List of Publications by Year in descending order

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| # | Article | IF | CITATIONS |
|----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 1 | Inertial biometry from commercial 3D body meshes. Biology Open, 2022, 11, . | 0.6 | Ο |
| 2 | Mechanical work as a (key) determinant of energy cost in human locomotion: recent findings and future directions. Experimental Physiology, 2021, 106, 1897-1908. | 0.9 | 29 |
| 3 | Prof. Neill Alexander's influence on modeling and optimization theory of movement and locomotion. Journal of Experimental Zoology Part A: Ecological and Integrative Physiology, 2020, 333, 5-8. | 0.9 | 1 |
| 4 | Frictional internal work of damped limbs oscillation in human locomotion. Proceedings of the Royal Society B: Biological Sciences, 2020, 287, 20201410. | 1.2 | 11 |
| 5 | LOCOMOZIONE UMANA E ANIMALE A DIFFERENTI GRAVITÃfâ,¬: ADATTAMENTI BIOMECCANICI ED EFFETTI METABOLICI. Istituto Lombardo - Accademia Di Scienze E Lettere - Rendiconti Di Scienze, 2020, , . | 0.0 | Ο |
| 6 | A slow V̇O2 on-response allows to comfortably adopt aerobically unaffordable walking and running speeds in short stairs ascending. Journal of Experimental Biology, 2020, 223, . | 0.8 | 1 |
| 7 | Biomechanical and metabolic aspects of backward (and forward) running on uphill gradients: another clue towards an almost inelastic rebound. European Journal of Applied Physiology, 2020, 120, 2507-2515. | 1.2 | 7 |
| 8 | Race Walking Ground Reaction Forces at Increasing Speeds: A Comparison with Walking and Running. Symmetry, 2019, 11, 873. | 1.1 | 8 |
| 9 | Comprehensive mechanical power analysis in sprint running acceleration. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 1892-1900. | 1.3 | 16 |
| 10 | Mechanical work in shuttle running as a function of speed and distance: Implications for power and efficiency. Human Movement Science, 2019, 66, 487-496. | 0.6 | 14 |
| 11 | Energy cost of ambulation in trans-tibial amputees using a dynamic-response foot with hydraulic versus rigid â€~ankle': insights from body centre of mass dynamics. Journal of NeuroEngineering and Rehabilitation, 2019, 16, 39. | 2.4 | 21 |
| 12 | Biomechanics of Alpine Skiing. Sports Et Traumatologie, 2018, , 1-7. | 0.0 | 0 |
| 13 | Update and extension of the â€ ⁻ Equivalent Slope' of speed changing level locomotion in humans: a computational model for shuttle running. Journal of Experimental Biology, 2018, 221, . | 0.8 | 16 |
| 14 | Recumbent vs. upright bicycles: 3D trajectory of body centre of mass, limb mechanical work, and operative range of propulsive muscles. Journal of Sports Sciences, 2017, 35, 491-499. | 1.0 | 2 |
| 15 | Comment on: "How Biomechanical Improvements in Running Economy Could Break the 2-Hour Marathon Barrierâ€: Sports Medicine, 2017, 47, 2403-2404. | 3.1 | 3 |
| 16 | Mechanical energy patterns in nordic walking: comparisons with conventional walking. Gait and Posture, 2017, 51, 234-238. | 0.6 | 36 |
| 17 | On the Estimation Accuracy of the 3D Body Center of Mass Trajectory during Human Locomotion: Inverse vs. Forward Dynamics. Frontiers in Physiology, 2017, 8, 129. | 1.3 | 45 |
| 18 | A "Wearable―Test for Maximum Aerobic Power: Real-Time Analysis of a 60-m Sprint Performance and Heart Rate Off-Kinetics. Frontiers in Physiology, 2017, 8, 868. | 1.3 | 5 |

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|----|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 19 | Hopping locomotion at different gravity: metabolism and mechanics in humans. Journal of Applied Physiology, 2016, 120, 1223-1229. | 1.2 | 25 |
| 20 | Mechanical work and efficiency of 5Â+Â5Âm shuttle running. European Journal of Applied Physiology, 2016, 116, 1911-1919. | 1.2 | 34 |
| 21 | Pedaling rate is an important determinant of human oxygen uptake during exercise on the cycle ergometer. Physiological Reports, 2015, 3, e12500. | 0.7 | 19 |
| 22 | Breaststroke swimmers moderate internal work increases toward the highest stroke frequencies. Journal of Biomechanics, 2015, 48, 3012-3016. | 0.9 | 4 |
| 23 | Shoulder 3D range of motion and humerus rotation in two volleyball spike techniques: injury prevention and performance. Sports Biomechanics, 2015, 14, 216-231. | 0.8 | 28 |
