

# Ralf Schwarzer

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

291  
papers

19,526  
citations

69  
h-index

133  
g-index

310  
ext. papers

22,185  
ext. citations

3.5  
avg, IF

7.26  
L-index

#	Paper	IF	Citations
291	Modeling Health Behavior Change: How to Predict and Modify the Adoption and Maintenance of Health Behaviors. <i>Applied Psychology</i> , <b>2008</b> , 57, 1-29	4.3	951
290	Is General Self-Efficacy a Universal Construct?1. <i>European Journal of Psychological Assessment</i> , <b>2002</b> , 18, 242-251	2.2	863
289	Bridging the intention-behaviour gap: Planning, self-efficacy, and action control in the adoption and maintenance of physical exercise. <i>Psychology and Health</i> , <b>2005</b> , 20, 143-160	2.9	758
288	The general self-efficacy scale: multicultural validation studies. <i>Journal of Psychology: Interdisciplinary and Applied</i> , <b>2005</b> , 139, 439-57	2.7	752
287	Applied Psychology: Health and Well-Being Editorial. <i>Applied Psychology</i> , <b>2008</b> , 57, 1-2	4.3	647
286	Action planning and coping planning for long-term lifestyle change: theory and assessment. <i>European Journal of Social Psychology</i> , <b>2005</b> , 35, 565-576	2.9	598
285	Social-cognitive predictors of health behavior: Action self-efficacy and coping self-efficacy.. <i>Health Psychology</i> , <b>2000</b> , 19, 487-495	5	507
284	Perceived Teacher Self-Efficacy as a Predictor of Job Stress and Burnout: Mediation Analyses. <i>Applied Psychology</i> , <b>2008</b> , 57, 152-171	4.3	432
283	The Assessment of Optimistic Self-beliefs: Comparison of the German, Spanish, and Chinese Versions of the General Self-efficacy Scale. <i>Applied Psychology</i> , <b>1997</b> , 46, 69-88	4.3	427
282	Mechanisms of health behavior change in persons with chronic illness or disability: the Health Action Process Approach (HAPA). <i>Rehabilitation Psychology</i> , <b>2011</b> , 56, 161-70	2.7	360
281	Functional roles of social support within the stress and coping process: A theoretical and empirical overview. <i>International Journal of Psychology</i> , <b>2007</b> , 42, 243-252	1.9	348
280	Social Support and Health: A Theoretical and Empirical Overview. <i>Journal of Social and Personal Relationships</i> , <b>1991</b> , 8, 99-127	1.9	331
279	Action plans and coping plans for physical exercise: A longitudinal intervention study in cardiac rehabilitation. <i>British Journal of Health Psychology</i> , <b>2006</b> , 11, 23-37	8.3	303
278	Soziale Unterstützung bei der Krankheitsbewältigung: Die Berliner Social Support Skalen (BSSS). <i>Diagnostica</i> , <b>2003</b> , 49, 73-82	0.8	273
277	Planning and Self-Efficacy in the Adoption and Maintenance of Breast Self-Examination: A Longitudinal Study on Self-Regulatory Cognitions. <i>Psychology and Health</i> , <b>2003</b> , 18, 93-108	2.9	257
276	Adoption and maintenance of four health behaviors: theory-guided longitudinal studies on dental flossing, seat belt use, dietary behavior, and physical activity. <i>Annals of Behavioral Medicine</i> , <b>2007</b> , 33, 156-66	4.5	256
275	Social-Cognitive Factors in Changing Health-Related Behaviors. <i>Current Directions in Psychological Science</i> , <b>2001</b> , 10, 47-51	6.5	217

