

# Arthur Eumann Mesas

## List of Publications by Year in descending order

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Version: 2024-02-01

97  
papers

3,239  
citations

236833

25  
h-index

175177

52  
g-index

111  
all docs

111  
docs citations

111  
times ranked

5462  
citing authors

#	ARTICLE	IF	CITATIONS
1	The Association Between Alcohol-Related Problems and Sleep Quality and Duration Among College Students: a Multicountry Pooled Analysis. <i>International Journal of Mental Health and Addiction</i> , 2023, 21, 2923-2940.	4.4	6
2	Effectiveness of Resistance Exercise on Inflammatory Biomarkers in Patients with Type 2 Diabetes Mellitus: A Systematic Review with Meta-Analysis. <i>Diabetes and Metabolism Journal</i> , 2023, 47, 118-134.	1.8	10
3	Does intermittent fasting impact mental disorders? A systematic review with meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2023, 63, 11169-11184.	5.4	8
4	Chronic musculoskeletal pain and occupational aspects among Brazilian teachers. <i>International Journal of Occupational Safety and Ergonomics</i> , 2022, 28, 1304-1310.	1.1	2
5	Immediate effect of high-intensity exercise on brain-derived neurotrophic factor in healthy young adults: A systematic review and meta-analysis. <i>Journal of Sport and Health Science</i> , 2022, 11, 367-375.	3.3	20
6	Egg Consumption and Blood Lipid Parameters According to the Presence of Chronic Metabolic Disorders: The EVIDENT II Study. <i>Journal of Clinical Endocrinology and Metabolism</i> , 2022, 107, e963-e972.	1.8	4
7	Burnout and Long-term Sickness Absence From the Teaching Function: A Cohort Study. <i>Safety and Health at Work</i> , 2022, 13, 201-206.	0.3	7
8	The role of daytime napping on salivary cortisol in children aged 0â€“5Âyears: a systematic review and meta-analysis. <i>European Journal of Pediatrics</i> , 2022, 181, 1437-1448.	1.3	2
9	Association Between Eating Habits and Perceived School Performance: A Cross-Sectional Study Among 46,455 Adolescents From 42 Countries. <i>Frontiers in Nutrition</i> , 2022, 9, 797415.	1.6	3
10	Free-time physical activity and pain perception: An analysis of daily records from Brazilian teachers. <i>Physiology and Behavior</i> , 2022, , 113750.	1.0	0
11	Does the evidence support a relationship between higher levels of nut consumption, lower risk of depression, and better mood state in the general population? A systematic review. <i>Nutrition Reviews</i> , 2022, 80, 2076-2088.	2.6	11
12	Schoolteachers with voice handicap are twice as likely to report depressive symptoms. <i>European Archives of Oto-Rhino-Laryngology</i> , 2022, , 1.	0.8	1
13	Anxiety-Induced Sleep Disturbance and Associated Lifestyle Behaviors According to Sex in Argentine Adolescents. <i>Frontiers in Behavioral Neuroscience</i> , 2022, 16, 860241.	1.0	1
14	Bidirectional associations between chronic low back pain and sleep quality: A cohort study with schoolteachers. <i>Physiology and Behavior</i> , 2022, 254, 113880.	1.0	8
15	The associations between adherence to the Mediterranean diet and physical fitness in young, middle-aged, and older adults: A protocol for a systematic review and meta-analysis. <i>PLoS ONE</i> , 2022, 17, e0271254.	1.1	1
16	Recurrence of Violence Against Teachers: Two-Year Follow-Up Study. <i>Journal of Interpersonal Violence</i> , 2021, 36, NP9757-NP9776.	1.3	10
17	An updated systematic review on the association between Cd exposure, blood pressure and hypertension. <i>Ecotoxicology and Environmental Safety</i> , 2021, 208, 111636.	2.9	32
18	OUP accepted manuscript. <i>Nutrition Reviews</i> , 2021, , .	2.6	6

