

Pawel Bogdanski

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

121
papers

1,960
citations

23
h-index

39
g-index

163
ext. papers

2,549
ext. citations

4
avg, IF

5.14
L-index

#	Paper	IF	Citations
121	Green tea extract reduces blood pressure, inflammatory biomarkers, and oxidative stress and improves parameters associated with insulin resistance in obese, hypertensive patients. <i>Nutrition Research</i> , 2012 , 32, 421-7	4	216
120	Effects of green tea supplementation on elements, total antioxidants, lipids, and glucose values in the serum of obese patients. <i>Biological Trace Element Research</i> , 2012 , 149, 315-22	4.5	115
119	Efficacy and safety of oral semaglutide in patients with type 2 diabetes and moderate renal impairment (PIONEER 5): a placebo-controlled, randomised, phase 3a trial. <i>Lancet Diabetes and Endocrinology</i> , 2019 , 7, 515-527	18.1	99
118	Efficacy, Safety, and Tolerability of Oral Semaglutide Versus Placebo Added to Insulin With or Without Metformin in Patients With Type 2 Diabetes: The PIONEER 8 Trial. <i>Diabetes Care</i> , 2019 , 42, 2262-2271	14.6	82
117	Dose-Dependent Effects of Multispecies Probiotic Supplementation on the Lipopolysaccharide (LPS) Level and Cardiometabolic Profile in Obese Postmenopausal Women: A 12-Week Randomized Clinical Trial. <i>Nutrients</i> , 2018 , 10,	6.7	76
116	You Are What You Eat-The Relationship between Diet, Microbiota, and Metabolic Disorders-A Review. <i>Nutrients</i> , 2020 , 12,	6.7	70
115	The effect of vitamin D supplementation on insulin and glucose metabolism in overweight and obese individuals: systematic review with meta-analysis. <i>Scientific Reports</i> , 2015 , 5, 16142	4.9	67
114	Dietary intake and serum and hair concentrations of minerals and their relationship with serum lipids and glucose levels in hypertensive and obese patients with insulin resistance. <i>Biological Trace Element Research</i> , 2011 , 139, 137-50	4.5	59
113	The effect of vitamin D supplementation on selected inflammatory biomarkers in obese and overweight subjects: a systematic review with meta-analysis. <i>European Journal of Nutrition</i> , 2016 , 55, 2163-76	5.2	55
112	Cardiovascular safety of oral semaglutide in patients with type 2 diabetes: Rationale, design and patient baseline characteristics for the PIONEER 6 trial. <i>Diabetes, Obesity and Metabolism</i> , 2019 , 21, 499-508	6.7	54
111	Effects of chromium brewer's yeast supplementation on body mass, blood carbohydrates, and lipids and minerals in type 2 diabetic patients. <i>Biological Trace Element Research</i> , 2011 , 143, 726-37	4.5	41
110	Multispecies Probiotic Supplementation Favorably Affects Vascular Function and Reduces Arterial Stiffness in Obese Postmenopausal Women-A 12-Week Placebo-Controlled and Randomized Clinical Study. <i>Nutrients</i> , 2018 , 10,	6.7	37
109	Effects of Endurance and Endurance Strength Training on Body Composition and Physical Capacity in Women with Abdominal Obesity. <i>Obesity Facts</i> , 2015 , 8, 175-87	5.1	36
108	Signatures of miR-181a on the Renal Transcriptome and Blood Pressure. <i>Molecular Medicine</i> , 2015 , 21, 739-748	6.2	35
107	Changes in mineral status are associated with improvements in insulin sensitivity in obese patients following L-arginine supplementation. <i>European Journal of Nutrition</i> , 2014 , 53, 387-93	5.2	33
106	Molecular insights into genome-wide association studies of chronic kidney disease-defining traits. <i>Nature Communications</i> , 2018 , 9, 4800	17.4	32
105	Effect of Spirulina maxima Supplementation on Calcium, Magnesium, Iron, and Zinc Status in Obese Patients with Treated Hypertension. <i>Biological Trace Element Research</i> , 2016 , 173, 1-6	4.5	28

