

Mara Z Vitolins

List of Publications by Year in descending order

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Version: 2024-02-01

94
papers

3,500
citations

172457

29
h-index

144013

57
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96
all docs

96
docs citations

96
times ranked

5319
citing authors

#	ARTICLE	IF	CITATIONS
1	Feasibility of an Adapted Community-Based Lifestyle Intervention to Prevent Cancer in the Rural South: Healthy Living Partnerships to Prevent Cancer (HELP PC). <i>Journal of Cancer Education</i> , 2022, , 1.	1.3	0
2	Evaluation of an adapted version of the Diabetes Prevention Program for low- and middle-income countries: A cluster randomized trial to evaluate “Lifestyle Africa” in South Africa. <i>PLoS Medicine</i> , 2022, 19, e1003964.	8.4	9
3	Diet-Driven Inflammation and Insulinemia and Risk of Interval Breast Cancer. <i>Nutrition and Cancer</i> , 2022, , 1-15.	2.0	1
4	Internet-delivered management of pain among cancer treatment survivors (IMPACTS WF-1901).. <i>Journal of Clinical Oncology</i> , 2022, 40, TPS12151-TPS12151.	1.6	0
5	Effect of Incorporating 1 Avocado Per Day Versus Habitual Diet on Visceral Adiposity: A Randomized Trial. <i>Journal of the American Heart Association</i> , 2022, 11, .	3.7	8
6	Diet, psychosocial stress, and Alzheimer's disease“related neuroanatomy in female nonhuman primates. <i>Alzheimer's and Dementia</i> , 2021, 17, 733-744.	0.8	15
7	Metabolic syndrome risk components and mortality after triple“negative breast cancer diagnosis in postmenopausal women in the Women's Health Initiative. <i>Cancer</i> , 2021, 127, 1658-1667.	4.1	2
8	On the joint role of non-Hispanic Black race/ethnicity and weight status in predicting postmenopausal weight gain. <i>PLoS ONE</i> , 2021, 16, e0247821.	2.5	1
9	Discovery and fine-mapping of height loci via high-density imputation of GWASs in individuals of African ancestry. <i>American Journal of Human Genetics</i> , 2021, 108, 564-582.	6.2	18
10	Is Medication Adherence Predictive of Cardiovascular Outcomes and Blood Pressure Control? The Systolic Blood Pressure Intervention Trial (SPRINT). <i>American Journal of Hypertension</i> , 2021, , .	2.0	6
11	The design and rationale of a multi-center randomized clinical trial comparing one avocado per day to usual diet: The Habitual Diet and Avocado Trial (HAT). <i>Contemporary Clinical Trials</i> , 2021, 110, 106565.	1.8	5
12	Diet and Stress Impair Ovarian Function in Mid-life, Increasing Risk of Chronic Diseases of Aging in Primates. <i>Innovation in Aging</i> , 2021, 5, 678-678.	0.1	0
13	Metabolomic profiles associated with all-cause mortality in the Women“s Health Initiative. <i>International Journal of Epidemiology</i> , 2020, 49, 289-300.	1.9	20
14	Adapting the Diabetes Prevention Program for low- and middle-income countries: preliminary implementation findings from lifestyle Africa. <i>Translational Behavioral Medicine</i> , 2020, 10, 46-54.	2.4	11
15	What Makes Nutrition Research So Difficult to Conduct and Interpret?. <i>Diabetes Spectrum</i> , 2020, 33, 113-117.	1.0	9
16	Mediterranean diet, stress resilience, and aging in nonhuman primates. <i>Neurobiology of Stress</i> , 2020, 13, 100254.	4.0	29
17	Associations of Number of Daily Eating Occasions with Type 2 Diabetes Risk in the Women“s Health Initiative Dietary Modification Trial. <i>Current Developments in Nutrition</i> , 2020, 4, nzaa126.	0.3	5
18	Associations of social, physical, and financial factors with diet quality among older, community-dwelling women. <i>Menopause</i> , 2020, 27, 756-762.	2.0	3