274	Optimism, Vulnerability, and self-beliefs as health-related cognitions: A systematic overview. <i>Psychology and Health</i> , <b>1994</b> , 9, 161-180	2.9	207
273	Predicting Physical Exercise in Cardiac Rehabilitation: The Role of Phase-Specific Self-Efficacy Beliefs. <i>Journal of Sport and Exercise Psychology</i> , <b>2005</b> , 27, 135-151	1.5	195
272	How to Overcome Health-Compromising Behaviors. <i>European Psychologist</i> , <b>2008</b> , 13, 141-151	4.4	193
271	Self-regulatory Processes in the Adoption and Maintenance of Health Behaviors. <i>Journal of Health Psychology</i> , <b>1999</b> , 4, 115-27	3.1	179
270	Adoption and maintenance of physical activity: Planning interventions in young, middle-aged, and older adults. <i>Psychology and Health</i> , <b>2006</b> , 21, 145-63	2.9	176
269	Assessment of perceived general self-efficacy on the internet: Data collection in cyberspace. <i>Anxiety, Stress and Coping</i> , <b>1999</b> , 12, 145-161	3.1	172
268	Social-cognitive predictors of physical exercise adherence: three longitudinal studies in rehabilitation. <i>Health Psychology</i> , <b>2008</b> , 27, S54-63	5	160
267	Beyond behavioural intentions: planning mediates between intentions and physical activity. <i>British Journal of Health Psychology</i> , <b>2008</b> , 13, 479-94	8.3	160
266	Predicting teacher burnout over time: Effects of work stress, social support, and self-doubts on burnout and its consequences. <i>Anxiety, Stress and Coping</i> , <b>1996</b> , 9, 261-275	3.1	157
265	A meta-analysis of the health action process approach. <i>Health Psychology</i> , <b>2019</b> , 38, 623-637	5	157
264	Social support and health: A meta-analysis. <i>Psychology and Health</i> , <b>1989</b> , 3, 1-15	2.9	147
263	I believe, therefore I achieve (and vice versa): A meta-analytic cross-lagged panel analysis of self-efficacy and academic performance. <i>Learning and Individual Differences</i> , <b>2018</b> , 61, 136-150	3.1	147
262	Improving fruit and vegetable consumption: a self-efficacy intervention compared with a combined self-efficacy and planning intervention. <i>Health Education Research</i> , <b>2007</b> , 22, 630-8	1.8	137
261	Long-term effects of two psychological interventions on physical exercise and self-regulation following coronary rehabilitation. <i>International Journal of Behavioral Medicine</i> , <b>2005</b> , 12, 244-55	2.6	136
260	Self-efficacy as a moderator of the planning-behaviour relationship in interventions designed to promote physical activity. <i>Psychology and Health</i> , <b>2011</b> , 26, 151-66	2.9	134
259	Complex mental and physical activity in older women and cognitive performance: a 6-month randomized controlled trial. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , <b>2010</b> , 65, 680-8	6.4	128
258	Multidimensional health locus of control: comments on the construct and its measurement. <i>Journal of Health Psychology</i> , <b>2005</b> , 10, 633-42	3.1	126
257	The role of action control in implementing intentions during the first weeks of behaviour change. <i>British Journal of Social Psychology</i> , <b>2006</b> , 45, 87-106	6.8	120