104	Plasma homocysteine is a determinant of tissue necrosis factor-alpha in hypertensive patients. <i>Biomedicine and Pharmacotherapy</i> , 2008 , 62, 360-5	7.5	27
103	Garlic extract favorably modifies markers of endothelial function in obese patients -randomized double blind placebo-controlled nutritional intervention. <i>Biomedicine and Pharmacotherapy</i> , 2018 , 102, 792-797	7.5	26
102	Uncovering genetic mechanisms of kidney aging through transcriptomics, genomics, and epigenomics. <i>Kidney International</i> , 2019 , 95, 624-635	9.9	26
101	Effects of green tea supplementation on inflammation markers, antioxidant status and blood pressure in NaCl-induced hypertensive rat model. <i>Food and Nutrition Research</i> , 2017 , 61, 1295525	3.1	25
100	Effects of endurance and endurance-strength exercise on biochemical parameters of liver function in women with abdominal obesity. <i>Biomedicine and Pharmacotherapy</i> , 2016 , 80, 1-7	7.5	25
99	Concentrations of omentin and vaspin versus insulin resistance in obese individuals. <i>Biomedicine and Pharmacotherapy</i> , 2016 , 83, 542-547	7.5	23
98	Influence of insulin therapy on expression of chemokine receptor CCR5 and selected inflammatory markers in patients with type 2 diabetes mellitus. <i>International Journal of Clinical Pharmacology and Therapeutics</i> , 2007 , 45, 563-7	2	22
97	Hypertension and renin-angiotensin system blockers are not associated with expression of angiotensin-converting enzyme 2 (ACE2) in the kidney. <i>European Heart Journal</i> , 2020 , 41, 4580-4588	9.5	22
96	The Effect of Multispecies Probiotic Supplementation on Iron Status in Rats. <i>Biological Trace Element Research</i> , 2019 , 192, 234-243	4.5	22
95	Plasma total homocysteine is a determinant of carotid intima-media thickness and circulating endothelial progenitor cells in patients with newly diagnosed hypertension. <i>Clinical Chemistry and Laboratory Medicine</i> , 2012 , 50, 1107-13	5.9	20
94	Effect of hypotensive therapy combined with modified diet or zinc supplementation on biochemical parameters and mineral status in hypertensive patients. <i>Journal of Trace Elements in Medicine and Biology</i> , 2018 , 47, 140-148	4.1	18
93	The association of insulin resistance with serum osteoprotegerin in obese adolescents. <i>Journal of Physiology and Biochemistry</i> , 2013 , 69, 847-53	5	18
92	Effects of combined dietary chromium(III) propionate complex and thiamine supplementation on insulin sensitivity, blood biochemical indices, and mineral levels in high-fructose-fed rats. <i>Biological Trace Element Research</i> , 2012 , 150, 350-9	4.5	18
91	Role of gestational weight gain, gestational diabetes, breastfeeding, and hypertension in mother-to-child obesity transmission. <i>Polish Archives of Internal Medicine</i> , 2019 , 129, 267-275	1.9	18
90	Impact of 25-hydroxyvitamin D, free and bioavailable fractions of vitamin D, and vitamin D binding protein levels on metabolic syndrome components. <i>Archives of Medical Science</i> , 2017 , 13, 745-752	2.9	17
89	Concentrations of Mineral in Amniotic Fluid and Their Relations to Selected Maternal and Fetal Parameters. <i>Biological Trace Element Research</i> , 2016 , 172, 37-45	4.5	17
88	Effects of Endurance and Endurance-strength Exercise on Renal Function in Abdominally Obese Women with Renal Hyperfiltration: A Prospective Randomized Trial. <i>Biomedical and Environmental Sciences</i> , 2016 , 29, 706-712	1.1	17
87	The effects of L-arginine, alone and combined with vitamin C, on mineral status in relation to its antidiabetic, anti-inflammatory, and antioxidant properties in male rats on a high-fat diet. <i>Biological Trace Element Research</i> , 2014 , 157, 67-74	4.5	15

