Ekavi Georgousopoulou,, Apd

List of Publications by Year
in descending order

112 papers	2,204 citations	257450 24 h-index	289244 40 g-index
115 all docs	115 docs citations	115 times ranked	3662 citing authors

#	Article	IF	Citations
1	A Mini-Review of Virtual Reality-Based Interventions to Promote Well-Being for People Living with Dementia and Mild Cognitive Impairment. Gerontology, 2019, 65, 430-440.	2.8	133
2	Ten-year (2002–2012) cardiovascular disease incidence and all-cause mortality, in urban Greek population: The ATTICA Study. International Journal of Cardiology, 2015, 180, 178-184.	1.7	114
3	The effects of grape and red wine polyphenols on gut microbiota – A systematic review. Food Research International, 2018, 113, 277-287.	6.2	111
4	The effects of the Mediterranean diet on rheumatoid arthritis prevention and treatment: a systematic review of human prospective studies. Rheumatology International, 2018, 38, 737-747.	3.0	109
5	Transition from metabolically benign to metabolically unhealthy obesity and 10-year cardiovascular disease incidence: The ATTICA cohort study. Metabolism: Clinical and Experimental, 2019, 93, 18-24.	3.4	92
6	Skeletal muscle mass in relation to 10 year cardiovascular disease incidence among middle aged and older adults: the ATTICA study. Journal of Epidemiology and Community Health, 2020, 74, 26-31.	3.7	68
7	Machine learning methodologies versus cardiovascular risk scores, in predicting disease risk. BMC Medical Research Methodology, 2018, 18, 179.	3.1	67
8	The effect of blueberry interventions on cognitive performance and mood: A systematic review of randomized controlled trials. Brain, Behavior, and Immunity, 2020, 85, 96-105.	4.1	67
9	Burnout and the challenges facing pharmacists during COVID-19: results of a national survey. International Journal of Clinical Pharmacy, 2021, 43, 716-725.	2.1	61
10	Metabolic syndrome, adherence to the Mediterranean diet and 10-year cardiovascular disease incidence: The ATTICA study. Atherosclerosis, 2016, 246, 87-93.	0.8	53
11	Effect of long-term nutraceutical and dietary supplement use on cognition in the elderly: a 10-year systematic review of randomised controlled trials. British Journal of Nutrition, 2018, 119, 280-298.	2.3	50
12	The beneficial health effects of green tea amino acid <scp>l</scp>‑theanine in animal models: Promises and prospects for human trials. Phytotherapy Research, 2019, 33, 571-583.	5.8	48
13	Association of depression and anxiety status with 10-year cardiovascular disease incidence among apparently healthy Greek adults: The ATTICA Study. European Journal of Preventive Cardiology, 2017, 24, 145-152.	1.8	47
14	Probiotics for the prevention of antibiotic-associated diarrhoea: a systematic review and meta-analysis. BMJ Open, 2021, 11, e043054.	1.9	44
15	The Effects of Green Tea Amino Acid L-Theanine Consumption on the Ability to Manage Stress and Anxiety Levels: a Systematic Review. Plant Foods for Human Nutrition, 2020, 75, 12-23.	3.2	42
16	Lipid accumulation product in relation to 10-year cardiovascular disease incidence in Caucasian adults: The ATTICA study. Atherosclerosis, 2018, 279, 10-16.	0.8	38
17	Mediterranean Diet and 10-year (2002-2012) Incidence of Diabetes and Cardiovascular Disease in Participants with Prediabetes: The ATTICA study. Review of Diabetic Studies, 2016, 13, 226-235.	1.3	37
18	The Effects of Dietary Polyphenols on Circulating Cardiovascular Disease Biomarkers and Iron Status: A Systematic Review. Nutrition and Metabolic Insights, 2019, 12, 117863881988273.	1.9	36