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19	Intensive Weight Loss Intervention and Cancer Risk in Adults with Type 2 Diabetes: Analysis of the Look AHEAD Randomized Clinical Trial. <i>Obesity</i> , 2020, 28, 1678-1686.	3.0	47
20	Mediterranean versus western diet effects on cerebral cortical thickness and volume in cynomolgus macaques. <i>Alzheimer's and Dementia</i> , 2020, 16, e044554.	0.8	0
21	Cardiovascular Outcomes in Relation to Antihypertensive Medication Use in Women with and Without Cancer: Results from the Women's Health Initiative. <i>Oncologist</i> , 2020, 25, 712-721.	3.7	2
22	Insulin resistance and breast cancer incidence and mortality in postmenopausal women in the Women's Health Initiative. <i>Cancer</i> , 2020, 126, 3638-3647.	4.1	48
23	Association between selenium intake and breast cancer risk: results from the Women's Health Initiative. <i>Breast Cancer Research and Treatment</i> , 2020, 183, 217-226.	2.5	16
24	Response to "Two Bad Diets for Monkeys". <i>Obesity</i> , 2019, 27, 1554-1554.	3.0	0
25	Long-term Weight Loss Maintenance in the Continuation of a Randomized Diabetes Prevention Translational Study: The Healthy Living Partnerships to Prevent Diabetes (HELP PD) Continuation Trial. <i>Diabetes Care</i> , 2019, 42, 1653-1660.	8.6	7
26	Weight Loss Experiences of African American, Hispanic, and Non-Hispanic White Men and Women with Type 2 Diabetes: The Look AHEAD Trial. <i>Obesity</i> , 2019, 27, 1275-1284.	3.0	20
27	P4632: BASELINE COMPOSITION OF MACRONUTRIENTS IS ASSOCIATED WITH RISK OF MILD COGNITIVE IMPAIRMENT OR DEMENTIA: RESULTS FROM THE WOMEN'S HEALTH INITIATIVE MEMORY STUDY (WHIMS). <i>Alzheimer's and Dementia</i> , 2019, 15, P1570.	0.8	0
28	From the Table to the Tumor: The Role of Mediterranean and Western Dietary Patterns in Shifting Microbial-Mediated Signaling to Impact Breast Cancer Risk. <i>Nutrients</i> , 2019, 11, 2565.	4.1	35
29	Food Insecurity Is Associated with an Increased Prevalence of Comorbid Medical Conditions in Obese Adults: NHANES 2007-2014. <i>Journal of General Internal Medicine</i> , 2019, 34, 1486-1493.	2.6	25
30	Skeletal Muscle Mitochondrial Respiration Is Elevated in Female Cynomolgus Macaques Fed a Western Compared with a Mediterranean Diet. <i>Journal of Nutrition</i> , 2019, 149, 1493-1502.	2.9	15
31	Mediterranean versus Western Diet Effects on Caloric Intake, Obesity, Metabolism, and Hepatosteatosis in Nonhuman Primates. <i>Obesity</i> , 2019, 27, 777-784.	3.0	65
32	Dietary choline and betaine intakes and risk of total and lethal prostate cancer in the Atherosclerosis Risk in Communities (ARIC) Study. <i>Cancer Causes and Control</i> , 2019, 30, 343-354.	1.8	11
33	Cancer Survivorship and Subclinical Myocardial Damage. <i>American Journal of Epidemiology</i> , 2019, 188, 2188-2195.	3.4	8
34	Adapting the Diabetes Prevention Program for low and middle-income countries: protocol for a cluster randomised trial to evaluate "Lifestyle Africa". <i>BMJ Open</i> , 2019, 9, e031400.	1.9	11
35	Accuracy of self-reported weight in the Women's Health Initiative. <i>Public Health Nutrition</i> , 2019, 22, 1019-1028.	2.2	45
36	Vitamin D with calcium supplementation and risk of atrial fibrillation in postmenopausal women. <i>American Heart Journal</i> , 2019, 209, 68-78.	2.7	12

