

Cindy H P Sit

List of Publications by Year in descending order

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Version: 2024-02-01

118
papers

3,538
citations

136950

32
h-index

175258

52
g-index

119
all docs

119
docs citations

119
times ranked

3484
citing authors

#	ARTICLE	IF	CITATIONS
1	Operationalizing physical literacy through sport education in a university physical education program. <i>Physical Education and Sport Pedagogy</i> , 2022, 27, 591-607.	3.0	6
2	The Effects of Exercise Interventions on Executive Functions in Children and Adolescents with Autism Spectrum Disorder: A Systematic Review and Meta-analysis. <i>Sports Medicine</i> , 2022, 52, 75-88.	6.5	37
3	Movement behaviors and mental health of caregivers of preschoolers in China during the COVID-19 pandemic. <i>Preventive Medicine</i> , 2022, 155, 106913.	3.4	13
4	A Randomized Controlled Trial of a Blended Physical Literacy Intervention to Support Physical Activity and Health of Primary School Children. <i>Sports Medicine - Open</i> , 2022, 8, 55.	3.1	3
5	The impacts of a combined exercise on executive function in children with ADHD: A randomized controlled trial. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2022, 32, 1297-1312.	2.9	17
6	Effectiveness of a Parent-Focused Intervention Targeting 24-H Movement Behaviors in Preschool-Aged Children: Study Protocol for a Randomized Controlled Trial. <i>Frontiers in Public Health</i> , 2022, 10, .	2.7	1
7	Physical activity and mental health in children and adolescents with intellectual disabilities: a meta-analysis using the RE-AIM framework. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2022, 19, .	4.6	13
8	Validity of accelerometry for predicting physical activity and sedentary time in ambulatory children and young adults with cerebral palsy. <i>Journal of Exercise Science and Fitness</i> , 2021, 19, 19-24.	2.2	6
9	Effect of sport education on students' perceived physical literacy, motivation, and physical activity levels in university required physical education: a cluster-randomized trial. <i>Higher Education</i> , 2021, 81, 1137-1155.	4.4	26
10	Preservice Physical Education Teachers' Perceived Physical Literacy and Teaching Efficacy. <i>Journal of Teaching in Physical Education</i> , 2021, 40, 146-156.	1.2	11
11	Walking Initiated 20 Minutes before the Time of Individual Postprandial Glucose Peak Reduces the Glucose Response in Young Men with Overweight or Obesity: A Randomized Crossover Study. <i>Journal of Nutrition</i> , 2021, 151, 866-875.	2.9	7
12	Effect of sedentary behavior interventions on vascular function in adults: A systematic review and meta-analysis. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 1395-1410.	2.9	10
13	The impact of exercise interventions concerning executive functions of children and adolescents with attention-deficit/hyperactive disorder: a systematic review and meta-analysis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2021, 18, 68.	4.6	50
14	Associations between meeting 24-hour movement guidelines and health in the early years: A systematic review and meta-analysis. <i>Journal of Sports Sciences</i> , 2021, 39, 2545-2557.	2.0	25
15	Predictors of Physical Activity Levels in University Physical Education Implementing Sport Education. <i>Journal of Sports Science and Medicine</i> , 2021, 20, 516-524.	1.6	9
16	Perceived and actual physical literacy and physical activity: A test of reverse pathway among Hong Kong children. <i>Journal of Exercise Science and Fitness</i> , 2021, 19, 171-177.	2.2	5
17	The association between physical activity and mental health in children with special educational needs: A systematic review. <i>Preventive Medicine Reports</i> , 2021, 23, 101419.	1.8	11
18	Moderate-to-vigorous physical activity and sedentary behavior in children with and without developmental coordination disorder: Associations with fundamental movement skills. <i>Research in Developmental Disabilities</i> , 2021, 118, 104070.	2.2	6

