

# Morten Bredsgaard Randers

## List of Publications by Year in descending order

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233  
papers

16,822  
citations

23567

58  
h-index

17592

121  
g-index

235  
all docs

235  
docs citations

235  
times ranked

7636  
citing authors

#	ARTICLE	IF	CITATIONS
1	Match performance of high-standard soccer players with special reference to development of fatigue. <i>Journal of Sports Sciences</i> , 2003, 21, 519-528.	2.0	1,399
2	The Yo-Yo Intermittent Recovery Test. <i>Sports Medicine</i> , 2008, 38, 37-51.	6.5	954
3	The Yo-Yo Intermittent Recovery Test: Physiological Response, Reliability, and Validity. <i>Medicine and Science in Sports and Exercise</i> , 2003, 35, 697-705.	0.4	902
4	Physical and metabolic demands of training and match-play in the elite football player. <i>Journal of Sports Sciences</i> , 2006, 24, 665-674.	2.0	731
5	High-intensity running in English FA Premier League soccer matches. <i>Journal of Sports Sciences</i> , 2009, 27, 159-168.	2.0	597
6	Muscle and Blood Metabolites during a Soccer Game. <i>Medicine and Science in Sports and Exercise</i> , 2006, 38, 1165-1174.	0.4	526
7	Physical Demands during an Elite Female Soccer Game: Importance of Training Status. <i>Medicine and Science in Sports and Exercise</i> , 2005, 37, 1242-1248.	0.4	443
8	Fatigue in soccer: A brief review. <i>Journal of Sports Sciences</i> , 2005, 23, 593-599.	2.0	439
9	Physiological demands of top-class soccer refereeing in relation to physical capacity: effect of intense intermittent exercise training. <i>Journal of Sports Sciences</i> , 2001, 19, 881-891.	2.0	304
10	High-Intensity Training versus Traditional Exercise Interventions for Promoting Health. <i>Medicine and Science in Sports and Exercise</i> , 2010, 42, 1951-1958.	0.4	300
11	The Yo-Yo IR2 Test: Physiological Response, Reliability, and Application to Elite Soccer. <i>Medicine and Science in Sports and Exercise</i> , 2006, 38, 1666-1673.	0.4	292
12	Slow Component of $\dot{V}\dot{E}^{\text{TM}}\text{O}_2$ Kinetics. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 2046-2062.	0.4	260
13	Match Activities of Elite Women Soccer Players at Different Performance Levels. <i>Journal of Strength and Conditioning Research</i> , 2008, 22, 341-349.	2.1	258
14	The effect of playing formation on high-intensity running and technical profiles in English FA Premier League soccer matches. <i>Journal of Sports Sciences</i> , 2011, 29, 821-830.	2.0	252
15	Match performance and physical capacity of players in the top three competitive standards of English professional soccer. <i>Human Movement Science</i> , 2013, 32, 808-821.	1.4	227
16	Application of four different football match analysis systems: A comparative study. <i>Journal of Sports Sciences</i> , 2010, 28, 171-182.	2.0	225
17	Metabolic Response and Fatigue in Soccer. <i>International Journal of Sports Physiology and Performance</i> , 2007, 2, 111-127.	2.3	215
18	Recreational soccer is an effective health-promoting activity for untrained men. <i>British Journal of Sports Medicine</i> , 2009, 43, 825-831.	6.7	204