256	Coping as a mediator between personality and stress outcomes: a longitudinal study with cataract surgery patients. <i>European Journal of Personality</i> , <b>2005</b> , 19, 229-247	5.1	119
255	Tenacious Goal Pursuits and Striving Toward Personal Growth: Proactive Coping <b>2002</b> , 19-36		111
254	Changing risk behaviors and adopting health behaviors: The role of self-efficacy beliefs <b>1995</b> , 259-288		109
253	Selbstwirksamkeitserwartung von Lehrern: Längsschnittbefunde mit einem neuen Instrument. <i>Zeitschrift Fur Pädagogische Psychologie</i> , <b>2000</b> , 14, 12-25	1.3	108
252	A brief intervention changing oral self-care, self-efficacy, and self-monitoring. <i>British Journal of Health Psychology</i> , <b>2015</b> , 20, 56-67	8.3	102
251	The multidimensional nature of received social support in gay men at risk of HIV infection and AIDS. <i>American Journal of Community Psychology</i> , <b>1994</b> , 22, 319-39	3.5	101
250	Stigma Controllability and Coping as Predictors of Emotions and Social Support. <i>Journal of Social and Personal Relationships</i> , <b>1991</b> , 8, 133-140	1.9	101
249	Disentangling the relation between intentions, planning, and behaviour: a moderated mediation analysis. <i>Psychology and Health</i> , <b>2009</b> , 24, 67-79	2.9	97
248	Sources of self-efficacy for physical activity. <i>Health Psychology</i> , <b>2014</b> , 33, 1298-308	5	96
247	Testing stage-specific effects of a stage-matched intervention: a randomized controlled trial targeting physical exercise and its predictors. <i>Health Education and Behavior</i> , <b>2010</b> , 37, 533-46	4.2	95
246	Initiation and Maintenance of Physical Exercise: Stage-Specific Effects of a Planning Intervention. <i>Research in Sports Medicine</i> , <b>2004</b> , 12, 221-240	3.8	94
245	Validity of stage assessment in the adoption and maintenance of physical activity and fruit and vegetable consumption. <i>Health Psychology</i> , <b>2009</b> , 28, 183-93	5	93
244	Does age make a difference? Predicting physical activity of South Koreans. <i>Psychology and Aging</i> , <b>2007</b> , 22, 482-93	3.6	92
243	Measuring one component of dispositional self-regulation: attention control in goal pursuit. <i>Personality and Individual Differences</i> , <b>2004</b> , 37, 555-566	3.3	90
242	Self-efficacy and social support predict benefit finding 12 months after cancer surgery: The mediating role of coping strategies. <i>Psychology, Health and Medicine</i> , <b>2005</b> , 10, 365-375	2.1	90
241	Self-efficacy, planning and action control in an oral self-care intervention. <i>Health Education Research</i> , <b>2015</b> , 30, 671-81	1.8	87
240	Intervention effects of exercise self-regulation on physical exercise and eating fruits and vegetables: a longitudinal study in orthopedic and cardiac rehabilitation. <i>Preventive Medicine</i> , <b>2011</b> , 53, 182-7	4.3	87
239	Perceived Self-Efficacy and its Relationship to Resilience. <i>Plenum Series on Human Exceptionality</i> , <b>2013</b> , 139-150		87

238	Social-cognitive antecedents of hand washing: Action control bridges the planning-behaviour gap. <i>Psychology and Health</i> , <b>2016</b> , 31, 993-1004	2.9	86
237	Mental health outcomes of job stress among Chinese teachers: role of stress resource factors and burnout. <i>Journal of Organizational Behavior</i> , <b>2001</b> , 22, 887-901	6.9	85
236	From intentions via planning and behavior to physical exercise habits. <i>Psychology of Sport and Exercise</i> , <b>2013</b> , 14, 632-639	4.2	82
235	Behavioral Intentions and Action Plans Promote Physical Exercise: A Longitudinal Study with Orthopedic Rehabilitation Patients. <i>Journal of Sport and Exercise Psychology</i> , <b>2004</b> , 26, 470-483	1.5	79
234	Contextual and individual predictors of physical activity: Interactions between environmental factors and health cognitions. <i>Health Psychology</i> , <b>2012</b> , 31, 714-23	5	78
233	Stage-specific adoption and maintenance of physical activity: testing a three-stage model. <i>Psychology of Sport and Exercise</i> , <b>2005</b> , 6, 585-603	4.2	78
232	Social-cognitive predictors of dietary behaviors in South Korean men and women. <i>International Journal of Behavioral Medicine</i> , <b>2008</b> , 15, 4-13	2.6	77
231	Positive coping: Mastering demands and searching for meaning. <b>2003</b> , 393-409		77
230	Coping and quality of life after tumor surgery: personal and social resources promote different domains of quality of life. <i>Anxiety, Stress and Coping</i> , <b>2007</b> , 20, 61-75	3.1	76
229	Will is not enough: coping planning and action control as mediators in the prediction of fruit and vegetable intake. <i>British Journal of Health Psychology</i> , <b>2014</b> , 19, 856-70	8.3	74
228	A brief intervention increases fruit and vegetable intake. A comparison of two intervention sequences. <i>Appetite</i> , <b>2014</b> , 82, 103-10	4.5	73
227	The Role of Social Support and Self-efficacy for Planning Fruit and Vegetable Intake. <i>Journal of Nutrition Education and Behavior</i> , <b>2017</b> , 49, 100-106.e1	2	70
226	Promoting exercise maintenance: how interventions with booster sessions improve long-term rehabilitation outcomes. <i>Rehabilitation Psychology</i> , <b>2013</b> , 58, 323-33	2.7	70
225	Long-Term Effects of Spousal Support on Coping with Cancer After Surgery. <i>Journal of Social and Clinical Psychology</i> , <b>2004</b> , 23, 716-732	1.6	70
224	Medication beliefs predict medication adherence in older adults with multiple illnesses. <i>Journal of Psychosomatic Research</i> , <b>2011</b> , 70, 179-87	4.1	69
223	Self-efficacy moderates the mediation of intentions into behavior via plans. <i>American Journal of Health Behavior</i> , <b>2009</b> , 33, 521-9	1.9	69
222	Translating Dental Flossing Intentions into Behavior: a Longitudinal Investigation of the Mediating Effect of Planning and Self-Efficacy on Young Adults. <i>International Journal of Behavioral Medicine</i> , <b>2017</b> , 24, 420-427	2.6	68
221	Changes in intentions, planning, and self-efficacy predict changes in behaviors: an application of latent true change modeling. <i>Journal of Health Psychology</i> , <b>2010</b> , 15, 935-47	3.1	68

