

# Angelo Sabag

## List of Publications by Year in descending order

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Version: 2024-02-01

25  
papers

637  
citations

840776

11  
h-index

794594

19  
g-index

26  
all docs

26  
docs citations

26  
times ranked

762  
citing authors

#	ARTICLE	IF	CITATIONS
1	Low-volume high-intensity interval training for cardiometabolic health. <i>Journal of Physiology</i> , 2022, 600, 1013-1026.	2.9	53
2	The Effect of High-intensity Interval Training vs Moderate-intensity Continuous Training on Liver Fat: A Systematic Review and Meta-Analysis. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2022, 107, 862-881.	3.6	17
3	The Effect of Exercise on Cardiometabolic Risk Factors in Women with Polycystic Ovary Syndrome: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1386.	2.6	7
4	The Influence of Muscular Strength and Local Muscular Endurance on Accuracy of Estimated Repetitions to Failure in Resistance-Trained Males. <i>Sports</i> , 2022, 10, 27.	1.7	1
5	Effects of Cannabidiol on Exercise Physiology and Bioenergetics: A Randomised Controlled Pilot Trial. <i>Sports Medicine - Open</i> , 2022, 8, 27.	3.1	10
6	Effect of aerobic exercise on waist circumference in adults with overweight or obesity: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2022, 23, e13446.	6.5	30
7	Has the Prevalence of Childhood Obesity in Spain Plateaued? A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 5240.	2.6	12
8	Managing arterial health in adults with metabolic diseases: Is high-intensity interval exercise the answer? Response to the commentary by Lopes et al.. <i>Journal of Sport and Health Science</i> , 2021, 10, 510-512.	6.5	0
9	Powerlifting exercise performance and muscle mass indices and their relationship with bone mineral density. <i>Sport Sciences for Health</i> , 2021, 17, 735-743.	1.3	0
10	Upper-Body Resistance Training Following Soccer Match Play: Compatible, Complementary, or Contraindicated?. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 165-175.	2.3	3
11	Lung function and respiratory muscle strength and their relationship with weightlifting strength and body composition in non-athletic males. <i>Respiratory Physiology and Neurobiology</i> , 2021, 286, 103616.	1.6	1
12	Growth Hormone as a Potential Mediator of Aerobic Exercise-Induced Reductions in Visceral Adipose Tissue. <i>Frontiers in Physiology</i> , 2021, 12, 623570.	2.8	6
13	The association between cardiorespiratory fitness, liver fat and insulin resistance in adults with or without type 2 diabetes: a cross-sectional analysis. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 40.	1.7	12
14	Degree of adiposity and obesity severity is associated with cutaneous microvascular dysfunction in type 2 diabetes. <i>Microvascular Research</i> , 2021, 136, 104149.	2.5	6
15	Tai Chi for health and well-being: A bibliometric analysis of published clinical studies between 2010 and 2020. <i>Complementary Therapies in Medicine</i> , 2021, 60, 102748.	2.7	35
16	Educational Differences in Diabetes Mortality among Hispanics in the United States: An Epidemiological Analysis of Vital Statistics Data (1989-2018). <i>Journal of Clinical Medicine</i> , 2021, 10, 4498.	2.4	0
17	Effect of 10 sets versus 5 sets of resistance training on muscular endurance. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, , .	0.7	3
18	Mindfulness-based interventions for adults with type 2 diabetes mellitus. <i>The Cochrane Library</i> , 2021, , .	2.8	0

#	ARTICLE	IF	CITATIONS
19	The Effect of a Novel Low-Volume Aerobic Exercise Intervention on Liver Fat in Type 2 Diabetes: A Randomized Controlled Trial. Diabetes Care, 2020, 43, 2371-2378.	8.6	35
20	Do vigorous-intensity and moderate-intensity physical activities reduce mortality to the same extent? A systematic review and meta-analysis. BMJ Open Sport and Exercise Medicine, 2020, 6, e000775.	2.9	17
21	The effect of low-volume high-intensity interval training on cardiovascular health outcomes in type 2 diabetes: A randomised controlled trial. International Journal of Cardiology, 2020, 320, 148-154.	1.7	38
22	The Effect of Low-Volume High-Intensity Interval Training on Body Composition and Cardiorespiratory Fitness: A Systematic Review and Meta-Analysis. Sports Medicine, 2019, 49, 1687-1721.	6.5	143
23	The effect of high Intensity interval training versus moderate intensity continuous training on arterial stiffness and 24 h blood pressure responses: A systematic review and meta-analysis. Journal of Science and Medicine in Sport, 2019, 22, 385-391.	1.3	73
24	The compatibility of concurrent high intensity interval training and resistance training for muscular strength and hypertrophy: a systematic review and meta-analysis. Journal of Sports Sciences, 2018, 36, 2472-2483.	2.0	49
25	Exercise and ectopic fat in type 2 diabetes: A systematic review and meta-analysis. Diabetes and Metabolism, 2017, 43, 195-210.	2.9	86