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19	The slow component of oxygen uptake during intense, sub-maximal exercise in man is associated with additional fibre recruitment. <i>Pflügers Archiv European Journal of Physiology</i> , 2004, 447, 855-866.	2.8	203
20	Effect of high-intensity intermittent training on lactate and H <sup>+</sup> release from human skeletal muscle. <i>American Journal of Physiology - Endocrinology and Metabolism</i> , 2004, 286, E245-E251.	3.5	191
21	Dietary nitrate supplementation improves team sport-specific intense intermittent exercise performance. <i>European Journal of Applied Physiology</i> , 2013, 113, 1673-1684.	2.5	178
22	Elite football on artificial turf versus natural grass: Movement patterns, technical standards, and player impressions. <i>Journal of Sports Sciences</i> , 2008, 26, 113-122.	2.0	177
23	Effect of two different intense training regimens on skeletal muscle ion transport proteins and fatigue development. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2007, 292, R1594-R1602.	1.8	171
24	Elite Female Soccer Players Perform More High-Intensity Running When Playing in International Games Compared With Domestic League Games. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 912-919.	2.1	166
25	Game-Induced Fatigue Patterns in Elite Female Soccer. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 437-441.	2.1	145
26	Muscle damage, inflammatory, immune and performance responses to three football games in 1 week in competitive male players. <i>European Journal of Applied Physiology</i> , 2016, 116, 179-193.	2.5	143
27	Positive performance and health effects of a football training program over 12 weeks can be maintained over a 1 year period with reduced training frequency. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 80-89.	2.9	126
28	Mechanical Muscle Function, Morphology, and Fiber Type in Lifelong Trained Elderly. <i>Medicine and Science in Sports and Exercise</i> , 2007, 39, 1989-1996.	0.4	123
29	Activity profile and physiological demands of top-class soccer assistant refereeing in relation to training status. <i>Journal of Sports Sciences</i> , 2002, 20, 861-871.	2.0	122
30	Activity profile and physiological response to football training for untrained males and females, elderly and youngsters: influence of the number of players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 14-23.	2.9	121
31	Muscle adaptations and performance enhancements of soccer training for untrained men. <i>European Journal of Applied Physiology</i> , 2010, 108, 1247-1258.	2.5	116
32	Recreational football for disease prevention and treatment in untrained men: a narrative review examining cardiovascular health, lipid profile, body composition, muscle strength and functional capacity. <i>British Journal of Sports Medicine</i> , 2015, 49, 568-576.	6.7	112
33	Activity profile and physical demands of football referees and assistant referees in international games. <i>Journal of Sports Sciences</i> , 2009, 27, 1167-1176.	2.0	110
34	Maximal voluntary contraction force, SR function and glycogen resynthesis during the first 72 h after a high-level competitive soccer game. <i>European Journal of Applied Physiology</i> , 2011, 111, 2987-2995.	2.5	109
35	Examination of fatigue development in elite soccer in a hot environment: a multi-experimental approach. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 125-132.	2.9	108
36	Sub-maximal and maximal Yo-Yo intermittent endurance test level 2: heart rate response, reproducibility and application to elite soccer. <i>European Journal of Applied Physiology</i> , 2011, 111, 969-978.	2.5	106

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37	Beneficial effects of recreational football on the cardiovascular risk profile in untrained premenopausal women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 40-49.	2.9	99
38	Reduced volume but increased training intensity elevates muscle Na <sup>+</sup> -K <sup>+</sup> pump $\hat{I}_{\pm 1}$ -subunit and NHE1 expression as well as short-term work capacity in humans. <i>American Journal of Physiology - Regulatory Integrative and Comparative Physiology</i> , 2008, 294, R966-R974.	1.8	97
39	Is Recreational Soccer Effective for Improving $\dot{V}_{\text{O}_2\text{max}}$ ? A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2015, 45, 1339-1353.	6.5	97
40	Performance enhancements and muscular adaptations of a 16-week recreational football intervention for untrained women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 24-30.	2.9	94
41	Long-term musculoskeletal and cardiac health effects of recreational football and running for premenopausal women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 58-71.	2.9	85
42	$\dot{V}_{\text{O}_2}$ Kinetics and Performance in Soccer Players after Intense Training and Inactivity. <i>Medicine and Science in Sports and Exercise</i> , 2011, 43, 1716-1724.	0.4	85
43	Broad-spectrum physical fitness benefits of recreational football: a systematic review and meta-analysis. <i>British Journal of Sports Medicine</i> , 2019, 53, 926-939.	6.7	85
44	Muscle heat production and anaerobic energy turnover during repeated intense dynamic exercise in humans. <i>Journal of Physiology</i> , 2001, 536, 947-956.	2.9	84
45	Soccer Improves Fitness and Attenuates Cardiovascular Risk Factors in Hypertensive Men. <i>Medicine and Science in Sports and Exercise</i> , 2013, 45, 553-561.	0.4	84
46	The Copenhagen Consensus Conference 2016: children, youth, and physical activity in schools and during leisure time. <i>British Journal of Sports Medicine</i> , 2016, 50, 1177-1178.	6.7	83
47	Recreational football training decreases risk factors for bone fractures in untrained premenopausal women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 31-39.	2.9	78
48	Recruitment of fibre types and quadriceps muscle portions during repeated, intense knee-extensor exercise in humans. <i>Pflügers Archiv European Journal of Physiology</i> , 2004, 449, 56-65.	2.8	77
49	The effect of strength training, recreational soccer and running exercise on stretch-shortening cycle muscle performance during countermovement jumping. <i>Human Movement Science</i> , 2012, 31, 970-986.	1.4	75
50	Yo-Yo IR2 testing of elite and sub-elite soccer players: Performance, heart rate response and correlations to other interval tests. <i>Journal of Sports Sciences</i> , 2012, 30, 1337-1345.	2.0	73
51	Heart rate response and fitness effects of various types of physical education for 8- to 9-year-old schoolchildren. <i>European Journal of Sport Science</i> , 2014, 14, 861-869.	2.7	72
52	Physical match performance of youth football players in relation to physical capacity. <i>European Journal of Sport Science</i> , 2014, 14, S148-56.	2.7	72
53	The effect of recreational soccer training and running on postural balance in untrained men. <i>European Journal of Applied Physiology</i> , 2011, 111, 521-530.	2.5	71
54	High Injury Incidence in Adolescent Female Soccer. <i>American Journal of Sports Medicine</i> , 2014, 42, 2487-2494.	4.2	71

