June S Brown

List of Publications by Year
in descending order

61 papers	1,746 citations	304743 22 h-index	302126 39 g-index
63 all docs	63 docs citations	63 times ranked	2120 citing authors

#	Article	IF	Citations
1	How Can We Actually Change Help-Seeking Behaviour for Mental Health Problems among the General Public? Development of the 'PLACES' Model. International Journal of Environmental Research and Public Health, 2022, 19, 2831.	2.6	2
2	Registered psychiatric service use, self-harm and suicides of children and young people aged 0–24 before and during the COVID-19 pandemic: a systematic review. Child and Adolescent Psychiatry and Mental Health, 2022, 16, 15.	2.5	26
3	The association of migration and ethnicity with use of the Improving Access to Psychological Treatment (IAPT) programme: a general population cohort study. Social Psychiatry and Psychiatric Epidemiology, 2021, 56, 1943-1956.	3.1	7
4	Effect of Online 1-Day Cognitive Behavioral Therapy–Based Workshops Plus Usual Care vs Usual Care Alone for Postpartum Depression. JAMA Psychiatry, 2021, 78, 1200.	11.0	31
5	Editorial: Early Intervention in Mood Disorders. Frontiers in Psychiatry, 2021, 12, 799941.	2.6	1
6	Improving Mental Health Help-Seeking Behaviours for Male Students: A Framework for Developing a Complex Intervention. International Journal of Environmental Research and Public Health, 2020, 17, 4965.	2.6	14
7	Filipino help-seeking for mental health problems and associated barriers and facilitators: a systematic review. Social Psychiatry and Psychiatric Epidemiology, 2020, 55, 1397-1413.	3.1	53
8	Innovative Self-Confidence Webinar Intervention for Depression in the Workplace: A Focus Group Study and Systematic Development. Behavioral Sciences (Basel, Switzerland), 2020, 10, 193.	2.1	3
9	Distinct Distress Symptom Trajectories Over 3 Years Are Associated With Baseline Illness Perceptions in Individuals With Coronary Heart Disease. Annals of Behavioral Medicine, 2020, 54, 374-379.	2.9	5
10	Evaluation of a Community-Led Intervention in South London: How Much Standardization Is Possible?. International Journal of Environmental Research and Public Health, 2020, 17, 2523.	2.6	5
11	An interpretative phenomenological analysis of the experience of receiving a diagnosis of bi-polar disorder. Journal of Mental Health, 2020, 29, 358-363.	1.9	4
12	Can a Community-Led Intervention Offering Social Support and Health Education Improve Maternal Health? A Repeated Measures Evaluation of the PACT Project Run in a Socially Deprived London Borough. International Journal of Environmental Research and Public Health, 2020, 17, 2795.	2.6	10
13	Preventing depression in the community by voluntary sector providers (PERSUADE): intervention development and protocol for a parallel randomised controlled feasibility trial. BMJ Open, 2019, 9, e023791.	1.9	4
14	Improving Mental Health Service Utilization Among Men: A Systematic Review and Synthesis of Behavior Change Techniques Within Interventions Targeting Help-Seeking. American Journal of Men's Health, 2019, 13, 155798831985700.	1.6	109
15	How can we successfully recruit depressed people? Lessons learned in recruiting depressed participants to a multi-site trial of a brief depression intervention (the 'CLASSIC' trial). Trials, 2019, 20, 131.	1.6	16
16	School-based early intervention for anxiety and depression in older adolescents: A feasibility randomised controlled trial of a self-referral stress management workshop programme ("DISCOVER"). Journal of Adolescence, 2019, 71, 150-161.	2.4	28
17	Participant Experiences of Attending a Community CBT Workshop for Insomnia: A Qualitative Six-Year Follow-Up. Behavioral Sleep Medicine, 2019, 17, 156-173.	2.1	4
18	Help-Seeking Among Men for Mental Health Problems. , 2019, , 397-415.		16

