

Everson A Nunes

List of Publications by Year in descending order

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Version: 2024-02-01

79
papers

1,410
citations

361296

20
h-index

395590

33
g-index

81
all docs

81
docs citations

81
times ranked

2248
citing authors

#	ARTICLE	IF	CITATIONS
1	Systematic review and meta-analysis of protein intake to support muscle mass and function in healthy adults. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2022, 13, 795-810.	2.9	65
2	Changes in eating habits, sleep, and physical activity during coronavirus disease (COVID-19) pandemic: A longitudinal study in young Brazilian adult males. <i>Nutrition and Health</i> , 2022, 28, 701-709.	0.6	3
3	A higher energy-adjusted Dietary Inflammatory Index is positively associated with total and visceral body fat in young male adults. <i>Journal of Human Nutrition and Dietetics</i> , 2022, 35, 1136-1150.	1.3	2
4	Dietary acid load is positively associated with insulin resistance: a population-based study. <i>Clinical Nutrition ESPEN</i> , 2022, 49, 341-347.	0.5	2
5	Nitrate consumption preserves HFD-induced skeletal muscle mitochondrial ADP sensitivity and lysine acetylation: A potential role for SIRT1. <i>Redox Biology</i> , 2022, 52, 102307.	3.9	9
6	Disuse-induced skeletal muscle atrophy in disease and nondisease states in humans: mechanisms, prevention, and recovery strategies. <i>American Journal of Physiology - Cell Physiology</i> , 2022, 322, C1068-C1084.	2.1	26
7	Nutrient-dense protein as a primary dietary strategy in healthy ageing: please sir, may we have more?. <i>Proceedings of the Nutrition Society</i> , 2021, 80, 264-277.	0.4	7
8	Relative fat mass is a better tool to diagnose high adiposity when compared to body mass index in young male adults: A cross-section study. <i>Clinical Nutrition ESPEN</i> , 2021, 41, 225-233.	0.5	14
9	Impact of combined long-term fructose and prednisolone intake on glucose and lipid homeostasis in rats: benefits of intake interruption or fish oil administration. <i>Journal of Nutritional Biochemistry</i> , 2021, 90, 108572.	1.9	4
10	Understanding the effects of nutrition and post-exercise nutrition on skeletal muscle protein turnover: Insights from stable isotope studies. <i>Clinical Nutrition Open Science</i> , 2021, 36, 56-77.	0.5	13
11	Consumption of High-Leucine-Containing Protein Bar Following Breakfast Impacts Aminoacidemia and Subjective Appetite in Older Persons. <i>Current Developments in Nutrition</i> , 2021, 5, nzab080.	0.1	5
12	Insulin rapidly increases skeletal muscle mitochondrial ADP sensitivity in the absence of a high lipid environment. <i>Biochemical Journal</i> , 2021, 478, 2539-2553.	1.7	11
13	Î²-hydroxy-Î²-methylbutyrate (HMB) Does Not Improve Resistance Exercise-Induced Changes In Body Composition: A Systematic-review And Meta-analysis. <i>Medicine and Science in Sports and Exercise</i> , 2020, 52, 456-457.	0.2	0
14	<i>In vitro</i> ketone-supported mitochondrial respiration is minimal when other substrates are readily available in cardiac and skeletal muscle. <i>Journal of Physiology</i> , 2020, 598, 4869-4885.	1.3	32
15	Fructose Intake Impairs Cortical Antioxidant Defenses Allied to Hyperlocomotion in Middle-Aged C57BL/6 Female Mice. <i>Neurochemical Research</i> , 2020, 45, 2868-2883.	1.6	4
16	Mixed-meal test reveals a worsen phenotypic flexibility correlated to central adiposity in clinically healthy young males. <i>Clinical Nutrition ESPEN</i> , 2020, 40, 622.	0.5	0
17	Effect of mate tea consumption on rapid force production after eccentric exercise: a randomized, controlled, crossover study. <i>Sport Sciences for Health</i> , 2020, 16, 571-581.	0.4	3
18	Behavioral, cardiovascular and endocrine alterations induced by chronic stress in rats fed a high-fat diet. <i>Physiology and Behavior</i> , 2020, 223, 113013.	1.0	5