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55	Return to elite football after the COVID-19 lockdown. <i>Managing Sport and Leisure</i> , 2022, 27, 172-180.	3.5	70
56	Physiological Demands of Elite Team Handball With Special Reference to Playing Position. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 430-442.	2.1	67
57	Muscle function and postural balance in lifelong trained male footballers compared with sedentary elderly men and youngsters. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 90-97.	2.9	66
58	Extensive Monitoring Through Multiple Blood Samples in Professional Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1260-1271.	2.1	62
59	Relationships Between Field Performance Tests in High-Level Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 942-949.	2.1	62
60	Short-term street soccer improves fitness and cardiovascular health status of homeless men. <i>European Journal of Applied Physiology</i> , 2012, 112, 2097-2106.	2.5	61
61	Potassium kinetics in human muscle interstitium during repeated intense exercise in relation to fatigue. <i>Pflugers Archiv European Journal of Physiology</i> , 2004, 448, 452-6.	2.8	60
62	Methods to collect and interpret external training load using microtechnology incorporating GPS in professional football: a systematic review. <i>Research in Sports Medicine</i> , 2020, 28, 437-458.	1.3	60
63	Positive effects on bone mineralisation and muscular fitness after 10 months of intense school-based physical training for children aged 8-10 years: the FIT FIRST randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2018, 52, 254-260.	6.7	59
64	Soccer and Zumba as health-promoting activities among female hospital employees: a 40-weeks cluster randomised intervention study. <i>Journal of Sports Sciences</i> , 2014, 32, 1539-1549.	2.0	58
65	Structural and functional cardiac adaptations to a 10-week school-based football intervention for 9-10-year-old children. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 4-9.	2.9	58
66	Injuries in Portuguese Youth Soccer Players During Training and Match Play. <i>Journal of Athletic Training</i> , 2012, 47, 191-197.	1.8	57
67	High-Intensity Intermittent Swimming Improves Cardiovascular Health Status for Women with Mild Hypertension. <i>BioMed Research International</i> , 2014, 2014, 1-9.	1.9	57
68	Effects of soccer vs swim training on bone formation in sedentary middle-aged women. <i>European Journal of Applied Physiology</i> , 2015, 115, 2671-2679.	2.5	57
69	A preliminary study: Effects of football training on glucose control, body composition, and performance in men with type 2 diabetes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 43-56.	2.9	56
70	Differences in strength and speed demands between 4v4 and 8v8 small-sided football games. <i>Journal of Sports Sciences</i> , 2016, 34, 2246-2254.	2.0	56
71	Football as a treatment for hypertension in untrained 30-55-year-old men: a prospective randomized study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, 98-102.	2.9	55
72	Physiological response and activity profile in recreational small-sided football: No effect of the number of players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 130-137.	2.9	55