220	Dispositional self-efficacy as a personal resource factor in coping after surgery. <i>Personality and Individual Differences</i> , <b>2005</b> , 39, 807-818	3.3	67
219	Planning and self-efficacy can increase fruit and vegetable consumption: a randomized controlled trial. <i>Journal of Behavioral Medicine</i> , <b>2012</b> , 35, 443-51	3.6	66
218	Evaluating brief motivational and self-regulatory hand hygiene interventions: a cross-over longitudinal design. <i>BMC Public Health</i> , <b>2015</b> , 15, 79	4.1	65
217	Parental supervision for their children's toothbrushing: Mediating effects of planning, self-efficacy, and action control. <i>British Journal of Health Psychology</i> , <b>2018</b> , 23, 387-406	8.3	65
216	Turning Good Intentions Into Actions by Using the Health Action Process Approach to Predict Adherence to Internet-Based Depression Prevention: Secondary Analysis of a Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , <b>2018</b> , 20, e9	7.6	65
215	A dietary planning intervention increases fruit consumption in Iranian women. <i>Appetite</i> , <b>2013</b> , 63, 1-6	4.5	64
214	Unemployment, social support and health complaints: A longitudinal study of stress in East German refugees. <i>Journal of Community and Applied Social Psychology</i> , <b>1994</b> , 4, 31-45	2.8	64
213	Avoiding exposure to air pollution by using filtering facemask respirators: An application of the health action process approach. <i>Health Psychology</i> , <b>2016</b> , 35, 141-7	5	63
212	Assessing attention control in goal pursuit: a component of dispositional self-regulation. <i>Journal of Personality Assessment</i> , <b>2006</b> , 86, 306-17	2.8	63
211	Social Cognitive Antecedents of Fruit and Vegetable Consumption in Truck Drivers: A Sequential Mediation Analysis. <i>Journal of Nutrition Education and Behavior</i> , <b>2015</b> , 47, 379-84.e1	2	61
210	Future time perspective and health behaviors: temporal framing of self-regulatory processes in physical exercise and dietary behaviors. <i>Annals of Behavioral Medicine</i> , <b>2012</b> , 43, 208-18	4.5	61
209	Changes in finding benefit after cancer surgery and the prediction of well-being one year later. <i>Social Science and Medicine</i> , <b>2006</b> , 63, 1614-24	5.1	61
208	Increasing physical exercise levels: age-specific benefits of planning. <i>Journal of Aging and Health</i> , <b>2007</b> , 19, 851-66	2.6	61
207	Optimistic Self-Beliefs as a Resource Factor in Coping with Stress <b>1995</b> , 159-177		61
206	Maintaining autonomy despite multimorbidity: self-efficacy and the two faces of social support. <i>European Journal of Ageing</i> , <b>2011</b> , 8, 3-12	3.6	60
205	Anxiety and self-concept as antecedents of stress and coping: A longitudinal study with German and Turkish adolescents. <i>Personality and Individual Differences</i> , <b>1989</b> , 10, 785-792	3.3	60
204	Physical activity and depressive symptoms in cardiac rehabilitation: long-term effects of a self-management intervention. <i>Social Science and Medicine</i> , <b>2006</b> , 62, 3109-20	5.1	59
203	Are goal intentions or implementation intentions better predictors of health behavior? A longitudinal study in orthopedic rehabilitation.. <i>Rehabilitation Psychology</i> , <b>2007</b> , 52, 97-102	2.7	58