86	The genetic basis of obesity complications. <i>Acta Scientiarum Polonorum, Technologia Alimentaria</i> , 2017 , 16, 83-91	1	15
85	The effect of multistrain probiotic supplementation in two doses on iron metabolism in obese postmenopausal women: a randomized trial. <i>Food and Function</i> , 2019 , 10, 5228-5238	6.1	14
84	Impulse oscillometry in the diagnosis of airway resistance in chronic obstructive pulmonary disease. <i>Advances in Experimental Medicine and Biology</i> , 2015 , 838, 47-52	3.6	13
83	Smoking, Vaping, and Tobacco Industry During COVID-19 Pandemic: Twitter Data Analysis. <i>Cyberpsychology, Behavior, and Social Networking</i> , 2020 , 23, 811-817	4.4	13
82	Diuretics, Ca-Antagonists, and Angiotensin-Converting Enzyme Inhibitors Affect Zinc Status in Hypertensive Patients on Monotherapy: A Randomized Trial. <i>Nutrients</i> , 2018 , 10,	6.7	13
81	Renal Mechanisms of Association between Fibroblast Growth Factor 1 and Blood Pressure. <i>Journal of the American Society of Nephrology: JASN</i> , 2015 , 26, 3151-60	12.7	12
80	Perinatal Mental Health during COVID-19 Pandemic: An Integrative Review and Implications for Clinical Practice. <i>Journal of Clinical Medicine</i> , 2021 , 10,	5.1	12
79	Serum RBP4 positively correlates with triglyceride level but not with BMI, fat mass and insulin resistance in healthy obese and non-obese individuals. <i>Biomarkers</i> , 2018 , 23, 683-688	2.6	12
78	Supplementation with L-arginine favorably influences plasminogen activator inhibitor type 1 concentration in obese patients. A randomized, double blind trial. <i>Journal of Endocrinological Investigation</i> , 2013 , 36, 221-6	5.2	12
77	L-Arginine and vitamin C attenuate pro-atherogenic effects of high-fat diet on biomarkers of endothelial dysfunction in rats. <i>Biomedicine and Pharmacotherapy</i> , 2015 , 76, 100-6	7.5	11
76	The effect of orlistat versus metformin on body composition and insulin resistance in obese premenopausal women: 3-month randomized prospective open-label study. <i>Archives of Medical Science</i> , 2017 , 13, 725-731	2.9	11
75	Effects of Endurance and Endurance-Strength Training on Endothelial Function in Women with Obesity: A Randomized Trial. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	11
74	Effect of probiotic supplementation on liver function and lipid status in rats. <i>Acta Scientiarum Polonorum, Technologia Alimentaria</i> , 2018 , 17, 185-192	1	11
73	Twelve weeks CLA supplementation decreases the hip circumference in overweight and obese women. A double-blind, randomized, placebo-controlled trial. <i>Acta Scientiarum Polonorum, Technologia Alimentaria</i> , 2016 , 15, 107-113	1	11
72	The influence of orlistat, metformin and diet on serum levels of insulin-like growth factor-1 in obese women with and without insulin resistance. <i>Journal of Physiology and Pharmacology</i> , 2018 , 69,	2.1	11
71	Influence of endurance and endurance-strength training on mineral status in women with abdominal obesity: a randomized trial. <i>Medicine (United States)</i> , 2019 , 98, e14909	1.8	11
70	Urotensin-II system in genetic control of blood pressure and renal function. <i>PLoS ONE</i> , 2013 , 8, e83137	3.7	10
69	Association of rs699947 (-2578 C/A) and rs2010963 (-634 G/C) Single Nucleotide Polymorphisms of the Gene, VEGF-A and Leptin Serum Level, and Cardiovascular Risk in Patients with Excess Body Mass: A Case-Control Study. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	10