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73	Football is medicine: it is time for patients to play!. British Journal of Sports Medicine, 2018, 52, 1412-1414.	6.7	55
74	The Copenhagen Soccer Test. Medicine and Science in Sports and Exercise, 2012, 44, 1595-1603.	0.4	54
75	Soccer Training Improves Cardiac Function in Men with Type 2 Diabetes. Medicine and Science in Sports and Exercise, 2013, 45, 2223-2233.	0.4	54
76	Analysis of High-Intensity Skating in Top-Class Ice Hockey Match-Play in Relation to Training Status and Muscle Damage. Journal of Strength and Conditioning Research, 2018, 32, 1303-1310.	2.1	54
77	Sodium bicarbonate intake improves high-intensity intermittent exercise performance in trained young men. Journal of the International Society of Sports Nutrition, 2015, 12, 25.	3.9	48
78	Football training in men with prostate cancer undergoing androgen deprivation therapy: activity profile and short-term skeletal and postural balance adaptations. European Journal of Applied Physiology, 2016, 116, 471-480.	2.5	48
79	Effects of recreational football on women's fitness and health: adaptations and mechanisms. European Journal of Applied Physiology, 2018, 118, 11-32.	2.5	48
80	Yo-Yo intermittent recovery test performances within an entire football league during a full season. Journal of Sports Sciences, 2014, 32, 315-327.	2.0	46
81	Effect of football or strength training on functional ability and physical performance in untrained old men. Scandinavian Journal of Medicine and Science in Sports, 2014, 24, 76-85.	2.9	45
82	Walking football as sustainable exercise for older adults – A pilot investigation. European Journal of Sport Science, 2017, 17, 638-645.	2.7	45
83	Recreational Soccer Can Improve the Reflex Response to Sudden Trunk Loading Among Untrained Women. Journal of Strength and Conditioning Research, 2009, 23, 2621-2626.	2.1	44
84	Skeletal muscle and performance adaptations to high-intensity training in elite male soccer players: speed endurance runs versus small-sided game training. European Journal of Applied Physiology, 2018, 118, 111-121.	2.5	43
85	Elite football of 2030 will not be the same as that of 2020: Preparing players, coaches, and support staff for the evolution. Scandinavian Journal of Medicine and Science in Sports, 2020, 30, 962-964.	2.9	43
86	The influence of the playing surface on the exercise intensity of small-sided recreational soccer games. Human Movement Science, 2012, 31, 946-956.	1.4	42
87	Muscle strength and soccer practice as major determinants of bone mineral density in adolescents. Joint Bone Spine, 2012, 79, 403-408.	1.6	42
88	Analysis of Fatigue Development During Elite Male Handball Matches. Journal of Strength and Conditioning Research, 2014, 28, 2640-2648.	2.1	42
89	Half-time re-warm up increases performance capacity in male elite soccer players. Scandinavian Journal of Medicine and Science in Sports, 2015, 25, e40.	2.9	41
90	Cardiovascular effects of 3 months of football training in overweight children examined by comprehensive echocardiography: a pilot study. Journal of Sports Sciences, 2013, 31, 1432-1440.	2.0	40

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91	Comparison between two types of anaerobic speed endurance training in competitive soccer players. <i>Journal of Human Kinetics</i> , 2016, 51, 183-192.	1.5	40
92	Performance Effects of 6 Weeks of Aerobic Production Training in Junior Elite Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1861-1867.	2.1	39
93	Fitness and health benefits of team handball training for young untrained women – A cross-disciplinary RCT on physiological adaptations and motivational aspects. <i>Journal of Sport and Health Science</i> , 2018, 7, 139-148.	6.5	39
94	Muscle Metabolism and Fatigue during Simulated Ice Hockey Match-Play in Elite Players. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 2162-2171.	0.4	38
95	Structural and functional cardiac adaptations to 6 months of football training in untrained hypertensive men. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 27-35.	2.9	37
96	The Yo-Yo IE2 Test. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 100-108.	0.4	36
97	The Use of Yo-Yo Intermittent Recovery Level 1 and Andersen Testing for Fitness and Maximal Heart Rate Assessments of 6- to 10-Year-Old School Children. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1583-1590.	2.1	35
98	Effect of game format on heart rate, activity profile, and player involvement in elite and recreational youth players. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 17-26.	2.9	35
99	“FIFA 11 for Health”™ for Europe. II: effect on health markers and physical fitness in Danish schoolchildren aged 10–12 years. <i>British Journal of Sports Medicine</i> , 2016, 50, 1394-1399.	6.7	34
100	Elite Futsal Refereeing: Activity Profile and Physiological Demands. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 980-987.	2.1	33
101	Cardiovascular function is better in veteran football players than age-matched untrained elderly healthy men. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2015, 25, 61-69.	2.9	33
102	Reliability and Construct Validity of Yo-Yo Tests in Untrained and Soccer-Trained Schoolgirls Aged 9–16. <i>Pediatric Exercise Science</i> , 2016, 28, 321-330.	1.0	33
103	Effects of 3 months of full-court and half-court street basketball training on health profile in untrained men. <i>Journal of Sport and Health Science</i> , 2018, 7, 132-138.	6.5	33
104	Effects of the Workplace Health Promotion Activities Soccer and Zumba on Muscle Pain, Work Ability and Perceived Physical Exertion among Female Hospital Employees. <i>PLoS ONE</i> , 2014, 9, e115059.	2.5	31
105	Community-Based Recreational Football: A Novel Approach to Promote Physical Activity and Quality of Life in Prostate Cancer Survivors. <i>International Journal of Environmental Research and Public Health</i> , 2014, 11, 5567-5585.	2.6	31
106	Caffeine supplementation does not affect match activities and fatigue resistance during match play in young football players. <i>Journal of Sports Sciences</i> , 2014, 32, 1958-1965.	2.0	31
107	Health-Related Physical Fitness in Healthy Untrained Men: Effects on VO <sub>2</sub> max, Jump Performance and Flexibility of Soccer and Moderate-Intensity Continuous Running. <i>PLoS ONE</i> , 2015, 10, e0135319.	2.5	31
108	Broad-spectrum health improvements with one year of soccer training in inactive mildly hypertensive middle-aged women. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 1893-1901.	2.9	31

