Matthew J Barnes

List of Publications by Year in descending order

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Version: 2024-02-01

516561 552653 29 712 16 26 citations g-index h-index papers 29 29 29 972 docs citations times ranked citing authors all docs

#	Article	IF	CITATIONS
1	Effect of New Zealand blueberry consumption on recovery from eccentric exercise-induced muscle damage. Journal of the International Society of Sports Nutrition, 2012, 9, 19.	1.7	112
2	Alcohol: Impact on Sports Performance and Recovery in Male Athletes. Sports Medicine, 2014, 44, 909-919.	3.1	96
3	On exercise thermoregulation in females: interaction of endogenous and exogenous ovarian hormones. Journal of Physiology, 2019, 597, 71-88.	1.3	57
4	Acute alcohol consumption aggravates the decline in muscle performance following strenuous eccentric exercise. Journal of Science and Medicine in Sport, 2010, 13, 189-193.	0.6	53
5	Effects and Mechanisms of Tapering in Maximizing Muscular Strength. Strength and Conditioning Journal, 2015, 37, 72-83.	0.7	39
6	Post-exercise alcohol ingestion exacerbates eccentric-exercise induced losses in performance. European Journal of Applied Physiology, 2010, 108, 1009-1014.	1.2	38
7	Tapering Practices of New Zealand's Elite Raw Powerlifters. Journal of Strength and Conditioning Research, 2016, 30, 1796-1804.	1.0	38
8	The Effect of Taurine on the Recovery from Eccentric Exercise-Induced Muscle Damage in Males. Antioxidants, 2017, 6, 79.	2.2	20
9	Comparison study of treadmill versus arm ergometry. Clinical Physiology and Functional Imaging, 2011, 31, 326-331.	0.5	19
10	A low dose of alcohol does not impact skeletal muscle performance after exercise-induced muscle damage. European Journal of Applied Physiology, 2011, 111, 725-729.	1.2	19
11	Effects of heavy episodic drinking on physical performance in club level rugby union players. Journal of Science and Medicine in Sport, 2015, 18, 268-271.	0.6	19
12	The effects of acute alcohol consumption on recovery from a simulated rugby match. Journal of Sports Sciences, 2012, 30, 295-304.	1.0	17
13	The effects of vibration therapy on muscle force loss following eccentrically induced muscle damage. European Journal of Applied Physiology, 2012, 112, 1189-1194.	1.2	17
14	Electromyographic analysis of muscle activation during pull-up variations. Journal of Electromyography and Kinesiology, 2017, 32, 30-36.	0.7	17
15	The effects of acute alcohol consumption and eccentric muscle damage on neuromuscular function. Applied Physiology, Nutrition and Metabolism, 2012, 37, 63-71.	0.9	16
16	Hemodynamic Response to Upright Resistance Exercise. Medicine and Science in Sports and Exercise, 2014, 46, 479-487.	0.2	16
17	The effects of binge drinking behaviour on recovery and performance after a rugby match. Journal of Science and Medicine in Sport, 2014, 17, 244-248.	0.6	16
18	Short-Term Training Cessation as a Method of Tapering to Improve Maximal Strength. Journal of Strength and Conditioning Research, 2018, 32, 458-465.	1.0	15

#	Article	IF	CITATIONS
19	Peak cardiac power output in healthy, trained men. Clinical Physiology and Functional Imaging, 2010, 30, 480-484.	0.5	14
20	Cerebrovascular, cardiovascular and strength responses to acute ammonia inhalation. European Journal of Applied Physiology, 2016, 116, 583-592.	1.2	12
21	Acute Neuromuscular and Endocrine Responses to Two Different Compound Exercises: Squat vs. Deadlift. Journal of Strength and Conditioning Research, 2019, 33, 2381-2387.	1.0	12
22	Anthocyanin-Rich New Zealand Blackcurrant Extract Supports the Maintenance of Forearm Blood-Flow During Prolonged Sedentary Sitting. Frontiers in Nutrition, 2020, 7, 74.	1.6	11
23	Effects of different warm-up modalities on power output during the high pull. Journal of Sports Sciences, 2017, 35, 976-981.	1.0	10
24	Effect of Alcohol Consumption on Recovery From Eccentric Exercise Induced Muscle Damage in Females. International Journal of Sport Nutrition and Exercise Metabolism, 2017, 27, 115-121.	1.0	10
25	Muscle Activation and Onset Times of Hip Extensors during Various Loads of a Closed Kinetic Chain Exercise. Research in Sports Medicine, 2015, 23, 179-189.	0.7	5
26	Nicotine Supplementation Does Not Influence Performance of a 1h Cycling Time-Trial in Trained Males. Frontiers in Physiology, 2019, 10, 292.	1.3	5
27	Vibration Exercise as a Warm-Up Modality for Deadlift Power Output. Journal of Strength and Conditioning Research, 2015, 29, 1033-1039.	1.0	4
28	Training injury incidence in an amateur women's rugby union team in New Zealand over two consecutive seasons. Journal of Science and Medicine in Sport, 2021, 24, 544-548.	0.6	3
29	Peak Power Output and Onset of Muscle Activation During High Pull Exercise. Journal of Strength and Conditioning Research, 2021, 35, 675-679.	1.0	2