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19	Evaluating the Feasibility of an Innovative Self-Confidence Webinar Intervention for Depression in the Workplace: A Proof-of-Concept Study. JMIR Mental Health, 2019, 6, e11401.	3.3	18
20	Exploring the feasibility and acceptability of a school-based self-referral intervention for emotional difficulties in older adolescents: qualitative perspectives from students and school staff. Child and Adolescent Mental Health, 2018, 23, 198-205.	3.5	7
21	Male views on help-seeking for depression: A Q methodology study. Psychology and Psychotherapy: Theory, Research and Practice, 2018, 91, 117-140.	2.5	13
22	Systematic review of universal and targeted workplace interventions for depression. Occupational and Environmental Medicine, 2018, 75, 66-75.	2.8	55
23	Increasing access to psychological treatments for adults by improving uptake and equity: rationale and lessons from the UK. International Journal of Mental Health Systems, 2018, 12, 67.	2.7	2
24	Student mental health: some answers and more questions. Journal of Mental Health, 2018, 27, 193-196.	1.9	90
25	Reaching Out to Problem Anger: Assessing the Effectiveness of One-Day Cognitive Behavioural Workshops in a Community Setting in the UK. Behavioural and Cognitive Psychotherapy, 2016, 44, 615-619.	1.2	3
26	Internalised stigma in people with rheumatoid arthritis: a cross sectional study to establish the psychometric properties of the ISMI-RA. BMC Musculoskeletal Disorders, 2016, 17, 244.	1.9	6
27	Early intervention for depression and anxiety in 16–18-year-olds: Protocol for a feasibility cluster randomised controlled trial of open-access psychological workshops in schools (DISCOVER). Contemporary Clinical Trials, 2016, 48, 52-58.	1.8	5
28	How does self stigma differ across people with psychiatric diagnoses and rheumatoid arthritis, and how does it impact on self-esteem and empowerment?. Psychology, Health and Medicine, 2016, 21, 993-1005.	2.4	7
29	Exploring Professional Help-Seeking for Mental Disorders. Qualitative Health Research, 2016, 26, 1662-1673.	2.1	37
30	Masculinity, alexithymia, and fear of intimacy as predictors of <scp>UK</scp> men's attitudes towards seeking professional psychological help. British Journal of Health Psychology, 2015, 20, 194-211.	3.5	49
31	Innovations in Practice: <scp>DISCOVER CBT</scp> workshops for 16–18–year–olds: development of an open–access intervention for anxiety and depression in inner–city youth. Child and Adolescent Mental Health, 2015, 20, 102-106.	3.5	10
32	Seeking informal and formal help for mental health problems in the community: a secondary analysis from a psychiatric morbidity survey in South London. BMC Psychiatry, 2014, 14, 275.	2.6	78
33	How equitable are psychological therapy services in South East London now? A comparison of referrals to a new psychological therapy service with participants in a psychiatric morbidity survey in the same London borough. Social Psychiatry and Psychiatric Epidemiology, 2014, 49, 1893-1902.	3.1	23
34	Psycho-educational CBT-Insomnia workshops in the community. A cost-effectiveness analysis alongside a randomised controlled trial. Behaviour Research and Therapy, 2014, 55, 40-47.	3.1	20
35	One-day cognitive–behavioural therapy self-confidence workshops for people with depression: randomised controlled trial. British Journal of Psychiatry, 2014, 204, 222-233.	2.8	44
36	Self-referrers to community workshops: Who are they and why do some participants not consult with their GP about their mental health difficulties?. Journal of Mental Health, 2013, 22, 227-236.	1.9	6