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37	Aspirin and Non-Aspirin NSAID Use and Prostate Cancer Incidence, Mortality, and Case Fatality in the Atherosclerosis Risk in Communities Study. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2019, 28, 563-569.	2.5	26
38	Gender, blood pressure, and cardiovascular and renal outcomes in adults with hypertension from the Systolic Blood Pressure Intervention Trial. <i>Journal of Hypertension</i> , 2018, 36, 904-915.	0.5	30
39	Enhancing the Infrastructure of the Atherosclerosis Risk in Communities (ARIC) Study for Cancer Epidemiology Research: ARIC Cancer. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2018, 27, 295-305.	2.5	32
40	A Randomized Double-Blind Placebo-Controlled Trial of Fruit and Vegetable Concentrates on Intermediate Biomarkers in Head and Neck Cancer. <i>Integrative Cancer Therapies</i> , 2018, 17, 115-123.	2.0	4
41	The 24-month metabolic benefits of the healthy living partnerships to prevent diabetes: A community-based translational study. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2018, 12, 215-220.	3.6	12
42	Serum lipids and risk of obesity-related cancers in postmenopausal women. <i>Cancer Causes and Control</i> , 2018, 29, 13-24.	1.8	27
43	Self-reported adherence and biomarker levels of CoQ10 and alpha-tocopherol. <i>Patient Preference and Adherence</i> , 2018, Volume 12, 637-646.	1.8	0
44	Gut Microbiome Composition in Non-human Primates Consuming a Western or Mediterranean Diet. <i>Frontiers in Nutrition</i> , 2018, 5, 28.	3.7	125
45	Persistent vasomotor symptoms and breast cancer in the Women's Health Initiative (WHI).. <i>Journal of Clinical Oncology</i> , 2018, 36, e13567-e13567.	1.6	3
46	Weight Fluctuation and Cancer Risk in Postmenopausal Women: The Women's Health Initiative. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2017, 26, 779-786.	2.5	42
47	Dietary long-chain fatty acids and carbohydrate biomarker evaluation in a controlled feeding study in participants from the Women's Health Initiative cohort ., <i>American Journal of Clinical Nutrition</i> , 2017, 105, 1272-1282.	4.7	25
48	Process Evaluation of a Community Garden at an Urban Outpatient Clinic. <i>Journal of Community Health</i> , 2017, 42, 639-648.	3.8	23
49	The healthy living partnerships to prevent diabetes and the diabetes prevention program: a comparison of year 1 and 2 intervention results. <i>Translational Behavioral Medicine</i> , 2017, 7, 371-378.	2.4	11
50	[P255]: THE MIND DIET AND INCIDENT DEMENTIA: FINDINGS FROM THE WOMEN'S HEALTH INITIATIVE MEMORY STUDY. <i>Alzheimer's and Dementia</i> , 2017, 13, P858.	0.8	1
51	Low-Fat Dietary Pattern and Breast Cancer Mortality in the Women's Health Initiative Randomized Controlled Trial. <i>Journal of Clinical Oncology</i> , 2017, 35, 2919-2926.	1.6	104
52	Food Fortification and Supplement Use—Are There Health Implications?. <i>Critical Reviews in Food Science and Nutrition</i> , 2016, 56, 2149-2159.	10.3	32
53	Diabetes, metformin and incidence of and death from invasive cancer in postmenopausal women: Results from the women's health initiative. <i>International Journal of Cancer</i> , 2016, 138, 1915-1927.	5.1	39
54	Association Between Anthropometric Measures and Long-Term Survival in Frail Older Women: Observations from the Women's Health Initiative Study. <i>Journal of the American Geriatrics Society</i> , 2016, 64, 277-284.	2.6	21