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19	Evaluation of a school-based dissemination of the movement guidelines for young children in Hong Kong: Study protocol. Archives of Public Health, 2021, 79, 184.	2.4	2
20	Physical Activity and Executive Function in Children With ADHD: The Mediating Role of Sleep. Frontiers in Pediatrics, 2021, 9, 775589.	1.9	9
21	Promoting physical activity and health in Hong Kong primary school children through a blended physical literacy intervention: protocol and baseline characteristics of the 'Stand+Move' randomized controlled trial. Trials, 2021, 22, 944.	1.6	9
22	The role of physical activity and body-related perceptions in motor skill competence of adolescents with autism spectrum disorder. Disability and Rehabilitation, 2020, 42, 1373-1381.	1.8	17
23	COVID-19 Pandemic Brings a Sedentary Lifestyle in Young Adults: A Cross-Sectional and Longitudinal Study. International Journal of Environmental Research and Public Health, 2020, 17, 6035.	2.6	176
24	Cross-validation of the Canadian Assessment of Physical Literacy second edition (CAPL-2): The case of a Chinese population. Journal of Sports Sciences, 2020, 38, 2850-2857.	2.0	33
25	Results from Hong Kong's 2019 report card on physical activity for children and youth with special educational needs. Journal of Exercise Science and Fitness, 2020, 18, 177-182.	2.2	13
26	The effect of low-volume high-intensity interval training on cardiometabolic health and psychological responses in overweight/obese middle-aged men. Journal of Sports Sciences, 2020, 38, 1997-2004.	2.0	27
27	Accelerometer-measured physical activity levels in children and adolescents with autism spectrum disorder: A systematic review. Preventive Medicine Reports, 2020, 19, 101147.	1.8	39
28	Main and interacting effects of physical activity and sedentary time on older adults' BMI: The moderating roles of socio-demographic and environmental attributes. PLoS ONE, 2020, 15, e0235833.	2.5	5
29	Psychological and Physiological Responses in Patients with Generalized Anxiety Disorder: The Use of Acute Exercise and Virtual Reality Environment. International Journal of Environmental Research and Public Health, 2020, 17, 4855.	2.6	29
30	How urban densification shapes walking behaviours in older community dwellers: a cross-sectional analysis of potential pathways of influence. International Journal of Health Geographics, 2020, 19, 14.	2.5	34
31	Compliance With 24-Hour Movement Guidelines in Hong Kong Adolescents: Associations With Weight Status. Journal of Physical Activity and Health, 2020, 17, 287-292.	2.0	25
32	The Relationship Between Physical Activity and Inhibition in Children With and Without Motor Impairments. Journal of Physical Activity and Health, 2020, 17, 1118-1124.	2.0	1
33	Associations between perceived and actual physical literacy level in Chinese primary school children. BMC Public Health, 2020, 20, 207.	2.9	19
34	Title is missing!. , 2020, 15, e0235833.		0
35	Title is missing!. , 2020, 15, e0235833.		0
36	Title is missing!. , 2020, 15, e0235833.		0

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37	Title is missing!. , 2020, 15, e0235833.		0
38	Associations of socio-demographic, perceived environmental, social and psychological factors with active travel in Hong Kong adolescents: The iHealth(H) cross-sectional study. Journal of Transport and Health, 2019, 12, 336-348.	2.2	16
39	Physical Activity of Adolescents with and without Disabilities from a Complete Enumeration Study (n) Tj ETQq1 1 0.784314 rgBT /Ove Public Health, 2019, 16, 3156.	2.6	5
40	Accelerometer-Assessed Physical Activity and Sedentary Time at School for Children with Disabilities: Seasonal Variation. International Journal of Environmental Research and Public Health, 2019, 16, 3163.	2.6	13
41	Predictors of healthier and more sustainable school travel mode profiles among Hong Kong adolescents. International Journal of Behavioral Nutrition and Physical Activity, 2019, 16, 48.	4.6	22
42	Physical Activity of Children with Physical Disabilities: Associations with Environmental and Behavioral Variables at Home and School. International Journal of Environmental Research and Public Health, 2019, 16, 1394.	2.6	10
43	Automated Fine Motor Evaluation for Developmental Coordination Disorder. IEEE Transactions on Neural Systems and Rehabilitation Engineering, 2019, 27, 963-973.	4.9	13
44	The Meaning of Aggression Varies Across Culture: Testing the Measurement Invariance of the Refined Aggression Questionnaire in Samples From Spain, the United States, and Hong Kong. Journal of Personality Assessment, 2019, 101, 515-520.	2.1	4
45	A school-based physical activity intervention for children with developmental coordination disorder: A randomized controlled trial. Research in Developmental Disabilities, 2019, 89, 1-9.	2.2	21
46	Objectively-Measured Neighbourhood Attributes as Correlates and Moderators of Quality of Life in Older Adults with Different Living Arrangements: The ALECS Cross-Sectional Study. International Journal of Environmental Research and Public Health, 2019, 16, 876.	2.6	22
47	Compliance and Practical Utility of Continuous Wearing of activPALâ„¢ in Adolescents. Pediatric Exercise Science, 2019, 31, 363-369.	1.0	12
48	To what extent does physical activity explain the associations between neighborhood environment and depressive symptoms in older adults living in an Asian metropolis?. Mental Health and Physical Activity, 2019, 16, 96-104.	1.8	11
49	Barriers to physical activity in university students with disabilities: Differences by sociodemographic variables. Disability and Health Journal, 2019, 12, 278-286.	2.8	26
50	Effect of pre-exercise ingestion of β -lactalbumin on subsequent endurance exercise performance and mood states. British Journal of Nutrition, 2019, 121, 22-29.	2.3	9
51	Results from the Hong Kong's 2018 report card on physical activity for children and youth. Journal of Exercise Science and Fitness, 2019, 17, 14-19.	2.2	42
52	Influence of Perceived Physical Literacy on Coaching Efficacy and Leadership Behavior: A Cross-Sectional Study. Journal of Sports Science and Medicine, 2019, 18, 82-90.	1.6	5
53	Motor Skill Interventions in Children With Developmental Coordination Disorder: A Systematic Review and Meta-Analysis. Archives of Physical Medicine and Rehabilitation, 2018, 99, 2076-2099.	0.9	70
54	Evaluation of the fine motor skills of children with DCD using the digitalised visualâ€”motor tracking system. Journal of Engineering, 2018, 2018, 123-129.	1.1	8

