

# Thomas A Wadden

## List of Publications by Citations

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215  
papers

21,161  
citations

67  
h-index

144  
g-index

223  
ext. papers

25,382  
ext. citations

8.9  
avg, IF

6.92  
L-index

#	Paper	IF	Citations
215	Cardiovascular effects of intensive lifestyle intervention in type 2 diabetes. <i>New England Journal of Medicine</i> , <b>2013</b> , 369, 145-54	59.2	1738
214	2013 AHA/ACC/TOS guideline for the management of overweight and obesity in adults: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and The Obesity Society. <i>Circulation</i> , <b>2014</b> , 129, S102-38	16.7	1586
213	2013 AHA/ACC/TOS guideline for the management of overweight and obesity in adults: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and The Obesity Society. <i>Journal of the American College of Cardiology</i> , <b>2014</b> , 63, 2985-3023	15.1	1296
212	Reduction in weight and cardiovascular disease risk factors in individuals with type 2 diabetes: one-year results of the look AHEAD trial. <i>Diabetes Care</i> , <b>2007</b> , 30, 1374-83	14.6	1154
211	Benefits of modest weight loss in improving cardiovascular risk factors in overweight and obese individuals with type 2 diabetes. <i>Diabetes Care</i> , <b>2011</b> , 34, 1481-6	14.6	1014
210	Mechanisms, Pathophysiology, and Management of Obesity. <i>New England Journal of Medicine</i> , <b>2017</b> , 376, 254-266	59.2	716
209	Randomized trial of lifestyle modification and pharmacotherapy for obesity. <i>New England Journal of Medicine</i> , <b>2005</b> , 353, 2111-20	59.2	631
208	The Look AHEAD study: a description of the lifestyle intervention and the evidence supporting it. <i>Obesity</i> , <b>2006</b> , 14, 737-52	8	576
207	Systematic review: an evaluation of major commercial weight loss programs in the United States. <i>Annals of Internal Medicine</i> , <b>2005</b> , 142, 56-66	8	541
206	Tumor necrosis factor-alpha in sera of obese patients: fall with weight loss. <i>Journal of Clinical Endocrinology and Metabolism</i> , <b>1998</b> , 83, 2907-10	5.6	422
205	Weight maintenance and additional weight loss with liraglutide after low-calorie-diet-induced weight loss: the SCALE Maintenance randomized study. <i>International Journal of Obesity</i> , <b>2013</b> , 37, 1443-51 <sup>5</sup>	5.5	398
204	One-year weight losses in the Look AHEAD study: factors associated with success. <i>Obesity</i> , <b>2009</b> , 17, 713-22	8	367
203	A two-year randomized trial of obesity treatment in primary care practice. <i>New England Journal of Medicine</i> , <b>2011</b> , 365, 1969-79	59.2	362
202	Lifestyle modification for obesity: new developments in diet, physical activity, and behavior therapy. <i>Circulation</i> , <b>2012</b> , 125, 1157-70	16.7	360
201	Once-Weekly Semaglutide in Adults with Overweight or Obesity. <i>New England Journal of Medicine</i> , <b>2021</b> , 384, 989	59.2	351
200	Weight loss with naltrexone SR/bupropion SR combination therapy as an adjunct to behavior modification: the COR-BMOD trial. <i>Obesity</i> , <b>2011</b> , 19, 110-20	8	308
199	The Science of Obesity Management: An Endocrine Society Scientific Statement. <i>Endocrine Reviews</i> , <b>2018</b> , 39, 79-132	27.2	304