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19	10-year Incidence of Diabetes and Associated Risk Factors in Greece: the ATTICA study (2002-2012). Review of Diabetic Studies, 2014, 11, 181-189.	1.3	33
20	Evaluation of dietary and lifestyle changes as modifiers of S100β levels in Alzheimer's disease. Nutritional Neuroscience, 2019, 22, 1-18.	3.1	29
21	Anti-inflammatory diet and 10-year (2002–2012) cardiovascular disease incidence: The ATTICA study. International Journal of Cardiology, 2016, 222, 473-478.	1.7	28
22	Hierarchical modelling of blood lipids' profile and 10-year (2002–2012) all cause mortality and incidence of cardiovascular disease: the ATTICA study. Lipids in Health and Disease, 2015, 14, 108.	3.0	27
23	Mediterranean lifestyle and cardiovascular disease prevention. Cardiovascular Diagnosis and Therapy, 2017, 67, S39-S47.	1.7	27
24	Cognitive and psychosocial outcomes of mechanically ventilated intensive care patients with and without delirium. Annals of Intensive Care, 2020, 10, 104.	4.6	27
25	Psychophysiological Responses in People Living with Dementia after an Art Gallery Intervention: An Exploratory Study. Journal of Alzheimer's Disease, 2019, 72, 549-562.	2.6	24
26	Olive oil consumption and 10-year (2002–2012) cardiovascular disease incidence: the ATTICA study. European Journal of Nutrition, 2019, 58, 131-138.	3.9	24
27	J-shaped relationship between habitual coffee consumption and 10-year (2002–2012) cardiovascular disease incidence: the ATTICA study. European Journal of Nutrition, 2018, 57, 1677-1685.	3.9	22
28	Visceral adiposity index outperforms common anthropometric indices in predicting 10‐year diabetes risk: Results from the ATTICA study. Diabetes/Metabolism Research and Reviews, 2019, 35, e3161.	4.0	22
29	Exploring the association between low socioeconomic status and cardiovascular disease risk in healthy Greeks, in the years of financial crisis (2002–2012): The ATTICA study. International Journal of Cardiology, 2016, 223, 758-763.	1.7	21
30	The anti-inflammatory potential of diet and nonalcoholic fatty liver disease: the ATTICA study. Therapeutic Advances in Gastroenterology, 2019, 12, 175628481985803.	3.2	21
31	Exploring the path between depression, anxiety and 10-year cardiovascular disease incidence, among apparently healthy Greek middle-aged adults: The ATTICA study. Maturitas, 2017, 106, 73-79.	2.4	19
32	Lipoprotein (a) and 10-year Cardiovascular Disease Incidence in Apparently Healthy Individuals: A Sex-based Sensitivity Analysis from ATTICA Cohort Study. Angiology, 2019, 70, 819-829.	1.8	19
33	Associations between nut intake, cognitive function and non‐alcoholic fatty liver disease (NAFLD) in older adults in the United States: NHANES 2011-14. BMC Geriatrics, 2021, 21, 313.	2.7	19
34	Comparative Analysis of Cardiovascular Disease Risk Factors Influencing Nonfatal Acute Coronary Syndrome and Ischemic Stroke. American Journal of Cardiology, 2013, 112, 349-354.	1.6	18
35	Assessment of diet quality improves the classification ability of cardiovascular risk score in predicting future events: The 10-year follow-up of the ATTICA study (2002–2012). European Journal of Preventive Cardiology, 2015, 22, 1488-1498.	1.8	18
36	Palliative Caregivers' Spirituality, Views About Spiritual Care, and Associations With Spiritual Well-Being: A Mixed Methods Study. American Journal of Hospice and Palliative Medicine, 2020, 37, 305-313.	1.4	18

