

# Tammy Y N Tong

## List of Publications by Year in descending order

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Version: 2024-02-01

47  
papers

2,805  
citations

236612

25  
h-index

214527

47  
g-index

50  
all docs

50  
docs citations

50  
times ranked

3897  
citing authors

#	ARTICLE	IF	CITATIONS
1	SCORE2 risk prediction algorithms: new models to estimate 10-year risk of cardiovascular disease in Europe. <i>European Heart Journal</i> , 2021, 42, 2439-2454.	1.0	491
2	Definitions and potential health benefits of the Mediterranean diet: views from experts around the world. <i>BMC Medicine</i> , 2014, 12, 112.	2.3	443
3	Association Between Soft Drink Consumption and Mortality in 10 European Countries. <i>JAMA Internal Medicine</i> , 2019, 179, 1479.	2.6	169
4	Lifestyle factors and risk of multimorbidity of cancer and cardiometabolic diseases: a multinational cohort study. <i>BMC Medicine</i> , 2020, 18, 5.	2.3	148
5	Prospective association of the Mediterranean diet with cardiovascular disease incidence and mortality and its population impact in a non-Mediterranean population: the EPIC-Norfolk study. <i>BMC Medicine</i> , 2016, 14, 135.	2.3	141
6	Risks of ischaemic heart disease and stroke in meat eaters, fish eaters, and vegetarians over 18 years of follow-up: results from the prospective EPIC-Oxford study. <i>BMJ: British Medical Journal</i> , 2019, 366, l4897.	2.4	115
7	Vegetarian and vegan diets and risks of total and site-specific fractures: results from the prospective EPIC-Oxford study. <i>BMC Medicine</i> , 2020, 18, 353.	2.3	86
8	A Body Shape Index (ABSI) achieves better mortality risk stratification than alternative indices of abdominal obesity: results from a large European cohort. <i>Scientific Reports</i> , 2020, 10, 14541.	1.6	84
9	Meat consumption and risk of 25 common conditions: outcome-wide analyses in 475,000 men and women in the UK Biobank study. <i>BMC Medicine</i> , 2021, 19, 53.	2.3	78
10	Association of plasma biomarkers of fruit and vegetable intake with incident type 2 diabetes: EPIC-InterAct case-cohort study in eight European countries. <i>BMJ, The</i> , 2020, 370, m2194.	3.0	75
11	Dietary cost associated with adherence to the Mediterranean diet, and its variation by socio-economic factors in the UK Fenland Study. <i>British Journal of Nutrition</i> , 2018, 119, 685-694.	1.2	72
12	Dietary Intake of High-Protein Foods and Other Major Foods in Meat-Eaters, Poultry-Eaters, Fish-Eaters, Vegetarians, and Vegans in UK Biobank. <i>Nutrients</i> , 2017, 9, 1317.	1.7	68
13	The associations of major foods and fibre with risks of ischaemic and haemorrhagic stroke: a prospective study of 418,329 participants in the EPIC cohort across nine European countries. <i>European Heart Journal</i> , 2020, 41, 2632-2640.	1.0	60
14	Blood pressure and risk of cancer in the European Prospective Investigation into Cancer and Nutrition. <i>International Journal of Cancer</i> , 2020, 146, 2680-2693.	2.3	52
15	Comparison of Major Protein-Source Foods and Other Food Groups in Meat-Eaters and Non-Meat-Eaters in the EPIC-Oxford Cohort. <i>Nutrients</i> , 2019, 11, 824.	1.7	45
16	The association between circulating 25-hydroxyvitamin D metabolites and type 2 diabetes in European populations: A meta-analysis and Mendelian randomisation analysis. <i>PLoS Medicine</i> , 2020, 17, e1003394.	3.9	45
17	Meat intake and cancer risk: prospective analyses in UK Biobank. <i>International Journal of Epidemiology</i> , 2020, 49, 1540-1552.	0.9	45
18	Risk of cancer in regular and low meat-eaters, fish-eaters, and vegetarians: a prospective analysis of UK Biobank participants. <i>BMC Medicine</i> , 2022, 20, 73.	2.3	43