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19	Nitrate attenuates high fat diet-induced glucose intolerance in association with reduced epididymal adipose tissue inflammation and mitochondrial reactive oxygen species emission. <i>Journal of Physiology</i> , 2020, 598, 3357-3371.	1.3	18
20	Supplementation with the Leucine Metabolite β^2 -hydroxy- β^2 -methylbutyrate (HMB) does not Improve Resistance Exercise-Induced Changes in Body Composition or Strength in Young Subjects: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2020, 12, 1523.	1.7	14
21	1739-P: Insulin Rapidly Increases Skeletal Muscle Mitochondrial ADP Sensitivity, Mitigating HFD-Induced Mitochondrial Dysfunction. <i>Diabetes</i> , 2020, 69, 1739-P.	0.3	0
22	Aerobic fitness and physical activity are inversely associated with body fat, dyslipidemia and inflammatory mediators in children and adolescents living with HIV. <i>Journal of Sports Sciences</i> , 2019, 37, 50-58.	1.0	14
23	Effect of mate tea (<i>Ilex paraguariensis</i>) on the expression of the leukocyte NADPH oxidase subunit p47phox and on circulating inflammatory cytokines in healthy men: a pilot study. <i>International Journal of Food Sciences and Nutrition</i> , 2019, 70, 212-221.	1.3	18
24	Equivalent Hypertrophy and Strength Gains in β^2 -Hydroxy- β^2 -Methylbutyrate- or Leucine-supplemented Men. <i>Medicine and Science in Sports and Exercise</i> , 2019, 51, 65-74.	0.2	21
25	The Influence of Omega-3 Fatty Acids on Skeletal Muscle Protein Turnover in Health, Disease, and Disuse. <i>Frontiers in Nutrition</i> , 2019, 6, 144.	1.6	107
26	Leucine increases muscle mitochondrial respiration and attenuates glucose intolerance in diet-induced obesity in Swiss mice. <i>Journal of Functional Foods</i> , 2019, 62, 103544.	1.6	7
27	Fish oil decreases the severity of treatment-related adverse events in gastrointestinal cancer patients undergoing chemotherapy: A randomized, placebo-controlled, triple-blind clinical trial. <i>Clinical Nutrition ESPEN</i> , 2019, 31, 61-70.	0.5	18
28	Decrement in resting and insulin-stimulated soleus muscle mitochondrial respiration is an early event in diet-induced obesity in mice. <i>Experimental Physiology</i> , 2019, 104, 306-321.	0.9	18
29	Cardiovascular and metabolic consequences of the association between chronic stress and high-fat diet in rats. <i>Stress</i> , 2018, 21, 247-256.	0.8	17
30	Assessing the mechanistic target of rapamycin complex-1 pathway in response to resistance exercise and feeding in human skeletal muscle by multiplex assay. <i>Applied Physiology, Nutrition and Metabolism</i> , 2018, 43, 945-949.	0.9	1
31	Does l-leucine supplementation cause any effect on glucose homeostasis in rodent models of glucose intolerance? A systematic review. <i>Amino Acids</i> , 2018, 50, 1663-1678.	1.2	18
32	Effects of cotreatment with omega-3 polyunsaturated fatty acids and anticancer agents on oxidative stress parameters: a systematic review of in vitro, animal, and human studies. <i>Nutrition Reviews</i> , 2018, 76, 765-777.	2.6	9
33	No Impact of HMB Supplementation on Muscle or Strength Gains During an Undulating Periodized Resistance Training Program in Trained, Young Men. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 587.	0.2	0
34	Oral fish oil positively influences nutritional-inflammatory risk in patients with haematological malignancies during chemotherapy with an impact on long-term survival: a randomised clinical trial. <i>Journal of Human Nutrition and Dietetics</i> , 2017, 30, 681-692.	1.3	36
35	Glucose homeostasis in two degrees of sepsis lethality induced by caecum ligation and puncture in mice. <i>International Journal of Experimental Pathology</i> , 2017, 98, 329-340.	0.6	13
36	Impact of Fish Oil Supplementation and Interruption of Fructose Ingestion on Glucose and Lipid Homeostasis of Rats Drinking Different Concentrations of Fructose. <i>BioMed Research International</i> , 2017, 2017, 1-16.	0.9	7