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37	A comparison of the illness perceptions of North Indian and white British women. Journal of Mental Health, 2013, 22, 22-32.	1.9	12
38	A Randomized, Placebo-Controlled Trial of Online Cognitive Behavioral Therapy for Chronic Insomnia Disorder Delivered via an Automated Media-Rich Web Application. Sleep, 2012, 35, 769-781.	1.1	442
39	A pilot randomised controlled trial of personalised care for depressed patients with symptomatic coronary heart disease in South London general practices: the UPBEAT-UK RCT protocol and recruitment. BMC Psychiatry, 2012, 12, 58.	2.6	14
40	The effectiveness of community dayâ€long CBTâ€ workshops for participants with insomnia symptoms: a randomised controlled trial. Journal of Sleep Research, 2012, 21, 270-280.	3.2	44
41	An interpretative phenomenological analysis of African Caribbean womenâ€™s experiences and management of emotional distress. Health and Social Care in the Community, 2011, 19, 392-402.	1.6	23
42	Up-Beat UK: A programme of research into the relationship between coronary heart disease and depression in primary care patients. BMC Family Practice, 2011, 12, 38.	2.9	23
43	How Black African and White British Women Perceive Depression and Help-Seeking: a Pilot Vignette Study. International Journal of Social Psychiatry, 2011, 57, 362-374.	3.1	33
44	Outcome, Costs and Patient Engagement for Group and Individual CBT for Depression: A Naturalistic Clinical Study. Behavioural and Cognitive Psychotherapy, 2011, 39, 355-358.	1.2	30
45	Can Classification Tree Analyses Help Improve Decision Making About Treatments for Depression and Anxiety Disorders?. primary care companion for CNS disorders, The, 2011, 13, .	0.6	1
46	Can a self-referral system help improve access to psychological treatments?. British Journal of General Practice, 2010, 60, 365-371.	1.4	36
47	Investigating barriers to implementation of the NICE Guidelines for Depression: a staff survey with Community Mental Health Teams. Journal of Psychiatric and Mental Health Nursing, 2010, 17, 147-151.	2.1	9
48	Who Attends and Who Benefits from CBT â€œSelf-Confidenceâ€ Workshops Run in Routine Practice? A Pilot Study. Behavioural and Cognitive Psychotherapy, 2009, 37, 585-593.	1.2	3
49	The Development and Evaluation of a Large-Scale Self-Referral CBT-I Intervention for Men Who Have Insomnia: An Exploratory Study. Behavioural and Cognitive Psychotherapy, 2009, 37, 239.	1.2	21
50	Developing an accessible and effective public mental health programme for members of the general public. Journal of Public Mental Health, 2009, 8, 26-35.	1.1	2
51	Could NICE anxiety guidelines be made more user friendly?. BMJ: British Medical Journal, 2009, 338, b653-b653.	2.3	0
52	Can the effects of a 1-day CBT psychoeducational workshop on self-confidence be maintained after 2 years? A naturalistic study. Depression and Anxiety, 2008, 25, 632-640.	4.1	22
53	Reluctance to Seek Help and the Perception of Anxiety and Depression in the United Kingdom. Journal of Nervous and Mental Disease, 2007, 195, 258-261.	1.0	42
54	Can Large-Scale Self-Referral Psycho-Educational Stress Workshops Help Improve the Psychological Health of the Population?. Behavioural and Cognitive Psychotherapy, 2006, 34, 165-177.	1.2	11

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55	Are self-referrers just the worried well?. Social Psychiatry and Psychiatric Epidemiology, 2005, 40, 396-401.	3.1	26
56	Comparison of Three Different Approaches Used in Large-Scale Stress Workshops for the General Public. Behavioural and Cognitive Psychotherapy, 2005, 33, 299-309.	1.2	6
57	Meeting the unmet need for depression services with psycho-educational self-confidence workshops: preliminary report. British Journal of Psychiatry, 2004, 185, 511-515.	2.8	59
58	An unusual case of a wasp phobic. Journal of Behavior Therapy and Experimental Psychiatry, 2003, 34, 219-224.	1.2	3
59	Primary and secondary care for mental illness: Impact of a link worker service on admission rates and costs. Journal of Mental Health, 2001, 10, 637-644.	1.9	5
60	LARGE-SCALE HEALTH PROMOTION STRESS WORKSHOPS FOR THE GENERAL PUBLIC: A CONTROLLED EVALUATION. Behavioural and Cognitive Psychotherapy, 2000, 28, 139-151.	1.2	54
61	COMPARISON OF EFFECTIVENESS OF LARGE SCALE STRESS WORKSHOPS WITH SMALL STRESS/ANXIETY MANAGEMENT TRAINING GROUPS. Behavioural and Cognitive Psychotherapy, 1998, 26, 219-235.	1.2	13