

Kalliopi Georgakouli

List of Publications by Year in descending order

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Version: 2024-02-01

39
papers

527
citations

623574

14
h-index

713332

21
g-index

41
all docs

41
docs citations

41
times ranked

786
citing authors

#	ARTICLE	IF	CITATIONS
1	High intensity, circuit-type integrated neuromuscular training alters energy balance and reduces body mass and fat in obese women: A 10-month training-detraining randomized controlled trial. <i>PLoS ONE</i> , 2018, 13, e0202390.	1.1	43
2	Role of exercise in the treatment of alcohol use disorders. <i>Biomedical Reports</i> , 2016, 4, 535-545.	0.9	39
3	The Effects of an Olive Fruit Polyphenol-Enriched Yogurt on Body Composition, Blood Redox Status, Physiological and Metabolic Parameters and Yogurt Microflora. <i>Nutrients</i> , 2016, 8, 344.	1.7	35
4	Exercise-Induced Regulation of Redox Status in Cardiovascular Diseases: The Role of Exercise Training and Detraining. <i>Antioxidants</i> , 2020, 9, 13.	2.2	34
5	Effect of pomegranate juice consumption on biochemical parameters and complete blood count. <i>Experimental and Therapeutic Medicine</i> , 2017, 14, 1756-1762.	0.8	31
6	Effects of acute exercise on liver function and blood redox status in heavy drinkers. <i>Experimental and Therapeutic Medicine</i> , 2015, 10, 2015-2022.	0.8	30
7	The Effects of Acute Low-Volume HIIT and Aerobic Exercise on Leukocyte Count and Redox Status. <i>Journal of Sports Science and Medicine</i> , 2018, 17, 501-508.	0.7	28
8	Post-Game High Protein Intake May Improve Recovery of Football-Specific Performance during a Congested Game Fixture: Results from the PRO-FOOTBALL Study. <i>Nutrients</i> , 2018, 10, 494.	1.7	26
9	A Comparison of Exercise-Induced Muscle Damage Following Maximal Eccentric Contractions in Men and Boys. <i>Pediatric Exercise Science</i> , 2017, 29, 316-325.	0.5	23
10	High-intensity interval neuromuscular training promotes exercise behavioral regulation, adherence and weight loss in inactive obese women. <i>European Journal of Sport Science</i> , 2020, 20, 783-792.	1.4	23
11	Exercise training reduces alcohol consumption but does not affect HPA-axis activity in heavy drinkers. <i>Physiology and Behavior</i> , 2017, 179, 276-283.	1.0	21
12	Î±-Lipoic acid supplementation up-regulates antioxidant capacity in adults with G6PD deficiency. <i>Food and Chemical Toxicology</i> , 2013, 61, 69-73.	1.8	18
13	Disparate Habitual Physical Activity and Dietary Intake Profiles of Elderly Men with Low and Elevated Systemic Inflammation. <i>Nutrients</i> , 2018, 10, 566.	1.7	17
14	Dose-response effects of high-intensity interval neuromuscular exercise training on weight loss, performance, health and quality of life in inactive obese adults: Study rationale, design and methods of the DoIT trial. <i>Contemporary Clinical Trials Communications</i> , 2019, 15, 100386.	0.5	17
15	Effect of whey vs. soy protein supplementation on recovery kinetics following speed endurance training in competitive male soccer players: a randomized controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , 2021, 18, 23.	1.7	15
16	Protein-Based Supplementation to Enhance Recovery in Team Sports: What is the Evidence?. <i>Journal of Sports Science and Medicine</i> , 2019, 18, 523-536.	0.7	15
17	Self-regulation strategies may enhance the acute effect of exercise on smoking delay. <i>Addictive Behaviors</i> , 2016, 57, 35-37.	1.7	13
18	Exercise in Glucose-6-Phosphate Dehydrogenase Deficiency: Harmful or Harmless? A Narrative Review. <i>Oxidative Medicine and Cellular Longevity</i> , 2019, 2019, 1-7.	1.9	13