68	The Multispecies Probiotic Effectively Reduces Homocysteine Concentration in Obese Women: A Randomized Double-Blind Placebo-Controlled Study. <i>Journal of Clinical Medicine</i> , 2020 , 9,	5.1	10
67	Determination of the Popularity of Dietary Supplements Using Google Search Rankings. <i>Nutrients</i> , 2020 , 12,	6.7	10
66	Arterial Stiffness Parameters Correlate with Estimated Cardiovascular Risk in Humans: A Clinical Study. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	9
65	Use of Anticoagulants and Antiplatelet Agents in Stable Outpatients with Coronary Artery Disease and Atrial Fibrillation. International CLARIFY Registry. <i>PLoS ONE</i> , 2015 , 10, e0125164	3.7	9
64	Beneficial dose-independent influence of <i>Camellia sinensis</i> supplementation on lipid profile, glycemia, and insulin resistance in an NaCl-induced hypertensive rat model. <i>Journal of Physiology and Pharmacology</i> , 2018 , 69,	2.1	9
63	The Relationship between Dietary, Serum and Hair Levels of Minerals (Fe, Zn, Cu) and Glucose Metabolism Indices in Obese Type 2 Diabetic Patients. <i>Biological Trace Element Research</i> , 2019 , 189, 34-44	4.5	8
62	Diabetic nephropathy in the elderly Clinical practice. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2018 , 69, 327-334	1.2	8
61	The effects of antihypertensive drugs on chromium status, glucose metabolism, and antioxidant and inflammatory indices in spontaneously hypertensive rats. <i>Biological Trace Element Research</i> , 2014 , 157, 60-6	4.5	7
60	The influence of selected antihypertensive drugs on zinc, copper, and iron status in spontaneously hypertensive rats. <i>European Journal of Pharmacology</i> , 2014 , 738, 326-31	5.3	6
59	Effect of probiotic supplementation on liver function and lipid status in rats [pdf]. <i>Acta Scientiarum Polonorum, Technologia Alimentaria</i> , 2018 , 17, 185-192	1	6
58	Twelve-week-conjugated linoleic acid supplementation has no effects on the selected markers of atherosclerosis in obese and overweight women. <i>Food and Nutrition Research</i> , 2016 , 60, 32776	3.1	6
57	Incretin Hormones in Obesity and Related Cardiometabolic Disorders: The Clinical Perspective. <i>Nutrients</i> , 2021 , 13,	6.7	6
56	Iron excess disturbs metabolic status and relative gonad mass in rats on high fat, fructose, and salt diets. <i>Biological Trace Element Research</i> , 2013 , 151, 263-8	4.5	5
55	Evaluation of nutritional and biochemical parameters in spontaneously hypertensive rats following antihypertensive treatment. <i>Acta Scientiarum Polonorum, Technologia Alimentaria</i> , 2014 , 13, 103-10	1	5
54	Influence of L-arginine on the nitric oxide concentration and level of oxidative stress during ischemia-reperfusion injury in a rat model. <i>International Journal of Clinical Pharmacology and Therapeutics</i> , 2009 , 47, 533-8	2	5
53	The effect of L-arginine and ascorbic acid on the visceral fat and the concentrations of metalloproteinases 2 and 9 in high-fat-diet rats. <i>Endokrynologia Polska</i> , 2015 , 66, 526-32	1.1	5
52	Uncovering genetic mechanisms of hypertension through multi-omic analysis of the kidney. <i>Nature Genetics</i> , 2021 , 53, 630-637	36.3	5
51	Hepcidin and Erythroferrone Correlate with Hepatic Iron Transporters in Rats Supplemented with Multispecies Probiotics. <i>Molecules</i> , 2020 , 25,	4.8	5