202	Combining self-management cues with incentives to promote interdental cleaning among Indian periodontal disease outpatients. <i>BMC Oral Health</i> , <b>2016</b> , 16, 6	3.7	57
201	The Role of Self-Efficacy and Friend Support on Adolescent Vigorous Physical Activity. <i>Health Education and Behavior</i> , <b>2017</b> , 44, 175-181	4.2	55
200	Coping planning as an intervention component: A commentary. <i>Psychology and Health</i> , <b>2016</b> , 31, 903-6	2.9	55
199	Cross-behavior associations and multiple health behavior change: A longitudinal study on physical activity and fruit and vegetable intake. <i>Journal of Health Psychology</i> , <b>2015</b> , 20, 525-34	3.1	54
198	Subjective residual life expectancy in health self-regulation. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , <b>2006</b> , 61, P195-201	4.6	54
197	Augmenting fruit and vegetable consumption by an online intervention: Psychological mechanisms. <i>Appetite</i> , <b>2018</b> , 120, 348-355	4.5	53
196	Longitudinal mental health impact among police responders to the 9/11 terrorist attack. <i>American Journal of Industrial Medicine</i> , <b>2012</b> , 55, 297-312	2.7	53
195	Age and body make a difference in optimistic health beliefs and nutrition behaviors. <i>International Journal of Behavioral Medicine</i> , <b>2000</b> , 7, 143-159	2.6	52
194	Physical activity intervention in older adults: does a participating partner make a difference?. <i>European Journal of Ageing</i> , <b>2011</b> , 8, 211	3.6	51
193	Stage-specific effects of an action control intervention on dental flossing. <i>Health Education Research</i> , <b>2007</b> , 22, 332-41	1.8	51
192	Worry and emotionality as separate components in test anxiety1. <i>Applied Psychology</i> , <b>1984</b> , 33, 205-220	4.3	50
191	Health Action Process Approach (HAPA) as a Theoretical Framework to Understand Behavior Change. <i>Actualidades En Psicología: AP</i> , <b>2016</b> , 30, 119	4.3	49
190	More Spousal Support for Men Than for Women: A Comparison of Sources and Types of Support. <i>Sex Roles</i> , <b>2005</b> , 52, 523-532	3.1	48
189	Synergistic effect of social support and self-efficacy on physical exercise in older adults. <i>Journal of Aging and Physical Activity</i> , <b>2011</b> , 19, 249-61	1.6	45
188	The 8th International Congress on SLE. <i>Applied Psychology: Health and Well-Being</i> , <b>2009</b> , 1, 91-104	6.8	45
187	'Sticking to a healthy diet is easier for me when I exercise regularly': cognitive transfer between physical exercise and healthy nutrition. <i>Psychology and Health</i> , <b>2014</b> , 29, 1361-72	2.9	44
186	Coping as a mediator in recovery from cardiac surgery. <i>Psychology and Health</i> , <b>1998</b> , 13, 83-97	2.9	44
185	Emotional and uncontrolled eating styles and chocolate chip cookie consumption. A controlled trial of the effects of positive mood enhancement. <i>Appetite</i> , <b>2010</b> , 54, 143-9	4.5	43