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37	Gender-specific, Lifestyle-related Factors and 10-year Cardiovascular Disease Risk; the ATTICA and GREECS Cohort Studies. Current Vascular Pharmacology, 2019, 17, 401-410.	1.7	18
38	Adiponectin circulating levels and 10-year (2002â€"2012) cardiovascular disease incidence: the ATTICA Study. Endocrine, 2017, 58, 542-552.	2.3	17
39	Consumer and carer leadership in palliative care academia and practice: A systematic review with narrative synthesis. Palliative Medicine, 2019, 33, 959-968.	3.1	17
40	<scp>Oneâ€Sizeâ€Fitsâ€All</scp> Approach Does Not Work for Gynecology Trainees Learning Endometriosis Ultrasound Skills. Journal of Ultrasound in Medicine, 2020, 39, 2295-2303.	1.7	17
41	Sugar and cocoa: sweet synergy or bitter antagonisms. Formulating cocoa and chocolate products for health: a narrative review. International Journal of Food Science and Technology, 2018, 53, 33-42.	2.7	16
42	The bioactive, antioxidant, antibacterial, and physicochemical properties of a range of commercially available Australian honeys. Current Research in Food Science, 2021, 4, 532-542.	5.8	16
43	Education status determines 10-year (2002-2012) survival from cardiovascular disease in Athens metropolitan area: the ATTICA study, Greece. Health and Social Care in the Community, 2016, 24, 334-344.	1.6	15
44	Beer, wine consumption, and 10-year CVD incidence: the ATTICA study. European Journal of Clinical Nutrition, 2019, 73, 1015-1023.	2.9	15
45	The role of dietary patternsâ€™ assessment in the predictive ability of cardiovascular disease risk estimation models: a review. International Journal of Food Sciences and Nutrition, 2014, 65, 3-8.	2.8	14
46	The Effect of Dietary Supplementation of Green Tea Catechins on Cardiovascular Disease Risk Markers in Humans: A Systematic Review of Clinical Trials. Beverages, 2016, 2, 16.	2.8	14
47	Tocotrienols, health and ageing: A systematic review. Maturitas, 2017, 95, 55-60.	2.4	14
48	Single and combined effects of inflammatory markers on 10Âyear diabetes incidence: The mediating role of adiposityâ€"Results from the ATTICA cohort study. Diabetes/Metabolism Research and Reviews, 2018, 34, e2939.	4.0	14
49	The effect of different drying techniques on phytochemical content and in vitro antioxidant properties of Australianâ€grown prickly pears (<i>Opuntia ficus indica</i>). Journal of Food Processing and Preservation, 2019, 43, e13900.	2.0	14
50	The mediating role of Mediterranean diet on the association between Lp(a) levels and cardiovascular disease risk: A 10-year follow-up of the ATTICA study. Clinical Biochemistry, 2018, 60, 33-37.	1.9	13
51	Comparison of the Mediterranean diet and the Dietary Approach Stop Hypertension in reducing the risk of 10-year fatal and non-fatal CVD events in healthy adults: the ATTICA Study (2002â€"2012). Public Health Nutrition, 2021, 24, 2746-2757.	2.2	13
52	Effects of Curcumin on Cognitive Functionâ€"A Systematic Review of Randomized Controlled Trials. Exploratory Research and Hypothesis in Medicine, 2019, 4, 1-11.	0.4	13
53	Impact of physical activity category on incidence of cardiovascular disease: Results from the 10-year follow-up of the ATTICA Study (2002â€"2012). Preventive Medicine, 2016, 93, 27-32.	3.4	12
54	Adherence to a DASH-style diet and cardiovascular disease risk: The 10-year follow-up of the ATTICA study. Nutrition and Health, 2019, 25, 225-230.	1.5	12

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55	Quality of plant-based diets in relation to 10-year cardiovascular disease risk: the ATTICA cohort study. European Journal of Nutrition, 2022, 61, 2639-2649.	3.9	12
56	Barriers to rehabilitation after critical illness: a survey of multidisciplinary healthcare professionals caring for ICU survivors in an acute care hospital. Australian Critical Care, 2020, 33, 264-271.	1.3	11
57	Intake of Nuts and Seeds Is Associated with a Lower Prevalence of Nonalcoholic Fatty Liver Disease in US Adults: Findings from 2005–2018 NHANES. Journal of Nutrition, 2021, 151, 3507-3515.	2.9	11
58	Inverse Relationship Between Adherenceto the Mediterranean Diet and Serum Cystatin C Levels. Central European Journal of Public Health, 2017, 25, 240-244.	1.1	11
59	Identifying determinants of obesity in Athens, Greece through global and local statistical models. Spatial and Spatio-temporal Epidemiology, 2019, 29, 31-41.	1.7	10
60	Stage 1 hypertension, but not elevated blood pressure, predicts 10-year fatal and non-fatal CVD events in healthy adults: the ATTICA Study. Journal of Human Hypertension, 2019, 33, 308-318.	2.2	10
61	Dairy products, surrogate markers, and cardiovascular disease; a sex-specific analysis from the ATTICA prospective study. Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 2194-2206.	2.6	10
62	Adherence to Mediterranean Diet Offers an Additive Protection Over the Use of Statin Therapy: Results from the ATTICA Study (2002-2012). Current Vascular Pharmacology, 2015, 13, 778-787.	1.7	10
63	Beliefs and attitudes regarding cardiovascular disease risk factors: A health survey in 10,141 Greek men and women (2006–2012). International Journal of Cardiology, 2013, 168, 4847-4849.	1.7	9
64	Moderate physical activity reduces 10-year diabetes incidence: the mediating role of oxidative stress biomarkers. International Journal of Public Health, 2018, 63, 297-305.	2.3	9
65	Exposure to second hand smoke and 10-year (2002–2012) incidence of cardiovascular disease in never smokers: The ATTICA cohort study. International Journal of Cardiology, 2019, 295, 29-35.	1.7	9
66	A sex-specific evaluation of predicted lean and fat mass composition and cardiovascular disease onset and progression: A combined analysis of the ATTICA and GREECS prospective epidemiological studies. Obesity Research and Clinical Practice, 2019, 13, 469-477.	1.8	9
67	Curcumin for Cognition: Is It Just Hype, Based on Current Data?. Advances in Nutrition, 2019, 10, 179-181.	6.4	9
68	Dietary anti-inflammatory index, metabolic syndrome and transition in metabolic status; a gender-specific analysis of ATTICA prospective study. Diabetes Research and Clinical Practice, 2020, 161, 108031.	2.8	9
69	Dietary Patterns and 10-year (2002-2012) Incidence of Type 2 Diabetes: Results from the ATTICA Cohort Study. Review of Diabetic Studies, 2016, 13, 246-256.	1.3	9
70	Association of Socio-Environmental Determinants with Diabetes Prevalence in the Athens Metropolitan Area, Greece: A Spatial Analysis. Review of Diabetic Studies, 2017, 14, 381-389.	1.3	9
71	The Effect of L-Theanine Incorporated in a Functional Food Product (Mango Sorbet) on Physiological Responses in Healthy Males: A Pilot Randomised Controlled Trial. Foods, 2020, 9, 371.	4.3	8
72	Irrational beliefs trigger depression and anxiety symptoms, and associated with increased inflammation and oxidative stress markers in theÂ10-year diabetes mellitus risk: the ATTICA epidemiological study. Journal of Diabetes and Metabolic Disorders, 2021, 20, 727-739.	1.9	8

