

# MaÅ,gorzata Jamka

## List of Publications by Year in descending order

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Version: 2024-02-01

24  
papers

375  
citations

1162889

8  
h-index

794469

19  
g-index

26  
all docs

26  
docs citations

26  
times ranked

677  
citing authors

#	ARTICLE	IF	CITATIONS
1	The Effect of Endurance and Endurance-Strength Training on Bone Health and Body Composition in Centrally Obese Women – A Randomised Pilot Trial. <i>Healthcare (Switzerland)</i> , 2022, 10, 821.	1.0	1
2	Comparison of the Effect of Endurance, Strength, and Endurance-Strength Training on Inflammatory Markers and Adipokines Levels in Overweight and Obese Adults: Systematic Review and Meta-Analysis of Randomised Trials. <i>Healthcare (Switzerland)</i> , 2022, 10, 1098.	1.0	6
3	Endurance Training Depletes Antioxidant System but Does Not Affect Endothelial Functions in Women with Abdominal Obesity: A Randomized Trial with a Comparison to Endurance-Strength Training. <i>Journal of Clinical Medicine</i> , 2021, 10, 1639.	1.0	9
4	The effect of endurance and endurance-strength training on body composition and cardiometabolic markers in abdominally obese women: a randomised trial. <i>Scientific Reports</i> , 2021, 11, 12339.	1.6	13
5	Effectiveness of different dietary strategies in the management of obesity and obesity-related comorbidities. <i>Journal of Medical Science</i> , 2021, 90, e253.	0.2	1
6	Comparison of Subjective and Objective Methods to Measure the Physical Activity of Non-Depressed Middle-Aged Healthy Subjects with Normal Cognitive Function and Mild Cognitive Impairment – A Cross-Sectional Study. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8042.	1.2	5
7	Inflammatory Potential of Diet Is Associated with Biomarkers Levels of Inflammation and Cognitive Function among Postmenopausal Women. <i>Nutrients</i> , 2021, 13, 2323.	1.7	12
8	<i>Helicobacter pylori</i> Infection in Children with Phenylketonuria Does Not Depend on Metabolic Control and Is Not More Frequent Than in Healthy Subjects – A Cross-Sectional Study. <i>Children</i> , 2021, 8, 713.	0.6	0
9	Comparison of the Effect of Amaranth Oil vs. Rapeseed Oil on Selected Atherosclerosis Markers in Overweight and Obese Subjects: A Randomized Double-Blind Cross-Over Trial. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 8540.	1.2	4
10	The Effect of Endurance and Endurance-Strength Training on Bone Mineral Density and Content in Abdominally Obese Postmenopausal Women: A Randomized Trial. <i>Healthcare (Switzerland)</i> , 2021, 9, 1074.	1.0	2
11	The Effect of Sodium Butyrate Enemas Compared with Placebo on Disease Activity, Endoscopic Scores, and Histological and Inflammatory Parameters in Inflammatory Bowel Diseases: A Systematic Review of Randomised Controlled Trials. <i>Complementary Medicine Research</i> , 2021, 28, 344-356.	0.5	19
12	Metabolic Health in Obese Subjects – Is There a Link to Lactoferrin and Lactoferrin Receptor-Related Gene Polymorphisms?. <i>Nutrients</i> , 2020, 12, 2843.	1.7	10
13	The Effect of the Paleolithic Diet vs. Healthy Diets on Glucose and Insulin Homeostasis: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Journal of Clinical Medicine</i> , 2020, 9, 296.	1.0	15
14	The therapeutic potential of short-chain fatty acids enemas in inflammatory bowel diseases: a systematic review. <i>Farmacja Polska</i> , 2020, 76, 297-304.	0.1	3
15	No Difference in Lactoferrin Levels between Metabolically Healthy and Unhealthy Obese Women. <i>Nutrients</i> , 2019, 11, 1976.	1.7	7
16	Comparison of the effects of endurance and endurance-strength training programmes on the level of endothelial dysfunction in women with abdominal obesity: study protocol for a randomised controlled trial. <i>Journal of Medical Science</i> , 2019, 88, 266-272.	0.2	4
17	Effect of vitamin K supplementation on anthropometric parameters and adipokine levels – a systematic review. <i>Journal of Medical Science</i> , 2019, 88, 244-255.	0.2	1
18	Effects of Gene Variants Controlling Vitamin D Metabolism and Serum Levels on Hepatic Steatosis. <i>Digestion</i> , 2018, 97, 298-308.	1.2	6

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19	The Role of Vitamin D Oral Supplementation in Insulin Resistance in Women with Polycystic Ovary Syndrome: A Systematic Review and Meta-Analysis of Randomized Controlled Trials. <i>Nutrients</i> , 2018, 10, 1637.	1.7	54
20	The effect of vitamin D supplementation on selected inflammatory biomarkers in obese and overweight subjects: a systematic review with meta-analysis. <i>European Journal of Nutrition</i> , 2016, 55, 2163-2176.	1.8	78
21	Successful maintenance of body weight reduction after individualized dietary counseling in obese subjects. <i>Scientific Reports</i> , 2015, 4, 6620.	1.6	16
22	The effect of vitamin D supplementation on insulin and glucose metabolism in overweight and obese individuals: systematic review with meta-analysis. <i>Scientific Reports</i> , 2015, 5, 16142.	1.6	81
23	Dietary habits changes and quality of life in patients undergoing chemotherapy for epithelial ovarian cancer. <i>Supportive Care in Cancer</i> , 2015, 23, 1015-1023.	1.0	26
24	App-assured essential physical activity for the prevention of cognitive decline: changing paradigms in public health – a study protocol for a randomised controlled trial. <i>Journal of Medical Science</i> , 0, , e530.	0.2	1