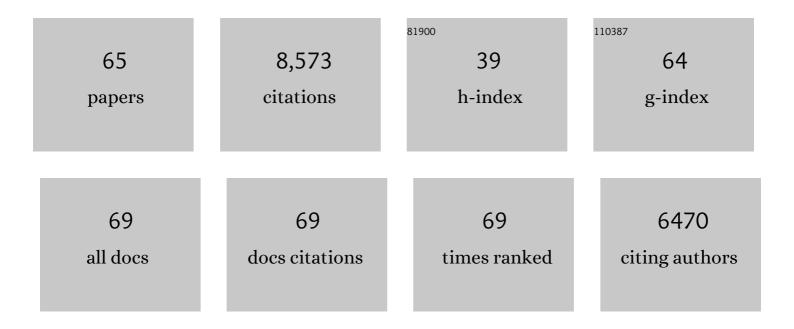
List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Promoting ecosystem and human health in urban areas using Green Infrastructure: A literature review. Landscape and Urban Planning, 2007, 81, 167-178.	7.5	1,872
2	The influence of urban green environments on stress relief measures: A field experiment. Journal of Environmental Psychology, 2014, 38, 1-9.	5.1	666
3	A measure of restorative quality in environments. The Housingory and Society, 1997, 14, 175-194.	0.2	501
4	RESTORATIVE QUALITIES OF FAVORITE PLACES. Journal of Environmental Psychology, 1996, 16, 221-233.	5.1	451
5	Restorative Experience and Self-Regulation in Favorite Places. Environment and Behavior, 2001, 33, 572-589.	4.7	418
6	Place-identity as a product of environmental self-regulation. Journal of Environmental Psychology, 1989, 9, 241-256.	5.1	356
7	Towards an integrated understanding of green space in the European built environment. Urban Forestry and Urban Greening, 2009, 8, 65-75.	5.3	322
8	Determinants of restorative experiences in everyday favorite places. Health and Place, 2008, 14, 636-652.	3.3	319
9	Temporal pessimism and spatial optimism in environmental assessments: An 18-nation study. Journal of Environmental Psychology, 2009, 29, 1-12.	5.1	243
10	Favorite green, waterside and urban environments, restorative experiences and perceived health in Finland. Health Promotion International, 2010, 25, 200-209.	1.8	202
11	RESTORATIVE EXPERIENCE, SELF-REGULATION, AND CHILDREN'S PLACE PREFERENCES. Journal of Environmental Psychology, 2002, 22, 387-398.	5.1	184
12	Emotional, Restorative and Vitalizing Effects of Forest and Urban Environments at Four Sites in Japan. International Journal of Environmental Research and Public Health, 2014, 11, 7207-7230.	2.6	182
13	Analyzing the mediators between nature-based outdoor recreation and emotional well-being. Journal of Environmental Psychology, 2014, 37, 1-7.	5.1	164
14	Adolescents' favourite places and environmental self-regulation. Journal of Environmental Psychology, 1992, 12, 249-258.	5.1	145
15	Relationships between exposure to urban green spaces, physical activity and self-rated health. Journal of Outdoor Recreation and Tourism, 2015, 10, 44-54.	2.9	142
16	Perceived health is associated with visiting natural favourite places in the vicinity. Health and Place, 2007, 13, 138-151.	3.3	121
17	The Relationship between Perceived Health and Physical Activity Indoors, Outdoors in Built Environments, and Outdoors in Nature. Applied Psychology: Health and Well-Being, 2014, 6, 324-346.	3.0	112
18	Acute effects of visits to urban green environments on cardiovascular physiology in women: A field experiment. Environmental Research, 2017, 159, 176-185.	7.5	106

#	Article	lF	CITATIONS
19	Restorative effects of urban green environments and the role of urban-nature orientedness and noise sensitivity: A field experiment. Health and Place, 2019, 55, 59-70.	3.3	106
20	Memory and place attachment as predictors of imagined restorative perceptions of favourite places. Journal of Environmental Psychology, 2016, 48, 120-130.	5.1	103
21	Enhancing daily well-being at work through lunchtime park walks and relaxation exercises: Recovery experiences as mediators Journal of Occupational Health Psychology, 2018, 23, 428-442.	3.3	98
22	Stability of self-reported favourite places and place attachment over a 10-month period. Journal of Environmental Psychology, 2009, 29, 95-100.	5.1	92
