

# Stephen Whybrow

## List of Publications by Year in descending order

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Version: 2024-02-01

55  
papers

2,204  
citations

257101

24  
h-index

223531

46  
g-index

55  
all docs

55  
docs citations

55  
times ranked

2756  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of different food groups on energy intake within and between individuals. <i>European Journal of Nutrition</i> , 2022, 61, 3559-3570.	1.8	3
2	Identification of psychological correlates of dietary misreporting under laboratory and free-living environments. <i>British Journal of Nutrition</i> , 2021, 126, 264-275.	1.2	3
3	Self-reported food intake decreases over recording period in the National Diet and Nutrition Survey. <i>British Journal of Nutrition</i> , 2020, 124, 586-590.	1.2	8
4	Estimating plate-based model food proportions in adults living in Scotland using short dietary assessment questionnaires. <i>Nutrition and Dietetics</i> , 2019, 76, 521-531.	0.9	2
5	Activity energy expenditure is an independent predictor of energy intake in humans. <i>International Journal of Obesity</i> , 2019, 43, 1466-1474.	1.6	32
6	What can Secondary Data Tell Us about Household Food Insecurity in a High-Income Country Context?. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 82.	1.2	11
7	Social, temporal and situational influences on meat consumption in the UK population. <i>Appetite</i> , 2019, 138, 1-9.	1.8	47
8	Healthy and sustainable diets that meet greenhouse gas emission reduction targets and are affordable for different income groups in the UK. <i>Public Health Nutrition</i> , 2019, 22, 1503-1517.	1.1	78
9	Biological and psychological mediators of the relationships between fat mass, fat-free mass and energy intake. <i>International Journal of Obesity</i> , 2019, 43, 233-242.	1.6	34
10	Social deprivation is associated with poorer adherence to healthy eating dietary goals: analysis of household food purchases. <i>Journal of Public Health</i> , 2018, 40, e8-e15.	1.0	26
11	“A Lot of People Are Struggling Privately. They Don’t Know Where to Go or They’re Not Sure of What to Do”: Frontline Service Provider Perspectives of the Nature of Household Food Insecurity in Scotland. <i>International Journal of Environmental Research and Public Health</i> , 2018, 15, 2738.	1.2	12
12	Is misreporting of dietary intake by weighed food records or 24-hour recalls food specific?. <i>European Journal of Clinical Nutrition</i> , 2018, 72, 1026-1034.	1.3	28
13	Attitudes towards, and purchasing of, Scottish beef and beef products in Scotland – A short communication. <i>Meat Science</i> , 2018, 145, 150-153.	2.7	1
14	Assessing the relative validity of the Scottish Collaborative Group FFQ for measuring dietary intake in adults. <i>Public Health Nutrition</i> , 2017, 20, 449-455.	1.1	15
15	Buying less and wasting less food. Changes in household food energy purchases, energy intakes and energy density between 2007 and 2012 with and without adjustment for food waste. <i>Public Health Nutrition</i> , 2017, 20, 1248-1256.	1.1	7
16	Differences in expenditure and amounts of fresh foods, fruits and vegetables, and fish purchased in urban and rural Scotland. <i>Public Health Nutrition</i> , 2017, 20, 524-533.	1.1	9
17	Consumers’ ability to match foods to the eatwell plate. <i>Proceedings of the Nutrition Society</i> , 2016, 75, .	0.4	0
18	Achieving dietary recommendations and reducing greenhouse gas emissions: modelling diets to minimise the change from current intakes. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 46.	2.0	81

