

Karen Milton

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

62

papers

2,455

citations

18

h-index

49

g-index

67

ext. papers

4,366

ext. citations

5.4

avg, IF

5.24

L-index

#	Paper	IF	Citations
62	World Health Organization 2020 guidelines on physical activity and sedentary behaviour. <i>British Journal of Sports Medicine</i> , 2020 , 54, 1451-1462	10.3	1192
61	Reliability and validity testing of a single-item physical activity measure. <i>British Journal of Sports Medicine</i> , 2011 , 45, 203-8	10.3	283
60	The associations between sedentary behaviour and mental health among adolescents: a systematic review. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016 , 13, 108	8.4	220
59	Can a single question provide an accurate measure of physical activity?. <i>British Journal of Sports Medicine</i> , 2013 , 47, 44-8	10.3	91
58	Advancing the global physical activity agenda: recommendations for future research by the 2020 WHO physical activity and sedentary behavior guidelines development group. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 143	8.4	56
57	Review of the epidemiological evidence for physical activity and health from low- and middle-income countries. <i>Global Public Health</i> , 2014 , 9, 369-81	3.5	46
56	Trends in prolonged sitting time among European adults: 27 country analysis. <i>Preventive Medicine</i> , 2015 , 77, 11-6	4.3	36
55	Turning the tide: national policy approaches to increasing physical activity in seven European countries. <i>British Journal of Sports Medicine</i> , 2015 , 49, 749-56	10.3	28
54	Depression, psychological distress and Internet use among community-based Australian adolescents: a cross-sectional study. <i>BMC Public Health</i> , 2017 , 17, 365	4.1	28
53	The First Global Physical Activity and Sedentary Behavior Guidelines for People Living With Disability. <i>Journal of Physical Activity and Health</i> , 2021 , 18, 86-93	2.5	28
52	National policy on physical activity: the development of a policy audit tool. <i>Journal of Physical Activity and Health</i> , 2014 , 11, 233-40	2.5	26
51	National physical activity and sedentary behaviour policies in 76 countries: availability, comprehensiveness, implementation, and effectiveness. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 116	8.4	25
50	A review of global surveillance on the muscle strengthening and balance elements of physical activity recommendations. <i>Journal of Frailty, Sarcopenia and Falls</i> , 2018 , 3, 114-124	1.6	22
49	A global systematic scoping review of studies analysing indicators, development, and content of national-level physical activity and sedentary behaviour policies. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018 , 15, 123	8.4	22
48	Eight Investments That Work for Physical Activity. <i>Journal of Physical Activity and Health</i> , 2021 , 18, 625-630		21
47	Effects of whey protein supplement in the elderly submitted to resistance training: systematic review and meta-analysis. <i>International Journal of Food Sciences and Nutrition</i> , 2017 , 68, 257-264	3.7	20
46	Are total, intensity- and domain-specific physical activity levels associated with life satisfaction among university students?. <i>PLoS ONE</i> , 2015 , 10, e0118137	3.7	19

45	A critical analysis of the cycles of physical activity policy in England. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2015 , 12, 8	8.4	18
44	The development of the Comprehensive Analysis of Policy on Physical Activity (CAPPA) framework. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019 , 16, 60	8.4	18
43	How are we measuring physical activity and sedentary behaviour in the four home nations of the UK? A narrative review of current surveillance measures and future directions. <i>British Journal of Sports Medicine</i> , 2020 , 54, 1269-1276	10.3	17
42	Public health policy and walking in England-analysis of the 2008 Policy window. <i>BMC Public Health</i> , 2015 , 15, 614	4.1	16
41	Worldwide use of the first set of physical activity Country Cards: The Global Observatory for Physical Activity - GoPA!. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018 , 15, 29	8.4	16
40	A validation study of the Eurostat harmonised European time use study (HETUS) diary using wearable technology. <i>BMC Public Health</i> , 2019 , 19, 455	4.1	15
39	What works to promote walking at the population level? A systematic review. <i>British Journal of Sports Medicine</i> , 2018 , 52, 807-812	10.3	15
38	Maximising the impact of global and national physical activity guidelines: the critical role of communication strategies. <i>British Journal of Sports Medicine</i> , 2020 , 54, 1463-1467	10.3	14
37	Testing Self-Report Time-Use Diaries against Objective Instruments in Real Time. <i>Sociological Methodology</i> , 2020 , 50, 318-349	2.6	12
36	An evidence-based assessment of the impact of the Olympic Games on population levels of physical activity. <i>Lancet, The</i> , 2021 , 398, 456-464	4.0	12
35	Is there sufficient evidence regarding signage-based stair use interventions? A sequential meta-analysis. <i>BMJ Open</i> , 2017 , 7, e012459	3	11
34	A formative evaluation of a family-based walking intervention-Furness Families Walk4Life. <i>BMC Public Health</i> , 2011 , 11, 614	4.1	10
33	Ten Research Priorities Related to Youth Sport, Physical Activity, and Health. <i>Journal of Physical Activity and Health</i> , 2020 , 17, 920-929	2.5	10
32	A systematic review of the use and reporting of evaluation frameworks within evaluations of physical activity interventions. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2020 , 17, 107	8.4	9
31	Perspectives on a 'Sit Less, Move More' Intervention in Australian Emergency Call Centres. <i>AIMS Public Health</i> , 2016 , 3, 288-297	1.9	9
30	Let's Get Moving: a systematic pathway for the promotion of physical activity in a primary care setting: Let's Get Moving was developed based on National Guidance on effective interventions on physical activity released in the United Kingdom in 2006. <i>Global Health Promotion</i> , 2011 , 18, 59-61	1.4	8
29	Effects of 20 mph interventions on a range of public health outcomes: A meta-narrative evidence synthesis. <i>Journal of Transport and Health</i> , 2020 , 17, 100633	3	7
28	A scoping review of evaluation frameworks and their applicability to real-world physical activity and dietary change programme evaluation. <i>BMC Public Health</i> , 2020 , 20, 1000	4.1	6