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55	Cross-sectional associations of objectively assessed neighbourhood attributes with depressive symptoms in older adults of an ultra-dense urban environment: the Hong Kong ALECS study. <i>BMJ Open</i> , 2018, 8, e020480.	1.9	12
56	Results from Hong Kong's 2018 Report Card on Physical Activity for Children and Youth. <i>Journal of Physical Activity and Health</i> , 2018, 15, S370-S372.	2.0	7
57	The effect of carbohydrate and protein co-ingestion on energy substrate metabolism, sense of effort, and affective responses during prolonged strenuous endurance exercise. <i>Physiology and Behavior</i> , 2017, 174, 170-177.	2.1	10
58	Physical Activity and Sedentary Time among Children with Disabilities at School. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 292-297.	0.4	55
59	The relationship of social support with well-being outcomes via work-family conflict: Moderating effects of gender, dependants and nationality. <i>Human Relations</i> , 2017, 70, 544-565.	5.4	90
60	Seasonal Variation in Physical Activity of Children with Disabilities during Physical Education. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 71.	0.4	0
61	A markerless visual-motor tracking system for behavior monitoring in DCD assessment. , 2017, , .		4
62	Effects of Alpha-Lactalbumin or Whey Protein Isolate on Muscle Damage, Muscle Pain, and Mood States Following Prolonged Strenuous Endurance Exercise. <i>Frontiers in Physiology</i> , 2017, 8, 754.	2.8	9
63	Children with Physical Disabilities at School and Home: Physical Activity and Contextual Characteristics. <i>International Journal of Environmental Research and Public Health</i> , 2017, 14, 687.	2.6	7
64	Reliability of self-report measures of correlates of obesity-related behaviours in Hong Kong adolescents for the iHealth(H) and IPEN adolescent studies. <i>Archives of Public Health</i> , 2017, 75, 38.	2.4	12
65	Public Parks in Hong Kong: Characteristics of Physical Activity Areas and Their Users. <i>International Journal of Environmental Research and Public Health</i> , 2016, 13, 639.	2.6	31
66	Physical Activity of Children with Intellectual Disabilities in Diverse Structured Settings in Special Schools. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 488-489.	0.4	0
67	Results From Hong Kong's 2016 Report Card on Physical Activity for Children and Youth. <i>Journal of Physical Activity and Health</i> , 2016, 13, S169-S175.	2.0	16
68	Neighbourhood environment, physical activity, quality of life and depressive symptoms in Hong Kong older adults: a protocol for an observational study. <i>BMJ Open</i> , 2016, 6, e010384.	1.9	48
69	Associations between the neighbourhood environment characteristics and physical activity in older adults with specific types of chronic conditions: the ALECS cross-sectional study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 53.	4.6	58
70	Associations of objectively-assessed neighborhood characteristics with older adults' total physical activity and sedentary time in an ultra-dense urban environment: Findings from the ALECS study. <i>Health and Place</i> , 2016, 42, 1-10.	3.3	47
71	Effects of Fundamental Movement Skills Training on Children With Developmental Coordination Disorder. <i>Adapted Physical Activity Quarterly</i> , 2016, 33, 134-155.	0.8	13
72	Self-concept Or Motor Skills. <i>Medicine and Science in Sports and Exercise</i> , 2016, 48, 695.	0.4	0