#	ARTICLE	IF	CITATIONS
19	Using food intake records to estimate compliance with the Eatwell Plate dietary guidelines. <i>Journal of Human Nutrition and Dietetics</i> , 2016, 29, 262-268.	1.3	7
20	Plausible self-reported dietary intakes in a residential facility are not necessarily reliable. <i>European Journal of Clinical Nutrition</i> , 2016, 70, 130-135.	1.3	15
21	Modelling the associations between fat-free mass, resting metabolic rate and energy intake in the context of total energy balance. <i>International Journal of Obesity</i> , 2016, 40, 312-318.	1.6	94
22	Greenhouse gas emissions associated with sustainable diets in relation to climate change and health. <i>Proceedings of the Nutrition Society</i> , 2015, 74, .	0.4	6
23	Is 'home cooked' healthier and cheaper than ready meals?. <i>Proceedings of the Nutrition Society</i> , 2015, 74, .	0.4	8
24	Measuring the difference between actual and reported food intakes in the context of energy balance under laboratory conditions. <i>British Journal of Nutrition</i> , 2014, 111, 2032-2043.	1.2	72
25	Service evaluation of weight outcomes as a function of initial BMI in 34,271 adults referred to a primary care/commercial weight management partnership scheme. <i>BMC Research Notes</i> , 2013, 6, 161.	0.6	11
26	Cognitive and weight-related correlates of flexible and rigid restrained eating behaviour. <i>Eating Behaviors</i> , 2013, 14, 69-72.	1.1	83
27	An evaluation of the IDEEA activity monitor for estimating energy expenditure. <i>British Journal of Nutrition</i> , 2013, 109, 173-183.	1.2	30
28	Accuracy of diet quality perception in Scottish adults. <i>Proceedings of the Nutrition Society</i> , 2012, 71, .	0.4	0
29	Associations between fat, sugar and other macronutrient intakes in the National Diet and Nutrition Survey. <i>Nutrition Bulletin</i> , 2012, 37, 213-223.	0.8	3
30	Attendance and weight outcomes in 4754 adults referred over 6 months to a primary care/commercial weight management partnership scheme. <i>Clinical Obesity</i> , 2012, 2, 6-14.	1.1	16
31	Dietary restraint and weight loss maintenance in members of a commercial weight loss organisation. <i>Proceedings of the Nutrition Society</i> , 2011, 70, .	0.4	0
32	Changes in lifestyle habits and behaviours are associated with weight loss maintenance in members of a commercial weight loss organisation. <i>Proceedings of the Nutrition Society</i> , 2011, 70, .	0.4	0
33	The financial costs of a healthy eating weight-loss diet. <i>Proceedings of the Nutrition Society</i> , 2011, 70, .	0.4	3
34	Demographic factors do not predict weight loss maintenance in members of a commercial weight loss organisation. <i>Proceedings of the Nutrition Society</i> , 2011, 70, .	0.4	0
35	Problems in identifying predictors and correlates of weight loss and maintenance: implications for weight control therapies based on behaviour change. <i>Obesity Reviews</i> , 2011, 12, 688-708.	3.1	159
36	Weight Outcomes Audit for 34,271 Adults Referred to a Primary Care/Commercial Weight Management Partnership Scheme. <i>Obesity Facts</i> , 2011, 4, 1-1.	1.6	64

#	ARTICLE	IF	CITATIONS
37	Exercise, Appetite, and Energy Balance: The Interactions Between Energy Expenditure and Intake, and the Implications for Weight Management. , 2011, , 1569-1584.		0
38	Dietary and lifestyle measures to enhance satiety and weight control. Nutrition Bulletin, 2010, 35, 113-125.	0.8	19
39	Developing a methodology for assigning glycaemic index values to foods consumed across Europe. Obesity Reviews, 2010, 11, 92-100.	3.1	43
40	Procolipase Gene: No Association with Early-Onset Obesity or Fat Intake. Obesity Facts, 2009, 2, 40-44.	1.6	3
41	Low-energy reporting and duration of recording period. European Journal of Clinical Nutrition, 2008, 62, 1148-1150.	1.3	14
42	The effect of an incremental increase in exercise on appetite, eating behaviour and energy balance in lean men and women feeding <i>ad libitum</i> . British Journal of Nutrition, 2008, 100, 1109-1115.	1.2	128
43	Macronutrients, Feeding Behavior, and Weight Control in Humans. , 2008, , 295-322.		3
44	Effects of Two Weeksâ€™ Mandatory Snack Consumption on Energy Intake and Energy Balance. Obesity, 2007, 15, 673-685.	1.5	62
45	Effects of added fruits and vegetables on dietary intakes and body weight in Scottish adults. British Journal of Nutrition, 2006, 95, 496-503.	1.2	40
46	The evaluation of an electronic visual analogue scale system for appetite and mood. European Journal of Clinical Nutrition, 2006, 60, 558-560.	1.3	32
47	Effects of increasing increments of fat- and sugar-rich snacks in the diet on energy and macronutrient intake in lean and overweight men. British Journal of Nutrition, 2006, 96, 596-606.	1.2	18
48	Human Galanin (GAL) and Galanin 1 Receptor (GALR1) Variations Are Not Involved in Fat Intake and Early Onset Obesity. Journal of Nutrition, 2005, 135, 1387-1392.	1.3	25
49	Resistance and susceptibility to weight gain: Individual variability in response to a high-fat diet. Physiology and Behavior, 2005, 86, 614-622.	1.0	219
50	Energy density, diet composition and palatability: influences on overall food energy intake in humans. Physiology and Behavior, 2004, 81, 755-764.	1.0	130
51	Rate and extent of compensatory changes in energy intake and expenditure in response to altered exercise and diet composition in humans. American Journal of Physiology - Regulatory Integrative and Comparative Physiology, 2004, 286, R350-R358.	0.9	128
52	Cross talk between physical activity and appetite control: does physical activity stimulate appetite?. Proceedings of the Nutrition Society, 2003, 62, 651-661.	0.4	229
53	Carbohydrates, Appetite and Feeding Behavior in Humans. Journal of Nutrition, 2001, 131, 2775S-2781S.	1.3	60
54	Altering the temporal distribution of energy intake with isoenergetically dense foods given as snacks does not affect total daily energy intake in normal-weight men. British Journal of Nutrition, 2000, 83, 7-14.	1.2	52

#	ARTICLE	IF	CITATIONS
55	Nutrient intakes and snacking frequency in female students. <i>Journal of Human Nutrition and Dietetics</i> , 1997, 10, 237-244.	1.3	31