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55	Body shape, adiposity index, and mortality in postmenopausal women: Findings from the Women's Health Initiative. <i>Obesity</i> , 2016, 24, 1061-1069.	3.0	31
56	Association between dietary inflammatory potential and breast cancer incidence and death: results from the Women's Health Initiative. <i>British Journal of Cancer</i> , 2016, 114, 1277-1285.	6.4	83
57	Relationships Between Caffeine Intake and Risk for Probable Dementia or Global Cognitive Impairment: The Women's Health Initiative Memory Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2016, 71, 1596-1602.	3.6	37
58	Patterns of change over time and history of the inflammatory potential of diet and risk of breast cancer among postmenopausal women. <i>Breast Cancer Research and Treatment</i> , 2016, 159, 139-149.	2.5	35
59	Physical Functioning among Women 80 Years of Age and Older With and Without a Cancer History. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2016, 71, S23-S30.	3.6	14
60	Duration of Adulthood Overweight, Obesity, and Cancer Risk in the Women's Health Initiative: A Longitudinal Study from the United States. <i>PLoS Medicine</i> , 2016, 13, e1002081.	8.4	99
61	Red blood cell folate and plasma folate are not associated with risk of incident colorectal cancer in the Women's Health Initiative observational study. <i>International Journal of Cancer</i> , 2015, 137, 930-939.	5.1	20
62	Race and Ethnicity, Obesity, Metabolic Health, and Risk of Cardiovascular Disease in Postmenopausal Women. <i>Journal of the American Heart Association</i> , 2015, 4, .	3.7	25
63	Exogenous Estrogen as Mediator of Racial Differences in Bioactive Insulin-Like Growth Factor-I Levels Among Postmenopausal Women. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2015, 70, 495-502.	3.6	0
64	A Review of Nutrition and Physical Activity Interventions in Adults 65 and Older with Type 2 Diabetes. <i>Current Nutrition Reports</i> , 2015, 4, 156-163.	4.3	0
65	Effects of weight regain following intentional weight loss on glucoregulatory function in overweight and obese adults with pre-diabetes. <i>Obesity Research and Clinical Practice</i> , 2015, 9, 266-273.	1.8	17
66	Risk Profiles for Weight Gain among Postmenopausal Women: A Classification and Regression Tree Analysis Approach. <i>PLoS ONE</i> , 2015, 10, e0121430.	2.5	22
67	Comment on Kahn and Davidson. The Reality of Type 2 Diabetes Prevention. <i>Diabetes Care</i> 2014;37:943-949. <i>Diabetes Care</i> , 2014, 37, e185-e186.	8.6	2
68	Obesity and Late-Age Survival Without Major Disease or Disability in Older Women. <i>JAMA Internal Medicine</i> , 2014, 174, 98.	5.1	60
69	Cancer Incidence and Mortality during the Intervention and Postintervention Periods of the Women's Health Initiative Dietary Modification Trial. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2014, 23, 2924-2935.	2.5	45
70	Electrocardiographic Repolarization-Related Variables as Predictors of Coronary Heart Disease Death in the Women's Health Initiative Study. <i>Journal of the American Heart Association</i> , 2014, 3, .	3.7	5
71	Body mass index, physical activity, and mortality in women diagnosed with ovarian cancer: Results from the Women's Health Initiative. <i>Gynecologic Oncology</i> , 2014, 133, 4-10.	1.4	59
72	Effects of a community-based weight loss intervention on adipose tissue circulating factors. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2014, 8, 205-211.	3.6	17

