Tammy Y N Tong

List of Publications by Year
in descending order

47 papers	2,805 citations	236612 25 h-index	214527 47 g-index
50 all docs	50 docs citations	50 times ranked	3897 citing authors

#	Article	IF	Citations
1	Higher Meat Intake Is Associated with Higher Inflammatory Markers, Mostly Due to Adiposity: Results from UK Biobank. Journal of Nutrition, 2022, 152, 183-189.	1.3	22
2	Milk intake and incident stroke and CHD in populations of European descent: a Mendelian randomisation study. British Journal of Nutrition, 2022, 128, 1789-1797.	1.2	2
3	Plant-based diets and long-term health: findings from the EPIC-Oxford study. Proceedings of the Nutrition Society, 2022, 81, 190-198.	0.4	33
4	Circulating insulin-like growth factor-I and risk of 25 common conditions: outcome-wide analyses in the UK Biobank study. European Journal of Epidemiology, 2022, 37, 25-34.	2.5	5
5	Physical activity attenuates but does not eliminate coronary heart disease risk amongst adults with risk factors: EPIC-CVD case-cohort study. European Journal of Preventive Cardiology, 2022, 29, 1618-1629.	0.8	8
6	Risk of cancer in regular and low meat-eaters, fish-eaters, and vegetarians: a prospective analysis of UK Biobank participants. BMC Medicine, 2022, 20, 73.	2.3	43
7	Meat Intake Is Associated with a Higher Risk of Ulcerative Colitis in a Large European Prospective Cohort StudyÃ¯. Journal of Crohn's and Colitis, 2022, 16, 1187-1196.	0.6	27
8	Blood polyphenol concentrations and differentiated thyroid carcinoma in women from the European Prospective Investigation into Cancer and Nutrition (EPIC) study. American Journal of Clinical Nutrition, 2021, 113, 162-171.	2.2	12
9	Urinary Melatonin in Relation to Breast Cancer Risk: Nested Caseâ€"Control Analysis in the DOM Study and Meta-analysis of Prospective Studies. Cancer Epidemiology Biomarkers and Prevention, 2021, 30, 97-103.	1.1	6
10	Sleep duration and breast cancer incidence: results from the Million Women Study and meta-analysis of published prospective studies. Sleep, 2021, 44, .	0.6	23
11	Meat consumption and risk of 25 common conditions: outcome-wide analyses in 475,000 men and women in the UK Biobank study. BMC Medicine, 2021, 19, 53.	2.3	78
12	SCORE2 risk prediction algorithms: new models to estimate 10-year risk of cardiovascular disease in Europe. European Heart Journal, 2021, 42, 2439-2454.	1.0	491
13	Biomarker Concentrations in White and British Indian Vegetarians and Nonvegetarians in the UK Biobank. Journal of Nutrition, 2021, 151, 3168-3179.	1.3	14
14	Associations of circulating insulin-like growth factor-I with intake of dietary proteins and other macronutrients. Clinical Nutrition, 2021, 40, 4685-4693.	2.3	14
15	Associations Between Macronutrients From Different Dietary Sources and Serum Lipids in 24 639 UK Biobank Study Participants. Arteriosclerosis, Thrombosis, and Vascular Biology, 2021, 41, 2190-2200.	1.1	11
16	Co-benefits from sustainable dietary shifts for population and environmental health: an assessment from a large European cohort study. Lancet Planetary Health, The, 2021, 5, e786-e796.	5.1	42
17	Blood biomarker levels by total sleep duration: cross-sectional analyses in UK Biobank. Sleep Medicine, 2021, 88, 256-261.	0.8	4
18	Dietary Fatty Acids, Macronutrient Substitutions, Food Sources and Incidence of Coronary Heart Disease: Findings From the EPICâ€€CVD Caseâ€€Cohort Study Across Nine European Countries. Journal of the American Heart Association, 2021, 10, e019814.	1.6	29

