

# Paul A Borsa

## List of Publications by Year in Descending Order

**Source:** <https://exaly.com/author-pdf/256359/paul-a-borsa-publications-by-year.pdf>

**Version:** 2024-04-26

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

56  
papers

2,222  
citations

27  
h-index

47  
g-index

56  
ext. papers

2,440  
ext. citations

3.6  
avg, IF

4.52  
L-index

#	Paper	IF	Citations
56	Sensory and Psychological Factors Predict Exercise-Induced Shoulder Injury Responses in a High-Risk Phenotype Cohort. <i>Journal of Pain</i> , <b>2021</b> , 22, 669-679	5.2	0
55	Pitching shoulder passive flexibility: torque-angle analysis for external rotation and internal rotation. <i>Sports Biomechanics</i> , <b>2020</b> , 1-13	2.2	2
54	Plasma Concentrations of Select Inflammatory Cytokines Predicts Pain Intensity 48 Hours Post-Shoulder Muscle Injury. <i>Clinical Journal of Pain</i> , <b>2020</b> , 36, 775-781	3.5	0
53	Prolonged Reduction in Shoulder Strength after Transcutaneous Electrical Nerve Stimulation Treatment of Exercise-Induced Acute Muscle Pain. <i>Pain Practice</i> , <b>2018</b> , 18, 954-968	3	2
52	Expectancy Reduces Symptoms but not Functional Impairment Following Exercise-induced Musculoskeletal Injury. <i>Clinical Journal of Pain</i> , <b>2018</b> , 34, 1-7	3.5	11
51	Developing reliable measures of the passive torque-angle relationship for shoulder internal and external rotation: Implications for overhead athletics. <i>Physical Therapy in Sport</i> , <b>2018</b> , 33, 82-88	3	2
50	Genetic and psychological factors interact to predict physical impairment phenotypes following exercise-induced shoulder injury. <i>Journal of Pain Research</i> , <b>2018</b> , 11, 2497-2508	2.9	4
49	Biopsychosocial influence on shoulder pain: Rationale and protocol for a pre-clinical trial. <i>Contemporary Clinical Trials</i> , <b>2017</b> , 56, 9-17	2.3	5
48	Photobiomodulation delays the onset of skeletal muscle fatigue in a dose-dependent manner. <i>Lasers in Medical Science</i> , <b>2016</b> , 31, 1325-32	3.1	5
47	Near-infrared light therapy to attenuate strength loss after strenuous resistance exercise. <i>Journal of Athletic Training</i> , <b>2015</b> , 50, 45-50	4	16
46	Range of motion as a predictor of clinical shoulder pain during recovery from delayed-onset muscle soreness. <i>Journal of Athletic Training</i> , <b>2015</b> , 50, 289-94	4	7
45	Biopsychosocial influence on shoulder pain: risk subgroups translated across preclinical and clinical prospective cohorts. <i>Pain</i> , <b>2015</b> , 156, 148-156	8	19
44	Biopsychosocial influence on exercise-induced injury: genetic and psychological combinations are predictive of shoulder pain phenotypes. <i>Journal of Pain</i> , <b>2014</b> , 15, 68-80	5.2	33
43	Effect of near-infrared light exposure on mitochondrial signaling in C2C12 muscle cells. <i>Mitochondrion</i> , <b>2014</b> , 14, 42-8	4.9	21
42	Daily Controlled Consumption of an Electrokinetically Modified Water Alters the Fatigue Response as a Result of Strenuous Resistance Exercise. <i>Physiology Journal</i> , <b>2014</b> , 2014, 1-7		2
41	Inflammatory genes and psychological factors predict induced shoulder pain phenotype. <i>Medicine and Science in Sports and Exercise</i> , <b>2014</b> , 46, 1871-81	1.2	13
40	Suprathreshold heat pain response predicts activity-related pain, but not rest-related pain, in an exercise-induced injury model. <i>PLoS ONE</i> , <b>2014</b> , 9, e108699	3.7	10

39	Oral consumption of electrokinetically modified water attenuates muscle damage and improves postexercise recovery. <i>Journal of Applied Physiology</i> , <b>2013</b> , 114, 1736-42	3.7	7
38	Does phototherapy enhance skeletal muscle contractile function and postexercise recovery? A systematic review. <i>Journal of Athletic Training</i> , <b>2013</b> , 48, 57-67	4	80
37	Perceptions of wellness and burnout among certified athletic trainers: sex differences. <i>Journal of Athletic Training</i> , <b>2013</b> , 48, 424-30	4	31
36	Effect of Trenbolone enanthate on protein degradation in levator ani/bulbocavernosus (LABC) muscle in orchietomized rats. <i>FASEB Journal</i> , <b>2013</b> , 27, 939-15	0.9	1
35	Pain-related fear and catastrophizing predict pain intensity and disability independently using an induced muscle injury model. <i>Journal of Pain</i> , <b>2012</b> , 13, 370-8	5.2	75
34	The effects of low-level laser therapy in a rat model of intestinal ischemia-reperfusion injury. <i>Lasers in Surgery and Medicine</i> , <b>2012</b> , 44, 580-7	3.6	4
33	<sup>17</sup> EHydroxyestra-4,9,11-trien-3-one (Trenbolone) preserves bone mineral density in skeletally mature orchietomized rats without prostate enlargement. <i>Bone</i> , <b>2012</b> , 51, 667-73	4.7	19
32	Limb blood flow after class 4 laser therapy. <i>Journal of Athletic Training</i> , <b>2012</b> , 47, 178-83	4	29
31	Discriminating between copers and people with chronic ankle instability. <i>Journal of Athletic Training</i> , <b>2012</b> , 47, 136-42	4	62
30	Effect of Photo-Irradiation on Mitochondrially-Associated Signaling in C2C12 Muscle Cells. <i>FASEB Journal</i> , <b>2012</b> , 26, 1086.22	0.9	
29	Dynamic postural control but not mechanical stability differs among those with and without chronic ankle instability. <i>Scandinavian Journal of Medicine and Science in Sports</i> , <b>2010</b> , 20, e137-44	4.6	84
28	Symptomatic and functional responses to concentric-eccentric isokinetic versus eccentric-only isotonic exercise. <i>Journal of Athletic Training</i> , <b>2009</b> , 44, 462-8	4	15
27	Jump-landing direction influences dynamic postural stability scores. <i>Journal of Science and Medicine in Sport</i> , <b>2008</b> , 11, 106-11	4.4	40
26	Mobility and stability adaptations in the shoulder of the overhead athlete: a theoretical and evidence-based perspective. <i>Sports Medicine</i> , <b>2008</b> , 38, 17-36	10.6	124
25	Early-phase neuroendocrine responses and strength adaptations following eccentric-enhanced resistance training. <i>Journal of Strength and Conditioning Research</i> , <b>2008</b> , 22, 1205-14	3.2	19
24	The effects of short-term alpha-ketoisocaproic acid supplementation on exercise performance: a randomized controlled trial. <i>Journal of the International Society of Sports Nutrition</i> , <b>2007</b> , 4, 2	4.5	2
23	Dynamic postural stability deficits in subjects with self-reported ankle instability. <i>Medicine and Science in Sports and Exercise</i> , <b>2007</b> , 39, 397-402	1.2	72
22	Neuroendocrine responses to an acute bout of eccentric-enhanced resistance exercise. <i>Medicine and Science in Sports and Exercise</i> , <b>2007</b> , 39, 941-7	1.2	29