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73	Correlates of physical activity in children and adolescents with physical disabilities: A systematic review. <i>Preventive Medicine</i> , 2016, 89, 184-193.	3.4	56
74	Fundamental movement skills proficiency in children with developmental coordination disorder: does physical self-concept matter?. <i>Disability and Rehabilitation</i> , 2016, 38, 45-51.	1.8	37
75	Positive pathways to engaging workers: work-life family enrichment as a predictor of work engagement. <i>Asia Pacific Journal of Human Resources</i> , 2015, 53, 490-510.	3.9	41
76	Fundamental movement skills training to promote physical activity in children with and without disability: A pilot study. <i>Journal of Sport and Health Science</i> , 2015, 4, 235-243.	6.5	47
77	Flexible work arrangements, work engagement, turnover intentions and psychological health. <i>Asia Pacific Journal of Human Resources</i> , 2015, 53, 83-103.	3.9	133
78	Work-life balance: a longitudinal evaluation of a new measure across Australia and New Zealand workers. <i>International Journal of Human Resource Management</i> , 2014, 25, 2724-2744.	5.3	168
79	Physical activity and movement skills proficiency of young Filipino children. <i>Pediatrics International</i> , 2014, 56, 651-653.	0.5	5
80	Ageing in an ultra-dense metropolis: perceived neighbourhood characteristics and utilitarian walking in Hong Kong elders. <i>Public Health Nutrition</i> , 2014, 17, 225-232.	2.2	81
81	Repeatability of self-report measures of physical activity, sedentary and travel behaviour in Hong Kong adolescents for the iHealth(H) and IPEN Adolescent studies. <i>BMC Pediatrics</i> , 2014, 14, 142.	1.7	19
82	The Effect of Motor Skills Training on Physical Activity in Children with Developmental Coordination Disorder. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 230.	0.4	0
83	Reducing errors benefits the field-based learning of a fundamental movement skill in children. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2013, 23, 181-188.	2.9	56
84	Reduction of errors during practice facilitates fundamental movement skill learning in children with intellectual disabilities. <i>Journal of Intellectual Disability Research</i> , 2013, 57, 295-305.	2.0	58
85	Walking for transportation in Hong Kong Chinese urban elders: a cross-sectional study on what destinations matter and when. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2013, 10, 78.	4.6	95
86	Walking for Recreation and Perceptions of the Neighborhood Environment in Older Chinese Urban Dwellers. <i>Journal of Urban Health</i> , 2013, 90, 56-66.	3.6	80
87	Objectively-measured neighborhood environments and leisure-time physical activity in Chinese urban elders. <i>Preventive Medicine</i> , 2013, 56, 86-89.	3.4	119
88	Socioeconomic Status, Neighborhood Characteristics, and Walking Within the Neighborhood Among Older Hong Kong Chinese. <i>Journal of Aging and Health</i> , 2013, 25, 1425-1444.	1.7	30
89	Validation of the Job Demands-Resources model in cross-national samples: Cross-sectional and longitudinal predictions of psychological strain and work engagement. <i>Human Relations</i> , 2013, 66, 1311-1335.	5.4	89
90	Motivational style and actual and perceived academic performance of secondary school students in Hong Kong. <i>School Psychology International</i> , 2013, 34, 17-32.	1.9	7