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19	Job strain is prospectively associated with a lower frequency of fruit consumption in schoolteachers. <i>Public Health Nutrition</i> , 2021, 24, 1678-1686.	1.1	3
20	The association of continuous-use medications and sleep parameters in a sample of working adults. <i>Sleep and Breathing</i> , 2021, 25, 2205-2212.	0.9	1
21	Cross-sectional and longitudinal relationships between psychological violence and teacher burnout. <i>International Archives of Occupational and Environmental Health</i> , 2021, 94, 1211-1221.	1.1	7
22	Work-related rumination and worry at bedtime are associated with worse sleep indicators in schoolteachers: a study based on actigraphy and sleep diaries. <i>Sleep Medicine</i> , 2021, 80, 113-117.	0.8	5
23	The Role of Physical Fitness in the Relationship between Nut Consumption and Body Composition in Young Adults. <i>Nutrients</i> , 2021, 13, 2126.	1.7	4
24	The Relationship of Tree Nuts and Peanuts with Adiposity Parameters: A Systematic Review and Network Meta-Analysis. <i>Nutrients</i> , 2021, 13, 2251.	1.7	22
25	Type 1 diabetes incidence trends in children and adolescents aged 0-14 years in Europe: a systematic review and meta-analysis protocol. <i>BMJ Open</i> , 2021, 11, e054962.	0.8	0
26	Association between arterial stiffness and the clustering of metabolic syndrome risk factors: a systematic review and meta-analysis. <i>Journal of Hypertension</i> , 2021, 39, 1051-1059.	0.3	10
27	Association of sleep quality with clinical outcomes of adults with asthma during the COVID-19 pandemic. , 2021, , .		0
28	Poor Relationships and Physical Violence at School Are Associated With More Forms of Psychological Violence Among Brazilian Teachers: A Cross-Sectional Study. <i>Journal of Interpersonal Violence</i> , 2020, 35, 1294-1310.	1.3	9
29	Individuals' perceptions of social support from family and friends are associated with lower risk of sleep complaints and short sleep duration. <i>Sleep Health</i> , 2020, 6, 110-116.	1.3	17
30	Longitudinal associations of changes in physical activity and TV viewing with chronic musculoskeletal pain in Brazilian schoolteachers. <i>PLoS ONE</i> , 2020, 15, e0234609.	1.1	8
31	Restorative treatments of dystrophin expression in Duchenne muscular dystrophy: A systematic review. <i>Annals of Clinical and Translational Neurology</i> , 2020, 7, 1738-1752.	1.7	27
32	Prospective association between burnout and road traffic accidents in teachers. <i>Stress and Health</i> , 2020, 36, 629-638.	1.4	8
33	Blood cadmium levels and sources of exposure in an adult urban population in southern Brazil. <i>Environmental Research</i> , 2020, 187, 109618.	3.7	28
34	Predictors of in-hospital COVID-19 mortality: A comprehensive systematic review and meta-analysis exploring differences by age, sex and health conditions. <i>PLoS ONE</i> , 2020, 15, e0241742.	1.1	190
35	Qualidade do sono e workaholism em docentes de p-gradua-stricto sensu. <i>ACTA Paulista De Enfermagem</i> , 2020, 33, .	0.1	2
36	Qualidade do sono e workaholism em docentes de p-gradua-stricto sensu. <i>ACTA Paulista De Enfermagem</i> , 2020, 33, .	0.1	0

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37	Tossing and turning: association of sleep quantity and quality with physical activity in COPD. ERJ Open Research, 2020, 6, 00370-2020.	1.1	8
38	Duration and Quality of Sleep and Risk of Physical Function Impairment and Disability in Older Adults: Results from the ENRICA and ELSA Cohorts. , 2019, 10, 557.		25
39	Working conditions and sleepiness while driving among truck drivers. Traffic Injury Prevention, 2019, 20, 504-509.	0.6	23
40	Habitual Meat Consumption and Changes in Sleep Duration and Quality in Older Adults. , 2019, 10, 267.		30
41	Associations Between the Apnea-Hypopnea Index During REM and NREM Sleep and Cognitive Functioning in a Cohort of Middle-Aged Adults. Journal of Clinical Sleep Medicine, 2019, 15, 965-971.	1.4	11
42	Evaluation of sleep quality in individuals with Parkinson's disease using objective and subjective measures. Sleep and Biological Rhythms, 2019, 17, 103-112.	0.5	5
43	Frequency, intensity and localization of pain as risk factors for frailty in older adults. Age and Ageing, 2019, 48, 74-80.	0.7	29
44	Reading the nutritional information on food labels among teachers with and without hypertension in Brazil. International Journal of Preventive Medicine, 2019, 10, 1.	0.2	28
45	Association between hypertension in adolescents and the health risk factors of their parents: an epidemiological family study. Journal of the American Society of Hypertension, 2018, 12, 182-189.	2.3	3
46	Association Between Chronic Pain and Leisure Time Physical Activity and Sedentary Behavior in Schoolteachers. Behavioral Medicine, 2018, 44, 335-343.	1.0	17
47	Translation to Brazilian Portuguese and Cultural Adaptation of the Craniocervical Dysfunction Index. International Archives of Otorhinolaryngology, 2018, 22, 291-296.	0.3	5
48	Fatores associados à baixa capacidade para o trabalho em servidores idosos de uma universidade no Sul do Brasil. Revista Brasileira De Saúde De Ocupacional, 2018, 43, .	0.2	2
49	Symptoms awareness, emergency medical service utilization and hospital transfer delay in myocardial infarction. BMC Health Services Research, 2018, 18, 490.	0.9	9
50	Violência física contra professores no espaço escolar: análise por modelos de equações estruturais. Cadernos De Saude Publica, 2018, 34, e00079017.	0.4	4
51	The bidirectional association between physical activity and sleep in middle-aged and older adults: a prospective study based on polysomnography. Sleep, 2018, 41, .	0.6	21
52	The most uncomfortable chronic pain in primary school teachers: differential between different body regions. Brazilian Journal of Pain, 2018, 1, .	0.0	3
53	Agreement between sleep diary and actigraphy in a highly educated Brazilian population. Sleep Medicine, 2017, 35, 27-34.	0.8	49
54	Cross-cultural adaptation and validation of the Newest Vital Sign (NVS) health literacy instrument in general population and highly educated samples of Brazilian adults. Public Health Nutrition, 2017, 20, 1907-1913.	1.1	24