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109	The importance of cohesion and enjoyment for the fitness improvement of 8-10-year-old children participating in a team and individual sport school-based physical activity intervention. <i>European Journal of Sport Science</i> , 2017, 17, 343-350.	2.7	31
110	The "Football is Medicine" platform: scientific evidence, large-scale implementation of evidence-based concepts and future perspectives. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 3-7.	2.9	31
111	Heat Stress Impairs Repeated Jump Ability After Competitive Elite Soccer Games. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 683-689.	2.1	30
112	Comparative Efficacy of 5 Exercise Types on Cardiometabolic Health in Overweight and Obese Adults: A Systematic Review and Network Meta-Analysis of 81 Randomized Controlled Trials. <i>Circulation: Cardiovascular Quality and Outcomes</i> , 2022, 15, 101161CIRCOUTCOMES121008243.	2.2	30
113	Musculoskeletal health profile for elite female footballers versus untrained young women before and after 16 weeks of football training. <i>Journal of Sports Sciences</i> , 2013, 31, 1468-1474.	2.0	29
114	Reliability and validity of Yo-Yo tests in 9- to 16-year-old football players and matched non-sports active schoolboys. <i>European Journal of Sport Science</i> , 2016, 16, 755-763.	2.7	29
115	Test-Retest Reliability of the Yo-Yo Test: A Systematic Review. <i>Sports Medicine</i> , 2019, 49, 1547-1557.	6.5	29
116	The Effects of 52 Weeks of Soccer or Resistance Training on Body Composition and Muscle Function in +65-Year-Old Healthy Males – A Randomized Controlled Trial. <i>PLoS ONE</i> , 2016, 11, e0148236.	2.5	29
117	Positive effects of 1-year football and strength training on mechanical muscle function and functional capacity in elderly men. <i>European Journal of Applied Physiology</i> , 2016, 116, 1127-1138.	2.5	28
118	Running intensity fluctuations indicate temporary performance decrement in top-class football. <i>Science and Medicine in Football</i> , 2017, 1, 10-17.	2.0	28
119	Physical and Physiological Demands of Recreational Team Handball for Adult Untrained Men. <i>BioMed Research International</i> , 2017, 2017, 1-10.	1.9	27
120	Effects of Small-Sided Soccer Games on Physical Fitness, Physiological Responses, and Health Indices in Untrained Individuals and Clinical Populations: A Systematic Review. <i>Sports Medicine</i> , 2020, 50, 987-1007.	6.5	27
121	Skeletal muscle glycogen content and particle size of distinct subcellular localizations in the recovery period after a high-level soccer match. <i>European Journal of Applied Physiology</i> , 2012, 112, 3559-3567.	2.5	26
122	Physical Demands in Competitive Ultimate Frisbee. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 3386-3391.	2.1	26
123	Oxidative capacity and glycogen content increase more in arm than leg muscle in sedentary women after intense training. <i>Journal of Applied Physiology</i> , 2015, 119, 116-123.	2.5	26
124	Evaluating a Nationwide Recreational Football Intervention: Recruitment, Attendance, Adherence, Exercise Intensity, and Health Effects. <i>BioMed Research International</i> , 2016, 2016, 1-8.	1.9	26
125	Effects on muscle strength, maximal jump height, flexibility and postural sway after soccer and Zumba exercise among female hospital employees: a 9-month randomised controlled trial. <i>Journal of Sports Sciences</i> , 2016, 34, 1849-1858.	2.0	26
126	Effects of soccer training on health-related physical fitness measures in male adolescents. <i>Journal of Sport and Health Science</i> , 2018, 7, 169-175.	6.5	26