#	ARTICLE	IF	CITATIONS
19	Hybrid neuromuscular training promotes musculoskeletal adaptations in inactive overweight and obese women: A training-detraining randomized controlled trial. <i>Journal of Sports Sciences</i> , 2021, 39, 503-512.	1.0	12
20	Hybrid Neuromuscular Training Improves Cardiometabolic Health and Alters Redox Status in Inactive Overweight and Obese Women: A Randomized Controlled Trial. <i>Antioxidants</i> , 2021, 10, 1601.	2.2	11
21	Iron Supplementation Effects on Redox Status following Aseptic Skeletal Muscle Trauma in Adults and Children. <i>Oxidative Medicine and Cellular Longevity</i> , 2017, 2017, 1-13.	1.9	10
22	Beta Endorphin and Alcohol Urge Responses in Alcoholic Patients Following an Acute Bout of Exercise. <i>Journal of Addiction Research & Therapy</i> , 2014, 05, .	0.2	9
23	Glycemic Response of a Carbohydrate-Protein Bar with Ewe-Goat Whey. <i>Nutrients</i> , 2014, 6, 2240-2250.	1.7	8
24	Low-Grade Systemic Inflammation Interferes with Anabolic and Catabolic Characteristics of the Aged Human Skeletal Muscle. <i>Oxidative Medicine and Cellular Longevity</i> , 2021, 2021, 1-14.	1.9	7
25	The effect of pre-exercise ingestion of corinthian currant on endurance performance and blood redox status. <i>Journal of Sports Sciences</i> , 2018, 36, 2172-2180.	1.0	6
26	Exercise and Redox Status Responses Following Alpha-Lipoic Acid Supplementation in G6PD Deficient Individuals. <i>Antioxidants</i> , 2018, 7, 162.	2.2	6
27	Enhanced erythrocyte antioxidant status following an 8-week aerobic exercise training program in heavy drinkers. <i>Alcohol</i> , 2018, 69, 57-62.	0.8	5
28	An initial investigation of smokers's urges to smoke and their exercise intensity preference: A mixed-methods approach. <i>Cogent Medicine</i> , 2016, 3, 1149043.	0.7	3
29	The Effects of Postprandial Resistance Exercise on Blood Glucose and Lipids in Prediabetic, Beta-Thalassemia Major Patients. <i>Sports</i> , 2020, 8, 57.	0.7	3
30	The redox-dependent regulation of satellite cells following aseptic muscle trauma (SpEED): study protocol for a randomized controlled trial. <i>Trials</i> , 2019, 20, 469.	0.7	2
31	Sport nutrition, redox homeostasis and toxicity in sport performance. <i>Current Opinion in Toxicology</i> , 2019, 13, 45-67.	2.6	2
32	HPA axis responses to acute exercise differ in smokers and non-smokers. <i>Physiology and Behavior</i> , 2021, 229, 113258.	1.0	2
33	Glycemic Index, Food Exchange Values and Exercise Performance. , 2013, , 9-27.		0
34	The Effects Of An Acute Bout Of Exercise On Complete Blood Count In Alcoholic Patients. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 112.	0.2	0
35	An 8-month Small-group Circuit Functional Training Program Improves Body Composition And Performance Of Overweight/obese Women.. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 325.	0.2	0
36	Enhanced Erythrocyte Antioxidant Status Following an 8-Week Aerobic Exercise Training Program in Heavy Drinkers. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 837-838.	0.2	0

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37	Glycemic Index, Food Exchange Values, and Exercise Performance. , 2019, , 11-29.		0
38	A 5-month High-intensity Interval Neuromuscular Training Program Improves Cardiometabolic Health In Obese Women.. Medicine and Science in Sports and Exercise, 2020, 52, 642-642.	0.2	0
39	POST BREAKFAST RESISTANCE EXERCISE AND REDOX STATUS RESPONSES IN PATIENTS WITH BETA THALASSEMIA MAJOR EXHIBITING INSULIN RESISTANCE. Medicine and Science in Sports and Exercise, 2020, 52, 594-595.	0.2	0