

Sjors Verlaan

List of Publications by Year in descending order

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Version: 2024-02-01

28
papers

4,828
citations

257101

24
h-index

500791

28
g-index

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all docs

28
docs citations

28
times ranked

6655
citing authors

#	ARTICLE	IF	CITATIONS
1	Digitally Supported Dietary Protein Counseling Changes Dietary Protein Intake, Sources, and Distribution in Community-Dwelling Older Adults. <i>Nutrients</i> , 2021, 13, 502.	1.7	7
2	Sarcopenia, Low Handgrip Strength, and Low Absolute Muscle Mass Predict Long-Term Mortality in Older Hospitalized Patients: An Observational Inception Cohort Study. <i>Journal of the American Medical Directors Association</i> , 2021, 22, 816-820.e2.	1.2	29
3	The association of objectively measured physical activity and sedentary behavior with skeletal muscle strength and muscle power in older adults: A systematic review and meta-analysis. <i>Ageing Research Reviews</i> , 2021, 67, 101266.	5.0	111
4	Effect of an Enriched Protein Drink on Muscle Mass and Glycemic Control during Combined Lifestyle Intervention in Older Adults with Obesity and Type 2 Diabetes: A Double-Blind RCT. <i>Nutrients</i> , 2021, 13, 64.	1.7	13
5	A Vitamin D, Calcium and Leucine-Enriched Whey Protein Nutritional Supplement Improves Measures of Bone Health in Sarcopenic Non-Malnourished Older Adults: The PROVIDE Study. <i>Calcified Tissue International</i> , 2019, 105, 383-391.	1.5	29
6	Thirteen weeks of supplementation of vitamin D and leucine-enriched whey protein nutritional supplement attenuates chronic low-grade inflammation in sarcopenic older adults: the PROVIDE study. <i>Aging Clinical and Experimental Research</i> , 2019, 31, 845-854.	1.4	52
7	Association of Handgrip Strength and Muscle Mass with Dependency in (Instrumental) Activities of Daily Living in Hospitalized Older Adults -The EMPOWER Study. <i>Journal of Nutrition, Health and Aging</i> , 2019, 23, 232-238.	1.5	37
8	Lower Skeletal Muscle Mass at Admission Independently Predicts Falls and Mortality 3 Months Post-discharge in Hospitalized Older Patients. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2019, 74, 1650-1656.	1.7	25
9	Sufficient levels of 25-hydroxyvitamin D and protein intake required to increase muscle mass in sarcopenic older adults â€” The PROVIDE study. <i>Clinical Nutrition</i> , 2018, 37, 551-557.	2.3	101
10	Muscle mass and muscle strength are associated with pre- and post-hospitalization falls in older male inpatients: a longitudinal cohort study. <i>BMC Geriatrics</i> , 2018, 18, 116.	1.1	63
11	Muscle, Health and Costs: A Glance at their Relationship. <i>Journal of Nutrition, Health and Aging</i> , 2018, 22, 766-773.	1.5	106
12	Lower Cognitive Function in Older Patients with Lower Muscle Strength and Muscle Mass. <i>Dementia and Geriatric Cognitive Disorders</i> , 2018, 45, 243-250.	0.7	30
13	Nutritional status, body composition, and quality of life in community-dwelling sarcopenic and non-sarcopenic older adults: A case-control study. <i>Clinical Nutrition</i> , 2017, 36, 267-274.	2.3	182
14	Predicting appendicular lean and fat mass with bioelectrical impedance analysis in older adults with physical function decline â€” The PROVIDE study. <i>Clinical Nutrition</i> , 2017, 36, 869-875.	2.3	49
15	High Prevalence of Physical Frailty Among Community-Dwelling Malnourished Older Adultsâ€”A Systematic Review and Meta-Analysis. <i>Journal of the American Medical Directors Association</i> , 2017, 18, 374-382.	1.2	158
16	Sarcopenia in older mice is characterized by a decreased anabolic response to a protein meal. <i>Archives of Gerontology and Geriatrics</i> , 2017, 69, 134-143.	1.4	30
17	High risk of malnutrition is associated with low muscle mass in older hospitalized patients - a prospective cohort study. <i>BMC Geriatrics</i> , 2017, 17, 118.	1.1	55
18	Both basal and post-prandial muscle protein synthesis rates, following the ingestion of a leucine-enriched whey protein supplement, are not impaired in sarcopenic older males. <i>Clinical Nutrition</i> , 2017, 36, 1440-1449.	2.3	38

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19	Muscle Measures and Nutritional Status at Hospital Admission Predict Survival and Independent Living of Older Patients - the EMPOWER Study. <i>Journal of Frailty & Aging</i> , 2017, 6, 161-166.	0.8	13
20	Burden-of-illness of Dutch community-dwelling older adults with sarcopenia: Health related outcomes and costs. <i>European Geriatric Medicine</i> , 2016, 7, 276-284.	1.2	30
21	Common Ground? The Concordance of Sarcopenia and Frailty Definitions. <i>Journal of the American Medical Directors Association</i> , 2016, 17, 371.e7-371.e12.	1.2	67
22	Instruments to Assess Sarcopenia and Physical Frailty in Older People Living in a Community (Care) Setting: Similarities and Discrepancies. <i>Journal of the American Medical Directors Association</i> , 2015, 16, 301-308.	1.2	137
23	Reply to AM Bernstein et al.. <i>American Journal of Clinical Nutrition</i> , 2015, 101, 1098-1099.	2.2	2
24	Effects of a Vitamin D and Leucine-Enriched Whey Protein Nutritional Supplement on Measures of Sarcopenia in Older Adults, the PROVIDE Study: A Randomized, Double-Blind, Placebo-Controlled Trial. <i>Journal of the American Medical Directors Association</i> , 2015, 16, 740-747.	1.2	485
25	Impact of the Macronutrient Composition of a Nutritional Supplement on Muscle Protein Synthesis Rates in Older Men: A Randomized, Double Blind, Controlled Trial. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2015, 100, 4124-4132.	1.8	28
26	A high whey protein ¹ , leucine-, and vitamin D ² -enriched supplement preserves muscle mass during intentional weight loss in obese older adults: a double-blind randomized controlled trial. <i>American Journal of Clinical Nutrition</i> , 2015, 101, 279-286.	2.2	181
27	Validity and Reliability of Tools to Measure Muscle Mass, Strength, and Physical Performance in Community-Dwelling Older People: A Systematic Review. <i>Journal of the American Medical Directors Association</i> , 2013, 14, 170-178.	1.2	343
28	Sarcopenia: An Undiagnosed Condition in Older Adults. Current Consensus Definition: Prevalence, Etiology, and Consequences. International Working Group on Sarcopenia. <i>Journal of the American Medical Directors Association</i> , 2011, 12, 249-256.	1.2	2,427