198	Treatment of obesity by moderate and severe caloric restriction. Results of clinical research trials. <i>Annals of Internal Medicine</i> , <b>1993</b> , 119, 688-93	8	294
197	Lifestyle modification for the management of obesity. <i>Gastroenterology</i> , <b>2007</b> , 132, 2226-38	13.3	280
196	Four-year weight losses in the Look AHEAD study: factors associated with long-term success. <i>Obesity</i> , <b>2011</b> , 19, 1987-98	8	277
195	The evolution of very-low-calorie diets: an update and meta-analysis. <i>Obesity</i> , <b>2006</b> , 14, 1283-93	8	238
194	Benefits of lifestyle modification in the pharmacologic treatment of obesity: a randomized trial. <i>Archives of Internal Medicine</i> , <b>2001</b> , 161, 218-27		211
193	Treatment of obesity in primary care practice in the United States: a systematic review. <i>Journal of General Internal Medicine</i> , <b>2009</b> , 24, 1073-9	4	168
192	Behavioral treatment of obesity in patients encountered in primary care settings: a systematic review. <i>JAMA - Journal of the American Medical Association</i> , <b>2014</b> , 312, 1779-91	27.4	164
191	Psychosocial aspects of obesity and obesity surgery. <i>Surgical Clinics of North America</i> , <b>2001</b> , 81, 1001-24	4	158
190	Long-term effect of weight loss on obstructive sleep apnea severity in obese patients with type 2 diabetes. <i>Sleep</i> , <b>2013</b> , 36, 641-649A	1.1	152
189	Executive summary: Guidelines (2013) for the management of overweight and obesity in adults: a report of the American College of Cardiology/American Heart Association Task Force on Practice Guidelines and the Obesity Society published by the Obesity Society and American College of Cardiology/American Heart Association Task Force on Practice Guidelines. Based on a systematic	8	151
188	Obesity in black adolescent girls: a controlled clinical trial of treatment by diet, behavior modification, and parental support. <i>Pediatrics</i> , <b>1990</b> , 85, 345-52	7.4	151
187	Exercise in the treatment of obesity: Effects of four interventions on body composition, resting energy expenditure, appetite, and mood.. <i>Journal of Consulting and Clinical Psychology</i> , <b>1997</b> , 65, 269-277	6.5	147
186	Dieting and the development of eating disorders in obese women: results of a randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , <b>2004</b> , 80, 560-8	7	135
185	Intentional weight loss and changes in symptoms of depression: a systematic review and meta-analysis. <i>International Journal of Obesity</i> , <b>2011</b> , 35, 1363-76	5.5	134
184	Impact of intensive lifestyle intervention on depression and health-related quality of life in type 2 diabetes: the Look AHEAD Trial. <i>Diabetes Care</i> , <b>2014</b> , 37, 1544-53	14.6	129
183	Obese women's perceptions of their physicians' weight management attitudes and practices. <i>Archives of Family Medicine</i> , <b>2000</b> , 9, 854-60		127
182	Behavioral treatment of obesity. <i>Psychiatric Clinics of North America</i> , <b>2005</b> , 28, 151-70, ix	3.1	126
181	Impact of an intensive lifestyle intervention on use and cost of medical services among overweight and obese adults with type 2 diabetes: the action for health in diabetes. <i>Diabetes Care</i> , <b>2014</b> , 37, 2548-56	14.6	123

