

Ben Kirk

List of Publications by Year in descending order

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33
papers

1,204
citations

516710
16
h-index

454955
30
g-index

36
all docs

36
docs citations

36
times ranked

1147
citing authors

#	ARTICLE	IF	CITATIONS
1	Muscle, Bone, and Fat Crosstalk: the Biological Role of Myokines, Osteokines, and Adipokines. <i>Current Osteoporosis Reports</i> , 2020, 18, 388-400.	3.6	240
2	Osteosarcopenia: epidemiology, diagnosis, and treatment—facts and numbers. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2020, 11, 609-618.	7.3	204
3	Osteosarcopenia: A case of geroscience. <i>Aging Medicine (Milton (N S W))</i> , 2019, 2, 147-156.	2.1	80
4	Four weeks of probiotic supplementation reduces GI symptoms during a marathon race. <i>European Journal of Applied Physiology</i> , 2019, 119, 1491-1501.	2.5	76
5	The Joint Occurrence of Osteoporosis and Sarcopenia (Osteosarcopenia): Definitions and Characteristics. <i>Journal of the American Medical Directors Association</i> , 2020, 21, 220-225.	2.5	69
6	Exercise and Dietary-Protein as a Countermeasure to Skeletal Muscle Weakness: Liverpool Hope University — Sarcopenia Aging Trial (LHU-SAT). <i>Frontiers in Physiology</i> , 2019, 10, 445.	2.8	50
7	Sarcopenia Definitions and Outcomes Consortium (SDOC) Criteria are Strongly Associated With Malnutrition, Depression, Falls, and Fractures in High-Risk Older Persons. <i>Journal of the American Medical Directors Association</i> , 2021, 22, 741-745.	2.5	48
8	The diagnostic value of the Short Physical Performance Battery for sarcopenia. <i>BMC Geriatrics</i> , 2020, 20, 242.	2.7	46
9	The prevention of osteoporosis and sarcopenia in older adults. <i>Journal of the American Geriatrics Society</i> , 2021, 69, 1388-1398.	2.6	42
10	Effects of exercise and whey protein on muscle mass, fat mass, myoelectrical muscle fatigue and health-related quality of life in older adults: a secondary analysis of the Liverpool Hope University—Sarcopenia Ageing Trial (LHU-SAT). <i>European Journal of Applied Physiology</i> , 2020, 120, 493-503.	2.5	39
11	A clinical guide to the pathophysiology, diagnosis and treatment of osteosarcopenia. <i>Maturitas</i> , 2020, 140, 27-33.	2.4	35
12	Associations between osteoporosis, the severity of sarcopenia and fragility fractures in community-dwelling older adults. <i>European Geriatric Medicine</i> , 2020, 11, 443-450.	2.8	34
13	Prevalence, Severity and Potential Nutritional Causes of Gastrointestinal Symptoms during a Marathon in Recreational Runners. <i>Nutrients</i> , 2018, 10, 811.	4.1	30
14	Effect of Denosumab on Falls, Muscle Strength, and Function in Community—Dwelling Older Adults. <i>Journal of the American Geriatrics Society</i> , 2019, 67, 2660-2661.	2.6	30
15	Osteosarcopenia: beyond age-related muscle and bone loss. <i>European Geriatric Medicine</i> , 2020, 11, 715-724.	2.8	23
16	Prevalence of Sarcopenia and its Association with Antirheumatic Drugs in Middle-Aged and Older Adults with Rheumatoid Arthritis: A Systematic Review and Meta-analysis. <i>Calcified Tissue International</i> , 2021, 109, 475-489.	3.1	22
17	Current Evidence and Possible Future Applications of Creatine Supplementation for Older Adults. <i>Nutrients</i> , 2021, 13, 745.	4.1	19
18	Body composition reference ranges in community—dwelling adults using dual—energy X—ray absorptiometry: the Australian Body Composition (ABC) Study. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2021, 12, 880-890.	7.3	17

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19	Nutrients to mitigate osteosarcopenia: the role of protein, vitamin D and calcium. <i>Current Opinion in Clinical Nutrition and Metabolic Care</i> , 2021, 24, 25-32.	2.5	16
20	Leucine-enriched whey protein supplementation, resistance-based exercise, and cardiometabolic health in older adults: a randomized controlled trial. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2021, , .	7.3	14
21	A2 Milk Enhances Dynamic Muscle Function Following Repeated Sprint Exercise, a Possible Ergogenic Aid for A1-Protein Intolerant Athletes?. <i>Nutrients</i> , 2017, 9, 94.	4.1	13
22	Concussion in University Level Sport: Knowledge and Awareness of Athletes and Coaches. <i>Sports</i> , 2018, 6, 102.	1.7	10
23	Associations between leukocyte telomere length and osteosarcopenia in 20,400 adults aged 60 years and over: Data from the UK Biobank. <i>Bone</i> , 2022, 161, 116425.	2.9	9
24	Diagnostic Power of Circulatory Metabolic Biomarkers as Metabolic Syndrome Risk Predictors in Community-Dwelling Older Adults in Northwest of England (A Feasibility Study). <i>Nutrients</i> , 2021, 13, 2275.	4.1	8
25	Nutrients with anabolic/anticatabolic, antioxidant, and anti-inflammatory properties: Targeting the biological mechanisms of aging to support musculoskeletal health. <i>Experimental Gerontology</i> , 2021, 154, 111521.	2.8	7
26	Serum levels of C-Terminal Telopeptide (CTX) are Associated with Muscle Function in Community-Dwelling Older Adults. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2022, 77, 2085-2092.	3.6	7
27	Prevention of Osteoporotic Fractures in Residential Aged Care: Updated Consensus Recommendations. <i>Journal of the American Medical Directors Association</i> , 2022, 23, 756-763.	2.5	5
28	Aging Muscle and Sarcopenia. , 2019, , 120-120.		4
29	Effects of protein supplementation on muscle wasting disorders: A brief update of the evidence. <i>Australasian Journal on Ageing</i> , 2020, 39, 3-10.	0.9	4
30	Muscle and Bone: An Indissoluble Union. <i>Journal of Bone and Mineral Research</i> , 2020, 37, 1211-1212.	2.8	2
31	Effects of protein supplementation alone and in combination with exercise on cardiometabolic health markers in older adults. <i>Proceedings of the Nutrition Society</i> , 2019, 78, .	1.0	1
32	Postural Instability Balance, Posture and Gait. , 2019, , .		0
33	Effects of 3 months of multi-nutrient supplementation on the immune system and muscle and respiratory function of older adults in aged care (The Pomerium Study): protocol for a randomised controlled trial. <i>BMJ Open</i> , 2022, 12, e059075.	1.9	0