| 24 | Skipping vs. running as the bipedal gait of choice in hypogravity. Journal of Applied Physiology, 2015, 119, 93-100. | 1.2 | 50 |
| 25 | The biomechanics of race walking: Literature overview and new insights. European Journal of Sport Science, 2014, 14, 661-670. | 1.4 | 35 |
| 26 | The vertical excursion of the body visceral mass during vertical jumps is affected by specific respiratory maneuver. Human Movement Science, 2014, 33, 369-380. | 0.6 | 4 |
| 27 | Overuse in volleyball training/practice: A review on shoulder and spine-related injuries. European Journal of Sport Science, 2013, 13, 732-743. | 1.4 | 72 |
| 28 | Biomechanics and predicted energetics of sprinting on sand: Hints for soccer training. Journal of Science and Medicine in Sport, 2013, 16, 271-275. | 0.6 | 55 |
| 29 | The cost of transport of human running is not affected, as in walking, by wide acceleration/deceleration cycles. Journal of Applied Physiology, 2013, 114, 498-503. | 1.2 | 35 |
| 30 | Comments on Point:Counterpoint: Skeletal muscle mechanical efficiency does/does not increase with age. Journal of Applied Physiology, 2013, 114, 1114-1118. | 1.2 | 3 |
| 31 | Anatomically Asymmetrical Runners Move More Asymmetrically at the Same Metabolic Cost. PLoS ONE, 2013, 8, e74134. | 1.1 | 33 |
| 32 | Limitations imposed by wearing armour on Medieval soldiers' locomotor performance. Proceedings of the Royal Society B: Biological Sciences, 2012, 279, 640-644. | 1.2 | 10 |
| 33 | Validation of a subject specific 3-actuator torque-driven model in human vertical jumping. , 2012, 2012, 4883-6. | | 0 |
| 34 | Biomechanical determinants of transverse and rotary gallop in cursorial mammals. Journal of Experimental Biology, 2012, 215, 4144-56. | 0.8 | 54 |
| 35 | The energetics and mechanics of level and gradient skipping: Preliminary results for a potential gait of choice in low gravity environments Planetary and Space Science, 2012, 74, 142-145. | 0.9 | 24 |
| 36 | Humans Running in Place on Water at Simulated Reduced Gravity. PLoS ONE, 2012, 7, e37300. | 1.1 | 10 |

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|----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|-----------|
| 37 | Skyscraper running: physiological and biomechanical profile of a novel sport activity. Scandinavian Journal of Medicine and Science in Sports, 2011, 21, 293-301. | 1.3 | 21 |
| 38 | Measured and predicted mechanical internal work in human locomotion. Human Movement Science, 2011, 30, 90-104. | 0.6 | 39 |
| 39 | Bioenergetics and biomechanics of cycling: the role of â€~internal work'. European Journal of Applied Physiology, 2011, 111, 323-329. | 1.2 | 30 |
| 40 | The mathematical description of the body centre of mass 3D path in human and animal locomotion. Journal of Biomechanics, 2011, 44, 1471-1477. | 0.9 | 47 |
| 41 | Biomechanics of octopedal locomotion: kinematic and kinetic analysis of the spider <i>Grammostola mollicoma</i> . Journal of Experimental Biology, 2011, 214, 3433-3442. | 0.8 | 42 |
| 42 | The optimum finger spacing in human swimming. Journal of Biomechanics, 2009, 42, 2188-2190. | 0.9 | 28 |
| 43 | Centre of mass motion during stair negotiation in young and older men. Gait and Posture, 2007, 26, 463-469. | 0.6 | 50 |
| 44 | The Impact of Physical Training on Locomotor Function in Older People. Sports Medicine, 2007, 37, 683-701. | 3.1 | 67 |
| 45 | Human locomotion on ice: the evolution of ice-skating energetics through history. Journal of Experimental Biology, 2007, 210, 1825-1833. | 0.8 | 20 |
| 46 | Keystroke dynamics and timing: Accuracy, precision and difference between hands in pianist's performance. Journal of Biomechanics, 2007, 40, 3738-3743. | 0.9 | 18 |
| 47 | The first humans travelling on ice: an energy-saving strategy?. Biological Journal of the Linnean Society, 2007, 93, 1-7. | 0.7 | 4 |
| 48 | Gastrocnemius muscle?tendon behaviour during walking in young and older adults. Acta Physiologica, 2007, 189, 57-65. | 1.8 | 78 |
| 49 | Effect of a 12-month physical conditioning programme on the metabolic cost of walking in healthy older adults. European Journal of Applied Physiology, 2007, 100, 499-505. | 1.2 | 56 |