180	Effect of Naltrexone-Bupropion on Major Adverse Cardiovascular Events in Overweight and Obese Patients With Cardiovascular Risk Factors: A Randomized Clinical Trial. <i>JAMA - Journal of the American Medical Association</i> , <b>2016</b> , 315, 990-1004	27.4	122
179	What's in a name? Patients' preferred terms for describing obesity. <i>Obesity</i> , <b>2003</b> , 11, 1140-6		115
178	Effect of Subcutaneous Semaglutide vs Placebo as an Adjunct to Intensive Behavioral Therapy on Body Weight in Adults With Overweight or Obesity: The STEP 3 Randomized Clinical Trial. <i>JAMA - Journal of the American Medical Association</i> , <b>2021</b> , 325, 1403-1413	27.4	113
177	Behavioral treatment of obesity. <i>Endocrinology and Metabolism Clinics of North America</i> , <b>2003</b> , 32, 981-1003, x	5.5	112
176	Semaglutide 2.4 mg once a week in adults with overweight or obesity, and type 2 diabetes (STEP 2): a randomised, double-blind, double-dummy, placebo-controlled, phase 3 trial. <i>Lancet, The</i> , <b>2021</b> , 397, 971-984	40	109
175	Predictors of attrition and weight loss success: Results from a randomized controlled trial. <i>Behaviour Research and Therapy</i> , <b>2009</b> , 47, 685-91	5.2	107
174	Effect of Continued Weekly Subcutaneous Semaglutide vs Placebo on Weight Loss Maintenance in Adults With Overweight or Obesity: The STEP 4 Randomized Clinical Trial. <i>JAMA - Journal of the American Medical Association</i> , <b>2021</b> , 325, 1414-1425	27.4	102
173	Psychosocial and behavioral status of patients undergoing bariatric surgery: what to expect before and after surgery. <i>Medical Clinics of North America</i> , <b>2007</b> , 91, 451-69, xi-xii	7	101
172	Obesity: responding to the global epidemic. <i>Journal of Consulting and Clinical Psychology</i> , <b>2002</b> , 70, 510-255		101
171	Trial of family and friend support for weight loss in African American adults. <i>Archives of Internal Medicine</i> , <b>2009</b> , 169, 1795-804		95
170	Weight and Lifestyle Inventory (WALI). <i>Obesity</i> , <b>2006</b> , 14 Suppl 2, 99S-118S	8	94
169	Effects of sibutramine plus orlistat in obese women following 1 year of treatment by sibutramine alone: a placebo-controlled trial. <i>Obesity</i> , <b>2000</b> , 8, 431-7		90
168	Comparison of psychosocial status in treatment-seeking women with class III vs. class I-II obesity. <i>Obesity</i> , <b>2006</b> , 14 Suppl 2, 90S-98S	8	83
167	Two-year changes in lipids and lipoproteins associated with the maintenance of a 5% to 10% reduction in initial weight: some findings and some questions. <i>Obesity</i> , <b>1999</b> , 7, 170-8		83
166	Binge eating disorder and the outcome of bariatric surgery at one year: a prospective, observational study. <i>Obesity</i> , <b>2011</b> , 19, 1220-8	8	82
165	One-year changes in symptoms of depression and weight in overweight/obese individuals with type 2 diabetes in the Look AHEAD study. <i>Obesity</i> , <b>2012</b> , 20, 783-93	8	81
164	Changes in sexual functioning and sex hormone levels in women following bariatric surgery. <i>JAMA Surgery</i> , <b>2014</b> , 149, 26-33	5.4	80
163	Resting energy expenditure in obese African American and Caucasian women. <i>Obesity</i> , <b>1997</b> , 5, 1-8		80

