

# Tessa M Pollard

## List of Publications by Year in Descending Order

**Source:** <https://exaly.com/author-pdf/2654983/tessa-m-pollard-publications-by-year.pdf>

**Version:** 2024-04-28

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

61  
papers

2,480  
citations

18  
h-index

49  
g-index

68  
ext. papers

2,819  
ext. citations

3.3  
avg, IF

4.96  
L-index

#	Paper	IF	Citations
61	"": Syndemic vulnerability among people living with chronic non-communicable disease during the COVID-19 pandemic.. <i>SSM Qualitative Research in Health</i> , <b>2022</b> , 2, 100032		1
60	Social prescribing during the COVID-19 pandemic: a qualitative study of service providers and clients experiences.. <i>BMC Health Services Research</i> , <b>2022</b> , 22, 258	2.9	2
59	Managing disruption at a distance: Unequal experiences of people living with long-term conditions during the COVID-19 pandemic.. <i>Social Science and Medicine</i> , <b>2022</b> , 302, 114963	5.1	0
58	Community gardening and wellbeing: The understandings of organisers and their implications for gardening for health.. <i>Health and Place</i> , <b>2022</b> , 75, 102773	4.6	0
57	Children's experiences of the journey between home and school: A qualitative synthesis using meta-ethnography. <i>Health and Place</i> , <b>2022</b> , 76, 102819	4.6	1
56	How is television time linked to cardiometabolic health in adults? A critical systematic review of the evidence for an effect of watching television on eating, movement, affect and sleep. <i>BMJ Open</i> , <b>2021</b> , 11, e040739	3	2
55	Social prescribing and classed inequality: A journey of upward health mobility?. <i>Social Science and Medicine</i> , <b>2021</b> , 280, 114037	5.1	6
54	Socioeconomic correlates of sedentary time during pregnancy among women at risk of gestational diabetes in the UK. <i>Journal of Biosocial Science</i> , <b>2021</b> , 1-12	1.6	1
53	"Sit Yourself Down": Women's Experiences of Negotiating Physical Activity During Pregnancy. <i>Qualitative Health Research</i> , <b>2020</b> , 30, 1072-1082	3.9	6
52	Effectiveness of diet and physical activity interventions among Chinese-origin populations living in high income countries: a systematic review. <i>BMC Public Health</i> , <b>2020</b> , 20, 1019	4.1	2
51	Associations Between Television Time and activPAL-Measured Duration and Pattern of Sedentary Time Among Pregnant Women at Risk of Gestational Diabetes in the UK. <i>Journal of Physical Activity and Health</i> , <b>2020</b> , 17, 471-474	2.5	1
50	Doing more with movement: constituting healthy publics in movement volunteering programmes. <i>Palgrave Communications</i> , <b>2020</b> , 6, 94	5.3	
49	Communal therapeutic mobility in group walking: A meta-ethnography. <i>Social Science and Medicine</i> , <b>2020</b> , 262, 113241	5.1	6
48	Group walking as a "lifeline": Understanding the place of outdoor walking groups in women's lives. <i>Social Science and Medicine</i> , <b>2019</b> , 238, 112489	5.1	14
47	Associations of sedentary time and self-reported television time during pregnancy with incident gestational diabetes and plasma glucose levels in women at risk of gestational diabetes in the UK. <i>BMC Public Health</i> , <b>2019</b> , 19, 575	4.1	22
46	Evaluating the impact of a community-based social prescribing intervention on people with type 2 diabetes in North East England: mixed-methods study protocol. <i>BMJ Open</i> , <b>2019</b> , 9, e026826	3	14
45	Gender differences in walking (for leisure, transport and in total) across adult life: a systematic review. <i>BMC Public Health</i> , <b>2017</b> , 17, 341	4.1	53

44	The effectiveness of using the workplace to identify and address modifiable health risk factors in deprived populations. <i>Occupational and Environmental Medicine</i> , <b>2015</b> , 72, 664-9	2.1	7
43	A comparison of physical activity and sedentary behaviour in 9-11 year old British Pakistani and White British girls: a mixed methods study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2014</b> , 11, 74	8.4	18
42	Could parental rules play a role in the association between short sleep and obesity in young children?. <i>Journal of Biosocial Science</i> , <b>2014</b> , 46, 405-18	1.6	13
41	Lifecourse predictors of mammographic density: the Newcastle Thousand Families cohort Study. <i>Breast Cancer Research and Treatment</i> , <b>2012</b> , 131, 187-95	4.4	12
40	Assessing physical activity in Muslim women of South Asian origin. <i>Journal of Physical Activity and Health</i> , <b>2012</b> , 9, 970-6	2.5	18
39	Differences between 9-11 year old British Pakistani and White British girls in physical activity and behavior during school recess. <i>BMC Public Health</i> , <b>2012</b> , 12, 1087	4.1	4
38	Birth weight and early socio-economic disadvantage as predictors of sex hormones and sex hormone binding globulin in men at age 49-51 years. <i>American Journal of Human Biology</i> , <b>2011</b> , 23, 185-9 <sup>2.7</sup>		3
37	Adiposity and blood pressure in 7- to 11-year-old children: comparison of British Pakistani and white British children, and of British Pakistani children of migrant and British-born mothers. <i>American Journal of Human Biology</i> , <b>2011</b> , 23, 710-6	2.7	8
36	Ethnic Groups as Migrant Groups: Improving Understanding of Links Between Ethnicity/Race and Risk of Type 2 Diabetes and Associated Conditions. <i>Annual Review of Anthropology</i> , <b>2011</b> , 40, 145-158	3.6	6
35	Negotiating risk: British Pakistani experiences of genetics [By Alison Shaw. <i>Journal of the Royal Anthropological Institute</i> , <b>2010</b> , 16, 678-679	0.4	
34	Total estradiol levels in migrant and British-born British Pakistani women: investigating early life influences on ovarian function. <i>American Journal of Human Biology</i> , <b>2009</b> , 21, 301-4	2.7	3
33	Predictors of age at menarche in the newcastle thousand families study. <i>Journal of Biosocial Science</i> , <b>2008</b> , 40, 563-75	1.6	58
32	Differences in body composition and cardiovascular and type 2 diabetes risk factors between migrant and British-born British Pakistani women. <i>American Journal of Human Biology</i> , <b>2008</b> , 20, 545-9	2.7	20
31	Do blood pressure and heart rate responses to perceived stress vary according to endogenous estrogen level in women?. <i>American Journal of Physical Anthropology</i> , <b>2007</b> , 132, 151-7	2.5	16
30	Sex hormone-binding globulin and androgen levels in immigrant and British-born premenopausal British Pakistani women: evidence of early life influences?. <i>American Journal of Human Biology</i> , <b>2006</b> , 18, 741-7	2.7	8
29	Validity of age at menarche self-reported in adulthood. <i>Journal of Epidemiology and Community Health</i> , <b>2006</b> , 60, 993-7	5.1	124
28	Are changes in blood pressure and total cholesterol related to changes in mood? An 18-month study of men and women.. <i>Health Psychology</i> , <b>2003</b> , 22, 47-53	5	11
27	Social networks and coronary heart disease risk factors in South Asians and Europeans in the UK. <i>Ethnicity and Health</i> , <b>2003</b> , 8, 263-75	2.2	21