184	Positive experience, self-efficacy, and action control predict physical activity changes: a moderated mediation analysis. <i>British Journal of Health Psychology</i> , <b>2013</b> , 18, 395-406	8.3	42
183	Chronic probable PTSD in police responders in the world trade center health registry ten to eleven years after 9/11. <i>American Journal of Industrial Medicine</i> , <b>2015</b> , 58, 483-93	2.7	42
182	Affective and health-related outcome expectancies for physical activity in older adults. <i>Psychology and Health</i> , <b>2012</b> , 27, 816-28	2.9	42
181	Differential effects of planning and self-efficacy on fruit and vegetable consumption. <i>Appetite</i> , <b>2010</b> , 54, 611-4	4.5	41
180	Predicting transitions from preintentional, intentional and actional stages of change. <i>Health Education Research</i> , <b>2009</b> , 24, 64-75	1.8	41
179	A mediator model of sunscreen use: a longitudinal analysis of social-cognitive predictors and mediators. <i>International Journal of Behavioral Medicine</i> , <b>2012</b> , 19, 65-72	2.6	39
178	Prediction of stage transitions in fruit and vegetable intake. <i>Health Education Research</i> , <b>2009</b> , 24, 596-607	1.8	39
177	Recovery self-efficacy and intention as predictors of running or jogging behavior: A cross-lagged panel analysis over a two-year period. <i>Psychology of Sport and Exercise</i> , <b>2007</b> , 8, 247-260	4.2	39
176	Physical activity among adults with obesity: testing the Health Action Process Approach. <i>Rehabilitation Psychology</i> , <b>2014</b> , 59, 42-9	2.7	38
175	Views on aging and emotional benefits of physical activity: Effects of an exercise intervention in older women. <i>Psychology of Sport and Exercise</i> , <b>2012</b> , 13, 236-242	4.2	38
174	Police officers who responded to 9/11: Comorbidity of PTSD, depression, and anxiety 10-11 years later. <i>American Journal of Industrial Medicine</i> , <b>2016</b> , 59, 425-36	2.7	38
173	Disentangling the stress labyrinth: Interpreting the meaning of the term stress as it is studied in health context. <i>Anxiety, Stress and Coping</i> , <b>1998</b> , 11, 181-212	3.1	37
172	Social integration and social support in a life crisis: Effects of macrosocial change in east Germany. <i>American Journal of Community Psychology</i> , <b>1994</b> , 22, 661-683	3.5	37
171	The role of action control and action planning on fruit and vegetable consumption. <i>Appetite</i> , <b>2015</b> , 91, 64-8	4.5	36
170	Multiple plans and memory performance: results of a randomized controlled trial targeting fruit and vegetable intake. <i>Journal of Behavioral Medicine</i> , <b>2012</b> , 35, 387-92	3.6	36
169	Predictors of subjective age before and after cataract surgery: conscientiousness makes a difference. <i>Psychology and Aging</i> , <b>2004</b> , 19, 676-88	3.6	36
168	Negative affect in east german migrants: Longitudinal effects of unemployment and social support. <i>Anxiety, Stress and Coping</i> , <b>1993</b> , 6, 57-69	3.1	36
167	How planning facilitates behaviour change: Additive and interactive effects of a randomized controlled trial. <i>European Journal of Social Psychology</i> , <b>2011</b> , 41, 42-51	2.9	35



