Ruth P Saunders

List of Publications by Year
in descending order

82 papers	4,441 citations	136940 32 h-index	106340 65 g-index
82 all docs	82 docs citations	82 times ranked	4355 citing authors

#	Article	IF	Citations
1	Developing a Process-Evaluation Plan for Assessing Health Promotion Program Implementation: A How-To Guide. Health Promotion Practice, 2005, 6, 134-147.	1.6	685
2	Measuring enjoyment of physical activity in adolescent girls. American Journal of Preventive Medicine, 2001, 21, 110-117.	3.0	422
3	Promotion of Physical Activity Among High-School Girls: A Randomized Controlled Trial. American Journal of Public Health, 2005, 95, 1582-1587.	2.7	252
4	Factorial Validity and Invariance of Questionnaires Measuring Social-Cognitive Determinants of Physical Activity among Adolescent Girls. Preventive Medicine, 2000, 31, 584-594.	3.4	211
5	Physical self-concept and self-esteem mediate cross-sectional relations of physical activity and sport participation with depression symptoms among adolescent girls.. Health Psychology, 2006, 25, 396-407.	1.6	184
6	Perceptions of Physical and Social Environment Variables and Self-Efficacy as Correlates of Self-Reported Physical Activity Among Adolescent Girls. Journal of Pediatric Psychology, 2007, 32, 6-12.	2.1	145
7	Gender Differences in Physical Activity and Determinants of Physical Activity in Rural Fifth Grade Children. Journal of School Health, 1996, 66, 145-150.	1.6	141
8	Examining social-cognitive determinants of intention and physical activity among Black and White adolescent girls using structural equation modeling.. Health Psychology, 2002, 21, 459-467.	1.6	127
9	The Faith, Activity, and Nutrition Program. American Journal of Preventive Medicine, 2013, 44, 122-131.	3.0	110
10	Correlates of Physical Activity Behavior in Rural Youth. Research Quarterly for Exercise and Sport, 1997, 68, 241-248.	1.4	108
11	An Intervention to Increase Physical Activity in Children. American Journal of Preventive Medicine, 2016, 51, 12-22.	3.0	102
12	The Tug-of-War: Fidelity Versus Adaptation Throughout the Health Promotion Program Life Cycle. Journal of Primary Prevention, 2013, 34, 193-207.	1.6	101
13	Factorial Invariance and Latent Mean Structure of Questionnaires Measuring Social-Cognitive Determinants of Physical Activity among Black and White Adolescent Girls. Preventive Medicine, 2002, 34, 100-108.	3.4	95
14	Self-Efficacy Moderates the Relation Between Declines in Physical Activity and Perceived Social Support in High School Girls. Journal of Pediatric Psychology, 2009, 34, 441-451.	2.1	94
15	The Faith, Activity, and Nutrition (FAN) Program: Design of a participatory research intervention to increase physical activity and improve dietary habits in African American churches. Contemporary Clinical Trials, 2010, 31, 323-335.	1.8	90
16	Results of the â€œActive by Choice Todayâ€•(ACT) randomized trial for increasing physical activity in low-income and minority adolescents.. Health Psychology, 2011, 30, 463-471.	1.6	90
17	Examining the link between program implementation and behavior outcomes in the lifestyle education for activity program (LEAP). Evaluation and Program Planning, 2006, 29, 352-364.	1.6	86
18	Determinants of Physical Activity in Middle School Children. American Journal of Health Behavior, 2002, 26, 95-102.	1.4	82

