Martin Whitham

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Extracellular Vesicles Provide a Means for Tissue Crosstalk during Exercise. Cell Metabolism, 2018, 27, 237-251.e4.	16.2	426
2	The ever-expanding myokinome: discovery challenges and therapeutic implications. Nature Reviews Drug Discovery, 2016, 15, 719-729.	46.4	204
3	From cytokine to myokine: the emerging role of interleukinâ€6 in metabolic regulation. Immunology and Cell Biology, 2014, 92, 331-339.	2.3	196
4	Exercise Induces a Marked Increase in Plasma Follistatin: Evidence That Follistatin Is a Contraction-Induced Hepatokine. Endocrinology, 2011, 152, 164-171.	2.8	152
5	Effect of a carbohydrate mouthwash on running time-trial performance. Journal of Sports Sciences, 2007, 25, 1385-1392.	2.0	88
6	Contraction-induced Interleukin-6 Gene Transcription in Skeletal Muscle Is Regulated by c-Jun Terminal Kinase/Activator Protein-1. Journal of Biological Chemistry, 2012, 287, 10771-10779.	3.4	87
7	Chaperoning to the metabolic party: The emerging therapeutic role of heat-shock proteins in obesity and type 2 diabetes. Molecular Metabolism, 2014, 3, 781-793.	6.5	87
8	Exercising in Environmental Extremes. Sports Medicine, 2006, 36, 941-976.	6.5	85
9	Heat shock protein 72 : release and biological significance during exercise. Frontiers in Bioscience - Landmark, 2008, 13, 1328.	3.0	63
10	Life events, perceived stress and antibody response to influenza vaccination in young, healthy adults. Journal of Psychosomatic Research, 2003, 55, 569-572.	2.6	58
11	Human blood neutrophil responses to prolonged exercise with and without a thermal clamp. Journal of Applied Physiology, 2008, 104, 20-26.	2.5	44
12	Role of exercise-induced hepatokines in metabolic disorders. American Journal of Physiology - Endocrinology and Metabolism, 2019, 317, E11-E24.	3.5	40
13	Effect of caffeine supplementation on the extracellular heat shock protein 72 response to exercise. Journal of Applied Physiology, 2006, 101, 1222-1227.	2.5	33
14	Effect of exercise with and without a thermal clamp on the plasma heat shock protein 72 response. Journal of Applied Physiology, 2007, 103, 1251-1256.	2.5	31
15	The Protective Effect of Exercise in Neurodegenerative Diseases: The Potential Role of Extracellular Vesicles. Cells, 2020, 9, 2182.	4.1	31
16	Adipocyte-specific deletion of IL-6 does not attenuate obesity-induced weight gain or glucose intolerance in mice. American Journal of Physiology - Endocrinology and Metabolism, 2019, 317, E597-E604.	3.5	21
17	The Influence of an Arduous Military Training Program on Immune Function and Upper Respiratory Tract Infection Incidence. Military Medicine, 2006, 171, 703-709.	0.8	20
18	IL-6 Muscles In on the Gut and Pancreas to Enhance Insulin Secretion. Cell Metabolism, 2012, 15, 8-9.	16.2	18

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#	Article	IF	CITATIONS
19	Redefining Tissue Crosstalk via Shotgun Proteomic Analyses of Plasma Extracellular Vesicles. Proteomics, 2019, 19, e1800154.	2.2	16
20	Effect of blood handling on extracellular Hsp72 concentration after high-intensity exercise in humans. Cell Stress and Chaperones, 2006, 11, 304.	2.9	12
21	No endogenous circadian rhythm in resting plasma Hsp72 concentration in humans. Cell Stress and Chaperones, 2009, 14, 273-280.	2.9	11
22	Exercise dose affects the circulating microRNA profile in response to acute endurance exercise in male amateur runners. Scandinavian Journal of Medicine and Science in Sports, 2020, 30, 1896-1907.	2.9	11
23	GeneXX: an online tool for the exploration of transcript changes in skeletal muscle associated with exercise. Physiological Genomics, 2018, 50, 376-384.	2.3	10
24	Intravascular Follistatin gene delivery improves glycemic control in a mouse model of type 2 diabetes. FASEB Journal, 2020, 34, 5697-5714.	0.5	10
25	Exercise, healthy ageing, and the potential role of small extracellular vesicles. Journal of Physiology, 2023, 601, 4937-4951.	2.9	9
26	Salivary Hsp72 does not track exercise stress and caffeine-stimulated plasma Hsp72 responses in humans. Cell Stress and Chaperones, 2011, 16, 345-352.	2.9	6
27	Immune response to exercise in extreme environments. , 2006, , 139-160.		0