166	Long-term relations between intentions, planning, and exercise: a 3-year longitudinal study after orthopedic rehabilitation. <i>Rehabilitation Psychology</i> , <b>2009</b> , 54, 363-71	2.7	35
165	Inflammatory biomarkers in 70 depressed inpatients with and without the metabolic syndrome. <i>Journal of Clinical Psychiatry</i> , <b>2010</b> , 71, 1007-16	4.6	35
164	Social integration buffers stress in New York police after the 9/11 terrorist attack. <i>Anxiety, Stress and Coping</i> , <b>2014</b> , 27, 18-26	3.1	34
163	Facilitating sunscreen use in women by a theory-based online intervention: a randomized controlled trial. <i>Journal of Health Psychology</i> , <b>2012</b> , 17, 207-16	3.1	34
162	Habitual self-control and the management of health behavior among heart patients. <i>Social Science and Medicine</i> , <b>2005</b> , 60, 859-75	5.1	34
161	Transmission of Depressive Symptoms. <i>European Psychologist</i> , <b>2009</b> , 14, 7-17	4.4	34
160	Emotional support for men and women with cancer: do patients receive what their partners provide?. <i>International Journal of Behavioral Medicine</i> , <b>2007</b> , 14, 156-63	2.6	33
159	Communication Skills Training for Practitioners to Increase Patient Adherence to Home-Based Rehabilitation for Chronic Low Back Pain: Results of a Cluster Randomized Controlled Trial. <i>Archives of Physical Medicine and Rehabilitation</i> , <b>2017</b> , 98, 1732-1743.e7	2.8	32
158	Exercise maintenance after rehabilitation: How experience can make a difference. <i>Psychology of Sport and Exercise</i> , <b>2011</b> , 12, 293-299	4.2	32
157	Social-Cognitive Factors in Health Behavior Change		31
156	'I do not need a flu shot because I lead a healthy lifestyle': compensatory health beliefs make vaccination less likely. <i>Journal of Health Psychology</i> , <b>2013</b> , 18, 825-36	3.1	30
155	Kollektive Selbstwirksamkeitserwartung von Lehrern: Eine Längsschnittstudie in zehn Bundesländern. <i>Zeitschrift Fuer Sozialpsychologie</i> , <b>1999</b> , 30, 262-274		30
154	Validity of a stage algorithm for physical activity in participants recruited from orthopedic and cardiac rehabilitation clinics. <i>Rehabilitation Psychology</i> , <b>2010</b> , 55, 398-408	2.7	29
153	Interaction of employment status and self-efficacy on alcohol consumption: A two-wave study on stressful life transitions. <i>Psychology and Health</i> , <b>1993</b> , 8, 77-87	2.9	28
152	Self-efficacy, planning, and preparatory behaviours as joint predictors of physical activity: A conditional process analysis. <i>Psychology and Health</i> , <b>2016</b> , 31, 65-78	2.9	27
151	Life and death of health behaviour theories. <i>Health Psychology Review</i> , <b>2014</b> , 8, 53-6	7.1	27
150	Online intervention engagement predicts smoking cessation. <i>Preventive Medicine</i> , <b>2012</b> , 55, 233-6	4.3	27
149	Teacher Burnout from a Social-Cognitive Perspective: A Theoretical Position Paper		27

148	A combined planning and self-efficacy intervention to promote physical activity: a multiple mediation analysis. <i>Psychology, Health and Medicine</i> , <b>2012</b> , 17, 488-98	2.1	26
147	Self-regulation prompts can increase fruit consumption: a one-hour randomised controlled online trial. <i>Psychology and Health</i> , <b>2013</b> , 28, 533-45	2.9	26
146	Teacher Burnout in Hong Kong and Germany: A Cross-Cultural Validation of the Maslach Burnout Inventory. <i>Anxiety, Stress and Coping</i> , <b>2000</b> , 13, 309-326	3.1	26
145	Stage-matched minimal interventions to enhance physical activity in Chinese adolescents. <i>Journal of Adolescent Health</i> , <b>2010</b> , 47, 533-9	5.8	25
144	Predicting cardiac patients' quality of life from the characteristics of their spouses. <i>Journal of Health Psychology</i> , <b>1997</b> , 2, 231-44	3.1	25
143	Self-efficacy and quality of life among people with cardiovascular diseases: A meta-analysis. <i>Rehabilitation Psychology</i> , <b>2018</b> , 63, 295-312	2.7	25
142	Health-specific optimism mediates between objective and perceived physical functioning in older adults. <i>Journal of Behavioral Medicine</i> , <b>2012</b> , 35, 400-6	3.6	24
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4 Becoming Motivated and Competent to Perform Health-Enhancing Behaviors **2022**, 51-62

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