

Tessa M Pollard

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

61
papers

2,480
citations

18
h-index

49
g-index

68
ext. papers

2,819
ext. citations

3.3
avg, IF

4.96
L-index

#	Paper	IF	Citations
61	Development of a measure of the motives underlying the selection of food: the food choice questionnaire. <i>Appetite</i> , 1995 , 25, 267-84	4.5	1161
60	Stress, social support and health-related behavior: a study of smoking, alcohol consumption and physical exercise. <i>Journal of Psychosomatic Research</i> , 1996 , 41, 171-80	4.1	257
59	Validity of age at menarche self-reported in adulthood. <i>Journal of Epidemiology and Community Health</i> , 2006 , 60, 993-7	5.1	124
58	Motives underlying healthy eating: using the Food Choice Questionnaire to explain variation in dietary intake. <i>Journal of Biosocial Science</i> , 1998 , 30, 165-79	1.6	121
57	Environmental change and cardiovascular disease: A new complexity. <i>American Journal of Physical Anthropology</i> , 1997 , 104, 1-24	2.5	102
56	Changes in mental well-being, blood pressure and total cholesterol levels during workplace reorganization: The impact of uncertainty. <i>Work and Stress</i> , 2001 , 15, 14-28	6.1	83
55	Effects of academic examination stress on eating behavior and blood lipid levels. <i>International Journal of Behavioral Medicine</i> , 1995 , 2, 299-320	2.6	74
54	Predictors of age at menarche in the newcastle thousand families study. <i>Journal of Biosocial Science</i> , 2008 , 40, 563-75	1.6	58
53	Gender differences in walking (for leisure, transport and in total) across adult life: a systematic review. <i>BMC Public Health</i> , 2017 , 17, 341	4.1	53
52	Epinephrine and cortisol responses to work: a test of the models of Frankenhaeuser and Karasek. <i>Annals of Behavioral Medicine</i> , 1996 , 18, 229-37	4.5	52
51	Use of cortisol as a stress marker: Practical and theoretical problems. <i>American Journal of Human Biology</i> , 1995 , 7, 265-274	2.7	51
50	Western Diseases: An Evolutionary Perspective 2001 ,		24
49	Associations of sedentary time and self-reported television time during pregnancy with incident gestational diabetes and plasma glucose levels in women at risk of gestational diabetes in the UK. <i>BMC Public Health</i> , 2019 , 19, 575	4.1	22
48	Social networks and coronary heart disease risk factors in South Asians and Europeans in the UK. <i>Ethnicity and Health</i> , 2003 , 8, 263-75	2.2	21
47	Differences in body composition and cardiovascular and type 2 diabetes risk factors between migrant and British-born British Pakistani women. <i>American Journal of Human Biology</i> , 2008 , 20, 545-9	2.7	20
46	Patterns of cortisol and adrenaline variation in Australian aboriginal communities of the Kimberley region. <i>Journal of Biosocial Science</i> , 1995 , 27, 107-16	1.6	20
45	A comparison of physical activity and sedentary behaviour in 9-11 year old British Pakistani and White British girls: a mixed methods study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014 , 11, 74	8.4	18

44	Assessing physical activity in Muslim women of South Asian origin. <i>Journal of Physical Activity and Health</i> , 2012 , 9, 970-6	2.5	18
43	Do blood pressure and heart rate responses to perceived stress vary according to endogenous estrogen level in women?. <i>American Journal of Physical Anthropology</i> , 2007 , 132, 151-7	2.5	16
42	Group walking as a "lifeline": Understanding the place of outdoor walking groups in women's lives. <i>Social Science and Medicine</i> , 2019 , 238, 112489	5.1	14
41	Evaluating the impact of a community-based social prescribing intervention on people with type 2 diabetes in North East England: mixed-methods study protocol. <i>BMJ Open</i> , 2019 , 9, e026826	3	14
40	Some determinants of population variation in cortisol levels in a British urban community. <i>Journal of Biosocial Science</i> , 1992 , 24, 477-85	1.6	14
39	Could parental rules play a role in the association between short sleep and obesity in young children?. <i>Journal of Biosocial Science</i> , 2014 , 46, 405-18	1.6	13
38	Lifecourse predictors of mammographic density: the Newcastle Thousand Families cohort Study. <i>Breast Cancer Research and Treatment</i> , 2012 , 131, 187-95	4.4	12
37	Are changes in blood pressure and total cholesterol related to changes in mood? An 18-month study of men and women.. <i>Health Psychology</i> , 2003 , 22, 47-53	5	11
36	The optimal timing of blood collection during the menstrual cycle for the assessment of endogenous sex hormones: can interindividual differences in levels over the whole cycle be assessed on a single day?. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2002 , 11, 147-51	4	11
35	Adiposity and blood pressure in 7- to 11-year-old children: comparison of British Pakistani and white British children, and of British Pakistani children of migrant and British-born mothers. <i>American Journal of Human Biology</i> , 2011 , 23, 710-6	2.7	8
34	Sex hormone-binding globulin and androgen levels in immigrant and British-born premenopausal British Pakistani women: evidence of early life influences?. <i>American Journal of Human Biology</i> , 2006 , 18, 741-7	2.7	8
33	Modernisation and children's blood pressure: On and off the tourist trail in Nepal. <i>American Journal of Human Biology</i> , 2000 , 12, 478-486	2.7	8
32	The effectiveness of using the workplace to identify and address modifiable health risk factors in deprived populations. <i>Occupational and Environmental Medicine</i> , 2015 , 72, 664-9	2.1	7
31	"Sit Yourself Down": Women's Experiences of Negotiating Physical Activity During Pregnancy. <i>Qualitative Health Research</i> , 2020 , 30, 1072-1082	3.9	6
30	Ethnic Groups as Migrant Groups: Improving Understanding of Links Between Ethnicity/Race and Risk of Type 2 Diabetes and Associated Conditions. <i>Annual Review of Anthropology</i> , 2011 , 40, 145-158	3.6	6
29	Sex, gender and cardiovascular disease 1999 , 53-74		6
28	Communal therapeutic mobility in group walking: A meta-ethnography. <i>Social Science and Medicine</i> , 2020 , 262, 113241	5.1	6
27	Social prescribing and classed inequality: A journey of upward health mobility?. <i>Social Science and Medicine</i> , 2021 , 280, 114037	5.1	6