162	Obesity in Black Adolescent Girls: A Controlled Clinical Trial of Treatment by Diet, Behavior Modification, and Parental Support. <i>Pediatrics</i> , <b>1990</b> , 85, 345-352	7.4	80
161	Efficacy and Safety of Once-Weekly Subcutaneous Semaglutide 2.4 MG in Adults With Overweight or Obesity (STEP 1). <i>Journal of the Endocrine Society</i> , <b>2021</b> , 5, A10-A10	0.4	78
160	Weight Loss Maintenance With Once-Weekly Semaglutide 2.4 MG in Adults With Overweight or Obesity Reaching Maintenance Dose (STEP 4). <i>Journal of the Endocrine Society</i> , <b>2021</b> , 5, A63-A64	0.4	78
159	Behavioral assessment of candidates for bariatric surgery: a patient-oriented approach. <i>Obesity</i> , <b>2006</b> , 14 Suppl 2, 53S-62S	8	77
158	Semaglutide 2.4 mg for the Treatment of Obesity: Key Elements of the STEP Trials 1 to 5. <i>Obesity</i> , <b>2020</b> , 28, 1050-1061	8	77
157	Intensive Lifestyle Intervention for Obesity: Principles, Practices, and Results. <i>Gastroenterology</i> , <b>2017</b> , 152, 1752-1764	13.3	76
156	A multicenter evaluation of a proprietary weight loss program for the treatment of marked obesity: a five-year follow-up. <i>International Journal of Eating Disorders</i> , <b>1997</b> , 22, 203-12	6.3	76
155	Psychological effects of weight loss and regain: A prospective evaluation.. <i>Journal of Consulting and Clinical Psychology</i> , <b>1996</b> , 64, 752-757	6.5	76
154	Clinical correlates of short- and long-term weight loss. <i>American Journal of Clinical Nutrition</i> , <b>1992</b> , 56, 271S-274S	7	76
153	Estimating the Prevalence of Binge Eating Disorder in a Community Sample From the United States: Comparing DSM-IV-TR and DSM-5 Criteria. <i>Journal of Clinical Psychiatry</i> , <b>2016</b> , 77, e968-74	4.6	72
152	Psychopathology and obesity. <i>Annals of the New York Academy of Sciences</i> , <b>1987</b> , 499, 55-65	6.5	72
151	Great expectations: "Ifn losing 25% of my weight no matter what you say". <i>Journal of Consulting and Clinical Psychology</i> , <b>2003</b> , 71, 1084-9	6.5	72
150	Relationship of dieting history to resting metabolic rate, body composition, eating behavior, and subsequent weight loss. <i>American Journal of Clinical Nutrition</i> , <b>1992</b> , 56, 203S-208S	7	71
149	A primary care intervention for weight loss: results of a randomized controlled pilot study. <i>Obesity</i> , <b>2010</b> , 18, 1614-8	8	68
148	Association between weight bias internalization and metabolic syndrome among treatment-seeking individuals with obesity. <i>Obesity</i> , <b>2017</b> , 25, 317-322	8	67
147	Treating obesity seriously: when recommendations for lifestyle change confront biological adaptations. <i>Lancet Diabetes and Endocrinology</i> , <b>2015</b> , 3, 232-4	18.1	66
146	Psychopathology, disordered eating, and impulsivity as predictors of outcomes of bariatric surgery. <i>Surgery for Obesity and Related Diseases</i> , <b>2019</b> , 15, 650-655	3	63
145	Association of Weight Loss Maintenance and Weight Regain on 4-Year Changes in CVD Risk Factors: the Action for Health in Diabetes (Look AHEAD) Clinical Trial. <i>Diabetes Care</i> , <b>2016</b> , 39, 1345-55	14.6	63

144	Lifestyle modification approaches for the treatment of obesity in adults. <i>American Psychologist</i> , <b>2020</b> , 75, 235-251	9.5	62
143	Assessment of quality of life in obese individuals. <i>Obesity</i> , <b>2002</b> , 10 Suppl 1, 50S-57S		61
142	One-year results of the Think Health! study of weight management in primary care practices. <i>Obesity</i> , <b>2012</b> , 20, 1249-57	8	60
141	Lifestyle modification in the pharmacologic treatment of obesity: a pilot investigation of a potential primary care approach. <i>Obesity</i> , <b>1997</b> , 5, 218-26		60
140	Changes in symptoms of depression with weight loss: results of a randomized trial. <i>Obesity</i> , <b>2009</b> , 17, 1009-16	8	59
139	Treatment of overweight in children and adolescents: does dieting increase the risk of eating disorders?. <i>International Journal of Eating Disorders</i> , <b>2005</b> , 37, 285-93	6.3	59
138	Brain and White Matter Hyperintensity Volumes After 10 Years of Random Assignment to Lifestyle Intervention. <i>Diabetes Care</i> , <b>2016</b> , 39, 764-71	14.6	59
137	Binge eating and weight loss outcomes in overweight and obese individuals with type 2 diabetes: results from the Look AHEAD trial. <i>Archives of General Psychiatry</i> , <b>2008</b> , 65, 1447-55		58
136	One-year behavioral treatment of obesity: comparison of moderate and severe caloric restriction and the effects of weight maintenance therapy. <i>Journal of Consulting and Clinical Psychology</i> , <b>1994</b> , 62, 165-71	6.5	58
135	GLP-1 plays a limited role in improved glycemia shortly after Roux-en-Y gastric bypass: a comparison with intensive lifestyle modification. <i>Diabetes</i> , <b>2015</b> , 64, 434-46	0.9	57
134	Binge-eating disorder and the outcome of bariatric surgery in a prospective, observational study: Two-year results. <i>Obesity</i> , <b>2016</b> , 24, 2327-2333	8	56
133	Comparison of psychosocial status in treatment-seeking women with class III vs. class I-II obesity. <i>Surgery for Obesity and Related Diseases</i> , <b>2006</b> , 2, 138-45	3	52
132	Behavioral assessment of candidates for bariatric surgery: a patient-oriented approach. <i>Surgery for Obesity and Related Diseases</i> , <b>2006</b> , 2, 171-9	3	52
131	Body fat deposition in adult obese women. II. Changes in fat distribution accompanying weight reduction. <i>American Journal of Clinical Nutrition</i> , <b>1988</b> , 47, 229-34	7	52
130	Changes in neural responsivity to highly palatable foods following roux-en-Y gastric bypass, sleeve gastrectomy, or weight stability: An fMRI study. <i>Obesity</i> , <b>2016</b> , 24, 1054-60	8	52
129	Managing obesity in primary care practice: an overview with perspective from the POWER-UP study. <i>International Journal of Obesity</i> , <b>2013</b> , 37 Suppl 1, S3-11	5.5	51
128	Changes in Fasting and Prandial Gut and Adiposity Hormones Following Vertical Sleeve Gastrectomy or Roux-en-Y-Gastric Bypass: an 18-Month Prospective Study. <i>Obesity Surgery</i> , <b>2017</b> , 27, 1563-1572	3.7	49
127	Effect of a long-term intensive lifestyle intervention on prevalence of cognitive impairment. <i>Neurology</i> , <b>2017</b> , 88, 2026-2035	6.5	45