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37	Implications of Palmitoleic Acid (Palmitoleate) On Glucose Homeostasis, Insulin Resistance and Diabetes. <i>Current Drug Targets</i> , 2017, 18, 619-628.	1.0	38
38	Effects of Prebiotic and Synbiotic Supplementation on Inflammatory Markers and Anthropometric Indices After Roux-en-Y Gastric Bypass. <i>Journal of Clinical Gastroenterology</i> , 2016, 50, 208-217.	1.1	45
39	Fish oil supplementation attenuates changes in plasma lipids caused by dexamethasone treatment in rats. <i>Applied Physiology, Nutrition and Metabolism</i> , 2016, 41, 382-390.	0.9	17
40	Supplemental protein and energy likely account for multi-ingredient supplementation in mitigating morbidity and mortality in compromised elderly malnourished patients. <i>Clinical Nutrition</i> , 2016, 35, 976.	2.3	4
41	Effects of mate tea consumption on muscle strength and oxidative stress markers after eccentric exercise. <i>British Journal of Nutrition</i> , 2016, 115, 1370-1378.	1.2	22
42	Does Oil Rich in Alpha-Linolenic Fatty Acid Cause the Same Immune Modulation as Fish Oil in Walker 256 Tumor-Bearing Rats?. <i>Nutrition and Cancer</i> , 2016, 68, 1369-1380.	0.9	13
43	Fish oil supplementation during chemotherapy increases posterior time to tumor progression in colorectal cancer. <i>Nutrition and Cancer</i> , 2016, 68, 70-76.	0.9	37
44	A systematic review and meta-analysis of the n-3 polyunsaturated fatty acids effects on inflammatory markers in colorectal cancer. <i>Clinical Nutrition</i> , 2016, 35, 359-369.	2.3	95
45	Fatty liver and n-3 fatty acids ingestion: New mechanisms and perspectives from pre-clinical animal models. <i>Liver and Pancreatic Sciences</i> , 2016, 1, .	0.1	1
46	INTERVAL TRAINING IS INSUFFICIENT TO ATTENUATE METABOLIC DISTURBANCES IN DIABETIC RATS. <i>Revista Brasileira De Medicina Do Esporte</i> , 2016, 22, 393-397.	0.1	0
47	Impact of Roux-en-Y gastric bypass on lipid and inflammatory profiles. <i>Revista Do Colegio Brasileiro De Cirurgioes</i> , 2015, 42, 305-310.	0.3	6
48	Selective loads periodization attenuates biochemical disturbances and enhances performance in female futsal players during competitive season. <i>Motriz Revista De Educacao Fisica</i> , 2015, 21, 158-167.	0.3	4
49	Individuals with Hematological Malignancies Before Undergoing Chemotherapy Present Oxidative Stress Parameters and Acute Phase Proteins Correlated with Nutritional Status. <i>Nutrition and Cancer</i> , 2015, 67, 463-471.	0.9	6
50	Fish oil reduces the proliferation of cells cultured from human breast and colorectal tumours: An in vitro study. <i>Journal of Functional Foods</i> , 2015, 19, 941-948.	1.6	4
51	Exercise and Shark Liver Oil Supplementation Reduce Tumor Growth and Cancer Cachexia in Walker 256 Tumor Bearing Rats. <i>Journal of Cancer Science & Therapy</i> , 2014, 06, .	1.7	0
52	Disruption of glucose tolerance caused by glucocorticoid excess in rats is partially prevented, but not attenuated, by arjunolic acid. <i>Indian Journal of Experimental Biology</i> , 2014, 52, 972-82.	0.5	7
53	Fish Oil Decreases C-reactive Protein/Albumin Ratio Improving Nutritional Prognosis and Plasma Fatty Acid Profile in Colorectal Cancer Patients. <i>Lipids</i> , 2013, 48, 879-888.	0.7	71
54	Antitumor and anti-cachectic effects of shark liver oil and fish oil: comparison between independent or associative chronic supplementation in Walker 256 tumor-bearing rats. <i>Lipids in Health and Disease</i> , 2013, 12, 146.	1.2	20

