

Karen Milton

List of Publications by Year in descending order

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66
papers

6,299
citations

279798
23
h-index

123424
61
g-index

67
all docs

67
docs citations

67
times ranked

7079
citing authors

#	ARTICLE	IF	CITATIONS
1	World Health Organization 2020 guidelines on physical activity and sedentary behaviour. British Journal of Sports Medicine, 2020, 54, 1451-1462.	6.7	4,050
2	Reliability and validity testing of a single-item physical activity measure. British Journal of Sports Medicine, 2011, 45, 203-208.	6.7	416
3	The associations between sedentary behaviour and mental health among adolescents: a systematic review. International Journal of Behavioral Nutrition and Physical Activity, 2016, 13, 108.	4.6	375
4	Advancing the global physical activity agenda: recommendations for future research by the 2020 WHO physical activity and sedentary behavior guidelines development group. International Journal of Behavioral Nutrition and Physical Activity, 2020, 17, 143.	4.6	166
5	Can a single question provide an accurate measure of physical activity?. British Journal of Sports Medicine, 2013, 47, 44-48.	6.7	117
6	The First Global Physical Activity and Sedentary Behavior Guidelines for People Living With Disability. Journal of Physical Activity and Health, 2021, 18, 86-93.	2.0	93
7	Eight Investments That Work for Physical Activity. Journal of Physical Activity and Health, 2021, 18, 625-630.	2.0	71
8	National physical activity and sedentary behaviour policies in 76 countries: availability, comprehensiveness, implementation, and effectiveness. International Journal of Behavioral Nutrition and Physical Activity, 2020, 17, 116.	4.6	58
9	Review of the epidemiological evidence for physical activity and health from low- and middle-income countries. Global Public Health, 2014, 9, 369-381.	2.0	55
10	Trends in prolonged sitting time among European adults: 27 country analysis. Preventive Medicine, 2015, 77, 11-16.	3.4	47
11	The development of the Comprehensive Analysis of Policy on Physical Activity (CAPPA) framework. International Journal of Behavioral Nutrition and Physical Activity, 2019, 16, 60.	4.6	43
12	Depression, psychological distress and Internet use among community-based Australian adolescents: a cross-sectional study. BMC Public Health, 2017, 17, 365.	2.9	41
13	A global systematic scoping review of studies analysing indicators, development, and content of national-level physical activity and sedentary behaviour policies. International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 123.	4.6	40
14	An evidence-based assessment of the impact of the Olympic Games on population levels of physical activity. Lancet, The, 2021, 398, 456-464.	13.7	38
15	Turning the tide: national policy approaches to increasing physical activity in seven European countries. British Journal of Sports Medicine, 2015, 49, 749-756.	6.7	37
16	National Policy on Physical Activity: The Development of a Policy Audit Tool. Journal of Physical Activity and Health, 2014, 11, 233-240.	2.0	36
17	A review of global surveillance on the muscle strengthening and balance elements of physical activity recommendations. Journal of Frailty, Sarcopenia and Falls, 2018, 03, 114-124.	1.2	32
18	Testing Self-Report Time-Use Diaries against Objective Instruments in Real Time. Sociological Methodology, 2020, 50, 318-349.	2.4	31

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19	Effects of whey protein supplement in the elderly submitted to resistance training: systematic review and meta-analysis. International Journal of Food Sciences and Nutrition, 2017, 68, 257-264.	2.8	30
20	What works to promote walking at the population level? A systematic review. British Journal of Sports Medicine, 2018, 52, 807-812.	6.7	30
21	Are Total, Intensity- and Domain-Specific Physical Activity Levels Associated with Life Satisfaction among University Students?. PLoS ONE, 2015, 10, e0118137.	2.5	28
22	Maximising the impact of global and national physical activity guidelines: the critical role of communication strategies. British Journal of Sports Medicine, 2020, 54, 1463-1467.	6.7	27
23	Worldwide use of the first set of physical activity Country Cards: The Global Observatory for Physical Activity - GoPA!. International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 29.	4.6	26
24	A validation study of the Eurostat harmonised European time use study (HETUS) diary using wearable technology. BMC Public Health, 2019, 19, 455.	2.9	25
25	How are we measuring physical activity and sedentary behaviour in the four home nations of the UK? A narrative review of current surveillance measures and future directions. British Journal of Sports Medicine, 2020, 54, 1269-1276.	6.7	22
26	Ten Research Priorities Related to Youth Sport, Physical Activity, and Health. Journal of Physical Activity and Health, 2020, 17, 920-929.	2.0	22
27	A critical analysis of the cycles of physical activity policy in England. International Journal of Behavioral Nutrition and Physical Activity, 2015, 12, 8.	4.6	21
28	Is there sufficient evidence regarding signage-based stair use interventions? A sequential meta-analysis. BMJ Open, 2017, 7, e012459.	1.9	21
29	A scoping review of evaluation frameworks and their applicability to real-world physical activity and dietary change programme evaluation. BMC Public Health, 2020, 20, 1000.	2.9	21
30	Public health policy and walking in Englandâ€”analysis of the 2008 â€”policy windowâ€™. BMC Public Health, 2015, 15, 614.	2.9	20
31	Effects of 20 mph interventions on a range of public health outcomes: A meta-narrative evidence synthesis. Journal of Transport and Health, 2020, 17, 100633.	2.2	19
32	A systematic review of the use and reporting of evaluation frameworks within evaluations of physical activity interventions. International Journal of Behavioral Nutrition and Physical Activity, 2020, 17, 107.	4.6	18
33	Global Matrix 3.0 physical activity report card for children and youth: a comparison across Europe. Public Health, 2020, 187, 150-156.	2.9	17
34	A systematic review of instruments for the analysis of national-level physical activity and sedentary behaviour policies. Health Research Policy and Systems, 2019, 17, 86.	2.8	15
35	A formative evaluation of a family-based walking intervention-Furness Families Walk4Life. BMC Public Health, 2011, 11, 614.	2.9	14
36	Making physical activity evidence accessible: are these infographics the answer?. British Journal of Sports Medicine, 2017, 51, 764-766.	6.7	13

