, 349-354.	1.6	18
111	Beliefs and attitudes regarding cardiovascular disease risk factors: A health survey in 10,141 Greek men and women (2006-2012). International Journal of Cardiology, 2013, 168, 4847-4849.	1.7	9
112	Patient-caregiver communication concordance in cancer- refinement of the Cancer Communication Assessment Tool in an Australian sample. Supportive Care in Cancer, 0, , .	2.2	1