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73	Sex-discrete role of depressive symptomatology on 10-year first and recurrent cardiovascular disease incidence: results from ATTICA and GREECS prospective studies. Hellenic Journal of Cardiology, 2020, 61, 321-328.	1.0	7
74	Defining the Path Between Social and Economic Factors, Clinical and Lifestyle Determinants, and Cardiovascular Disease. Global Heart, 2020, 10, 255.	2.3	7
75	Physical activity level improves the predictive accuracy of cardiovascular disease risk score: The ATTICA study (2002-2012). International Journal of Preventive Medicine, 2016, 7, 52.	0.4	7
76	Unmet spiritual needs in palliative care: psychometrics of a screening checklist. BMJ Supportive and Palliative Care, 2023, 13, e170-e176.	1.6	7
77	Association between mediterranean diet and non-fatal cardiovascular events, in the context of anxiety and depression disorders: a case/case-control study. Hellenic Journal of Cardiology, 2014, 55, 24-31.	1.0	7
78	Association between lipids and apolipoproteins on type 2 diabetes risk; moderating effects of gender and polymorphisms; the ATTICA study. Nutrition, Metabolism and Cardiovascular Diseases, 2020, 30, 788-795.	2.6	6
79	Foods, Nutrients and Dietary Patterns in Relation to Irrational Beliefs and Related Psychological Disorders: The ATTICA Epidemiological Study. Nutrients, 2021, 13, 1472.	4.1	6
80	A Mediterranean diet microsimulation modeling in relation to cardiovascular disease burden: the ATTICA and GREECS epidemiological studies. European Journal of Clinical Nutrition, 2022, 76, 434-441.	2.9	6
81	Determinants of healthy ageing and its relation to 10-year cardiovascular disease incidence: the ATTICA study. Central European Journal of Public Health, 2018, 26, 3-9.	1.1	6
82	Influence of Protein Intake from Haem and Non-haem Animals and Plant Origin on Inflammatory Biomarkers among Apparently-healthy Adults in Greece. Journal of Health, Population and Nutrition, 2014, 31, 446-54.	2.0	5
83	A comparative analysis of predictors for 1-year recurrent acute coronary syndromes events, by age group: The Greek observational study of ACS (GREECS). Maturitas, 2015, 80, 205-211.	2.4	5
84	Sex-Related Differences of the Effect of Lipoproteins and Apolipoproteins on 10-Year Cardiovascular Disease Risk; Insights from the ATTICA Study (2002â€"2012). Molecules, 2020, 25, 1506.	3.8	5
85	Video decision support tool promoting values conversations in advanced care planning in cancer: protocol of a randomised controlled trial. BMC Palliative Care, 2021, 20, 95.	1.8	5
86	Patientâ€"caregiver dyads advance care plan value discussions: randomised controlled cancer trial of video decision support tool. BMJ Supportive and Palliative Care, 2022, , bmjspcare-2021-003240.	1.6	5
87	Impact of ambulatory palliative care on symptoms and service outcomes in cancer patients: a retrospective cohort study. BMC Palliative Care, 2022, 21, 28.	1.8	5
88	Exploring the Path of Mediterranean Diet, Non-Alcoholic Fatty Liver Disease (NAFLD) and Inflammation towards 10-Year Cardiovascular Disease (CVD) Risk: The ATTICA Study 10-Year Follow-Up (2002â€"2012). Nutrients, 2022, 14, 2367.	4.1	5
89	Modeling anthropometric indices in relation to 10-year (2002â€"2012) incidence of cardiovascular disease, among apparently healthy individuals: The ATTICA study. Diabetes and Metabolic Syndrome: Clinical Research and Reviews, 2017, 11, S789-S795.	3.6	4
90	Ureter Visualization With Transvaginal Ultrasound. Journal of Ultrasound in Medicine, 2020, 39, 2365-2372.	1.7	4