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55	Watching television for more than two hours increases the likelihood of reporting poor sleep quality among Brazilian schoolteachers. <i>Physiology and Behavior</i> , 2017, 179, 105-109.	1.0	9
56	Blood manganese levels and associated factors in a population-based study in Southern Brazil. <i>Journal of Toxicology and Environmental Health - Part A: Current Issues</i> , 2017, 80, 1064-1077.	1.1	16
57	Association between blood lead and blood pressure: a population-based study in Brazilian adults. <i>Environmental Health</i> , 2017, 16, 27.	1.7	36
58	Frequency and factors associated with falls in adults aged 55 years or more. <i>Revista De Saude Publica</i> , 2017, 51, 37.	0.7	16
59	Insufficient free-time physical activity and occupational factors in Brazilian public school teachers. <i>Revista De Saude Publica</i> , 2017, 51, 68.	0.7	22
60	Physical, psychological and occupational consequences of job burnout: A systematic review of prospective studies. <i>PLoS ONE</i> , 2017, 12, e0185781.	1.1	676
61	Overweight parents are twice as likely to underestimate the weight of their teenage children, regardless of their sociodemographic characteristics. <i>Acta Paediatrica, International Journal of Paediatrics</i> , 2016, 105, e474-9.	0.7	8
62	Professional experience and traffic accidents/near-miss accidents among truck drivers. <i>Accident Analysis and Prevention</i> , 2016, 95, 299-304.	3.0	35
63	Lead Exposure and Oxidative Stress: A Systematic Review. <i>Reviews of Environmental Contamination and Toxicology</i> , 2016, 236, 193-238.	0.7	75
64	Higher screen time is associated with overweight, poor dietary habits and physical inactivity in Brazilian adolescents, mainly among girls. <i>European Journal of Sport Science</i> , 2016, 16, 498-506.	1.4	65
65	PERFIL SOCIODEMOGRÁFICO, CONDIÇÕES E CARGAS DE TRABALHO DE PROFESSORES DA REDE ESTADUAL DE ENSINO DE UM MUNICÍPIO DA REGIÃO SUL DO BRASIL. <i>Trabalho, Educação e Saúde</i> , 2016, 14, 197-217.	1.0	12
66	Association between social capital and self-perception of health in Brazilian adults. <i>Revista De Saude Publica</i> , 2015, 49, 1-9.	0.7	5
67	Diferenças entre sexos nos determinantes da obesidade abdominal em adultos de 40 anos ou mais: estudo de base populacional. <i>Revista De Nutricao</i> , 2015, 28, 485-496.	0.4	4
68	Relationship between social capital indicators and lifestyle in Brazilian adults. <i>Cadernos De Saude Publica</i> , 2015, 31, 1636-1647.	0.4	19
69	Fatores associados a piores níveis na escala de Burnout em professores da educação básica. <i>Cadernos Saude Coletiva</i> , 2015, 23, 268-275.	0.2	34
70	High blood pressure and sedentary behavior in adolescents are associated even after controlling for confounding factors. <i>Blood Pressure</i> , 2015, 24, 317-323.	0.7	12
71	Working conditions and illicit psychoactive substance use among truck drivers in Brazil. <i>Occupational and Environmental Medicine</i> , 2015, 72, 764-769.	1.3	12
72	Simultaneidade de comportamentos de risco para a saúde e fatores associados em estudo de base populacional. <i>Cadernos Saude Coletiva</i> , 2015, 23, 180-187.	0.2	16