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19	Anthropometric and reproductive factors and risk of esophageal and gastric cancer by subtype and subsite: Results from the European Prospective Investigation into Cancer and Nutrition (EPIC) cohort. International Journal of Cancer, 2020, 146, 929-942.	2.3	28
20	Blood pressure and risk of cancer in the European Prospective Investigation into Cancer and Nutrition. International Journal of Cancer, 2020, 146, 2680-2693.	2.3	52
21	A Combination of Metabolites Predicts Adherence to the Mediterranean Diet Pattern and Its Associations with Insulin Sensitivity and Lipid Homeostasis in the General Population: The Fenland Study, United Kingdom. Journal of Nutrition, 2020, 150, 568-578.	1.3	29
22	The associations of major foods and fibre with risk of ischaemic and haemorrhagic stroke: results from the prospective EPIC study.. Proceedings of the Nutrition Society, 2020, 79, .	0.4	2
23	The association between circulating 25-hydroxyvitamin D metabolites and type 2 diabetes in European populations: AÂmeta-analysis and Mendelian randomisation analysis. PLoS Medicine, 2020, 17, e1003394.	3.9	45
24	Vegetarian and vegan diets and risks of total and site-specific fractures: results from the prospective EPIC-Oxford study. BMC Medicine, 2020, 18, 353.	2.3	86
25	Replacement of Red and Processed Meat With Other Food Sources of Protein and the Risk of Type 2 Diabetes in European Populations: The EPIC-InterAct Study. Diabetes Care, 2020, 43, 2660-2667.	4.3	35
26	A Body Shape Index (ABSI) achieves better mortality risk stratification than alternative indices of abdominal obesity: results from a large European cohort. Scientific Reports, 2020, 10, 14541.	1.6	84
27	Meat intake and cancer risk: prospective analyses in UK Biobank. International Journal of Epidemiology, 2020, 49, 1540-1552.	0.9	45
28	Vegetarian diets and risks of total and site-specific fractures: results from the prospective EPIC-Oxford study. Proceedings of the Nutrition Society, 2020, 79, .	0.4	1
29	Association of plasma biomarkers of fruit and vegetable intake with incident type 2 diabetes: EPIC-InterAct case-cohort study in eight European countries. BMJ, The, 2020, 370, m2194.	3.0	75
30	Glycemic index, glycemic load, and risk of coronary heart disease: a pan-European cohort study. American Journal of Clinical Nutrition, 2020, 112, 631-643.	2.2	19
31	The associations of major foods and fibre with risks of ischaemic and haemorrhagic stroke: a prospective study of 418Â329 participants in the EPIC cohort across nine European countries. European Heart Journal, 2020, 41, 2632-2640.	1.0	60
32	Lifestyle factors and risk of multimorbidity of cancer and cardiometabolic diseases: a multinational cohort study. BMC Medicine, 2020, 18, 5.	2.3	148
33	Estimated Substitution of Tea or Coffee for Sugar-Sweetened Beverages Was Associated with Lower Type 2 Diabetes Incidence in Caseâ€"Cohort Analysis across 8 European Countries in the EPIC-InterAct Study. Journal of Nutrition, 2019, 149, 1985-1993.	1.3	24
34	Risks of ischaemic heart disease and stroke in meat eaters, fish eaters, and vegetarians over 18 years of follow-up: results from the prospective EPIC-Oxford study. BMJ: British Medical Journal, 2019, 366, l4897.	2.4	115
35	Association Between Soft Drink Consumption and Mortality in 10 European Countries. JAMA Internal Medicine, 2019, 179, 1479.	2.6	169
36	Hematological parameters and prevalence of anemia in white and British Indian vegetarians and nonvegetarians in the UK Biobank. American Journal of Clinical Nutrition, 2019, 110, 461-472.	2.2	23

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37	Generalizability of a Diabetes-Associated Country-Specific Exploratory Dietary Pattern Is Feasible Across European Populations. Journal of Nutrition, 2019, 149, 1047-1055.	1.3	6
38	Comparison of Major Protein-Source Foods and Other Food Groups in Meat-Eaters and Non-Meat-Eaters in the EPIC-Oxford Cohort. Nutrients, 2019, 11, 824.	1.7	45
39	RE: â€œASSOCIATIONS OF DIETARY PROTEIN INTAKE WITH FAT-FREE MASS AND GRIP STRENGTH: A CROSS-SECTIONAL STUDY IN 146,816 UK BIOBANK PARTICIPANTSâ€. American Journal of Epidemiology, 2019, 188, 977-978.	1.6	3
40	Vegetarian diets and risk of hospitalisation or death with diabetes in British adults: results from the EPIC-Oxford study. Nutrition and Diabetes, 2019, 9, 7.	1.5	28
41	Dietary cost associated with adherence to the Mediterranean diet, and its variation by socio-economic factors in the UK Fenland Study. British Journal of Nutrition, 2018, 119, 685-694.	1.2	72
42	Meeting UK dietary recommendations is associated with higher estimated consumer food costs: an analysis using the National Diet and Nutrition Survey and consumer expenditure data, 2008â€"2012. Public Health Nutrition, 2018, 21, 948-956.	1.1	42
43	Anthropometric and physiologic characteristics in white and British Indian vegetarians and nonvegetarians in the UK Biobank. American Journal of Clinical Nutrition, 2018, 107, 909-920.	2.2	39
44	Cross-sectional analyses of participation in cancer screening and use of hormone replacement therapy and medications in meat eaters and vegetarians: the EPIC-Oxford study. BMJ Open, 2017, 7, e018245.	0.8	9
45	Dietary Intake of High-Protein Foods and Other Major Foods in Meat-Eaters, Poultry-Eaters, Fish-Eaters, Vegetarians, and Vegans in UK Biobank. Nutrients, 2017, 9, 1317.	1.7	68
46	Prospective association of the Mediterranean diet with cardiovascular disease incidence and mortality and its population impact in a non-Mediterranean population: the EPIC-Norfolk study. BMC Medicine, 2016, 14, 135.	2.3	141
47	Definitions and potential health benefits of the Mediterranean diet: views from experts around the world. BMC Medicine, 2014, 12, 112.	2.3	443