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127	Bone mineral density in lifelong trained male football players compared with young and elderly untrained men. <i>Journal of Sport and Health Science</i> , 2018, 7, 159-168.	6.5	26
128	Post-Game High Protein Intake May Improve Recovery of Football-Specific Performance during a Congested Game Fixture: Results from the PRO-FOOTBALL Study. <i>Nutrients</i> , 2018, 10, 494.	4.1	26
129	Street football is a feasible health-enhancing activity for homeless men: Biochemical bone marker profile and balance improved. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2014, 24, 122-129.	2.9	25
130	Recreational football is effective in the treatment of non-communicable diseases. <i>British Journal of Sports Medicine</i> , 2015, 49, 1426-1427.	6.7	25
131	Recreational team sports: The motivational medicine. <i>Journal of Sport and Health Science</i> , 2018, 7, 129-131.	6.5	25
132	Application of the Copenhagen Soccer Test in high-level women players – locomotor activities, physiological response and sprint performance. <i>Human Movement Science</i> , 2013, 32, 1430-1442.	1.4	24
133	Effect of lifelong football training on the expression of muscle molecular markers involved in healthy longevity. <i>European Journal of Applied Physiology</i> , 2017, 117, 721-730.	2.5	24
134	Fitness Effects of 10-Month Frequent Low-Volume Ball Game Training or Interval Running for 8-10-Year-Old School Children. <i>BioMed Research International</i> , 2017, 2017, 1-9.	1.9	23
135	Osteogenic impact of football training in 55- to 70-year-old women and men with prediabetes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2018, 28, 52-60.	2.9	23
136	Maximal heart rate assessment in recreational football players: A study involving a multiple testing approach. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1537-1545.	2.9	23
137	Effects of long-term football training on the expression profile of genes involved in muscle oxidative metabolism. <i>Molecular and Cellular Probes</i> , 2015, 29, 43-47.	2.1	22
138	Fatigue Responses in Various Muscle Groups in Well-Trained Competitive Male Players after a Simulated Soccer Game. <i>Journal of Human Kinetics</i> , 2018, 61, 85-97.	1.5	22
139	Movement pattern and physiological response in recreational small-sided football – effect of number of players with a fixed pitch size. <i>Journal of Sports Sciences</i> , 2018, 36, 1549-1556.	2.0	22
140	Effects of small-volume soccer and vibration training on body composition, aerobic fitness, and muscular PCr kinetics for inactive women aged 20-45. <i>Journal of Sport and Health Science</i> , 2014, 3, 284-292.	6.5	21
141	–FIFA 11 for Health™ for Europe. 1: effect on health knowledge and well-being of 10- to 12-year-old Danish school children. <i>British Journal of Sports Medicine</i> , 2017, 51, 1483-1488.	6.7	21
142	Acute high-intensity football games can improve children's inhibitory control and neurophysiological measures of attention. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 1546-1562.	2.9	21
143	Lifelong Football Training: Effects on Autophagy and Healthy Longevity Promotion. <i>Frontiers in Physiology</i> , 2019, 10, 132.	2.8	21
144	Eight months of school-based soccer improves physical fitness and reduces aggression in high-school children. <i>Biology of Sport</i> , 2020, 37, 185-193.	3.2	21

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145	Maximal Strength, Sprint, and Jump Performance in High-Level Female Football Players Are Maintained With a Customized Training Program During the COVID-19 Lockdown. <i>Frontiers in Physiology</i> , 2021, 12, 623885.	2.8	21
146	Reliability, sensitivity and validity of the assistant referee intermittent endurance test (ARIET) – a modified Yo-Yo IE2 test for elite soccer assistant referees. <i>Journal of Sports Sciences</i> , 2012, 30, 767-775.	2.0	20
147	Cardiovascular fitness and health effects of various types of team sports for adult and elderly inactive individuals - a brief narrative review. <i>Progress in Cardiovascular Diseases</i> , 2020, 63, 709-722.	3.1	20
148	Muscle metabolism and impaired sprint performance in an elite women’s football game. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 27-38.	2.9	20
149	Effects of recreational soccer in men with prostate cancer undergoing androgen deprivation therapy: study protocol for the “FC Prostate” randomized controlled trial. <i>BMC Cancer</i> , 2013, 13, 595.	2.6	19
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