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19	Comparison of Social Variables for Understanding Physical Activity in Adolescent Girls. American Journal of Health Behavior, 2004, 28, 426-36.	1.4	72
20	Using process evaluation for program improvement in dose, fidelity and reach: the ACT trial experience. International Journal of Behavioral Nutrition and Physical Activity, 2009, 6, 79.	4.6	66
21	Long-Term Effects of a Physical Activity Intervention in High School Girls. American Journal of Preventive Medicine, 2007, 33, 276-280.	3.0	60
22	An overview of â€œThe Active by Choice Todayâ€•(ACT) trial for increasing physical activity. Contemporary Clinical Trials, 2008, 29, 21-31.	1.8	58
23	Determinants of Physical Activity in Active and Lowâ€Active, Sixth Grade Africanâ€American Youth. Journal of School Health, 1999, 69, 29-34.	1.6	57
24	Implementation of a Faith-Based Physical Activity Intervention: Insights from Church Health Directors. Journal of Community Health, 2008, 33, 304-312.	3.8	56
25	Data to Action: Using Formative Research to Develop Intervention Programs to Increase Physical Activity in Adolescent Girls. Health Education and Behavior, 2006, 33, 97-111.	2.5	53
26	Relationship Between Physical Activity Level and Cigarette, Smokeless Tobacco, and Marijuana Use Among Public High School Adolescents. Journal of School Health, 1995, 65, 438-442.	1.6	48
27	Translating Policies Into Practice. Health Promotion Practice, 2013, 14, 228-237.	1.6	44
28	Change in Children's Physical Activity: Predictors in the Transition From Elementary to Middle School. American Journal of Preventive Medicine, 2019, 56, e65-e73.	3.0	42
29	Physical Activities and Sedentary Pursuits in African American and Caucasian Girls. Research Quarterly for Exercise and Sport, 2004, 75, 352-360.	1.4	38
30	Faith, Activity, and Nutrition Randomized Dissemination and Implementation Study: Countywide Adoption, Reach, and Effectiveness. American Journal of Preventive Medicine, 2018, 54, 776-785.	3.0	38
31	Sport participation, physical activity and sedentary behavior in the transition from middle school to high school. Journal of Science and Medicine in Sport, 2020, 23, 385-389.	1.3	38
32	The 3-year evolution of a preschool physical activity intervention through a collaborative partnership between research interventionists and preschool teachers. Health Education Research, 2014, 29, 491-502.	1.9	34
33	Sedentary Behaviors in Fifth-Grade Boys and Girls: Where, with Whom, and Why?. Childhood Obesity, 2013, 9, 532-539.	1.5	29
34	Study of Health and Activity in Preschool Environments (SHAPES): Study protocol for a randomized trial evaluating a multi-component physical activity intervention in preschool children. BMC Public Health, 2013, 13, 728.	2.9	28
35	Process evaluation methods, implementation fidelity results and relationship to physical activity and healthy eating in the Faith, Activity, and Nutrition (FAN) study. Evaluation and Program Planning, 2014, 43, 93-102.	1.6	27
36	Commercial Facilities, Social Cognitive Variables, and Physical Activity of 12th Grade Girls. Annals of Behavioral Medicine, 2009, 37, 77-87.	2.9	26

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37	Assessing sustainability of Lifestyle Education for Activity Program (LEAP). Health Education Research, 2012, 27, 319-330.	1.9	25
38	Conceptualizing, Implementing, and Monitoring a Structural Health Promotion Intervention in an Organizational Setting. Health Promotion Practice, 2013, 14, 343-353.	1.6	23
39	A Comprehensive Professional Development Training's Effect on Afterschool Program Staff Behaviors to Promote Healthy Eating and Physical Activity. Journal of Public Health Management and Practice, 2014, 20, E6-E14.	1.4	23
40	Support for School-based Sexuality Education Among South Carolina Voters. Journal of School Health, 1998, 68, 205-212.	1.6	22
41	Health risk behaviors of rural sixth graders. Research in Nursing and Health, 1998, 21, 475-485.	1.6	21
42	Process evaluation of a preschool physical activity intervention using web-based delivery. Evaluation and Program Planning, 2017, 60, 24-36.	1.6	21
43	Physical Activity and Sedentary Pursuits of Children Living in Residential Childrenâ€™s Homes. Journal of Physical Activity and Health, 2009, 6, 195-202.	2.0	20
44	Making healthy eating and physical activity policy practice: process evaluation of a group randomized controlled intervention in afterschool programs. Health Education Research, 2015, 30, 849-865.	1.9	20
45	Partnerships for Comprehensive School Health: Collaboration Among Colleges/Universities, State-Level Organizations, and Local School Districts. Journal of School Health, 1999, 69, 307-313.	1.6	17
46	After-school setting, physical activity, and sedentary behavior in 5th grade boys and girls. Health and Place, 2012, 18, 951-955.	3.3	17
47	Effects of a structural intervention and implementation on physical activity among youth in residential children's homes. Evaluation and Program Planning, 2014, 46, 72-79.	1.6	16
48	Predictors of implementation in the Faith, Activity, and Nutrition dissemination and implementation study: application of the Consolidated Framework for Implementation Research (CFIR) in a statewide initiative. Translational Behavioral Medicine, 2021, 11, 419-429.	2.4	16
49	Evaluating and Refining the Conceptual Model Used in the Study of Health and Activity in Preschool Environments (SHAPES) Intervention. Health Education and Behavior, 2017, 44, 876-884.	2.5	15
50	Environmental Determinants of Childrenâ€™s Physical Activity in Residential Childrenâ€™s Homes. Journal of Physical Activity and Health, 2011, 8, 636-644.	2.0	13
51	Physical and Social Contexts of Physical Activity Behaviors of Fifth and Seventh Grade Youth. Journal of School Health, 2018, 88, 122-131.	1.6	13
52	The relationship between the food environment and fruit and vegetable intake of adolescents living in Residential Children's Homes. Health Education Research, 2009, 24, 520-530.	1.9	12
53	Process evaluation of an intervention to increase child activity levels in afterschool programs. Evaluation and Program Planning, 2014, 45, 164-170.	1.6	12
54	Systematic dissemination of a preschool physical activity intervention to the control preschools. Evaluation and Program Planning, 2016, 57, 1-7.	1.6	12