| 50 | Himalayan porter's specialization: metabolic power, economy, efficiency and skill. Proceedings of the Royal Society B: Biological Sciences, 2006, 273, 2791-2797. | 1.2 | 40 |
| 51 | Metabolic cost, mechanical work, and efficiency during walking in young and older men. Acta Physiologica, 2006, 186, 127-139. | 1.8 | 281 |
| 52 | Economy and efficiency of swimming at the surface with fins of different size and stiffness. European Journal of Applied Physiology, 2006, 96, 459-470. | 1.2 | 37 |
| 53 | An energy balance of front crawl. European Journal of Applied Physiology, 2005, 94, 134-144. | 1.2 | 113 |
| 54 | Magnetic Resonance Imaging of the Rectum During Distension. Diseases of the Colon and Rectum, 2005, 48, 1220-1227. | 0.7 | 16 |

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| 55 | Human locomotion on snow: determinants of economy and speed of skiing across the ages. Proceedings of the Royal Society B: Biological Sciences, 2005, 272, 1561-1569. | 1.2 | 21 |
| 56 | Biomechanics and Energetics of Basketball Wheelchairs Evolution. International Journal of Sports Medicine, 2005, 26, 388-396. | 0.8 | 9 |
| 57 | Passive tools for enhancing muscle-driven motion and locomotion. Journal of Experimental Biology, 2004, 207, 1265-1272. | 0.8 | 47 |
| 58 | Biomechanical and physiological aspects of legged locomotion in humans. European Journal of Applied Physiology, 2003, 88, 297-316. | 1.2 | 332 |
| 59 | The optimal locomotion on gradients: walking, running or cycling?. European Journal of Applied Physiology, 2003, 90, 365-371. | 1.2 | 45 |
| 60 | Efficiency of equine express postal systems. Nature, 2003, 426, 785-786. | 13.7 | 20 |
| 61 | A feedback-controlled treadmill (treadmill-on-demand) and the spontaneous speed of walking and running in humans. Journal of Applied Physiology, 2003, 95, 838-843. | 1.2 | 104 |
| 62 | METABOLIC COST OF WALKING AT SET AND SELF-SELECTED SPEEDS IN OLDER MALES AND FEMALES. Medicine and Science in Sports and Exercise, 2003, 35, S296. | 0.2 | 1 |
| 63 | Plantar flexor activation capacity and H reflex in older adults: adaptations to strength training. Journal of Applied Physiology, 2002, 92, 2292-2302. | 1.2 | 177 |
| 64 | Energy cost of walking and running at extreme uphill and downhill slopes. Journal of Applied Physiology, 2002, 93, 1039-1046. | 1.2 | 449 |
| 65 | On the mechanical power of joint extensions as affected by the change in muscle force (or) Tj ETQq1 1 0.784314 | 4 rgBT /Ov | erlock 10 Tf. |
| 66 | Interplay among the changes of muscle strength, cross-sectional area and maximal explosive power: theory and facts. European Journal of Applied Physiology, 2002, 88, 193-202. | 1.2 | 48 |
| 67 | Halteres used in ancient Olympic long jump. Nature, 2002, 420, 141-142. | 13.7 | 38 |
| 68 | Mechanical efficiency of cycling with a new developed pedal–crank. Journal of Biomechanics, 2002, 35, 1387-1398. | 0.9 | 32 |
| 69 | How fins affect the economy and efficiency of human swimming. Journal of Experimental Biology, 2002, 205, 2665-2676. | 0.8 | 92 |
| 70 | How fins affect the economy and efficiency of human swimming. Journal of Experimental Biology, 2002, 205, 2665-76. | 0.8 | 69 |
| 71 | Maximal instantaneous muscular power after prolonged bed rest in humans. Journal of Applied Physiology, 2001, 90, 431-435. | 1.2 | 51 |
| 72 | The transmission efficiency of backward walking at different gradients. Pflugers Archiv European Journal of Physiology, 2001, 442, 542-546. | 1.3 | 18 |

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|----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-----------|
| 73 | Invariant aspects of human locomotion in different gravitational environments. Acta Astronautica, 2001, 49, 191-198. | 1.7 | 44 |
| 74 | Walking on other planets. Nature, 2001, 409, 467-469. | 13.7 | 59 |
| 75 | Energetics and Mechanics of Human Walking at Oscillating Speeds1. American Zoologist, 2001, 41, 205-210. | 0.7 | 10 |
| 76 | Energetics and Mechanics of Human Walking at Oscillating Speeds. American Zoologist, 2001, 41, 205-210. | 0.7 | 19 |
| 77 | Correction for Minetti <i>et al.</i> , From bipedalism to bicyclism: evolution in energetics and biomechanics of historic bicycles. Proceedings of the Royal Society B: Biological Sciences, 2001, 268, 2616-2616. | 1.2 | 0 |
