RESEARCH & PUBLICATIONS

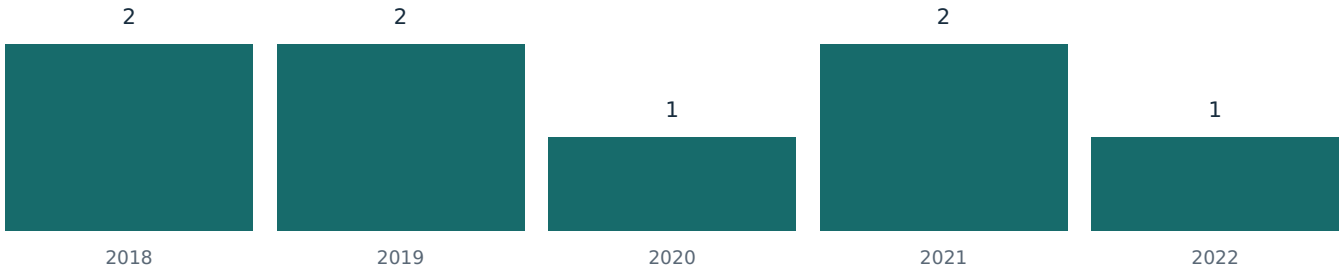
William C Vantrease

A publication record at a glance

8	393	8
ARTICLES	CITATIONS	h-INDEX

PUBLICATION ACTIVITY

Articles by publication year



MOST CITED IN THIS LIST

The Effects of Whey vs. Pea Protein on Physical Adaptations Following 8-Weeks of High-Intensity Functional Training (HIFT): A Pilot Study — 102

2019 Sports

Isometric Midthigh Pull Performance Is Associated With Athletic Performance and Sprinting Kinetics in Division I Men and Women's Basketball Players — 80

2019 Journal of Strength and Conditioning Research

Effects of Probiotic (Bacillus subtilis DE111) Supplementation on Immune Function, Hormonal Status, and Physical Performance in Division I Baseball Players — 64

2018 Sports

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Ordered by citations, highest first

01 The Effects of Whey vs. Pea Protein on Physical Adaptations Following 8-Weeks of High-Intensity Functional Training (HIFT): A Pilot Study

102 citations

Sports · 2019 · 7, 12

https://exaly.com/article/74698940

02 Isometric Midthigh Pull Performance Is Associated With Athletic Performance and Sprinting Kinetics in Division I Men and Women's Basketball Players

80 citations

Journal of Strength and Conditioning Research · 2019 · 33, 2665

https://exaly.com/article/74833346

03 Effects of Probiotic (Bacillus subtilis DE111) Supplementation on Immune Function, Hormonal Status, and Physical Performance in Division I Baseball Players

64 citations

Sports · 2018 · 6, 70

https://exaly.com/article/71270011

04 Effects of Probiotic (Bacillus subtilis) Supplementation During Offseason Resistance Training in Female Division I Athletes

59 citations

Journal of Strength and Conditioning Research · 2020 · 34, 3173

https://exaly.com/article/74965500

05 Acute Beetroot Juice Administration Improves Peak Isometric Force Production in Adolescent Males

36 citations

Applied Physiology, Nutrition and Metabolism · 2018 · 43, 816-821

https://exaly.com/article/69433464

06 Plasma Amino Acid Response to Whey Protein Ingestion Following 28 Days of Probiotic (Bacillus subtilis DE111) Supplementation in Active Men and Women

27 citations

Journal of Functional Morphology and Kinesiology · 2021 · 6, 1

https://exaly.com/article/118957796

07 Influence of Dietary Nitrate Supplementation on Physical Performance and Body Composition Following Offseason Training in Division I Athletes

14 citations

Journal of Dietary Supplements · 2022 · 19, 534-549

https://exaly.com/article/79468369

08 Maximal Strength, Muscle Activation, and Bar Velocity Comparisons Between Squatting With a Traditional or Safety Squat Bar

11 citations

Journal of Strength and Conditioning Research · 2021 · 35, S1

https://exaly.com/article/120309055

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