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73	Características da violência escolar no Brasil: revisão sistemática de estudos quantitativos. Revista Brasileira De Saude Materno Infantil, 2014, 14, 119-136.	0.2	16
74	Agreement on underlying causes of infant death between original records and after investigation: analysis of two biennia in the years 2000. Revista Brasileira De Epidemiologia, 2014, 17, 313-322.	0.3	8
75	Use of Illicit Drugs by Truck Drivers Arriving at Paranaguá Port Terminal, Brazil. Traffic Injury Prevention, 2014, 15, 673-677.	0.6	12
76	The Association of Chronic Neck Pain, Low Back Pain, and Migraine With Absenteeism Due to Health Problems in Spanish Workers. Spine, 2014, 39, 1243-1253.	1.0	29
77	Sleep quality and the metabolic syndrome: the role of sleep duration and lifestyle. Diabetes/Metabolism Research and Reviews, 2014, 30, 222-231.	1.7	40
78	Psychoactive substance use by truck drivers: a systematic review. Occupational and Environmental Medicine, 2014, 71, 71-76.	1.3	62
79	Obesity-Related Eating Behaviors Are Associated with Higher Food Energy Density and Higher Consumption of Sugary and Alcoholic Beverages: A Cross-Sectional Study. PLoS ONE, 2013, 8, e77137.	1.1	19
80	Adherence to the Mediterranean Diet Pattern Has Declined in Spanish Adults <sup>3</sup> . Journal of Nutrition, 2012, 142, 1843-1850.	1.3	160
81	Obesity-Related Eating Behaviors Are Associated with Low Physical Activity and Poor Diet Quality in Spain. Journal of Nutrition, 2012, 142, 1321-1328.	1.3	29
82	Dietary habits of the hypertensive population of Spain. Journal of Hypertension, 2012, 30, 1373-1382.	0.3	20
83	A prospective study of risk factors for cardiovascular events among the elderly. Clinical Interventions in Aging, 2012, 7, 463.	1.3	17
84	Selected eating behaviours and excess body weight: a systematic review. Obesity Reviews, 2012, 13, 106-135.	3.1	158
85	Obesity-related eating behaviours in the adult population of Spain, 2008-2010. Obesity Reviews, 2012, 13, 858-867.	3.1	11
86	Risk factors for infant mortality in a municipality in southern Brazil: a comparison of two cohorts using hierarchical analysis. Cadernos De Saude Publica, 2012, 28, 1915-1926.	0.4	11
87	Self-reported sleep duration and falls in older adults. Journal of Sleep Research, 2011, 20, 21-27.	1.7	51
88	The effect of coffee on blood pressure and cardiovascular disease in hypertensive individuals: a systematic review and meta-analysis. American Journal of Clinical Nutrition, 2011, 94, 1113-1126.	2.2	243
89	The association between habitual sleep duration and sleep quality in older adults according to health status. Age and Ageing, 2011, 40, 318-323.	0.7	45
90	Sleep Duration and Mortality According to Health Status in Older Adults. Journal of the American Geriatrics Society, 2010, 58, 1870-1877.	1.3	140

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91	Salud oral y déficit nutricional en adultos mayores no institucionalizados en Londrina, Paraná, Brasil. Revista Brasileira De Epidemiologia, 2010, 13, 434-445.	0.3	27
92	Factors associated with negative self-perception of oral health among elderly people in a Brazilian community. Gerodontology, 2008, 25, 49-56.	0.8	35
93	Malnutrition and Depression among Community-dwelling Elderly People. Journal of the American Medical Directors Association, 2007, 8, 582-584.	1.2	157
94	Fluxo salivar e uso de drogas psicoativas em idosos. Revista Da Associação Médica Brasileira, 2007, 53, 178-181.	0.3	6
95	Condições de saúde bucal de idosos de comunidade urbana de Londrina, Paraná. Revista Brasileira De Epidemiologia, 2006, 9, 471-480.	0.3	11
96	ESTRESSE NO TRABALHO: reflexões sobre o modelo demanda-controle em meio à pandemia. , 0, , 141-160.		0
97	Burnout Syndrome and Consumption of Alcohol and Illicit Substances in University Students. Paideia, 0, 31, .	0.1	2