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91	Reliability and Validity of the IPAQ-L in a Sample of Hong Kong Urban Older Adults: Does Neighborhood of Residence Matter?. <i>Journal of Aging and Physical Activity</i> , 2012, 20, 402-420.	1.0	43
92	Fundamental movement skills and physical activity among children with and without cerebral palsy. <i>Research in Developmental Disabilities</i> , 2012, 33, 1235-1241.	2.2	55
93	Using association rules mining to explore pattern of Chinese medicinal formulae (prescription) in treating and preventing breast cancer recurrence and metastasis. <i>Journal of Translational Medicine</i> , 2012, 10, S12.	4.4	37
94	The possible benefits of reduced errors in the motor skills acquisition of children. <i>The Sports Medicine, Arthroscopy, Rehabilitation and Technology</i> , 2012, 4, 1.	1.0	19
95	Fundamental movement skills testing in children with cerebral palsy. <i>Disability and Rehabilitation</i> , 2011, 33, 2519-2528.	1.8	27
96	Play Pattern of Seated Video Game and Active "Exergame" Alternatives. <i>Journal of Exercise Science and Fitness</i> , 2011, 9, 24-30.	2.2	20
97	Capio et al. reply. <i>Developmental Medicine and Child Neurology</i> , 2011, 53, 192-192.	2.1	0
98	Measuring walking within and outside the neighborhood in Chinese elders: reliability and validity. <i>BMC Public Health</i> , 2011, 11, 851.	2.9	36
99	Direct Observation of Children's Preferences and Activity Levels During Interactive and Online Electronic Games. <i>Journal of Physical Activity and Health</i> , 2010, 7, 484-489.	2.0	27
100	The Development of the Motivational Style Profile for Children (MSP-C). <i>Current Psychology</i> , 2010, 29, 71-87.	2.8	1
101	Role resources and work-family enrichment: The role of work engagement. <i>Journal of Vocational Behavior</i> , 2010, 77, 470-480.	3.4	195
102	Physical activity measurement instruments for children with cerebral palsy: a systematic review. <i>Developmental Medicine and Child Neurology</i> , 2010, 52, 908-916.	2.1	49
103	Children's Use of Electronic Games: Choices of Game Mode and Challenge Levels. <i>International Journal of Pediatrics (United Kingdom)</i> , 2010, 2010, 1-6.	0.8	5
104	Reliable and valid NEWS for Chinese seniors: measuring perceived neighborhood attributes related to walking. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2010, 7, 84.	4.6	98
105	Physical activity and sedentary behaviours in Hong Kong primary school children: Prevalence and gender differences. <i>Preventive Medicine</i> , 2010, 51, 96-97.	3.4	29
106	Physical Activity Measurement Using MTI (Actigraph) Among Children With Cerebral Palsy. <i>Archives of Physical Medicine and Rehabilitation</i> , 2010, 91, 1283-1290.	0.9	47
107	Preliminary validation of a Chinese version of the State-Trait Anger Expression Inventory-2. <i>Asian Journal of Social Psychology</i> , 2009, 12, 1-11.	2.1	25
108	Physical Activity and Self-Perceptions among Hong Kong Chinese with an Acquired Physical Disability. <i>Adapted Physical Activity Quarterly</i> , 2009, 26, 321-335.	0.8	7

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109	Motives for and barriers to physical activity participation in middle-aged Chinese women. <i>Psychology of Sport and Exercise</i> , 2008, 9, 266-283.	2.1	43
110	Using heart-rate feedback to increase physical activity in children. <i>Preventive Medicine</i> , 2008, 47, 402-408.	3.4	39
111	Activity Levels during Physical Education and Recess in Two Special Schools for Children with Mild Intellectual Disabilities. <i>Adapted Physical Activity Quarterly</i> , 2008, 25, 247-259.	0.8	27
112	Physical activity levels of children in special schools. <i>Preventive Medicine</i> , 2007, 45, 424-431.	3.4	72
113	“Dancing class”: schooling the dance in colonial and post-colonial Hong Kong. <i>Sport, Education and Society</i> , 2007, 12, 73-92.	2.1	4
114	Situational state balances and participation motivation in youth sport: A reversal theory perspective. <i>British Journal of Educational Psychology</i> , 2006, 76, 369-384.	2.9	17
115	Motivational orientations in youth sport participation: Using Achievement Goal Theory and Reversal Theory. <i>Personality and Individual Differences</i> , 2005, 38, 605-618.	2.9	34
116	The Gendering of Physical Education in Hong Kong: East, West or Global?. <i>International Journal of the History of Sport</i> , 2005, 22, 816-839.	0.7	12
117	Sport Participation of Hong Kong Chinese Children with Disabilities in Special Schools. <i>Adapted Physical Activity Quarterly</i> , 2002, 19, 453-471.	0.8	27
118	The Associations Among Physical Activity, Quality of Life, and Self-Concept in Children and Adolescents With Disabilities: A Moderated Mediation Model. <i>Frontiers in Pediatrics</i> , 0, 10, .	1.9	0