26	Differences between 9-11 year old British Pakistani and White British girls in physical activity and behavior during school recess. <i>BMC Public Health</i> , 2012 , 12, 1087	4.1	4
25	Birth weight and early socio-economic disadvantage as predictors of sex hormones and sex hormone binding globulin in men at age 49-51 years. <i>American Journal of Human Biology</i> , 2011 , 23, 185-9 ² -7		3
24	Total estradiol levels in migrant and British-born British Pakistani women: investigating early life influences on ovarian function. <i>American Journal of Human Biology</i> , 2009 , 21, 301-4	2.7	3
23	Effectiveness of diet and physical activity interventions among Chinese-origin populations living in high income countries: a systematic review. <i>BMC Public Health</i> , 2020 , 20, 1019	4.1	2
22	Work and hormonal variation in subsistence and industrial contexts 1998 , 139-183		2
21	How is television time linked to cardiometabolic health in adults? A critical systematic review of the evidence for an effect of watching television on eating, movement, affect and sleep. <i>BMJ Open</i> , 2021 , 11, e040739	3	2
20	Social prescribing during the COVID-19 pandemic: a qualitative study of service providers and clients experiences.. <i>BMC Health Services Research</i> , 2022 , 22, 258	2.9	2
19	Are changes in blood pressure and total cholesterol related to changes in mood? An 18-month study of men and women. <i>Health Psychology</i> , 2003 , 22, 47-53	5	2
18	Measuring demographic group differences in cardiovascular reactivity to stress using a mental challenge in the laboratory: problems of interpretations. <i>Journal of Epidemiology and Community Health</i> , 2001 , 55, 288	5.1	1
17	The thrifty genotype versus thrifty phenotype debate: efforts to explain between population variation in rates of type 2 diabetes and cardiovascular disease 2001 , 50-74		1
16	Associations Between Television Time and activPAL-Measured Duration and Pattern of Sedentary Time Among Pregnant Women at Risk of Gestational Diabetes in the UK. <i>Journal of Physical Activity and Health</i> , 2020 , 17, 471-474	2.5	1
15	"": Syndemic vulnerability among people living with chronic non-communicable disease during the COVID-19 pandemic.. <i>SSM Qualitative Research in Health</i> , 2022 , 2, 100032		1
14	Socioeconomic correlates of sedentary time during pregnancy among women at risk of gestational diabetes in the UK. <i>Journal of Biosocial Science</i> , 2021 , 1-12	1.6	1
13	Children's experiences of the journey between home and school: A qualitative synthesis using meta-ethnography. <i>Health and Place</i> , 2022 , 76, 102819	4.6	1
12	Managing disruption at a distance: Unequal experiences of people living with long-term conditions during the COVID-19 pandemic.. <i>Social Science and Medicine</i> , 2022 , 302, 114963	5.1	0
11	Community gardening and wellbeing: The understandings of organisers and their implications for gardening for health.. <i>Health and Place</i> , 2022 , 75, 102773	4.6	0
10	Negotiating risk: British Pakistani experiences of genetics [By Alison Shaw. <i>Journal of the Royal Anthropological Institute</i> , 2010 , 16, 678-679	0.4	
9	Measuring hormonal variation in the hypothalamic pituitary adrenal (HPA) axis: cortisol 122-157		

8 An evolutionary history of human disease **2001**, 9-22

7 Depression and stress **2001**, 136-152

6 Obesity, type 2 diabetes and cardiovascular disease **2001**, 23-49

5 Reproductive cancers **2001**, 75-98

4 Reproductive function, breastfeeding and the menopause **2001**, 99-119

3 Asthma and allergic disease **2001**, 120-135

2 Reinventing the Sexes: the Biomedical Construction of Femininity and Masculinity. By Marianne van den Wijngaard. Pp. 171. (Indiana University Press, Bloomington, 1997.) £24.95, hardback; £10.99, paperback; ISBN 0-253-21087-9.. *Journal of Biosocial Science*, **1999**, 31, 425-432 1.6

1 Doing more with movement: constituting healthy publics in movement volunteering programmes. *Palgrave Communications*, **2020**, 6, 94 5.3