23	Evidence for Rapid Affective Evaluation of Environmental Scenes. Environment and Behavior, 2002, 34, 634-650.	4.7	86
24	Closure of view to the urban matrix has positive effects on perceived restorativeness in urban forests in Helsinki, Finland. Landscape and Urban Planning, 2012, 107, 361-369.	7.5	82
25	Nature at home and at work: Naturally good? Links between window views, indoor plants, outdoor activities and employee well-being over one year. Landscape and Urban Planning, 2017, 160, 38-47.	7.5	76
26	How Is Leisure Time Interacting with Nature Related to the Need for Recovery from Work Demands? Testing Multiple Mediators. Leisure Sciences, 2010, 33, 1-14.	3.1	72
27	Recovery Processes During and After Work. Journal of Occupational and Environmental Medicine, 2015, 57, 732-742.	1.7	67
28	Effects of park walks and relaxation exercises during lunch breaks on recovery from job stress: Two randomized controlled trials. Journal of Environmental Psychology, 2017, 51, 14-30.	5.1	67
29	Effectiveness of Favorite-Place Prescriptions. American Journal of Preventive Medicine, 2009, 36, 435-438.	3.0	64
30	Nature Walks as a Part of Therapeutic Intervention for Depression. Ecopsychology, 2016, 8, 8-15.	1.4	60
31	Can Nature Walks With Psychological Tasks Improve Mood, Self-Reported Restoration, and Sustained Attention? Results From Two Experimental Field Studies. Frontiers in Psychology, 2018, 9, 2057.	2.1	57
32	Holiday travel, staycations, and subjective well-being. Journal of Sustainable Tourism, 2017, 25, 573-588.	9.2	51
33	Results from an 18 country cross-sectional study examining experiences of nature for people with common mental health disorders. Scientific Reports, 2020, 10, 19408.	3.3	50
34	How long does it take for the scientific literature to purge itself of fraudulent material?: the Breuning case revisited. Current Medical Research and Opinion, 2010, 26, 843-847.	1.9	49
35	Activity spaces and urban adolescent substance use and emotional health. Journal of Adolescence, 2009, 32, 925-939.	2.4	48
36	Identifying long-term patterns of work-related rumination: associations with job demands and well-being outcomes. European Journal of Work and Organizational Psychology, 2017, 26, 514-526.	3.7	46

#	Article	IF	CITATIONS
37	Environmental Strategies of Affect Regulation and Their Associations With Subjective Well-Being. Frontiers in Psychology, 2018, 9, 562.	2.1	46
38	Perceived Environmental Aesthetic Qualities Scale (PEAQS) – A self-report tool for the evaluation of green-blue spaces. Urban Forestry and Urban Greening, 2019, 43, 126383.	5.3	43
39	From restorative environments to restoration in work. Intelligent Buildings International, 2015, 7, 215-223.	2.3	42
40	Measures and modalities in restorative virtual natural environments: An integrative narrative review. Computers in Human Behavior, 2022, 126, 107008.	8.5	41
41	The Psychology of Recent Nature Visits: (How) Are Motives and Attentional Focus Related to Post-Visit Restorative Experiences, Creativity, and Emotional Well-Being?. Environment and Behavior, 2018, 50, 913-944.	4.7	40
42	Restoration, well-being, and everyday physical activity in indoor, built outdoor and natural outdoor settings. Journal of Environmental Psychology, 2018, 59, 85-93.	5.1	38
43	Linking boundary crossing from work to nonwork to work-related rumination across time: A variable- and person-oriented approach Journal of Occupational Health Psychology, 2017, 22, 467-480.	3.3	37