#	ARTICLE	IF	CITATIONS
37	Interventions outside the workplace for reducing sedentary behaviour in adults under 60 years of age. The Cochrane Library, 2020, 2020, CD012554.	2.8	13
38	Impact and process evaluation of a co-designed “Move More, Sit Less”™ intervention in a public sector workplace. Work, 2019, 64, 587-599.	1.1	12
39	Let’s Get Moving: a systematic pathway for the promotion of physical activity in a primary care setting. Global Health Promotion, 2011, 18, 59-61.	1.3	11
40	Perspectives on a “Sit Less, Move More”™ Intervention in Australian Emergency Call Centres. AIMS Public Health, 2016, 3, 288-297.	2.6	10
41	A critical review of national physical activity policies relating to children and young people in England. Journal of Sport and Health Science, 2021, 10, 255-262.	6.5	10
42	COVID-19 and Physical Activity: How Can We Build Back Better?. Journal of Physical Activity and Health, 2021, 18, 149-150.	2.0	10
43	Use of natural experimental studies to evaluate 20mph speed limits in two major UK cities. Journal of Transport and Health, 2021, 22, 101141.	2.2	10
44	A Rapid Review of Communication Strategies for Physical Activity Guidelines and Physical Activity Promotion: A Review of Worldwide Strategies. Journal of Physical Activity and Health, 2021, 18, 1014-1027.	2.0	7
45	Adaptation and testing of a microscale audit tool to assess liveability using google street view: MAPS-liveability. Journal of Transport and Health, 2021, 22, 101226.	2.2	7
46	International trends in screen-based behaviours from 2012 to 2019. Preventive Medicine, 2022, 154, 106909.	3.4	7
47	The Physical Activity Messaging Framework (PAMF) and Checklist (PAMC): International consensus statement and user guide. International Journal of Behavioral Nutrition and Physical Activity, 2021, 18, 164.	4.6	6
48	Evaluating the citywide Edinburgh 20mph speed limit intervention effects on traffic speed and volume: A pre-post observational evaluation. PLoS ONE, 2021, 16, e0261383.	2.5	6
49	Embedding Physical Activity into the Healthcare Curriculum “ A Case Study. Education for Primary Care, 2020, 31, 176-179.	0.6	5
50	Trend shifts in road traffic collisions: An application of Hidden Markov Models and Generalised Additive Models to assess the impact of the 20 mph speed limit policy in Edinburgh. Environment and Planning B: Urban Analytics and City Science, 2021, 48, 2590-2606.	2.0	5
51	Response to “Commentary on: The First Global Physical Activity and Sedentary Behavior Guidelines for People Living With Disability”. Journal of Physical Activity and Health, 2021, 18, 350-351.	2.0	5
52	A qualitative exploration of the mechanisms, pathways and public health outcomes of a city centre 20mph speed limit intervention: The case of Belfast, United Kingdom. Health and Place, 2021, 70, 102627.	3.3	5
53	“People don't get cancer, families do”™: Co-development of a social physical activity intervention for people recently affected by a cancer diagnosis. European Journal of Cancer Care, 2022, 31, .	1.5	5
54	Interventions outside the workplace for reducing sedentary behaviour in adults under 60. The Cochrane Library, 0, , .	2.8	4

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55	Intersectoral partnership: a potential legacy success of the London 2012 Olympic and Paralympic Games. <i>International Journal of Sport Policy and Politics</i> , 2019, 11, 97-102.	1.6	4
56	“WALK30X5” a feasibility study of a physiotherapy walking programme for people with mild to moderate musculoskeletal conditions. <i>Physiotherapy</i> , 2020, 107, 275-285.	0.4	4
57	Exploring influences on evaluation practice: a case study of a national physical activity programme. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 31.	4.6	4
58	A Critique of National Physical Activity Policy in Oman Using 3 Established Policy Frameworks. <i>Journal of Physical Activity and Health</i> , 2021, 18, 1473-1478.	2.0	4
59	Critique of “The physical activity myth” paper: discussion of flawed logic and inappropriate use of evidence. <i>British Journal of Sports Medicine</i> , 2016, 50, 1230-1231.	6.7	3
60	The evolution of time use approaches for understanding activities of daily living in a public health context. <i>BMC Public Health</i> , 2019, 19, 451.	2.9	3
61	Tweeting about twenty: an analysis of interest, public sentiments and opinion about 20mph speed restrictions in two UK cities. <i>BMC Public Health</i> , 2021, 21, 2016.	2.9	2
62	Are "armchair socialists" still sitting? Cross sectional study of political affiliation and physical activity. <i>BMJ</i> , 2014, 349, g7073-g7073.	6.0	1
63	Beyond the consultation room: GPs and physical activity. <i>British Journal of General Practice</i> , 2016, 66, 558.2-558.	1.4	0
64	A review of UK media coverage of physical activity associated with the publication of special issues in a high-impact medical journal. <i>Public Health</i> , 2018, 163, 87-94.	2.9	0
65	Behavioural epidemiology of physical activity in people living with chronic conditions. <i>British Journal of Sports Medicine</i> , 2022, 56, 896-897.	6.7	0
66	A model for effective partnership working to support programme evaluation. <i>Evaluation</i> , 0, , 135638902210961.	1.8	0