126	A comparison of two approaches to the assessment of binge eating in obesity. <i>International Journal of Eating Disorders</i> , <b>1998</b> , 23, 17-26	6.3	45
125	Salience of weight-related worries in adolescent males and females. <i>International Journal of Eating Disorders</i> , <b>1991</b> , 10, 407-414	6.3	45
124	Metabolic syndrome and health-related quality of life in obese individuals seeking weight reduction. <i>Obesity</i> , <b>2008</b> , 16, 59-63	8	44
123	Combining behavioral and pharmacological treatments for obesity. <i>Obesity</i> , <b>2002</b> , 10, 560-74		42
122	The impact of a primary care-based weight loss intervention on the quality of life. <i>International Journal of Obesity</i> , <b>2013</b> , 37 Suppl 1, S25-30	5.5	41
121	Intensive Behavioral Therapy for Obesity Combined with Liraglutide 3.0 mg: A Randomized Controlled Trial. <i>Obesity</i> , <b>2019</b> , 27, 75-86	8	40
120	Sexual functioning and sex hormones in men who underwent bariatric surgery. <i>Surgery for Obesity and Related Diseases</i> , <b>2015</b> , 11, 643-51	3	39
119	Group cognitive-behavioral treatment for internalized weight stigma: a pilot study. <i>Eating and Weight Disorders</i> , <b>2018</b> , 23, 357-362	3.6	39
118	Psychological effects of weight cycling in obese persons: a review and research agenda. <i>Obesity</i> , <b>1997</b> , 5, 474-88		39
117	Sertraline and relapse prevention training following treatment by very-low-calorie diet: a controlled clinical trial. <i>Obesity</i> , <b>1995</b> , 3, 549-57		39
116	Psychosocial consequences of weight reduction: how much weight loss is enough?. <i>American Journal of Clinical Nutrition</i> , <b>1996</b> , 63, 461S-465S	7	39
115	Exercise in the treatment of obesity: effects of four interventions on body composition, resting energy expenditure, appetite, and mood. <i>Journal of Consulting and Clinical Psychology</i> , <b>1997</b> , 65, 269-77	6.5	39
114	Management of Obesity. <i>Journal of Clinical Oncology</i> , <b>2016</b> , 34, 4295-4305	2.2	35
113	4-Year Changes in Sex Hormones, Sexual Functioning, and Psychosocial Status in Women Who Underwent Bariatric Surgery. <i>Obesity Surgery</i> , <b>2018</b> , 28, 892-899	3.7	34
112	Effect of a Long-Term Intensive Lifestyle Intervention on Cognitive Function: Action for Health in Diabetes Study. <i>Journal of the American Geriatrics Society</i> , <b>2017</b> , 65, 966-972	5.6	33
111	Impact of Liraglutide on Amylase, Lipase, and Acute Pancreatitis in Participants With Overweight/Obesity and Normoglycemia, Prediabetes, or Type 2 Diabetes: Secondary Analyses of Pooled Data From the SCALE Clinical Development Program. <i>Diabetes Care</i> , <b>2017</b> , 40, 839-848	14.6	33
110	Randomized controlled trial of a nationally available weight control program tailored for adults with type 2 diabetes. <i>Obesity</i> , <b>2016</b> , 24, 2269-2277	8	33
109	Liraglutide 3.0 mg and Intensive Behavioral Therapy (IBT) for Obesity in Primary Care: The SCALE IBT Randomized Controlled Trial. <i>Obesity</i> , <b>2020</b> , 28, 529-536	8	32