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91	Spirituality and religiosity in a palliative medicine population: mixed-methods study. BMJ Supportive and Palliative Care, 2020, , bmjspcare-2020-002261.	1.6	4
92	Annual prevalence, characteristics, and outcomes of intensive care patients with skin or soft tissue infections in Australia and New Zealand: A retrospective cohort study between 2006-2017. Australian Critical Care, 2021, 34, 403-410.	1.3	3
93	Irrational Beliefs, Dietary Habits and 10-Year Incidence of Type 2 Diabetes; the ATTICA Epidemiological Study (2002-2012). Review of Diabetic Studies, 2021, 17, 38-49.	1.3	3
94	Reply to Letter to the Editor to J-shaped relationship between habitual coffee consumption and 10-year (2002â€"2012) cardiovascular disease incidence: the ATTICA study. European Journal of Nutrition, 2017, 56, 2213-2214.	3.9	2
95	The Association Between Sleeping Time and Metabolic Syndrome Features, Among Older Adults Living in Mediterranean Region: The MEDIS Study. Metabolic Syndrome and Related Disorders, 2018, 16, 20-28.	1.3	2
96	Meat consumption, depressive symptomatology and cardiovascular disease incidence in apparently healthy men and women: highlights from the ATTICA cohort study (2002â€"2012). Nutritional Neuroscience, 2022, 25, 266-275.	3.1	2
97	Irrational beliefs, depression and anxiety, in relation to 10-year cardiovascular disease risk: the ATTICA Epidemiological Study. Anxiety, Stress and Coping, 2023, 36, 199-213.	2.9	2
98	Exploring the Role of Irrational Beliefs, Lifestyle Behaviors, and Educational Status in 10-Year Cardiovascular Disease Risk: the ATTICA Epidemiological Study. International Journal of Behavioral Medicine, 2023, 30, 279-288.	1.7	2
99	Greek Acute Coronary Syndrome Score for the Prediction of In-hospital and 30-Day Mortality of Patients With an Acute Coronary Syndrome. Journal of Cardiovascular Nursing, 2015, 30, 456-463.	1.1	1
100	Single and combined effects of inflammatory markers on diabetes development; the mediating role of obesity: 10-year follow up of the Attica study. Clinical Nutrition ESPEN, 2018, 24, 180.	1.2	1
101	Very low internal consistency in modified early warning score parameters: audit of 873,182 physiological observation sets of 15,103 inpatients. Australian Critical Care, 2020, 33, S47-S48.	1.3	1
102	Comparison of an early warning score to single-triggering warning system for inpatient deterioration: An audit of 4089 medical emergency calls. Resuscitation, 2020, 154, 7-9.	3.0	1
103	Assessing the diet quality of individuals with rheumatic conditions: a cross-sectional study. Rheumatology International, 2020, 40, 1439-1448.	3.0	1
104	Ligament Augmentation Reconstruction System (LARS) for Ankle Lateral Ligament Reconstruction in Higher-Risk Patients: A 5-Year Prospective Cohort Study. Orthopaedic Journal of Sports Medicine, 2022, 10, 232596712210939.	1.7	1
105	Patient-caregiver communication concordance in cancerâ€"refinement of the Cancer Communication Assessment Tool in an Australian sample. Supportive Care in Cancer, 0, , .	2.2	1
106	Authorsâ€™ reply to comments on tocotrienols, health and ageing. Maturitas, 2017, 97, 21.	2.4	0
107	<i>Nutrition and Health</i> editorial: How to present and interpret research findings in nutrition and dietetics research. Nutrition and Health, 2017, 23, 129-130.	1.5	0
108	How to present research findings: The case of tables. Nutrition and Health, 2018, 24, 135-135.	1.5	0

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109	Dietary approaches for patients with heart failure and diabetes. Practical Diabetes, 2018, 35, 127.	0.3	0
110	Mediterranean lifestyle: Linking social life and behaviors, residential environment, and cardiovascular disease prevention. , 2020, , 67-71.		0
111	971Ethnicity and Cardiovascular Disease in the Australian Population. International Journal of Epidemiology, 2021, 50, .	1.9	0
112	Hypohydration and Vascular Atherosclerosis. FASEB Journal, 2015, 29, 906.5.	0.5	0