Angelo Sabag

List of Publications by Year
in descending order

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25 papers	637 citations	840119 11 h-index	794141 19 g-index
26 all docs	26 docs citations	26 times ranked	762 citing authors

#	Article	IF	Citations
1	Lowâ€volume highâ€intensity interval training for cardiometabolic health. Journal of Physiology, 2022, 600, 1013-1026.	1.3	53
2	The Effect of High-intensity Interval Training vs Moderate-intensity Continuous Training on Liver Fat: A Systematic Review and Meta-Analysis. Journal of Clinical Endocrinology and Metabolism, 2022, 107, 862-881.	1.8	17
3	The Effect of Exercise on Cardiometabolic Risk Factors in Women with Polycystic Ovary Syndrome: A Systematic Review and Meta-Analysis. International Journal of Environmental Research and Public Health, 2022, 19, 1386.	1.2	7
4	The Influence of Muscular Strength and Local Muscular Endurance on Accuracy of Estimated Repetitions to Failure in Resistance-Trained Males. Sports, 2022, 10, 27.	0.7	1
5	Effects of Cannabidiol on Exercise Physiology and Bioenergetics: A Randomised Controlled Pilot Trial. Sports Medicine - Open, 2022, 8, 27.	1.3	10
6	Effect of aerobic exercise on waist circumference in adults with overweight or obesity: A systematic review and metaâ€analysis. Obesity Reviews, 2022, 23, e13446.	3.1	30
7	Has the Prevalence of Childhood Obesity in Spain Plateaued? A Systematic Review and Meta-Analysis. International Journal of Environmental Research and Public Health, 2022, 19, 5240.	1.2	12
8	Managing arterial health in adults with metabolic diseases: Is high-intensity interval exercise the answer? Response to the commentary by Lopes et al.. Journal of Sport and Health Science, 2021, 10, 510-512.	3.3	0
9	Powerlifting exercise performance and muscle mass indices and their relationship with bone mineral density. Sport Sciences for Health, 2021, 17, 735-743.	0.4	0
10	Upper-Body Resistance Training Following Soccer Match Play: Compatible, Complementary, or Contraindicated?. International Journal of Sports Physiology and Performance, 2021, 16, 165-175.	1.1	3
11	Lung function and respiratory muscle strength and their relationship with weightlifting strength and body composition in non-athletic males. Respiratory Physiology and Neurobiology, 2021, 286, 103616.	0.7	1
12	Growth Hormone as a Potential Mediator of Aerobic Exercise-Induced Reductions in Visceral Adipose Tissue. Frontiers in Physiology, 2021, 12, 623570.	1.3	6
13	The association between cardiorespiratory fitness, liver fat and insulin resistance in adults with or without type 2 diabetes: a cross-sectional analysis. BMC Sports Science, Medicine and Rehabilitation, 2021, 13, 40.	0.7	12
14	Degree of adiposity and obesity severity is associated with cutaneous microvascular dysfunction in type 2 diabetes. Microvascular Research, 2021, 136, 104149.	1.1	6
15	Tai Chi for health and well-being: A bibliometric analysis of published clinical studies between 2010 and 2020. Complementary Therapies in Medicine, 2021, 60, 102748.	1.3	35
16	Educational Differences in Diabetes Mortality among Hispanics in the United States: An Epidemiological Analysis of Vital Statistics Data (1989â€“2018). Journal of Clinical Medicine, 2021, 10, 4498.	1.0	0
17	Effect of 10 sets versus 5 sets of resistance training on muscular endurance. Journal of Sports Medicine and Physical Fitness, 2021, , .	0.4	3
18	Mindfulness-based interventions for adults with type 2 diabetes mellitus. The Cochrane Library, 2021, 2021, .	1.5	0

#	Article	IF	Citations
19	The Effect of a Novel Low-Volume Aerobic Exercise Intervention on Liver Fat in Type 2 Diabetes: A Randomized Controlled Trial. Diabetes Care, 2020, 43, 2371-2378.	4.3	35
20	Do vigorous-intensity and moderate-intensity physical activities reduce mortality to the same extent? A systematic review and meta-analysis. BMJ Open Sport and Exercise Medicine, 2020, 6, e000775.	1.4	17
21	The effect of low-volume high-intensity interval training on cardiovascular health outcomes in type 2 diabetes: A randomised controlled trial. International Journal of Cardiology, 2020, 320, 148-154.	0.8	38
22	The Effect of Low-Volume High-Intensity Interval Training on Body Composition and Cardiorespiratory Fitness: A Systematic Review and Meta-Analysis. Sports Medicine, 2019, 49, 1687-1721.	3.1	143
23	The effect of high Intensity interval training versus moderate intensity continuous training on arterial stiffness and 24 h blood pressure responses: A systematic review and meta-analysis. Journal of Science and Medicine in Sport, 2019, 22, 385-391.	0.6	73
24	The compatibility of concurrent high intensity interval training and resistance training for muscular strength and hypertrophy: a systematic review and meta-analysis. Journal of Sports Sciences, 2018, 36, 2472-2483.	1.0	49
25	Exercise and ectopic fat in type 2 diabetes: A systematic review and meta-analysis. Diabetes and Metabolism, 2017, 43, 195-210.	1.4	86