108	Effects of weight cycling on the resting energy expenditure and body composition of obese women. <i>International Journal of Eating Disorders</i> , <b>1996</b> , 19, 5-12	6.3	32
107	The fen-phen finale: a study of weight loss and valvular heart disease. <i>Obesity</i> , <b>1998</b> , 6, 278-84		29
106	Effect of Weekly Subcutaneous Semaglutide vs Daily Liraglutide on Body Weight in Adults With Overweight or Obesity Without Diabetes: The STEP 8 Randomized Clinical Trial.. <i>JAMA - Journal of the American Medical Association</i> , <b>2022</b> , 327, 138-150	27.4	29
105	Impact of binge eating disorder on functional impairment and work productivity in an adult community sample in the United States. <i>International Journal of Clinical Practice</i> , <b>2017</b> , 71, e12970	2.9	28
104	Neuropsychiatric safety with liraglutide 3.0 mg for weight management: Results from randomized controlled phase 2 and 3a trials. <i>Diabetes, Obesity and Metabolism</i> , <b>2017</b> , 19, 1529-1536	6.7	27
103	Exercise and the maintenance of weight loss: 1-year follow-up of a controlled clinical trial. <i>Journal of Consulting and Clinical Psychology</i> , <b>1998</b> , 66, 429-33	6.5	27
102	Behavioral Treatment of the Patient with Obesity. <i>Endocrinology and Metabolism Clinics of North America</i> , <b>2016</b> , 45, 565-80	5.5	26
101	Primary Care Interventions for Obesity: Review of the Evidence. <i>Current Obesity Reports</i> , <b>2019</b> , 8, 128-138.4		25
100	A Protocol to Deliver Intensive Behavioral Therapy (IBT) for Obesity in Primary Care Settings: The MODEL-IBT Program. <i>Obesity</i> , <b>2019</b> , 27, 1562-1566	8	25
99	Obesity in Adolescents with Psychiatric Disorders. <i>Current Psychiatry Reports</i> , <b>2019</b> , 21, 3	9.1	23
98	The safety of pharmacologic treatment for pediatric obesity. <i>Expert Opinion on Drug Safety</i> , <b>2018</b> , 17, 379-385	4.1	23
97	Changes in Dietary Intake and Eating Behavior in Adolescents After Bariatric Surgery: an Ancillary Study to the Teen-LABS Consortium. <i>Obesity Surgery</i> , <b>2017</b> , 27, 3082-3091	3.7	22
96	Weight bias internalization in a commercial weight management sample: prevalence and correlates. <i>Obesity Science and Practice</i> , <b>2019</b> , 5, 342-353	2.6	22
95	Weight reduction in obese adolescents with and without binge eating. <i>Obesity</i> , <b>2011</b> , 19, 982-7	8	22
94	A randomized trial of lifestyle modification and taranabant for maintaining weight loss achieved with a low-calorie diet. <i>Obesity</i> , <b>2010</b> , 18, 2301-10	8	22
93	Intensive Weight Loss Intervention and Cancer Risk in Adults with Type 2 Diabetes: Analysis of the Look AHEAD Randomized Clinical Trial. <i>Obesity</i> , <b>2020</b> , 28, 1678-1686	8	22
92	Physical Function Following a Long-Term Lifestyle Intervention Among Middle Aged and Older Adults With Type 2 Diabetes: The Look AHEAD Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2018</b> , 73, 1552-1559	6.4	20
91	Design, recruitment and start up of a primary care weight loss trial targeting African American and Hispanic adults. <i>Contemporary Clinical Trials</i> , <b>2011</b> , 32, 215-24	2.3	19