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55	Relationship between Acute Phase Proteins and Serum Fatty Acid Composition in Morbidly Obese Patients. <i>Disease Markers</i> , 2013, 35, 105-112.	0.6	6
56	Glucose homeostasis in rats exposed to acute intermittent hypoxia. <i>Acta Physiologica</i> , 2013, 209, 77-89.	1.8	26
57	Glucose intolerance induced by glucocorticoid excess is further impaired by co-administration with β -hydroxy- β -methylbutyrate in rats. <i>Applied Physiology, Nutrition and Metabolism</i> , 2013, 38, 1137-1146.	0.9	16
58	Interval training attenuates the metabolic disturbances in type 1 diabetes rat model. <i>Arquivos Brasileiros De Endocrinologia E Metabologia</i> , 2013, 57, 594-602.	1.3	22
59	Effects of omega-3 fatty acids on regulatory T cells in hematologic neoplasms. <i>Revista Brasileira De Hematologia E Hemoterapia</i> , 2013, 35, 119-25.	0.7	13
60	Bax/Bcl-2 Protein Expression Ratio and Leukocyte Function Are Related to Reduction of Walker-256 Tumor Growth After β -Hydroxy- β -Methylbutyrate (HMB) Administration in Wistar Rats. <i>Nutrition and Cancer</i> , 2012, 64, 286-293.	0.9	9
61	PAF increases phagocytic capacity and superoxide anion production in equine alveolar macrophages and blood neutrophils. <i>Research in Veterinary Science</i> , 2012, 93, 393-397.	0.9	13
62	Fish Oil Supplementation Improves Neutrophil Function During Cancer Chemotherapy. <i>Lipids</i> , 2012, 47, 383-389.	0.7	48
63	Tumor growth reduction in Walker 256 tumor-bearing rats performing anaerobic exercise: participation of Bcl-2, Bax, apoptosis, and peroxidation. <i>Applied Physiology, Nutrition and Metabolism</i> , 2011, 36, 533-538.	0.9	12
64	β -Hydroxy- β -methylbutyrate modifies human peripheral blood mononuclear cell proliferation and cytokine production in vitro. <i>Nutrition</i> , 2011, 27, 92-99.	1.1	19
65	Low fish oil intake improves insulin sensitivity, lipid profile and muscle metabolism on insulin resistant MSG-obese rats. <i>Lipids in Health and Disease</i> , 2011, 10, 66.	1.2	27
66	Lymphocytes transfer [¹⁴ C]-labeled fatty acids to skeletal muscle in culture; modulation by exercise. <i>Cell Biochemistry and Function</i> , 2010, 28, 278-282.	1.4	0
67	Walker-256 tumor growth is inhibited by the independent or associative chronic ingestion of shark liver and fish oil: a response linked by the increment of peritoneal macrophages nitrite production in Wistar rats. <i>Nutrition Research</i> , 2010, 30, 770-776.	1.3	8
68	Anaerobic exercise reduces tumor growth, cancer cachexia and increases macrophage and lymphocyte response in Walker 256 tumor-bearing rats. <i>European Journal of Applied Physiology</i> , 2008, 104, 957-964.	1.2	56
69	Neutrophil response of anaerobic jump trained diabetic rats. <i>European Journal of Applied Physiology</i> , 2008, 104, 1079-1086.	1.2	5
70	β -Hydroxy- β -methylbutyrate supplementation reduces tumor growth and tumor cell proliferation ex vivo and prevents cachexia in Walker 256 tumor-bearing rats by modifying nuclear factor- κ B expression. <i>Nutrition Research</i> , 2008, 28, 487-493.	1.3	41
71	The effect of dietary supplementation with 9-cis:12-trans and 10-trans:12-cis conjugated linoleic acid (CLA) for nine months on serum cholesterol, lymphocyte proliferation and polymorphonuclear cells function in Beagle dogs. <i>Research in Veterinary Science</i> , 2008, 84, 62-67.	0.9	15
72	Atualizaç�es sobre beta-hidroxi-beta-metilbutirato: suplementa�o e efeitos sobre o catabolismo de prote�nas. <i>Revista De Nutricao</i> , 2008, 21, 243-251.	0.4	1

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73	EFEITOS DISTINTOS DA INGESTÃO DE FRUTOSE E GLICOSE SOBRE A RESSÂNTENSE DE GLICOGÊNIO MUSCULAR E HEPÁTICO APÓS EXERCÍCIO EM RATOS SUBMETIDOS A TREINAMENTO DE NATAÇÃO. Estudos De Biologia, 2008, 30, .	0.1	0
74	Glutamine Concentration and Immune Response of Spinal Cord-Injured Rats. Journal of Spinal Cord Medicine, 2007, 30, 140-146.	0.7	19
75	Decreased tumor growth in Walker 256 tumor-bearing rats chronically supplemented with fish oil involves COX-2 and PGE2 reduction associated with apoptosis and increased peroxidation. Prostaglandins Leukotrienes and Essential Fatty Acids, 2007, 76, 113-120.	1.0	39
76	Fish oil alters T-lymphocyte proliferation and macrophage responses in Walker 256 tumor-bearing rats. Nutrition, 2006, 22, 425-432.	1.1	34
77	The effects of peroxovanadate and peroxovanadyl on glucose metabolism in vivo and identification of signal transduction proteins involved in the mechanism of action in isolated soleus muscle. Molecular and Cellular Biochemistry, 2005, 273, 145-150.	1.4	12
78	Ratio of n6 to n-3 Fatty Acids in the Diet Affects Tumor Growth and Cachexia in Walker 256 Tumor-Bearing Rats. Nutrition and Cancer, 2005, 53, 194-201.	0.9	38
79	Association of physical activity and sedentary behavior at school with cardiovascular risk factors in adolescents. Revista Brasileira De Cineantropometria E Desempenho Humano, 0, 22, .	0.5	0