27	COVID-19 and Physical Activity: How Can We Build Back Better?. <i>Journal of Physical Activity and Health</i> , 2021 , 18, 149-150	2.5	6
26	Global Matrix 3.0 physical activity report card for children and youth: a comparison across Europe. <i>Public Health</i> , 2020 , 187, 150-156	4	5
25	Use of natural experimental studies to evaluate 20mph speed limits in two major UK cities. <i>Journal of Transport and Health</i> , 2021 , 22, 101141	3	5
24	Interventions outside the workplace for reducing sedentary behaviour in adults under 60. <i>The Cochrane Library</i> , 2017 ,	5.2	4
23	A systematic review of instruments for the analysis of national-level physical activity and sedentary behaviour policies. <i>Health Research Policy and Systems</i> , 2019 , 17, 86	3.7	4
22	Impact and process evaluation of a co-designed 'Move More, Sit Less' intervention in a public sector workplace. <i>Work</i> , 2019 , 64, 587-599	1.6	4
21	A critical review of national physical activity policies relating to children and young people in England. <i>Journal of Sport and Health Science</i> , 2021 , 10, 255-262	8.2	3
20	Exploring influences on evaluation practice: a case study of a national physical activity programme. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021 , 18, 31	8.4	3
19	Embedding Physical Activity into the Healthcare Curriculum - A Case Study. <i>Education for Primary Care</i> , 2020 , 31, 176-179	0.9	2
18	Interventions outside the workplace for reducing sedentary behaviour in adults under 60 years of age. <i>The Cochrane Library</i> , 2020 , 7, CD012554	5.2	2
17	A qualitative exploration of the mechanisms, pathways and public health outcomes of a city centre 20mph speed limit intervention: The case of Belfast, United Kingdom. <i>Health and Place</i> , 2021 , 70, 102627	4.6	2
16	Intersectoral partnership: a potential legacy success of the London 2012 Olympic and Paralympic Games. <i>International Journal of Sport Policy and Politics</i> , 2019 , 11, 97-102	1.6	2
15	"WALK30X5": a feasibility study of a physiotherapy walking programme for people with mild to moderate musculoskeletal conditions. <i>Physiotherapy</i> , 2020 , 107, 275-285	3	2
14	Adaptation and testing of a microscale audit tool to assess liveability using google street view: MAPS-liveability. <i>Journal of Transport and Health</i> , 2021 , 22, 101226	3	2
13	The evolution of time use approaches for understanding activities of daily living in a public health context. <i>BMC Public Health</i> , 2019 , 19, 451	4.1	1
12	Are "armchair socialists" still sitting? Cross sectional study of political affiliation and physical activity. <i>BMJ, The</i> , 2014 , 349, g7073	5.9	1
11	Tweeting about twenty: an analysis of interest, public sentiments and opinion about 20mph speed restrictions in two UK cities. <i>BMC Public Health</i> , 2021 , 21, 2016	4.1	1
10	International trends in screen-based behaviours from 2012 to 2019. <i>Preventive Medicine</i> , 2021 , 106909	4.3	1

9	A Critique of National Physical Activity Policy in Oman Using 3 Established Policy Frameworks. <i>Journal of Physical Activity and Health</i> , 2021 , 1-6	2.5	1
8	Response to "Commentary on: The First Global Physical Activity and Sedentary Behavior Guidelines for People Living With Disability". <i>Journal of Physical Activity and Health</i> , 2021 , 18, 350-351	2.5	1
7	Trend shifts in road traffic collisions: An application of Hidden Markov Models and Generalised Additive Models to assess the impact of the 20 mph speed limit policy in Edinburgh. <i>Environment and Planning B: Urban Analytics and City Science</i> , 239980832098552	2	1
6	A Rapid Review of Communication Strategies for Physical Activity Guidelines and Physical Activity Promotion: A Review of Worldwide Strategies. <i>Journal of Physical Activity and Health</i> , 2021 , 18, 1014-1027	2.5	1
5	The Physical Activity Messaging Framework (PAMF) and Checklist (PAMC): International consensus statement and user guide.. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021 , 18, 164	8.4	1
4	Evaluating the citywide Edinburgh 20mph speed limit intervention effects on traffic speed and volume: A pre-post observational evaluation.. <i>PLoS ONE</i> , 2021 , 16, e0261383	3.7	1
3	Beyond the consultation room: GPs and physical activity. <i>British Journal of General Practice</i> , 2016 , 66, 558	1.6	
2	A review of UK media coverage of physical activity associated with the publication of special issues in a high-impact medical journal. <i>Public Health</i> , 2018 , 163, 87-94	4	
1	A model for effective partnership working to support programme evaluation. <i>Evaluation</i> , 135638902210961	2.5	1