50	The influence of short-term L-arginine supplementation on rats muscular and hepatic cells in ischemia-reperfusion syndrome. <i>Journal of Physiology and Biochemistry</i> , 2012 , 68, 1-9	5	4
49	Influence of hypertension, obesity and nicotine abuse on quantitative and qualitative changes in acute-phase proteins in patients with essential hypertension. <i>Medical Science Monitor</i> , 2012 , 18, CR330-6 ³⁻²		4
48	Comparison of the effects of endurance and endurance-strength training programmes on the level of endothelial dysfunction in women with abdominal obesity: study protocol for a randomised controlled trial. <i>Journal of Medical Science</i> , 2019 , 88, 266-272	1.6	4
47	Non-pharmacological modification of endothelial function: An important lesson for clinical practice. <i>Postepy Higieny I Medycyny Doswiadczalnej</i> , 2018 , 72, 89-100	0.3	4
46	Trace Element and Mineral Levels in Serum, Hair, and Urine of Obese Women in Relation to Body Composition, Blood Pressure, Lipid Profile, and Insulin Resistance. <i>Biomolecules</i> , 2021 , 11,	5.9	4
45	No Difference in Lactoferrin Levels between Metabolically Healthy and Unhealthy Obese Women. <i>Nutrients</i> , 2019 , 11,	6.7	3
44	Comparison of the effect of rapeseed oil or amaranth seed oil supplementation on weight loss, body composition, and changes in the metabolic profile of obese patients following 3-week body mass reduction program: a randomized clinical trial. <i>Lipids in Health and Disease</i> , 2020 , 19, 143	4.4	3
43	The effect of nebivolol and ramipril on selected biochemical parameters, arterial stiffness, and circadian profile of blood pressure in young men with primary hypertension: A 12-week prospective randomized, open-label study trial. <i>Medicine (United States)</i> , 2018 , 97, e11717	1.8	3
42	Metabolic Health in Obese Subjects-Is There a Link to Lactoferrin and Lactoferrin Receptor-Related Gene Polymorphisms?. <i>Nutrients</i> , 2020 , 12,	6.7	3
41	Endurance Training Depletes Antioxidant System but Does Not Affect Endothelial Functions in Women with Abdominal Obesity: A Randomized Trial with a Comparison to Endurance-Strength Training. <i>Journal of Clinical Medicine</i> , 2021 , 10,	5.1	3
40	The effect of supplementation on leptin and VEGF-A serum levels, endothelial dysfunction and angiogenesis in obese women - a randomised trial. <i>Food and Function</i> , 2021 , 12, 1708-1718	6.1	3
39	Nutritional Approach Targeting Gut Microbiota in NAFLD-To Date. <i>International Journal of Environmental Research and Public Health</i> , 2021 , 18,	4.6	3
38	Conservative management of acute calculous cholecystitis complicated by pancreatitis in an elderly woman: A case report. <i>Medicine (United States)</i> , 2018 , 97, e11200	1.8	3
37	Evaluation of mineral status in hypertensive patients undergoing pharmacotherapy. <i>Roczniki Panstwowego Zakladu Higieny</i> , 2015 , 66, 61-7	1.2	3
36	Association of serum omentin concentration with anthropometric, physiological, and biochemical parameters in obese individuals. <i>Nutrition</i> , 2020 , 79-80, 110866	4.8	2
35	Cardiorespiratory endurance in relation to body mass in Polish rural children: Preliminary report. <i>HOMO- Journal of Comparative Human Biology</i> , 2015 , 66, 278-85	0.5	2
34	Short-term effects of sibutramine on mineral status and selected biochemical parameters in obese women. <i>Biological Trace Element Research</i> , 2012 , 149, 163-70	4.5	2
33	The effects of a low-calorie diet or an isocaloric diet combined with metformin on sex hormones in obese women of child-bearing age. <i>Acta Scientiarum Polonorum, Technologia Alimentaria</i> , 2016 , 15, 213-220 ¹		2

32	Characteristics of Websites Presenting Parenteral Supplementation Services in Five European Countries: A Cross-Sectional Study. <i>Nutrients</i> , 2020 , 12,	6.7	2
31	Assessment of Selected Clock Proteins (CLOCK and CRY1) and Their Relationship with Biochemical, Anthropometric, and Lifestyle Parameters in Hypertensive Patients. <i>Biomolecules</i> , 2021 , 11,	5.9	2
30	Two Aerobic Exercise Programs in Management of Back Pain Among Middle-Aged Obese Women: A Randomized Controlled Study. <i>Human Movement</i> , 2016 , 17,	0.8	1
29	Evaluation of Vitamin D Fractions in Obese Hypertensive Patients. <i>International Journal of Environmental Research and Public Health</i> , 2020 , 17,	4.6	1
28	Conjugated linoleic acid does not affect digestion and absorption of fat and starch-a randomized, double-blinded, placebo-controlled parallel study. <i>Journal of Breath Research</i> , 2017 , 12, 016010	3.1	1
27	Obesity - should we revise indications for treatment with metformin?. <i>Przegląd Menopauzalny</i> , 2014 , 13, 115-21	1.2	1
26	Influence of short-term L-arginine supplementation on carbohydrate balance in rats with ischemia-reperfusion syndrome. <i>Pharmacological Reports</i> , 2012 , 64, 635-42	3.9	1
25	An analysis of the meal pattern at the nutrient level in Polish women. <i>Acta Scientiarum Polonorum, Technologia Alimentaria</i> , 2016 , 15, 339-346	1	1
24	Atrial fibrillation and obesity: should doctors focus on this comorbidity?. <i>Minerva Medica</i> , 2019 , 110, 175-176	1.7	1
23	The effect of endurance and endurance-strength training on body composition and cardiometabolic markers in abdominally obese women: a randomised trial. <i>Scientific Reports</i> , 2021 , 11, 12339	4.9	1
22	The Effect of Endurance and Endurance-Strength Training on Bone Mineral Density and Content in Abdominally Obese Postmenopausal Women: A Randomized Trial. <i>Healthcare (Switzerland)</i> , 2021 , 9,	3.4	1
21	The Retrospective Analysis of Google Queries Related to Cardiovascular Diseases Symptoms in the Years 2004-2019.. <i>International Journal of Angiology</i> , 2022 , 31, 27-33	1.1	1
20	Influence of multistrain probiotic and iron supplementation on iron status in rats. <i>Journal of Trace Elements in Medicine and Biology</i> , 2021 , 68, 126849	4.1	1
19	The influence of selected hypotensive drugs on the bioavailability of minerals from buckwheat groats in vitro enzymatic digestion. <i>Acta Scientiarum Polonorum, Technologia Alimentaria</i> , 2011 , 10, 507-13	1.3	1
18	Treatment With Multi-Species Probiotics Changes the Functions, Not the Composition of Gut Microbiota in Postmenopausal Women With Obesity: A Randomized, Double-Blind, Placebo-Controlled Study.. <i>Frontiers in Cellular and Infection Microbiology</i> , 2022 , 12, 815798	5.9	1
17	Prevalence of uncoupling protein one genetic polymorphisms and their relationship with cardiovascular and metabolic health.. <i>PLoS ONE</i> , 2022 , 17, e0266386	3.7	1
16	Influence of Gluten-Free Diet on Gut Microbiota Composition in Patients with Coeliac Disease: A Systematic Review. <i>Nutrients</i> , 2022 , 14, 2083	6.7	1
15	Cardiovascular Function in Obstructive Sleep Apnea Patients with Controlled Hypertension. <i>Advances in Experimental Medicine and Biology</i> , 2020 , 1271, 99-106	3.6	0