26	Are changes in blood pressure and total cholesterol related to changes in mood? An 18-month study of men and women. <i>Health Psychology</i> , <b>2003</b> , 22, 47-53	5	2
25	The optimal timing of blood collection during the menstrual cycle for the assessment of endogenous sex hormones: can interindividual differences in levels over the whole cycle be assessed on a single day?. <i>Cancer Epidemiology Biomarkers and Prevention</i> , <b>2002</b> , 11, 147-51	4	11
24	Measuring demographic group differences in cardiovascular reactivity to stress using a mental challenge in the laboratory: problems of interpretations. <i>Journal of Epidemiology and Community Health</i> , <b>2001</b> , 55, 288	5.1	1
23	Changes in mental well-being, blood pressure and total cholesterol levels during workplace reorganization: The impact of uncertainty. <i>Work and Stress</i> , <b>2001</b> , 15, 14-28	6.1	83
22	An evolutionary history of human disease <b>2001</b> , 9-22		
21	Depression and stress <b>2001</b> , 136-152		
20	Obesity, type 2 diabetes and cardiovascular disease <b>2001</b> , 23-49		
19	The thrifty genotype versus thrifty phenotype debate: efforts to explain between population variation in rates of type 2 diabetes and cardiovascular disease <b>2001</b> , 50-74		1
18	Reproductive cancers <b>2001</b> , 75-98		
17	Reproductive function, breastfeeding and the menopause <b>2001</b> , 99-119		
16	Asthma and allergic disease <b>2001</b> , 120-135		
15	Western Diseases: An Evolutionary Perspective <b>2001</b> ,		24
14	Modernisation and children's blood pressure: On and off the tourist trail in Nepal. <i>American Journal of Human Biology</i> , <b>2000</b> , 12, 478-486	2.7	8
13	Reinventing the Sexes: the Biomedical Construction of Femininity and Masculinity. By Marianne van den Wijngaard. Pp. 171. (Indiana University Press, Bloomington, 1997.) £24.95, hardback; £10.99, paperback; ISBN 0-253-21087-9.. <i>Journal of Biosocial Science</i> , <b>1999</b> , 31, 425-432	1.6	
12	Sex, gender and cardiovascular disease <b>1999</b> , 53-74		6
11	Motives underlying healthy eating: using the Food Choice Questionnaire to explain variation in dietary intake. <i>Journal of Biosocial Science</i> , <b>1998</b> , 30, 165-79	1.6	121
10	Work and hormonal variation in subsistence and industrial contexts <b>1998</b> , 139-183		2
9	Environmental change and cardiovascular disease: A new complexity. <i>American Journal of Physical Anthropology</i> , <b>1997</b> , 104, 1-24	2.5	102

8	Stress, social support and health-related behavior: a study of smoking, alcohol consumption and physical exercise. <i>Journal of Psychosomatic Research</i> , <b>1996</b> , 41, 171-80	4.1	257
7	Epinephrine and cortisol responses to work: a test of the models of Frankenhaeuser and Karasek. <i>Annals of Behavioral Medicine</i> , <b>1996</b> , 18, 229-37	4.5	52
6	Effects of academic examination stress on eating behavior and blood lipid levels. <i>International Journal of Behavioral Medicine</i> , <b>1995</b> , 2, 299-320	2.6	74
5	Development of a measure of the motives underlying the selection of food: the food choice questionnaire. <i>Appetite</i> , <b>1995</b> , 25, 267-84	4.5	1161
4	Patterns of cortisol and adrenaline variation in Australian aboriginal communities of the Kimberley region. <i>Journal of Biosocial Science</i> , <b>1995</b> , 27, 107-16	1.6	20
3	Use of cortisol as a stress marker: Practical and theoretical problems. <i>American Journal of Human Biology</i> , <b>1995</b> , 7, 265-274	2.7	51
2	Some determinants of population variation in cortisol levels in a British urban community. <i>Journal of Biosocial Science</i> , <b>1992</b> , 24, 477-85	1.6	14
1	Measuring hormonal variation in the hypothalamic pituitary adrenal (HPA) axis: cortisol122-157		