Ben Kirk

List of Publications by Year
in descending order

33 papers	1,204 citations	516710 16 h-index	454955 30 g-index
36 all docs	36 docs citations	36 times ranked	1147 citing authors

#	Article	IF	Citations
1	Prevention of Osteoporotic Fractures in Residential Aged Care: Updated Consensus Recommendations. Journal of the American Medical Directors Association, 2022, 23, 756-763.	2.5	5
2	Serum levels of C-Terminal Telopeptide (CTX) are Associated with Muscle Function in Community-Dwelling Older Adults. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2022, 77, 2085-2092.	3.6	7
3	Effects of 3 months of multi-nutrient supplementation on the immune system and muscle and respiratory function of older adults in aged care (The Pomerium Study): protocol for a randomised controlled trial. BMJ Open, 2022, 12, e059075.	1.9	0
4	Associations between leukocyte telomere length and osteosarcopenia in 20,400 adults aged 60Âyears and over: Data from the UK Biobank. Bone, 2022, 161, 116425.	2.9	9
5	Sarcopenia Definitions and Outcomes Consortium (SDOC) Criteria are Strongly Associated With Malnutrition, Depression, Falls, and Fractures in High-Risk Older Persons. Journal of the American Medical Directors Association, 2021, 22, 741-745.	2.5	48
6	The prevention of osteoporosis and sarcopenia in older adults. Journal of the American Geriatrics Society, 2021, 69, 1388-1398.	2.6	42
7	Current Evidence and Possible Future Applications of Creatine Supplementation for Older Adults. Nutrients, 2021, 13, 745.	4.1	19
8	Body composition reference ranges in communityâ€dwelling adults using dualâ€energy Xâ€ray absorptiometry: the Australian Body Composition (ABC) Study. Journal of Cachexia, Sarcopenia and Muscle, 2021, 12, 880-890.	7.3	17
9	Prevalence of Sarcopenia and its Association with Antirheumatic Drugs in Middle-Aged and Older Adults with Rheumatoid Arthritis: A Systematic Review and Meta-analysis. Calcified Tissue International, 2021, 109, 475-489.	3.1	22
10	Diagnostic Power of Circulatory Metabolic Biomarkers as Metabolic Syndrome Risk Predictors in Community-Dwelling Older Adults in Northwest of England (A Feasibility Study). Nutrients, 2021, 13, 2275.	4.1	8
11	Leucineâ€enriched whey protein supplementation, resistanceâ€based exercise, and cardiometabolic health in older adults: a randomized controlled trial. Journal of Cachexia, Sarcopenia and Muscle, 2021, , .	7.3	14
12	Nutrients with anabolic/anticatabolic, antioxidant, and anti-inflammatory properties: Targeting the biological mechanisms of aging to support musculoskeletal health. Experimental Gerontology, 2021, 154, 111521.	2.8	7
13	Nutrients to mitigate osteosarcopenia: the role of protein, vitamin D and calcium. Current Opinion in Clinical Nutrition and Metabolic Care, 2021, 24, 25-32.	2.5	16
14	The Joint Occurrence of Osteoporosis and Sarcopenia (Osteosarcopenia): Definitions and Characteristics. Journal of the American Medical Directors Association, 2020, 21, 220-225.	2.5	69
15	Effects of exercise and whey protein on muscle mass, fat mass, myoelectrical muscle fatigue and health-related quality of life in older adults: a secondary analysis of the Liverpool Hope Universityâ€"Sarcopenia Ageing Trial (LHU-SAT). European Journal of Applied Physiology, 2020, 120, 493-503.	2.5	39
16	The diagnostic value of the Short Physical Performance Battery for sarcopenia. BMC Geriatrics, 2020, 20, 242.	2.7	46
17	Osteosarcopenia: beyond age-related muscle and bone loss. European Geriatric Medicine, 2020, 11, 715-724.	2.8	23
18	Effects of protein supplementation on muscle wasting disorders: A brief update of the evidence. Australasian Journal on Ageing, 2020, 39, 3-10.	0.9	4

#	Article	IF	Citations
19	A clinical guide to the pathophysiology, diagnosis and treatment of osteosarcopenia. Maturitas, 2020, 140, 27-33.	2.4	35
20	Muscle, Bone, and Fat Crosstalk: the Biological Role of Myokines, Osteokines, and Adipokines. Current Osteoporosis Reports, 2020, 18, 388-400.	3.6	240
21	Associations between osteoporosis, the severity of sarcopenia and fragility fractures in community-dwelling older adults. European Geriatric Medicine, 2020, 11, 443-450.	2.8	34
22	Osteosarcopenia: epidemiology, diagnosis, and treatmentâ€"facts and numbers. Journal of Cachexia, Sarcopenia and Muscle, 2020, 11, 609-618.	7.3	204
23	Muscle and Bone: An Indissoluble Union. Journal of Bone and Mineral Research, 2020, 37, 1211-1212.	2.8	2
24	Effect of Denosumab on Falls, Muscle Strength, and Function in Communityâ€Dwelling Older Adults. Journal of the American Geriatrics Society, 2019, 67, 2660-2661.	2.6	30
25	Osteosarcopenia: A case of geroscience. Aging Medicine (Milton (N S W)), 2019, 2, 147-156.	2.1	80
26	Postural Instabilityâ€"Balance, Posture and Gait. , 2019, , .		0
27	Exercise and Dietary-Protein as a Countermeasure to Skeletal Muscle Weakness: Liverpool Hope University â€" Sarcopenia Aging Trial (LHU-SAT). Frontiers in Physiology, 2019, 10, 445.	2.8	50
28	Four weeks of probiotic supplementation reduces GI symptoms during a marathon race. European Journal of Applied Physiology, 2019, 119, 1491-1501.	2.5	76
29	Effects of protein supplementation alone and in combination with exercise on cardiometabolic health markers in older adults. Proceedings of the Nutrition Society, 2019, 78, .	1.0	1
30	Aging Muscle and Sarcopenia. , 2019, , 120-120.		4
31	Concussion in University Level Sport: Knowledge and Awareness of Athletes and Coaches. Sports, 2018, 6, 102.	1.7	10
32	Prevalence, Severity and Potential Nutritional Causes of Gastrointestinal Symptoms during a Marathon in Recreational Runners. Nutrients, 2018, 10, 811.	4.1	30
33	A2 Milk Enhances Dynamic Muscle Function Following Repeated Sprint Exercise, a Possible Ergogenic Aid for A1-Protein Intolerant Athletes?. Nutrients, 2017, 9, 94.	4.1	13