14	Comparison of Polish and international guidelines on diet supplements in pregnancy - review. <i>Ginekologia Polska</i> , 2021 , 92, 322-330	1	0
13	Seasonal variation in lifestyle behavior in Poland: Google searches and market sales analysis. <i>BMC Public Health</i> , 2021 , 21, 1516	4.1	0
12	Blood pressure in relation to the World Health Organization AIDS clinical staging among adults living in rural Kenya. <i>HIV and AIDS Review</i> , 2020 , 19, 93-98	0.3	
11	[PS 01-15] REDUCED DNA METHYLATION THE HUMAN KIDNEY IS ASSOCIATED WITH INCREASED BLOOD PRESSURE. <i>Journal of Hypertension</i> , 2016 , 34, e100	1.9	
10	Obese Subjects and Supplemental l-Arginine 2017 , 449-459		
9	Evaluation of diet and nutritional status in patients aged 45+ with diagnosed, pharmacologically treated arterial hypertension. <i>Przegląd Menopauzalny</i> , 2014 , 13, 109-14	1.2	
8	Does metabolically healthy obesity exist? A 32-year-old man with BMI 78 kg/m ² - to treat or not to treat?. <i>Endokrynologia Polska</i> , 2020 , 71, 281-282	1.1	
7	The influence of dietary patterns on arterial stiffness, lipid metabolism, and liver and renal function in the population of Greater Poland. <i>Acta Scientiarum Polonorum, Technologia Alimentaria</i> , 2020 , 19, 301-318	1	
6	The assessment of selected factors influencing intent to get pregnant in the Greater Poland Region. <i>Annals of Agricultural and Environmental Medicine</i> , 2014 , 21, 435-9	1.4	
5	Nutritional factors on the occurrence and severity of asthma. <i>Alergologia Polska - Polish Journal of Allergology</i> , 2020 , 7, 93-97	0.1	
4	The influence of meal frequency on lipid profile in the Polish population. <i>Neuroendocrinology Letters</i> , 2019 , 40, 325-328	0.3	
3	Effect of sleep duration on blood pressure in women over 55 years of age - Poznan Cohort study. <i>Neuroendocrinology Letters</i> , 2021 , 41, 318-328	0.3	
2	Availability of Cardiometabolic Drugs in Poland during the First Year of COVID-19 Pandemic: Retrospective Study. <i>BioMed</i> , 2022 , 2, 117-126		
1	The Effect of Endurance and Endurance-Strength Training on Bone Health and Body Composition in Centrally Obese Women - Randomised Pilot Trial. <i>Healthcare (Switzerland)</i> , 2022 , 10, 821	3.4	