44	Time- and Self-Related Memories Predict Restorative Perceptions of Favorite Places Via Place Identity. Environment and Behavior, 2018, 50, 690-720.	4.7	37
45	What is a nice smile like that doing in a place like this? Automatic affective responses to environments influence the recognition of facial expressions. Psychological Research, 2007, 71, 539-552.	1.7	32
46	Recovery during Lunch Breaks: Testing Long-Term Relations with Energy Levels at Work. Scandinavian Journal of Work and Organizational Psychology, 2016, 1, .	0.9	32
47	The role of work–nonwork boundary management in work stress recovery International Journal of Stress Management, 2016, 23, 99-123.	1.2	31
48	Exposure to nature versus relaxation during lunch breaks and recovery from work: development and design of an intervention study to improve workers' health, well-being, work performance and creativity. BMC Public Health, 2014, 14, 488.	2.9	30
49	Nature exposure predicts well-being trajectory groups among employees across two years. Journal of Environmental Psychology, 2017, 52, 81-91.	5.1	28
50	Enhancing wellbeing with psychological tasks along forest trails. Urban Forestry and Urban Greening, 2017, 26, 25-30.	5.3	26
51	Profiles of Nature Exposure and Outdoor Activities Associated With Occupational Well-Being Among Employees. Frontiers in Psychology, 2018, 9, 754.	2.1	26
52	Exploring psychological restoration in favorite indoor and outdoor urban places using a top-down perspective. Journal of Environmental Psychology, 2021, 78, 101706.	5.1	26
53	The effects of scene contents and focus of light on perceived restorativeness, fear and preference in nightscapes. Journal of Environmental Planning and Management, 2012, 55, 453-468.	4.5	20
54	Restorative Lighting Environments-Does the Focus of Light Have an Effect on Restorative Experiences?. Journal of Light and Visual Environment, 2009, 33, 37-45.	0.2	18

#	Article	IF	CITATIONS
55	Still not that bad for the grey city: A field study on the restorative effects of built open urban places. Cities, 2021, 111, 103081.	5.6	17
56	Contributions of Natural Environments to Physical Activity. , 2011, , 205-243.		15
57	Patterns of daily energy management at work: relations to employee well-being and job characteristics. International Archives of Occupational and Environmental Health, 2015, 88, 1077-1086.	2.3	14
58	Patterns of placeâ€based selfâ€regulation and associated mental health of urban adolescents. Journal of Community Psychology, 2010, 38, 155-171.	1.8	13
59	Which is primary: Preference or perceived instoration?. Journal of Environmental Psychology, 2021, 75, 101617.	5.1	11
60	The Effects of Relaxation Exercises and Park Walks During Workplace Lunch Breaks on Physiological Recovery. Scandinavian Journal of Work and Organizational Psychology, 2017, 2, .	0.9	11
61	Flow With Nature Treatment for Depression: Participants' Experiences. Frontiers in Psychology, 2021, 12, 768372.	2.1	7
62	Understanding the Perceived Benefits of Nature for Creativity. Journal of Creative Behavior, 2022, 56, 215-231.	2.9	2
63	Pleistocene Hypothesis – Moving Savanna Perceptual Preference Hypothesis Beyond Savanna. Frontiers in Psychology, 2022, 13, .	2.1	2
64	Evaluating the Reliability and Validity of the Children's Vitality-Relaxation Scale. International Journal of Environmental Research and Public Health, 2019, 16, 3369.	2.6	0
65	Recovery Across Different Temporal Settings: How Lunchtime Activities Influence Evening Activities. Scandinavian Journal of Work and Organizational Psychology, 2022, 7, .	0.9	0