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19	Meeting UK dietary recommendations is associated with higher estimated consumer food costs: an analysis using the National Diet and Nutrition Survey and consumer expenditure data, 2008–2012. <i>Public Health Nutrition</i> , 2018, 21, 948-956.	1.1	42
20	Co-benefits from sustainable dietary shifts for population and environmental health: an assessment from a large European cohort study. <i>Lancet Planetary Health</i> , The, 2021, 5, e786-e796.	5.1	42
21	Anthropometric and physiologic characteristics in white and British Indian vegetarians and nonvegetarians in the UK Biobank. <i>American Journal of Clinical Nutrition</i> , 2018, 107, 909-920.	2.2	39
22	Replacement of Red and Processed Meat With Other Food Sources of Protein and the Risk of Type 2 Diabetes in European Populations: The EPIC-InterAct Study. <i>Diabetes Care</i> , 2020, 43, 2660-2667.	4.3	35
23	Plant-based diets and long-term health: findings from the EPIC-Oxford study. <i>Proceedings of the Nutrition Society</i> , 2022, 81, 190-198.	0.4	33
24	A Combination of Metabolites Predicts Adherence to the Mediterranean Diet Pattern and Its Associations with Insulin Sensitivity and Lipid Homeostasis in the General Population: The Fenland Study, United Kingdom. <i>Journal of Nutrition</i> , 2020, 150, 568-578.	1.3	29
25	Dietary Fatty Acids, Macronutrient Substitutions, Food Sources and Incidence of Coronary Heart Disease: Findings From the EPIC-CVD Case-Cohort Study Across Nine European Countries. <i>Journal of the American Heart Association</i> , 2021, 10, e019814.	1.6	29
26	Vegetarian diets and risk of hospitalisation or death with diabetes in British adults: results from the EPIC-Oxford study. <i>Nutrition and Diabetes</i> , 2019, 9, 7.	1.5	28
27	Anthropometric and reproductive factors and risk of esophageal and gastric cancer by subtype and subsite: Results from the European Prospective Investigation into Cancer and Nutrition (EPIC) cohort. <i>International Journal of Cancer</i> , 2020, 146, 929-942.	2.3	28
28	Meat Intake Is Associated with a Higher Risk of Ulcerative Colitis in a Large European Prospective Cohort Study. <i>Journal of Crohn's and Colitis</i> , 2022, 16, 1187-1196.	0.6	27
29	Estimated Substitution of Tea or Coffee for Sugar-Sweetened Beverages Was Associated with Lower Type 2 Diabetes Incidence in Case-Cohort Analysis across 8 European Countries in the EPIC-InterAct Study. <i>Journal of Nutrition</i> , 2019, 149, 1985-1993.	1.3	24
30	Hematological parameters and prevalence of anemia in white and British Indian vegetarians and nonvegetarians in the UK Biobank. <i>American Journal of Clinical Nutrition</i> , 2019, 110, 461-472.	2.2	23
31	Sleep duration and breast cancer incidence: results from the Million Women Study and meta-analysis of published prospective studies. <i>Sleep</i> , 2021, 44, .	0.6	23
32	Higher Meat Intake Is Associated with Higher Inflammatory Markers, Mostly Due to Adiposity: Results from UK Biobank. <i>Journal of Nutrition</i> , 2022, 152, 183-189.	1.3	22
33	Glycemic index, glycemic load, and risk of coronary heart disease: a pan-European cohort study. <i>American Journal of Clinical Nutrition</i> , 2020, 112, 631-643.	2.2	19
34	Biomarker Concentrations in White and British Indian Vegetarians and Nonvegetarians in the UK Biobank. <i>Journal of Nutrition</i> , 2021, 151, 3168-3179.	1.3	14
35	Associations of circulating insulin-like growth factor-I with intake of dietary proteins and other macronutrients. <i>Clinical Nutrition</i> , 2021, 40, 4685-4693.	2.3	14
36	Blood polyphenol concentrations and differentiated thyroid carcinoma in women from the European Prospective Investigation into Cancer and Nutrition (EPIC) study. <i>American Journal of Clinical Nutrition</i> , 2021, 113, 162-171.	2.2	12

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37	Associations Between Macronutrients From Different Dietary Sources and Serum Lipids in 24 639 UK Biobank Study Participants. <i>Arteriosclerosis, Thrombosis, and Vascular Biology</i> , 2021, 41, 2190-2200.	1.1	11
38	Cross-sectional analyses of participation in cancer screening and use of hormone replacement therapy and medications in meat eaters and vegetarians: the EPIC-Oxford study. <i>BMJ Open</i> , 2017, 7, e018245.	0.8	9
39	Physical activity attenuates but does not eliminate coronary heart disease risk amongst adults with risk factors: EPIC-CVD case-cohort study. <i>European Journal of Preventive Cardiology</i> , 2022, 29, 1618-1629.	0.8	8
40	Generalizability of a Diabetes-Associated Country-Specific Exploratory Dietary Pattern Is Feasible Across European Populations. <i>Journal of Nutrition</i> , 2019, 149, 1047-1055.	1.3	6
41	Urinary Melatonin in Relation to Breast Cancer Risk: Nested Case-Control Analysis in the DOM Study and Meta-analysis of Prospective Studies. <i>Cancer Epidemiology Biomarkers and Prevention</i> , 2021, 30, 97-103.	1.1	6
42	Circulating insulin-like growth factor-I and risk of 25 common conditions: outcome-wide analyses in the UK Biobank study. <i>European Journal of Epidemiology</i> , 2022, 37, 25-34.	2.5	5
43	Blood biomarker levels by total sleep duration: cross-sectional analyses in UK Biobank. <i>Sleep Medicine</i> , 2021, 88, 256-261.	0.8	4
44	RE: "ASSOCIATIONS OF DIETARY PROTEIN INTAKE WITH FAT-FREE MASS AND GRIP STRENGTH: A CROSS-SECTIONAL STUDY IN 146,816 UK BIOBANK PARTICIPANTS" American Journal of Epidemiology, 2019, 188, 977-978.	1.6	3
45	The associations of major foods and fibre with risk of ischaemic and haemorrhagic stroke: results from the prospective EPIC study.. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	0.4	2
46	Milk intake and incident stroke and CHD in populations of European descent: a Mendelian randomisation study. <i>British Journal of Nutrition</i> , 2022, 128, 1789-1797.	1.2	2
47	Vegetarian diets and risks of total and site-specific fractures: results from the prospective EPIC-Oxford study. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	0.4	1