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55	The translation of an evidence-based preschool physical activity intervention from in-person to online delivery of professional development to preschool teachers. Translational Behavioral Medicine, 2019, 9, 1186-1196.	2.4	12
56	Community Agency Survey Formative Research Results From the TAAG Study. Health Education and Behavior, 2006, 33, 12-24.	2.5	11
57	Are We There Yet? Compliance with Physical Activity Standards in YMCA Afterschool Programs. Childhood Obesity, 2016, 12, 237-246.	1.5	11
58	Healthy Eating and Physical Activity Interventions in Faith-Based Settings: A Systematic Review Using the Reach, Effectiveness/Efficacy, Adoption, Implementation, Maintenance Framework. American Journal of Preventive Medicine, 2021, 60, 127-135.	3.0	11
59	Process Evaluation of Making HEPA Policy Practice. Health Promotion Practice, 2016, 17, 631-647.	1.6	10
60	Evaluation of a statewide dissemination and implementation of physical activity intervention in afterschool programs: a nonrandomized trial. Translational Behavioral Medicine, 2017, 7, 690-701.	2.4	9
61	The Faith, Activity, and Nutrition (FAN) Dissemination and Implementation Study, Phase 1: Implementation Monitoring Methods and Results. Health Education and Behavior, 2019, 46, 388-397.	2.5	9
62	Statewide dissemination and implementation of physical activity standards in afterschool programs: two-year results. BMC Public Health, 2018, 18, 819.	2.9	8
63	Longitudinal Associations Between Psychosocial, Home, and Neighborhood Factors and Childrenâ€™s Physical Activity. Journal of Physical Activity and Health, 2020, 17, 306-312.	2.0	8
64	Patterns of age-related change in physical activity during the transition from elementary to high school. Preventive Medicine Reports, 2022, 26, 101712.	1.8	8
65	Support for Schoolâ€Based Reproductive Health Services Among South Carolina Voters. Journal of School Health, 2001, 71, 66-72.	1.6	7
66	Factors Influencing Implementation of a Physical Activity Intervention in Residential Childrenâ€™s Homes. Prevention Science, 2016, 17, 1002-1011.	2.6	7
67	Factors influencing implementation of a preschool-based physical activity intervention. Health Education Research, 2017, 32, 69-80.	1.9	7
68	Evaluation of a comprehensive school physical activity program: Be a Champion!. Evaluation and Program Planning, 2019, 75, 54-60.	1.6	7
69	Walkability indices and children's walking behavior in rural vs. urban areas. Health and Place, 2021, 72, 102707.	3.3	7
70	Gender Differences in Physical Activity and Determinants of Physical Activity in Rural Fifth Grade Children. Journal of School Health, 1996, 66, 145-150.	1.6	6
71	Compliance With the Healthy Eating Standards inÂYMCA After-School Programs. Journal of Nutrition Education and Behavior, 2016, 48, 555-562.e1.	0.7	6
72	Pathways of influences leading to adoption of the Faith, Activity and Nutrition (FAN) program in a statewide initiative. Evaluation and Program Planning, 2021, 87, 101941.	1.6	6

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73	The Faith, Activity, and Nutrition (FAN) Dissemination and Implementation Study: 24-Month Organizational Maintenance in a Countywide Initiative. Frontiers in Public Health, 2020, 8, 171.	2.7	5
74	The Association Between Severity of Sanction Imposed for Violation of Tobacco Policy and High School Dropout Rates. Journal of School Health, 2000, 70, 327-330.	1.6	4
75	Sustainability of physical activity promoting environments and influences on sustainability following a structural intervention in residential childrenâ€™s homes. Health Education Research, 2016, 31, 207-219.	1.9	4
76	Regional comparisons of walking or bicycling for fun or exercise and for active transport in a nationally distributed sample of communityâ€based youth. Pediatric Obesity, 2018, 13, 36-45.	2.8	4
77	Implementation Monitoring of a Promotora-Led, Home-Based Obesity Prevention Pilot Study With Latino Preschool Children and Their Mothers. International Quarterly of Community Health Education, 2021, 41, 411-418.	0.9	4
78	Program Implementation and Church Membersâ€™ Health Behaviors in a Countywide Study of the Faith, Activity, and Nutrition Program. Preventing Chronic Disease, 2021, 18, E05.	3.4	4
79	Factors associated with provision of instrumental social support for physical activity in a foster parent population. Children and Youth Services Review, 2015, 52, 1-7.	1.9	3
80	The Faith, Activity, and Nutrition (FAN) dissemination and implementation study: changes in and maintenance of organizational practices over 24 months in a statewide initiative. International Journal of Behavioral Nutrition and Physical Activity, 2022, 19, 23.	4.6	3
81	Childcare Center Characteristics Moderate the Effects of a Physical Activity Intervention. International Journal of Environmental Research and Public Health, 2020, 17, 101.	2.6	2
82	Role of Organizational Support on Implementation of an Environmental Change Intervention to Improve Child Fruit and Vegetable Intake: a Randomized Cross-Over Design. Prevention Science, 2019, 20, 1211-1218.	2.6	1