| 78 | From bipedalism to bicyclism: evolution in energetics and biomechanics of historic bicycles. Proceedings of the Royal Society B: Biological Sciences, 2001, 268, 1351-1360. | 1.2 | 71 |
| 79 | Mechanical and metabolic profile of locomotion in adults with childhood-onset GH deficiency. European Journal of Endocrinology, 2000, 142, 35-41. | 1.9 | 29 |
| 80 | The relationship between mechanical work and energy expenditure of locomotion in horses. Journal of Experimental Biology, 1999, 202, 2329-38. | 0.8 | 123 |
| 81 | A model equation for the prediction of mechanical internal work of terrestrial locomotion. Journal of Biomechanics, 1998, 31, 463-468. | 0.9 | 95 |
| 82 | The biomechanics of skipping gaits: a third locomotion paradigm?. Proceedings of the Royal Society B: Biological Sciences, 1998, 265, 1227-1233. | 1.2 | 108 |
| 83 | Using leg muscles as shock absorbers: theoretical predictions and experimental results of drop landing performance. Ergonomics, 1998, 41, 1771-1791. | 1.1 | 37 |
| 84 | The interplay of central and peripheral factors in limiting maximal O2consumption in man after prolonged bed rest. Journal of Physiology, 1997, 501, 677-686. | 1.3 | 148 |
| 85 | A Theory of Metabolic Costs for Bipedal Gaits. Journal of Theoretical Biology, 1997, 186, 467-476. | 0.8 | 185 |
| 86 | Effects of stride frequency on mechanical power and energy expenditure of walking. Medicine and Science in Sports and Exercise, 1995, 27, 1194???1202. | 0.2 | 113 |
| 87 | Metabolic and mechanical aspects of foot landing type, forefoot and rearfoot strike, in human running. Acta Physiologica Scandinavica, 1995, 155, 17-22. | 2.3 | 76 |
| 88 | Optimum gradient of mountain paths. Journal of Applied Physiology, 1995, 79, 1698-1703. | 1.2 | 60 |
| 89 | Effects of stride frequency on mechanical power and energy expenditure of walking. Medicine and Science in Sports and Exercise, 1995, 27, 1194-202. | 0.2 | 41 |
| 90 | Contraction Dynamics in Antagonist Muscles. Journal of Theoretical Biology, 1994, 169, 295-304. | 0.8 | 7 |

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| 91 | A model for the estimation of visceral mass displacement in periodic movements. Journal of Biomechanics, 1994, 27, 97-101. | 0.9 | 23 |
| 92 | Pygmy locomotion. European Journal of Applied Physiology and Occupational Physiology, 1994, 68, 285-290. | 1.2 | 47 |
| 93 | The transition between walking and running in humans: metabolic and mechanical aspects at different gradients. Acta Physiologica Scandinavica, 1994, 150, 315-323. | 2.3 | 155 |
| 94 | Mechanical Determinants of the Minimum Energy Cost of Gradient Running in Humans. Journal of Experimental Biology, 1994, 195, 211-225. | 0.8 | 152 |
| 95 | Mechanical determinants of the minimum energy cost of gradient running in humans. Journal of Experimental Biology, 1994, 195, 211-25. | 0.8 | 101 |
| 96 | Mechanical determinants of gradient walking energetics in man Journal of Physiology, 1993, 472, 725-735. | 1.3 | 133 |
| 97 | Assessment of human knee extensor muscles stress from in vivo physiological cross-sectional area and strength measurements. European Journal of Applied Physiology and Occupational Physiology, 1992, 65, 438-444. | 1.2 | 223 |
| 98 | Mechanical Work Rate Minimization and Freely Chosen Stride Frequency of Human Walking: A Mathematical Model. Journal of Experimental Biology, 1992, 170, 19-34. | 0.8 | 46 |
| 99 | Mechanical work rate minimization and freely chosen stride frequency of human walking: a mathematical model. Journal of Experimental Biology, 1992, 170, 19-34. | 0.8 | 27 |
| 100 | IV. Oxygen Transport System Before and After Exposure to Chronic Hypoxia. International Journal of Sports Medicine, 1990, 11, S15-S20. | 0.8 | 29 |
| 101 | Changes in force, cross-sectional area and neural activation during strength training and detraining of the human quadriceps. European Journal of Applied Physiology and Occupational Physiology, 1989, 59, 310-319. | 1.2 | 572 |
| 102 | Respiratory airflow pattern in patients with chronic airway obstruction. Clinical Physiology, 1987, 7, 283-296. | 0.7 | 4 |
| 103 | Inspiratory flow pattern in humans. Journal of Applied Physiology, 1984, 57, 1111-1119. | 1.2 | 32 |