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73	Cross-sectional analysis of calcium intake for associations with vascular calcification and mortality in individuals with type 2 diabetes from the Diabetes Heart Study. <i>American Journal of Clinical Nutrition</i> , 2014, 100, 1029-1035.	4.7	13
74	Favorable effects of low-fat and low-carbohydrate dietary patterns on serum leptin, but not adiponectin, among overweight and obese premenopausal women: a randomized trial. <i>SpringerPlus</i> , 2014, 3, 175.	1.2	8
75	Weight Loss Intervention in Survivors of ER/PR-negative Breast Cancer. <i>Clinical Medicine Insights Women's Health</i> , 2014, 7, CMWH.S13955.	0.6	8
76	Longitudinal changes in the dietary inflammatory index: an assessment of the inflammatory potential of diet over time in the Women's Health Initiative (1034.5). <i>FASEB Journal</i> , 2014, 28, 1034.5.	0.5	0
77	The Healthy Living Partnerships to Prevent Diabetes Study. <i>American Journal of Preventive Medicine</i> , 2013, 44, S324-S332.	3.0	104
78	Cost of a Group Translation of the Diabetes Prevention Program. <i>American Journal of Preventive Medicine</i> , 2013, 44, S381-S389.	3.0	49
79	Randomized Trial to Assess the Impact of Venlafaxine and Soy Protein on Hot Flashes and Quality of Life in Men With Prostate Cancer. <i>Journal of Clinical Oncology</i> , 2013, 31, 4092-4098.	1.6	38
80	Minority accrual on a prospective study targeting a diverse U.S. breast cancer population: An analysis of Wake Forest CCOP research base protocol 97609.. <i>Journal of Clinical Oncology</i> , 2013, 31, 6564-6564.	1.6	0
81	Obesity Educational Interventions in U.S. Medical Schools: A Systematic Review and Identified Gaps. <i>Teaching and Learning in Medicine</i> , 2012, 24, 267-272.	2.1	62
82	A Randomized, Double-Blind, Placebo-Controlled Study of Oral Coenzyme Q10 to Relieve Self-Reported Treatment-Related Fatigue in Newly Diagnosed Patients with Breast Cancer. <i>The Journal of Supportive Oncology</i> , 2012, 11, 31-42.	2.3	50
83	Comparing three validated methods of patient self-reported fatigue in a prospective randomized clinical trial.. <i>Journal of Clinical Oncology</i> , 2012, 30, 9108-9108.	1.6	0
84	Four-Year Weight Losses in the Look AHEAD Study: Factors Associated With Long-Term Success. <i>Obesity</i> , 2011, 19, 1987-1998.	3.0	356
85	Healthy Living Partnerships to Prevent Diabetes: Recruitment and baseline characteristics. <i>Contemporary Clinical Trials</i> , 2011, 32, 40-49.	1.8	32
86	One-Year Results of a Community-Based Translation of the Diabetes Prevention Program. <i>Diabetes Care</i> , 2011, 34, 1451-1457.	8.6	193
87	Healthy Living Partnerships to Prevent Diabetes (HELP PD): Design and methods. <i>Contemporary Clinical Trials</i> , 2010, 31, 71-81.	1.8	51
88	Action for Health in Diabetes (Look AHEAD) Trial: Baseline Evaluation of Selected Nutrients and Food Group Intake. <i>Journal of the American Dietetic Association</i> , 2009, 109, 1367-1375.	1.1	74
89	BMI Influences Prognosis Following Surgery and Adjuvant Chemotherapy for Lymph Node Positive Breast Cancer. <i>Breast Journal</i> , 2008, 14, 357-365.	1.0	18
90	Older Adults in the Rural South Are Not Meeting Healthful Eating Guidelines. <i>Journal of the American Dietetic Association</i> , 2007, 107, 265-272.e3.	1.1	52

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91	Low-Fat Dietary Pattern and Risk of Invasive Breast Cancer. JAMA - Journal of the American Medical Association, 2006, 295, 629.	7.4	696
92	Quality of Diets Consumed by Older Rural Adults. Journal of Rural Health, 2002, 18, 49-56.	2.9	30
93	Soybean Isoflavones as an Alternative to Traditional Hormone Replacement Therapy: Are We There Yet?. Journal of Nutrition, 2000, 130, 664S-665S.	2.9	21
94	NEW LifeStyle: A Downloadable Teaching and Learning Program for Nutrition, Exercise, and Weight Management. MedEdPORTAL: the Journal of Teaching and Learning Resources, 0, , .	1.2	7