

Angelo Sabag

List of Publications by Year in descending order

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Version: 2024-02-01

25
papers

637
citations

840119

11
h-index

794141

19
g-index

26
all docs

26
docs citations

26
times ranked

762
citing authors

#	ARTICLE	IF	CITATIONS
1	The Effect of Low-Volume High-Intensity Interval Training on Body Composition and Cardiorespiratory Fitness: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2019, 49, 1687-1721.	3.1	143
2	Exercise and ectopic fat in type 2 diabetes: A systematic review and meta-analysis. <i>Diabetes and Metabolism</i> , 2017, 43, 195-210.	1.4	86
3	The effect of high Intensity interval training versus moderate intensity continuous training on arterial stiffness and 24 h blood pressure responses: A systematic review and meta-analysis. <i>Journal of Science and Medicine in Sport</i> , 2019, 22, 385-391.	0.6	73
4	Low-volume high-intensity interval training for cardiometabolic health. <i>Journal of Physiology</i> , 2022, 600, 1013-1026.	1.3	53
5	The compatibility of concurrent high intensity interval training and resistance training for muscular strength and hypertrophy: a systematic review and meta-analysis. <i>Journal of Sports Sciences</i> , 2018, 36, 2472-2483.	1.0	49
6	The effect of low-volume high-intensity interval training on cardiovascular health outcomes in type 2 diabetes: A randomised controlled trial. <i>International Journal of Cardiology</i> , 2020, 320, 148-154.	0.8	38
7	The Effect of a Novel Low-Volume Aerobic Exercise Intervention on Liver Fat in Type 2 Diabetes: A Randomized Controlled Trial. <i>Diabetes Care</i> , 2020, 43, 2371-2378.	4.3	35
8	Tai Chi for health and well-being: A bibliometric analysis of published clinical studies between 2010 and 2020. <i>Complementary Therapies in Medicine</i> , 2021, 60, 102748.	1.3	35
9	Effect of aerobic exercise on waist circumference in adults with overweight or obesity: A systematic review and meta-analysis. <i>Obesity Reviews</i> , 2022, 23, e13446.	3.1	30
10	Do vigorous-intensity and moderate-intensity physical activities reduce mortality to the same extent? A systematic review and meta-analysis. <i>BMJ Open Sport and Exercise Medicine</i> , 2020, 6, e000775.	1.4	17
11	The Effect of High-intensity Interval Training vs Moderate-intensity Continuous Training on Liver Fat: A Systematic Review and Meta-Analysis. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2022, 107, 862-881.	1.8	17
12	The association between cardiorespiratory fitness, liver fat and insulin resistance in adults with or without type 2 diabetes: a cross-sectional analysis. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 40.	0.7	12
13	Has the Prevalence of Childhood Obesity in Spain Plateaued? A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 5240.	1.2	12
14	Effects of Cannabidiol on Exercise Physiology and Bioenergetics: A Randomised Controlled Pilot Trial. <i>Sports Medicine - Open</i> , 2022, 8, 27.	1.3	10
15	The Effect of Exercise on Cardiometabolic Risk Factors in Women with Polycystic Ovary Syndrome: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 1386.	1.2	7
16	Growth Hormone as a Potential Mediator of Aerobic Exercise-Induced Reductions in Visceral Adipose Tissue. <i>Frontiers in Physiology</i> , 2021, 12, 623570.	1.3	6
17	Degree of adiposity and obesity severity is associated with cutaneous microvascular dysfunction in type 2 diabetes. <i>Microvascular Research</i> , 2021, 136, 104149.	1.1	6
18	Upper-Body Resistance Training Following Soccer Match Play: Compatible, Complementary, or Contraindicated?. <i>International Journal of Sports Physiology and Performance</i> , 2021, 16, 165-175.	1.1	3

#	ARTICLE	IF	CITATIONS
19	Effect of 10 sets versus 5 sets of resistance training on muscular endurance. Journal of Sports Medicine and Physical Fitness, 2021, , .	0.4	3
20	Lung function and respiratory muscle strength and their relationship with weightlifting strength and body composition in non-athletic males. Respiratory Physiology and Neurobiology, 2021, 286, 103616.	0.7	1
21	The Influence of Muscular Strength and Local Muscular Endurance on Accuracy of Estimated Repetitions to Failure in Resistance-Trained Males. Sports, 2022, 10, 27.	0.7	1
22	Managing arterial health in adults with metabolic diseases: Is high-intensity interval exercise the answer? Response to the commentary by Lopes et al.. Journal of Sport and Health Science, 2021, 10, 510-512.	3.3	0
23	Powerlifting exercise performance and muscle mass indices and their relationship with bone mineral density. Sport Sciences for Health, 2021, 17, 735-743.	0.4	0
24	Educational Differences in Diabetes Mortality among Hispanics in the United States: An Epidemiological Analysis of Vital Statistics Data (1989â€”2018). Journal of Clinical Medicine, 2021, 10, 4498.	1.0	0
25	Mindfulness-based interventions for adults with type 2 diabetes mellitus. The Cochrane Library, 2021, .	1.5	0