21	Measurement and evaluation of dynamic joint stability of the knee and ankle after injury. <i>Sports Medicine</i> , <b>2006</b> , 36, 393-410	10.6	67
20	Gender and limb differences in dynamic postural stability during landing. <i>Clinical Journal of Sport Medicine</i> , <b>2006</b> , 16, 311-5	3.2	47
19	Glenohumeral range of motion and stiffness in professional baseball pitchers. <i>Medicine and Science in Sports and Exercise</i> , <b>2006</b> , 38, 21-6	1.2	102
18	Dynamic postural stability in subjects with braced, functionally unstable ankles. <i>Journal of Athletic Training</i> , <b>2006</b> , 41, 245-50	4	29
17	Detection of dynamic stability deficits in subjects with functional ankle instability. <i>Medicine and Science in Sports and Exercise</i> , <b>2005</b> , 37, 169-75	1.2	88
16	Sonographic stress measurement of glenohumeral joint laxity in collegiate swimmers and age-matched controls. <i>American Journal of Sports Medicine</i> , <b>2005</b> , 33, 1077-84	6.8	40
15	Comparison of dynamic sonography to stress radiography for assessing glenohumeral laxity in asymptomatic shoulders. <i>American Journal of Sports Medicine</i> , <b>2005</b> , 33, 734-41	6.8	40
14	Correlation of range of motion and glenohumeral translation in professional baseball pitchers. <i>American Journal of Sports Medicine</i> , <b>2005</b> , 33, 1392-9	6.8	126
13	A new force-plate technology measure of dynamic postural stability: the dynamic postural stability index. <i>Journal of Athletic Training</i> , <b>2005</b> , 40, 305-9	4	114
12	Cold urticaria following an ice application: a case study. <i>Clinical Journal of Sport Medicine</i> , <b>2004</b> , 14, 362-4	3.2	5
11	Scapular-Positioning Patterns During Humeral Elevation in Unimpaired Shoulders. <i>Journal of Athletic Training</i> , <b>2003</b> , 38, 12-17	4	38
10	Glenohumeral Stiffness Response Between Men and Women for Anterior, Posterior, and Inferior Translation. <i>Journal of Athletic Training</i> , <b>2002</b> , 37, 240-245	4	7
9	Instrumented measurement of glenohumeral joint laxity and its relationship to passive range of motion and generalized joint laxity. <i>American Journal of Sports Medicine</i> , <b>2001</b> , 29, 143-50	6.8	50
8	Instrumented measurement of glenohumeral joint laxity: reliability and normative data. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , <b>2001</b> , 9, 34-41	5.5	30
7	In vivo quantification of capsular end-point in the nonimpaired glenohumeral joint using an instrumented measurement system. <i>Journal of Orthopaedic and Sports Physical Therapy</i> , <b>2001</b> , 31, 419-26; discussion 427-31	4.2	22
6	Shoulder proprioception in baseball pitchers. <i>Journal of Shoulder and Elbow Surgery</i> , <b>2001</b> , 10, 438-44	4.3	81
5	Patterns of glenohumeral joint laxity and stiffness in healthy men and women. <i>Medicine and Science in Sports and Exercise</i> , <b>2000</b> , 32, 1685-90	1.2	60
4	The importance of gender on myokinetic deficits before and after microinjury. <i>Medicine and Science in Sports and Exercise</i> , <b>2000</b> , 32, 891-6	1.2	21

3	In Vivo Assessment of AP Laxity in Healthy Shoulders Using an Instrumented Arthrometer. <i>Journal of Sport Rehabilitation</i> , <b>1999</b> , 8, 157-170	1.7	6
2	The effects of joint position and direction of joint motion on proprioceptive sensibility in anterior cruciate ligament-deficient athletes. <i>American Journal of Sports Medicine</i> , <b>1997</b> , 25, 336-40	6.8	145
1	Proprioception of the shoulder joint in healthy, unstable, and surgically repaired shoulders. <i>Journal of Shoulder and Elbow Surgery</i> , <b>1994</b> , 3, 371-80	4.3	259