90	Weight and Lifestyle Inventory (WALI). <i>Surgery for Obesity and Related Diseases</i> , <b>2006</b> , 2, 180-99	3	19
89	Lifestyle modification in the management of obesity. <i>Journal of Gastrointestinal Surgery</i> , <b>2003</b> , 7, 452-463	3.3	19
88	Less food, less hunger: reports of appetite and symptoms in a controlled study of a protein-sparing modified fast <b>1987</b> , 11, 239-49		19
87	Effects of a lifestyle intervention on REM sleep-related OSA severity in obese individuals with type 2 diabetes. <i>Journal of Sleep Research</i> , <b>2017</b> , 26, 747-755	5.8	18
86	Weight Bias Internalization and Long-Term Weight Loss in Patients With Obesity. <i>Annals of Behavioral Medicine</i> , <b>2019</b> , 53, 782-787	4.5	18
85	Binge Eating and Weight Loss Outcomes in Individuals with Type 2 Diabetes: 4-Year Results from the Look AHEAD Study. <i>Obesity</i> , <b>2017</b> , 25, 1830-1837	8	17
84	A Randomized Trial of Lorcaserin and Lifestyle Counseling for Maintaining Weight Loss Achieved with a Low-Calorie Diet. <i>Obesity</i> , <b>2018</b> , 26, 299-309	8	16
83	Patterns of weight change in black Americans: pooled analysis from three behavioral weight loss trials. <i>Obesity</i> , <b>2014</b> , 22, 2632-40	8	16
82	Psychological effects of weight loss and regain: a prospective evaluation. <i>Journal of Consulting and Clinical Psychology</i> , <b>1996</b> , 64, 752-7	6.5	16
81	Sociocultural and Familial Factors Associated with Weight Bias Internalization. <i>Obesity Facts</i> , <b>2018</b> , 11, 157-164	5.1	15
80	Effects of addictive-like eating behaviors on weight loss with behavioral obesity treatment. <i>Journal of Behavioral Medicine</i> , <b>2019</b> , 42, 246-255	3.6	15
79	Impact on psychosocial outcomes of a nationally available weight management program tailored for individuals with type 2 diabetes: Results of a randomized controlled trial. <i>Journal of Diabetes and Its Complications</i> , <b>2017</b> , 31, 891-897	3.2	14
78	Short- and Long-Term Changes in Health-Related Quality of Life with Weight Loss: Results from a Randomized Controlled Trial. <i>Obesity</i> , <b>2018</b> , 26, 985-991	8	14
77	A randomized clinical trial of a weight loss maintenance intervention in a primary care population. <i>Obesity</i> , <b>2015</b> , 23, 2015-21	8	14
76	Long-term effects of dieting on resting metabolic rate in obese outpatients. <i>JAMA - Journal of the American Medical Association</i> , <b>1990</b> , 264, 707-11	27.4	14
75	Dissatisfaction with weight and figure in obese girls: discontent but not depression <b>1989</b> , 13, 89-97		14
74	Effects of Liraglutide and Behavioral Weight Loss on Food Cravings, Eating Behaviors, and Eating Disorder Psychopathology. <i>Obesity</i> , <b>2019</b> , 27, 2005-2010	8	14
73	Health and appearance: Factors motivating the decision to seek bariatric surgery. <i>Surgery for Obesity and Related Diseases</i> , <b>2019</b> , 15, 636-642	3	13

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